

Manitoba Organic Directory



2008-2009



A message from Manitoba's Minister of Agriculture, Food and Rural Initiatives



On behalf of Manitoba Agriculture, Food and Rural Initiatives, with support from Manitoba Trade and Investment, it is my pleasure to present the first Organic Directory.

Organic food has grown tremendously in popularity in recent years and the size of the organic food market in Canada is expected to continue to grow.

This directory offers a comprehensive list of companies in Manitoba's organic sector including food producers and processors and the products they supply to consumers and agri-food entrepreneurs, locally and globally. In addition to being distributed in Manitoba, across Canada and around the world, this directory is available online at www.manitoba.ca/agriculture/organic.

This directory is designed to meet two goals. The first is to encourage Manitobans to buy organic foods grown and produced in Manitoba and to create a connection among consumers and their local growers and suppliers. The second is to direct local and international entrepreneurs, retailers and importers to the producers, processors and suppliers of Manitoba-grown organic products. This directory also complements the Shopping List website for consumers, which is located at www.manitoba.ca/agriculture/food/consumers/index.html.

Manitoba enjoys a proud heritage of supplying the highest quality agricultural products derived from a diverse list of crops and livestock. This tradition continues with our growing organic sector.

I invite you to use this organic directory and our website to source some of the best food products and ingredients you will find in the world.

A handwritten signature in cursive script that reads "Rosann Wowchuk".

Rosann Wowchuk
Minister

2008-2009 Manitoba Organic Directory

The organic food market has become the most dynamic sector of the global food industry, growing at a rapid annual rate of 20 per cent into a \$1 billion a year business in Canada. The growth of the industry in Manitoba has seen similar strides, with demand developing at a faster rate than production.

This directory is geared towards all producers, processors and handlers, retailers, restaurants and consumers in the province who are looking to expand their repertoire of local certified organic food sources. It provides a non-exhaustive list of Manitoba certified organic producers, processors and handlers, as well as retailers and restaurants that offer organic foods. The directory is divided into several different user-friendly indices.

This directory is sectioned by:

- a Certified Organic Producer, Processor and Handler listing
- a Restaurant, Retailer and Distributor listing

How to use this directory:

As a producer:

- Identify which foodservice outlets and retailers are interested in carrying organic products
- Use this directory to seek out advice and assistance from other producers in the organic sector
- Form production and/or marketing alliances with fellow producers

As a buyer:

- Identify and contact producers and processors that grow or produce a product you want to buy
- Find out what products are available in the province of Manitoba

The directory details the nature of business for each listing. Use these codes as a guide to search your requirements for organic foods:



D - Direct Farm Marketers retailing to consumers

R - Regional

P - Provincial

N - National

I - International

Other Codes includes:

A - Grown and processed in Manitoba

B - Processed in Manitoba

C - Grown in Manitoba

Fi - Federally inspected meat or poultry plant; approved for international and interprovincial export

* - Kosher product or kosher version available


** - Halal product

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Manitoba Organic Directory Producer, Processor and Handler Alphabetical Listing

Codes:

 **D – Direct Farm Marketers retailing to Consumers**

R – Regional

P – Provincial











N – National

I – International



A

Advanced Grain Systems (N,I).....	18
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 Hickson Farms, Ltd. (D,R,P,N,I)	29
Hosmann, Daniel and Beatrice (R,P,N)	29

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 Jordan, Theo and Susanne (D,R,P,N,I)	30





K

 Kasprick, Michael (D,R,P,N,I)	30
Keystone Grain (R,P,N,I)	30


L

 Logan Farms (D,R,P,N,I)	30
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M&M Organic Marketing (R,P,I)	31
Manitoba Harvest (R,P,N,I)	31
 Marg's Organics Plus (D,R)	31
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Maywood Farms Ltd. (I)	32
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McKenzie, Alan (I)	32
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 Organic Producers Association of Manitoba (OPAM) (R,P,N,I)	34
Organic Ranchers Inc. (R,P,N)	34



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 Smylski Farms (D,R,P,N,I)	38
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Treefield Organics (D).....	39
 Triple C Beef and Pork (R,P)	39

W

Watkins, Neal and Louise (D,R,P,N,I)	40
 Wiebe Ventures Inc. (N,I)	40
Wilson, Frances M. (D,R,P,N,I)	40
 Wellington Fine Coffees (D,R,P).....	40
 Wind and Water (D,R,P,N,I)	40
	

Y

Yurkiw, Morris	41
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Manitoba Organic Directory

Producer, Processor and Handler

Regional Listing

Central

Eden

- 🍏 Kasprick, Michael (D,R,P,N,I)

Elie

- Gervais Seeds Ltd. (R,P,N,I)
- 🍏 Prairie Flour Mills Ltd. (D,R,P,N,I)

Gladstone

- Advanced Grain Systems (N,I)
- Poplar Lane Farm (N,I)

Portage la Prairie

- Best Cooking Pulses Inc.* (P,N,I)
- 🍏 Food Development Centre
- 🍏 Mother Earth Tobacco (D)

St. Claude

- M&M Organic Marketing (R,P,I)
- R&R Seeds Ltd. (I)

St. Francois Xavier

- Blue Lagoon Florascape (R,P)

Treherne

- DeRuyck's Top of the Hill Farm (R,P,N,I)

Eastern

Anola

- Chura, Norman (R,P,N,I)

Arnaud

- Mueller Seed Farm Inc. (P,N)

Blumenort

- 🍏 Granny's Poultry Cooperative (Manitoba), Ltd. (D,R,P,N,I)

Dugald

- 🍏 Bouw Farms (D,R,P,N,I)
- Circle V Farms (R,P,N,I)

Lorette

- 🍏 Marg's Organics Plus (D,R)

Pine Falls

- Cheverfils Farms (R,P,N,I)

Pine River

- Pine River Farms (R,P,N)

Ridgeville

- 🍷 Brueggemann Organics Farms (D,R,P)

Steinbach

- 🍷 Nature's Farm (D,R,P,N,I)

Interlake

Arborg

Jenson, Peder and Debbie

- 🍷 Simundsson, Bragi (D,P,N)

Clandeboye

- 🍷 Green Bean Coffee Imports (D,R,P,N,I)

Eriksdale

- 🍷 Jordan, Theo and Susanne (D,R,P,N,I)

Stony Mountain

- 🍷 Beirnes, Kelly (D,R,P,N)

Northern

Ashville

- 🍷 M Eden (D,R,P,I)

Dauphin

Bialkoski, Joe and Marie (R,P,N,I)

- 🍷 Genik Farm (D,R,N)
- 🍷 Smylski Farms (D,R,P,N,I)

Gilbert Plains

- 🍷 Frykas, Rick and Jody (D,R,P,N,I)
- Frykas, William B. (R,P,N)
- 🍷 Plawicki Seeds (D,R,P,N,I)
- Premium Organics (P,N,I)

Grandview

Movin, Nick

Poplar Glen Organic Farm (R,P,N,I)

Yurkiw, Morris

Swan River

- 🍷 Brown Homestead Farms (D,R,P,N,I)
- 🍷 Watkins, Neal and Louise (D,R,P,N,I)
- 🍷 Wind and Water (D,R,P,N,I)

Valley River

Prestayko, Rick (P,N,I)

Southern


Emerson

- 🍷 Deppe, Ralf (D,R,P,N,I)

Inglis

Gscholmann, Christoph (R,P,N,I)

Lowe Farm

 Groening Organics (D,N)

Manitou

Wiebe Ventures Inc. (N,I)

Roseisle


Dyck, Ian (N,I)

St. Agathe

Hemp Oil Canada Inc. (R,P,N,I)


Winkler

Keystone Grain (R,P,N,I)


 Poplar Grove Farm (D,R,P,N,I)

Western

Baldur


 Gordon, Jack (D,R,P,N)


Beulah

 Bouvier, Ted & Shawn* (D,R,P,N,I)

Brandon

Double SS Hereford Farm (P,N,I)

 Hickson Farms, Ltd. (D,R,P,N,I)

 Pollock Farms (D,R,P)


Brookdale

Maywood Farms Ltd. (I)


Carroll

Triple C Beef and Pork (R,P)

Deloraine


 Black Family Farm (D,R,P,N,I)


Erickson

 McKay Pond View Organics (D,R,P,N)

Hartney


Agnew Organics (P,N,I)

 Boulanger Farms (D,R,P,N,I)

 Boulanger, Marc and Lindsay (D,R,P,N,I)


Inglis

 Field 2 U Organics (D,R,P,N,I)

 Treefield Organics (D)

Kenton

 Crocusview Farm Ltd. (D,R,P,N,I)

 Wilson, Frances M. (D,R,P,N,I)

Killarney

Green, Art (R,N,I)

Rigby Orchards Estate Winery (R,P,N,I)

Lenore

- 🍏 EJM Organic Farm (D,R,P)

McAuley

- 🍏 Cowan, Donald (D,R,P,N,I)

Miniota

- 🍏 Bunn, Matt and Karen (D,R,P,N,I)

Neepawa

- 🍏 Prairie Orchard Organics (D)

Nesbitt

- 🍏 Logan Farms (D,R,P,N,I)
- McKenzie, Alan (I)

Newdale

Dewar, Denise (I)

Pierson

Fewings, Wade and Loretta (R,P,N,I)

Pipestone

Glenn and Nancy Elliott Farms (I)

Roblin

GM Seed Cleaning (R,P,N,I)

Sandy Lake

Hosmann, Daniel and Beatrice (R,P,N)

Shellmouth

Marschall, Roy and Kim (R)

Souris

- 🍏 Prairie Rose Meats

St. Lazare

Simard, Louis (P,N,I)

Virden

- 🍏 Don Heritage, Ltd. (D,R,P,N,I)
- 🍏 Organic Producers Association of Manitoba (OPAM) (R,P,N,I)

Winnipeg

- Angostura Canada Inc. (R,P,N,I)
- Canadian Wheat Board (R,P,N,I)
- CTC Brewt Corporation (R,P,N,I)
- Growers International Organic Sales Inc. (P,N,I)
- Manitoba Harvest (R,P,N,I)
- Organic Ranchers Inc. (R,P,N)
- Organic Food Council of Manitoba
- Peak of the Market (R,P,N,I)
- Pop's Farm (R,P,N,I) fi
- 🍏 Rita's Garden (D)
- Sunpeak Foods (R,P)
- Totally Organic Beverages (R,P)
- Wellington Fine Coffees

Manitoba Organic Directory

Producer, Processor and Handler

Organic Product Category

Listing



Beverages – Alcoholic

Angostura Canada Inc. (R,P,N,I).....	18
Rigby Orchards Estate Winery (R,P,N,I).....	37
Totally Organic Beverages (R,P)	39


Beverages – Non Alcoholic

Angostura Canada Inc. (R,P,N,I).....	18
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Coffee

 Green Bean Coffee Imports (D,R,P,N,I).....	28
 Wellington Fine Coffees (D,R,P).....	40

Tea

 Brueggemann Organics Farms (D,R,P).....	21
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Advanced Grain Systems (N,I).....	18
Agnew Organics (P,N,I)	18
 Brueggemann Organics Farms (D,R,P).....	21
Chura, Norman (R,P,N,I)	22
 Cowan, Donald (D,R,P,N,I)	22
 Crocusview Farm Ltd. (D,R,P,N,I)	22
DeRuyck's Top of the Hill Farm (R,P,N,I).....	23
Double SS Hereford Farm (P,N,I)	24
 Field 2 U Organics (D,R,P,N,I)	25
 Frykas, Rick and Jody (D,R,P,N,I)	25
 Genik Farm (D,R,N)	26
Glenn and Nancy Elliott Farms (I).....	26
GM Seed Cleaning (R,P,N,I)	27
Green, Art (R,N,I).....	27
Growers International Organic Sales Inc. (P,N,I).....	28
Gscholmann, Christoph (R,P,N,I)	28
Jenson, Peder and Debbie.....	29
 Jordan, Theo and Susanne (D,R,P,N,I)	30





Keystone Grain (R,P,N,I).....	30
M&M Organic Marketing (R).....	31
Movin, Nick	33
Mueller Seed Farm Inc. (P,N)	33
Premium Organics (P,N,I).....	37
Prestayko, Rick (P,N,I).....	37
🍷 Simundsson, Bragi (D,P,N)	38
🍷 Smylski Farms (D,R,P,N,I)	38
🍷 Treefield Organics (D).....	39
Wiebe Ventures Inc. (N,I)	40
Yurkiw, Morris	41

Flour






Best Cooking Pulses Inc.* (P,N,I).....	19
🍷 Brueggemann Organics Farms (D,R,P).....	21
Hemp Oil Canada Inc. (R,P,N,I)	29
🍷 Prairie Flour Mills Ltd. (D,R,P,N,I).....	36

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🍷 Beirnes, Kelly (D,R,P,N)	18
🍷 Bouvier, Ted & Shawn* (D,R,P,N,I)	20
🍷 Brown Homestead Farms (D,R,P,N,I).....	20
Chura, Norman (R,P,N,I)	22
🍷 Crocusview Farm Ltd. (D,R,P,N,I)	22
🍷 Deppe, Ralf (D,R,P,N,I)	23
🍷 Don Heritage, Ltd. (D,R,P,N,I)	24
Dyck, Ian (N,I)	24
🍷 Frykas, Rick and Jody (D,R,P,N,I).....	25
Frykas, William B. (R,P,N)	26
🍷 Genik Farm (D,R,N)	26
GM Seed Cleaning (R,P,N,I)	27
🍷 Gordon, Jack (D,R,P,N)	27
🍷 Groening Organics (D,N)	28
🍷 Hickson Farms, Ltd. (D,R,P,N,I).....	29
Jenson, Peder and Debbie.....	29
🍷 Jordan, Theo and Susanne (D,R,P,N,I)	30
🍷 M Eden (D,R,P,I)	31
Marschall, Roy and Kim (R).....	32
McKenzie, Alan (I).....	32
Pine River Farms (R,P,N).....	34
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 Brueggemann Organics Farms (D,R,P).....	21
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Chura, Norman (R,P,N,I)	22
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Dewar, Denise (I).....	23
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Double SS Hereford Farm (P,N,I)	24
Dyck, Ian (N,I)	24
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🍏 Genik Farm (D,R,N)	26
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🍏 Gordon, Jack (D,R,P,N)	27
Green, Art (R,N,I).....	27
🍏 Groening Organics (D,N)	28
Growers International Organic Sales Inc. (P,N,I).....	28
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🍏 Hickson Farms, Ltd. (D,R,P,N,I)	29
Hosmann, Daniel and Beatrice (R,P,N)	29
🍏 Kasprick, Michael (D,R,P,N,I).....	30
Keystone Grain (R,P,N,I).....	30
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🍏 Simundsson, Bragi (D,P,N)	38
🍏 Smylski Farms (D,R,P,N,I)	38
🍏 Treefield Organics (D).....	39
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🍏 Wilson, Frances M. (D,R,P,N,I)	40
Yurkiw, Morris	41

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 Genik Farm (D,R,N).....	26
Hemp Oil Canada Inc. (R,P,N,I)	29
Hosmann, Daniel and Beatrice (R,P,N)	29
Manitoba Harvest (R,P,N,I)	31
Pine River Farms (R,P,N).....	34
Rigby Orchards Estate Winery (R,P,N,I).....	37

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 Genik Farm (D,R,N).....	26
 Jordan, Theo and Susanne (D,R,P,N,I)	30
 Marg's Organics Plus (D,R).....	31

Meat Fresh and/or Processed




Beef

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 Boulanger Farms (D,R,P,N,I)	20
 Boulanger, Marc and Lindsay (D,R,P,N,I).....	20
 Bouvier, Ted & Shawn* (D,R,P,N,I)	20
 Bunn, Matt and Karen (D,R,P,N,I)	21
 Deppe, Ralf (D,R,P,N,I)	23
 EJH Organic Farm (D,R,P)	24
Frykas, William B. (R,P,N)	26
 Genik Farm (D,R,N)	26
 Hickson Farms, Ltd. (D,R,P,N,I)	29
 Logan Farms (D,R,P,N,I).....	30
M&M Organic Marketing (R,P,I)	31
 McKay Pond View Organics (D,R,P,N).....	32
Organic Ranchers Inc. (R,P,N)	34
Poplar Glen Organic Farm (R,P,N,I).....	35
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Triple C Beef and Pork (R,P)	39
 Watkins, Neal and Louise (D,R,P,N,I)	40
 Wilson, Frances M. (D,R,P,N,I)	40

Bison

-  Crocusview Farm Ltd. (D,R,P,N,I) 22
- Organic Ranchers Inc. (R,P,N) 34
-  Prairie Rose Meats 36


Chicken

-  Granny's Poultry Cooperative (Manitoba), Ltd.
(D,R,P,N,I) 27
-  Logan Farms (D,R,P,N,I) 30
- Pop's Farm (R,P,N,I) 36
-  Simundsson, Bragi (D,P,N) 38



Elk

-  Prairie Rose Meats 36




Goat

-  Logan Farms (D,R,P,N,I) 30


Lamb

-  Logan Farms (D,R,P,N,I) 30
-  Simundsson, Bragi (D,P,N) 38


Pork

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Manitoba Organic Directory Producers, Processors and Handlers Directory Listing

A

Advanced Grain Systems (N,I)

Box 111, 78076 PTH 50
Gladstone, Manitoba R0J 0T0
Phone: 204-385-3600
Fax: 204-385-3601
Email: bbuhr@agsflax.com
www.agsflax.com
Contact: Beverly Buhr and/or Michael Buhr

(B)

Golden and brown flax

Agnew Organics (P,N,I)

Box 268
Hartney, Manitoba R0M 0X0
Phone: 204-858-2547
Fax: 204-858-2547
Contact: Bill and Julie Agnew

(A)

Brown flax
Oats, rye, spelt

Angostura Canada Inc. (R,P,N,I)

251 Saulteaux Crescent
Winnipeg, Manitoba R3J 3C7
Phone: 204-889-5500
Fax: 204-831-8945
info@angostura.ca
www.angostura.ca
Contact: Karen Jurkowski

(B)

Alcoholic and non-alcoholic beverages

B

Beirnes, Kelly (D,R,P,N)

Box 171
Stony Mountain, Manitoba R0C 3A0
Phone: 204-344-5214

(A)

Beef cattle

Forages: silage mix, alfalfa, alfalfa/silage mix, hay, native pasture, feed grains

Certification Standards: USDA

Best Cooking Pulses Inc.* (P,N,I)

124-10th Street Northeast

Portage la Prairie, Manitoba R1N 1B5

Phone: 204-857-4451

Fax: 204-239-6885

Email: organic@bestcookingpulses.com

www.bestcookingpulses.com

Contact: Margret or Trudy

(A)

“Yumpeez” roasted veggie snack - allergen free**

Whole Yellow Pea Flour,* flour*

Green Split Pea Fibre*

Whole split green peas,* whole split yellow peas*

(B)

Best Pea Fiber*

Chickpea Flour*

Bialkoski, Joe and Marie (R,P,N,I)

102-7th Avenue Southeast

Dauphin, Manitoba R7N 2E2

Phone: 204-638-0966

(C)

Red spring wheat, oats

Black Family Farm (D,R,P,N,I)

RR#1

Deloraine, Manitoba R0M 0M0

Phone: 204-747-2867

Fax: 204-747-2962

Email: sblack@xplornet.com

Contact: Larry and Susan Black

(C)

Wheat

Certification Standards: USDA

Blue Lagoon Florascape (R,P)

781 Highway 26

St. Francois Xavier, Manitoba R4L 1A2

Phone: 204-864-3083

Email: annelore@mts.net

Contact: Lori Ann Regnier

(A)

Fruits, vegetables, herbs

 **Boulangier Farms (D,R,P,N,I)**

Hartney, Manitoba R0M 0X0

Phone: 204-858-2660

Fax: 204-858-2517

Email: gaston@mts.net

Contact: Gaston and Nicole Boulangier

(A)

Finished beef

 **Boulangier, Marc and Lindsay (D,R,P,N,I)**

Box 383

Hartney, Manitoba R0M 0X0

Phone: 204-858-2353

Fax: 204-858-2517

Email: cactusacres@yahoo.ca

(A)

Yearling calves, slaughter calves

 **Bouvier, Ted & Shawn* (D,R,P,N,I)**

Box 50

Beulah, Manitoba R0M 0B0

Phone: 204-568-4723

Fax: 204-568-4723

Email: tbouvier@mts.net

(C)

Beef*

Wheat, oats

Forage

 **Bouw Farms (D,R,P,N,I)**

Box 418, RR#1

Dugald, Manitoba R0E 0K0

Phone: 204-866-3707

Email: bouw@mts.net

Contact: Herman Bouw

(A)

Oats, wheat

 **Brown Homestead Farms (D,R,P,N,I)**

Box 2207

Swan River, Manitoba R0L 1Z0

Phone: 204-734-4391

Email: flcole@mts.net

Contact: Frank Cole

(A)

Wheat, oats, fall rye, barley

Forages: alfalfa, sweet clover

 **Brueggemann Organics Farms (D,R,P)**

Box 101
Ridgeville, Manitoba R0A 1M0
Phone: 204-427-2989
Fax: 204-427-2989
Email: ghbrueg@mts.net
Contact: Gerhard Brueggemann

(A)

Flour - buckwheat, wheat, spelt, rye, barley, oatmeal, millet - 500g, 2.5kg
Wheat kernels - 500g
Flax seeds (yellow or brown) - 500g
Spelt berries, millet berries - 500g
Barley pearled - 500g
Oatmeal
Soybeans - 500g
Brown lentils - 500g
Long grain brown rice, wild rice - 500g
Split pea soup, bean soup - 500g
7 grain cereal - 500g
Stinging nettle tea - 50g
Mullein - 50g
Calendula salve - 50g
Honey - 500g glass jar
Waffle & pancake mix - 5 lb

(C)

Oats, buckwheat, wheat
Flax
Wild rice

 **Bunn, Matt and Karen (D,R,P,N,I)**

Box 113
Miniota, Manitoba R0M 1M0
Phone: 204-748-2165
Contact: Matt and Karen Bunn

(A)

Oats, barley, wheat
Angus heifers, Angus steers

C

Canadian Wheat Board (R,P,N,I)

423 Main Street
Winnipeg, Manitoba R3C 2P5
Phone: 204-983-5799
Fax: 204-983-3841
Email: donna_youngdahl@cwbc.ca
www.cwbc.ca
Contact: Donna Youngdahl and Patty Rosher

(C)

Wheat, durum, barley

Cheverfils Farms (R,P,N,I)

Box 72

Pine Falls, Manitoba ROE 1M0

Phone: 204-367-8763

Fax: 204-367-2406

Email: chevyfarm@mts.net

Contact: Ronald and Annette Cheverfils

(C)

Wheat, oats

Certification Standards: USDA

Chura, Norman (R,P,N,I)

Box 838, RR#1

Anola, Manitoba ROE 0A0

Phone: 204-755-2979

(A)

Wheat

Flax, other small seeds

Forages: alfalfa, grasses

Certification Standards: USDA, EU

Circle V Farms (R,P,N,I)

Box 15, Route 16, RR#1

Dugald, Manitoba ROE 0K0

Phone: 204-853-2084

Contact: Duane Vaags

(C)

Rye, oats, spelt, sunflowers

Certification Standards: USDA

Cowan, Donald (D,R,P,N,I)

Box 245

McAuley, Manitoba ROM 1H0

Phone: 204-722-2023

(C)

Flax

Oats

Certification Standards: USDA, EU, BioSuisse

Crocusview Farm Ltd. (D,R,P,N,I)

Box 60

Kenton, Manitoba ROM 0Z0

Phone: 204-838-2426

Fax: 204-838-2426

Email: cfinnie@goinet.ca

Contact: John Finnie / Martin Finnie

(A)

Bison

Forages: rye pasture, alfalfa, red clover, hay

Ground flax, mustard
Oats, barley
Green and yellow peas
Hemp
Certification Standards: USDA, EU

CTC Brewt Corporation (R,P,N,I)

3-1375 Niakwa Road East
Winnipeg, Manitoba R2J 3T3
Phone: 204-256-1266
Email: info@brewts.com
www.brewts.com

(A)

Custom blended and packaged red, green, white and black teas made from locally sourced berries and fruits

(B)

Chocolates

D

Deppe, Ralf (D,R,P,N,I)

Box 118
Emerson, Manitoba R0A 0L0
Phone: 204-373-2980
Fax: 204-373-2980
Email: rdeppe@mts.net

(A)

Beef
Hay
Certification Standards: USDA, EU

DeRuyck's Top of the Hill Farm (R,P,N,I)

Box 153
Treherne, Manitoba R0G 2V0
Phone: 204-526-2066
Fax: 204-526-2066
Email: dderuyck@mts.net
Contact: Dan or Fran DeRuyck

(A)

Oats, millet, spelt, rye, sunflowers
Flax

Dewar, Denise (I)

Box 67
Newdale, Manitoba R0J 1J0
Phone: 204-849-2263
Fax: 204-849-2263
Contact: Denise Dewar / Dennis Norosky

(C)

Fall rye, red spring wheat, buckwheat

Don Heritage, Ltd. (D,R,P,N,I)

Box 1047

Virden, Manitoba R0M 2C0

Phone: 204-748-1085

Contact: Don Heritage

(C)

Red spring wheat

Forage crop: clover

Certification Standards: USDA, EU

Double SS Hereford Farm (P,N,I)

Box 59E, RR#2

Brandon, Manitoba R7A 5Y2

Phone: 204-728-7624

Fax: 204-726-4706

Email: cstott@mts.net

Contact: Cyril Stott

(A)

Soft white wheat, hard spring wheat, oats, barley, fall rye

Flax, canola

Dyck, Ian (N,I)

Box 117

Roseisle, Manitoba R0G 1V0

Phone: 204-828-3563

Email: dyckianleonieke@gmail.com

(A)

Open pollinated corn

Open pollinated corn seed

Hard red spring wheat

Alfalfa bales

E

 **EJH Organic Farm (D,R,P)**

Box 967

Lenore, Manitoba R0M 1E0

Phone: 204-838-2009

Fax: 204-838-2009

Email: edhodgins@hotmail.com

Contact: Ed Hodgins

(A)

Beef cuts, pork cuts

Beef patties

Sausages

F

Field 2 U Organics (D,R,P,N,I)

Box 52
Inglis, Manitoba R0J 0X0
Phone: 204-564-2551
Email: krick@inetlink.ca
Contact: Rick Olding

(C)
Flax
Oats, wheat, barley, rye
Peas

Fewings, Wade and Loretta (R,P,N,I)

Box 251
Pierson, Manitoba R0M 1S0
Phone: 204-856-3469
Fax: 204-856-3469

(C)
Wheat
Certification Standards: USDA, EU

Food Development Centre

Box 1240, 810 Phillips Street
Portage la Prairie, Manitoba R1N 3J9
Phone: 1-800-870-1044
204-239-3643
Fax: 204-239-3180
www.gov.mb.ca/agriculture/fdc
Contact: Nona Shultz

Manitoba's leading research and development and pilot plant facility with a federal and organic license. FDC processes meat, fruits, vegetables, honey, hemp and wild game. Clients receive help developing their food idea into a market-ready product that can be shipped nationally and internationally. Clients use FDC's modern pilot plant to make small product runs, introduce their product to the market and establish a sales track record. FDC is a Special Operating Agency of MAFRI and provides cost-effective research & development and commercialization services to the agri-food industry.

Frykas, Rick and Jody (D,R,P,N,I)

Box 494
Gilbert Plains, Manitoba R0L 0X0
Phone: 204-548-2740
Fax: 204-548-4248
Email: jfrykas@mts.net

(A)

Wheat, oats, millets, spelt, barley, buckwheat
Forages: alfalfa hay, white, yellow and red clover
Yellow flax, brown flax
Certification Standards: USDA, EU

Frykas, William B. (R,P,N)

Box 394
Gilbert Plains, Manitoba R0L 0X0
Phone: 204-548-2932
Fax: 204-548-4428
Email: frykasbk@mts.net

(C)

Beef
Barley
Forages: alfalfa, peas

G

Genik Farm (D,R,N)

Box 164
Dauphin, Manitoba R7N 2V1
Phone: 204-638-7580
Fax: 204-638-7580
Email: vriver@mts.net
Contact: Ernie or Yuri Genik

(A)

Beef
Spring wheat, winter wheat, oats
Flax
Forages: clovers, alfalfa hay, grass hay
Hemp
Horse radish

Gervais Seeds Ltd. (R,P,N,I)

Box 126
Elie, Manitoba R0H 0H0
Phone: 204-353-2152
Fax: 204-353-2926
Email: sgervais@mts.net
Contact: Roger Gervais

(A)

Dehulling and processing oats, spelt
Certification Standards: USDA

Glenn and Nancy Elliott Farms (I)

Box 324, RR#1
Pipestone, Manitoba R0M 1T0
Phone: 204-522-6009
Fax: 204-854-2202
Email: gnelliott@xplornet.com
Contact: Glenn or Nancy Elliot

(A)
Wheat, oats
Brown flax
Peas

GM Seed Cleaning (R,P,N,I)

RR#1
Roblin, Manitoba R0L 1P0
Phone: 204-937-2739
Fax: 204-937-2399
Email: schwickart@mts.net
Contact: Gert or Marianne Schwickart

(A)
Grain
Flax
Forages: alfalfa, peas

 **Gordon, Jack (D,R,P,N)**

Box 119
Baldur, Manitoba R0K 0B0
Phone: 204-466-2654

(C)
Winter wheat, oats, barley, faba beans
Forage crops: hay, pasture

 **Granny's Poultry Cooperative
(Manitoba), Ltd. (D,R,P,N,I)**

Box 98
Blumenort, Manitoba R0A 0C0
Phone: 204-326-3448
Fax: 204-326-4787
Email: www.grannys.mb.ca
Contact: Peter Doerksen / Maria Blaszyk

(A)
Chicken
Certification Standards: USDA

Green, Art (R,N,I)

Box 53
Killarney, Manitoba R0K 1G0
Phone: 204-523-8826
Fax: 204-523-8415

(C)
Hard red wheat, winter wheat, spelt, oats, barley
Flax

☉ Green Bean Coffee Imports (D,R,P,N,I)

Box 319

Clandeboye, Manitoba R0C 0P0

Phone: 204-738-2180

Fax: 204-738-2190

www.greenbeancoffeeimports.com

(B)

Coffee - 1lb bags, 1/2 lb bags, 2.5 kg packages

☉ Groening Organics (D,N)

Box 125

Lowe Farm, Manitoba R0G 1E0

Phone: 204-746-8307

Fax: 204-746-8307

Email: melnelva@mts.net

Contact: Mel or Elva Groening

(A)

Grains

Hay

**Growers International Organic Sales Inc.
(P,N,I)**

22nd Floor, 333 Main Street

Winnipeg, Manitoba R0C 1B0

Phone: 204-926-9593

Fax: 204-943-2455

Email: tcowell@giosi.com

www.giosi.com

Contact: Tom Cowell

(C)

Redspring, durum, winter, and hard white wheat, oats,
barley, rye

Flaxseed

Peas

Gscholsmann, Christoph (R,P,N,I)

Box 832

Inglis, Manitoba R0J 0X0

Phone: 204-564-2552

Fax: 204-564-2552

Email: christop@mts.net

(C)

Wheat, yellow flax

H

Hemp Oil Canada Inc. (R,P,N,I)

225 Pembina Trail, Box 188
St. Agathe, Manitoba R0G 1Y0
Phone: 1-800-289-4367
204-822-2480
Fax: 204-822-2529
Email: info@hempoilca.com
www.hempoilcan.com
Contact: Shaun Crew

(C)

Hemp seed oil, hulled hemp seed, toasted hemp seeds,
hemp flour, hemp protein powder, sterilized hemp seeds

Hickson Farms, Ltd. (D,R,P,N,I)

Box 24
Brandon, Manitoba R7H 5Y2
Phone: 204-725-0621
Fax: 204-725-0621
Email: hicksondj@mts.net

(C)

Beef cattle
Millet, barley, oats, field peas, barley, wheat, faba beans
Forage crops: mixed grasses, alfalfa grass, pasture
Certification Standards: USDA, EU

Hosmann, Daniel and Beatrice (R,P,N)

Box 248
Sandy Lake, Manitoba R0J 1X0
Phone: 204-585-2773
Fax: 204-585-2773

(C)

Wheat, hemp
Certification Standards: USDA, EU

J

Jenson, Peder and Debbie

Box 985
Arborg, Manitoba R0C 0A0
Phone: 204-376-2604
Fax: 204-376-3482

(A)

Flax seed, alfalfa seed, alfalfa hay

 **Jordan, Theo and Susanne (D,R,P,N,I)**

Box 306
Eriksdale, Manitoba R0C 0W0
Phone: 204-739-5480
Fax: 204-739-2124

(C)
Alfalfa seed, golden flax seed
Golden flax oil, canola oil
Honey
Herbs mix

K

 **Kasprick, Michael (D,R,P,N,I)**

Box 71
Eden, Manitoba R0J 0M0
Phone: 204-476-0683

(C)
Oats
Certification Standards: USDA, EU

Keystone Grain (R,P,N,I)

Box 1236
Winkler, Manitoba R6W 4B3
Phone : 204-325-9555
Fax: 204-325-2240
Email : gfehr@keystonegrain.com
www.keystonegrain.com
Contact: Grant Fehr

(A)
Brown and golden flaxseed

L

 **Logan Farms (D,R,P,N,I)**

RR#1
Nesbitt, Manitoba R0K 1P0
Phone: 204-824-2706
Email: loganfarms2005@hotmail.com
Contact: Dwayne and Shelley Logan

(A)
Pasture-raised Berkshire pork, beef, grass-fed lamb, grass-fed goat, pasture-raised chickens
Grains

M

M Eden (D,R,P,I)

RR#1 Comp 20
Ashville, Manitoba R0L 0A0
Phone: 204-638-2917
Contact: Mitchell Eden

(C)

Grain

Forage crops: alfalfa, timothy

Market garden, raspberries, saskatoons

M&M Organic Marketing (R,P,I)

Box 262
St. Claude, Manitoba R0G 1Z0
Phone: 204-379-2451
Fax: 204-379-2451
Contact: Mike Juigwier

(C)

Oats, barley, wheat, flax, spelt

Beef

Soybeans, edible beans, peas, corn

Manitoba Harvest (R,P,N,I)

69 Eagle Drive
Winnipeg, Manitoba R2R 1V4
Phone: 1-800-665-HEMP (4367)
www.manitobaharvest.com

(A)

Hemp seed oil, shelled hemp seed, hemp seed butter,
hemp protein powder and HEMPBLISS - the world's first
organic hempmilk

Certification Standards: USDA

Marg's Organics Plus (D,R)

702 Dawson Road (Highway 207)
Lorette, Manitoba R0A 0Y0
Phone: 204-878-4353
Fax: 204-878-9305
Email: margandg@mts.net
Contact: Marg and Glenn

(A)

Strawberries, raspberries

Peas, potatoes, beans, beets, cucumbers, carrots, zucchini,
rhubarb, dill

Honey

Marschall, Roy and Kim (R)

Box 68

Shellmouth, Manitoba R0J 1V0

Phone: 204-564-2636

(C)

Wheat, oats, flax

Forage crop: alfalfa hay

Maywood Farms Ltd. (I)

Box 130

Brookdale, Manitoba R0K 0G0

Phone: 204-354-2136

Fax: 204-354-2317

Email: tcmcleod@mts.net

Trevor and Cornelia McLeod

(A)

Wheat

McKay Pond View Organics (D,R,P,N)

Box 684

Erickson, Manitoba R0J 0P0

Phone: 204-636-2216

Contact: Muriel McKay

(C)

Char./Red Angus feeder steers, Charolais/Red Angus feeder heifers, Charolais/Red Angus yearling heifers for sale

McKenzie, Alan (I)

RR#1

Nesbitt, Manitoba R0K 1P0

Phone: 204-824-2686

Email: alan@hedgeville.ca

(C)

Grain

Peat

Forage crop: hay

Mother Earth Tobacco (D)

Box 639, #220-5010 Crescent Road West

Long Plain First Nation

Portage la Prairie, Manitoba R1N 3C2

Phone: 204-239-4490

www.motherearthtobacco.com

(B)

100% certified organic tobacco leaves marketed for people who use Tobacco in ceremony

Movin, Nick

Box 715

Grandview, Manitoba R0L 0Y0

Phone: 204-546-2110

Fax: 204-546-2160

Email: grandviewmotorim@yahoo.ca

(A)

Flax, wheat

Mueller Seed Farm Inc. (P,N)

Box 32

Arnaud, Manitoba R0A 0B0

Phone: 204-427-2465

Fax: 204-427-2965

Email: msf@HBNI.net

Contact: Klaus Mueller

(B)

Flax

N

Nature's Farm (formerly Ackron Egg Farms Ltd.) (D,R,P,N,I)

5 Life Sciences Parkway

Steinbach, Manitoba R5G 2G7

Phone: 204-326-5509

Fax: 204-326-6626

Email: csinfo@nauresfarm.ca

www.naturesfarm.ca

Contact: Hermann and Sheryl Grauer

(A)

Pappardelle Pasta, Tajliabelle Pasta, Linguine Wholespelt, Vermicelli Pasta, Spaghetti Pasta, Penne Pasta, Orzo Pasta

O

Organic Food Council of Manitoba - A Chapter of Canadian Organic Growers

Box 68082

RPO Osborne Village

Winnipeg, Manitoba R3L 2V9

Phone: 204-779-8546

Fax: 204-772-4363

ofcm@cog.ca

www.organicfoodcouncil.org

 **Organic Producers Association of Manitoba (OPAM) (R,P,N,I)**

Box 940
227 Wellington Street West
Virden, Manitoba R0M 2C0
Phone: 204-748-1315
Fax: 204-748-6881
info@opam.mb.ca
www.opam.mb.ca
Contact: Trevor Tultosi

Organic Ranchers Inc. (R,P,N)

Station 1, Box 9, 70 Kendale Drive
Winnipeg, Manitoba R3T 5M4
Phone: 204-269-0658
Fax: 204-275-1679
Email: hbouvier@organicrancherscanada.com
www.organicrancherscanada.com
Contact: Helene Bouvier

(A)
Beef, bison

P

Peak of the Market (R,P,N,I)

1200 King Edward Street
Winnipeg, Manitoba R3H 0R5
Phone: 204-632-PEAK (7325)
Fax: 204-774-PEAK (7325)
www.peakmarket.com
Contact: Grant Hackman / Ken Krochenski

(A)
Yellow and red potatoes, cooking onions, russet potatoes
Certification Standards: USDA

Pine River Farms (R,P,N)

Box 208
Pine River, Manitoba R0L 1M0
Phone: 204-328-7012
Fax: 204-261-2167
Contact: Wayne Issac

(C)
Hemp, peas
Forage crops: red clover
Certification Standards: USDA, EU

 **Plawicki Seeds (D,R,P,N,I)**

Box 655
Gilbert Plains, Manitoba R0L 0X0
Phone: 204-548-4030
Fax: 204-548-2261
Email: cory2261@goinet.ca
Contact: Cory and Jackie Plawicki

(A)

Forage crops: alfalfa, yellow blossom sweet clover, white blossom sweet clover, single cut red clover, double cut red clover

 **Pollock Farms (D,R,P)**

Box 49, RR#5
Brandon, Manitoba R7A 5Y5
Phone: 204-728-7672
Fax: 204-728-7672
Email: pollock.farms@gmail.com
Contact: Larry or Pat Pollock

(A)

Spelt Berries, table potatoes, variety garden vegetables
Certification Standards: USDA, EU

Poplar Glen Organic Farm (R,P,N,I)

RR#1
Grandview, Manitoba R0L 0Y0
Phone: 204-546-2099
Email: storey@mts.net
www.mts.net/~poplar2
Contact: Doug or Kate Storey

(C)

Hard red spring wheat, barley, oats
Forage crops: yellow blossom sweet clover seed
Cattle - yearlings, cattle - grass finished

 **Poplar Grove Farm (D,R,P,N,I)**

Box 1450
Winkler, Manitoba R6W 4B4
Phone: 204-325-4333
Fax: 204-325-8630
Email: marv@kroekers.com
www.kroekerfarms.com
Contact: Marv Dyck

(A)

Wheat, soybeans, rye, barley
Corn, potatoes, onions, raspberries
Forage crop: alfalfa

Poplar Lane Farm (N,I)

Box 762
Gladstone, Manitoba R0J 0T0
Phone: 204-385-2347
Contact: Gerald Wall

(C)

Buckwheat, oats

Pop's Farm (R,P,N,I) fi

463 Dawson Road North
Winnipeg, Manitoba R2J 0S9
Phone: 204-233-7089
Fax: 204-237-8447
Email: jlechman@popsfarm.com
www.popsfarm.com
Contact: Jeremiah Lechman

(A)

Whole, cut up, bulk, cryovac or tray pack,
air-chilled chicken

Prairie Flour Mills Ltd. (D,R,P,N,I)

Box 301
11 Janzen Road
Elie, Manitoba R0H 0H0
Phone: 204-353-2895
888-993-5687
Fax: 204-353-2943
Email: gm@prairieflour.com
www.prairieflour.iwarp.com
Contact: Dale Williamson - Grains
Dennis Wirvin - Flour

(A)

White flour, whole wheat flour, mill feed

Prairie Orchard Organics (D)

Box 1376
Neepawa, Manitoba R0J 1H0
Phone: 204-368-2428
Email: prairieorchardorganics@yahoo.ca
Contact: Mary Anne Nysten

(C)

Apples, variety garden vegetables, herbs

Prairie Rose Meats

Box 1349
Souris, Manitoba R0K 2C0
Phone: 204-483-2765
Fax: 204-483-2765
Contact: Marc Bellon

(A)
Certified organic beef

Premium Organics (P,N,I)

Box 494
Gilbert Plains, Manitoba R0L 0X0
Phone: 204-548-2740
Fax: 204-548-4240
Email: premium_organics@mts.net
Contact: Rick or Jody Trykes

(A)
Brown flax, yellow flax, wheat, spelt, oats, barley, black
peas, yellow peas, buckwheat
Forage crops: yellow, white, red clover, alfalfa bales
Caraway
Federally inspected beef

Prestayko, Rick (P,N,I)

Box 22
Valley River, Manitoba R0L 2B0
Phone: 204-638-7251
Fax: 204-638-4890
Email: ricks1@mts.net

(A)
Hard red spring wheat, brown flax

R

R&R Seeds Ltd. (I)

Box 388
St. Claude, Manitoba R0G 1Z0
Phone: 204-379-2582
Fax: 204-379-2460
Email: guy@bnrseeds.com
Contact: Guy Rouire

(A)
Soybeans, roasted soybeans

(B)
Spelt, fall rye

Rigby Orchards Estate Winery (R,P,N,I)

Box 163
Killarney, Manitoba R0K 1G0
Phone: 204-523-8879
Contact: Grant Rigby

(A)

Frozen raspberries

Soybeans

Forage crops: alfalfa

Hemp foods and grains

Transitional organic Boyne raspberry wine

(B)

Transitional organic black current wine

Certification Standards: USDA, EU

 **Rita's Garden (D)**

361 Paul Boulevard

Winnipeg, Manitoba R2N 4C9

Phone: 204-254-0700

Contact: Rita

(C)

Seasonal market garden vegetables

S

Simard, Louis (P,N,I)

Box 130

St. Lazare, Manitoba R0M 1Y0

Phone: 204-683-2569

Fax: 204-683-2577

Email: procustom@xplornet.com

(C)

Wheat, barley, oats

 **Simundsson, Bragi (D,P,N)**

Box 268

Arborg, Manitoba R0C 0A0

Phone: 204-376-3269

Email: bsimundsson@arborg.com

(A)

Wheat, flax seed

Forage crop: alfalfa seed

Grass fed beef, grass fed lamb, pastured chickens

 **Smylski Farms (D,R,P,N,I)**

RR#3, Comp 19

Dauphin, Manitoba R7N 2T6

Phone: 204-638-7732

Fax: 204-638-7732

Contact: Rick and Carol Smylski

(A)

Hard red spring wheat, hard red winter wheat, soft white spring wheat, oats, golden flax, yellow mustard, fall rye

Forage crop: yellow blossom sweet clover

Sunpeak Foods (R,P)

210-1364 McPhillips Street
Winnipeg, Manitoba R2X 2M4
Phone: 204-480-1876
Email: email@sunpeakfoods.com
www.sunpeakfoods.com
Contact: Regan Stevenson

(A)

Organic spelt pasta

T

Totally Organic Beverages (R,P)

Winnipeg, Manitoba R3V 0A5
Phone: 204-982-4720
1-800-265-0027
www.totallyorganicbeverages.com
Contact: Ernie McIvor

(B)

Organic fruit-based alcoholic beverages
Vodka

Treefield Organics (D)

Box 137
Inglis, Manitoba R0J 0X0
Phone: 204-564-2067
Email: treefield-organics@mts.net
Contact: Erna & Franz Kracher

(C)

Golden flax, hard red spring wheat, buckwheat

Triple C Beef and Pork (R,P)

Carroll, Manitoba R0K 0K0
Phone: 204-483-2024
1-800-235-2641
Fax: 204-483-3724
Email: info@triplecbeef.ca
www.triplecbeef.ca
Contact: John or Debbie Carlisle

(A)

Beef - individually packaged cuts as well as 1/4s, 1/2s
and whole carcasses

Pork - individual cuts and 1/2s from free-range Berkshire
pigs

W

Watkins, Neal and Louise (D,R,P,N,I)

Box 1378

Swan River, Manitoba R0L 1Z0

Phone: 204-734-5675

Fax: 204-734-3401

Email: watnl@mts.net

(A)

Beef

Wiebe Ventures Inc. (N,I)

Box 628

Manitou, Manitoba R0G 1G0

Phone: 204-242-3192

Fax: 204-242-2109

Email: wvi@mts.net

Contact: Gerald Wiebe

(A)

Rye, oats, flax

Wilson, Frances M. (D,R,P,N,I)

Box 101

Kenton, Manitoba R0M 0Z0

Phone: 204-838-2492

Email: vwilson@inetlinkwireless.ca

www.francesfarm.com

(C)

Grains

Beef

Wellington Fine Coffees

Unit 2, 1725 Street James Street

Winnipeg, Manitoba R3H 1H3

Phone: 204-679-4800

www.wellingtonfinecoffees.com

(B)

Coffees

Wind and Water (D,R,P,N,I)

RR#1, Comp 60

Swan River, Manitoba R0L 1Z0

Phone: 204-539-2739

Contact: Craig Larson

(C)

Forage crops: alfalfa hay, grass hay, alfalfa/grass mix hay

Y

Yurkiw, Morris

Box 452

Grandview, Manitoba R0L 0Y0

Phone: 204-546-2348

Email: blink1@mts.net

(C)

Wheat, barley, flax, buckwheat

Forage crop: clover

Garlic

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Manitoba Organic Directory Restaurant, Retailer and Distributor Directory Listing

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A-1 Nutrition

Retailer

300-1120 Grant Avenue
Winnipeg, Manitoba R3M 2A6
Phone: 204-475-7522

#31-2860 Pembina Highway

Winnipeg, Manitoba

Phone: 204-261-7240

“Your health is our passion!”

Aqua Vitae

Wine distributor

Winnipeg, Manitoba

Phone: 204-955-2238

aquavitaefilia@shaw.ca

Contact: Rod Biebrich

Avida Natural Health Solutions

Retailer

52 Adelaide Street

Unit 60 166 Meadow Wood Drive

Winnipeg, Manitoba R2M 5G8

Phone: 204-257-6789

www.aviva.ca

B

Bison Boutique

Retailer

MacGregor, Manitoba R0H 0R0

Phone: 204-637-3046

204-685-2038

Fax: 204-637-2046

204-685-3005

Contact: Laurelly Besitherick

“Gift baskets and Manitoba Made products available,
as well as a variety of organic products.”

Bistro 7 ¼

Restaurant

125 Osborne Street

Winnipeg, Manitoba R3L 2C1

Phone: 204-777-2525

www.sevenandaquarter.ca

“Serving Luxurious Comfort Food sourced from local, natural, and organic purveyors. We feature many earth-friendly wines on our list. Seasonal menu.”

Blue Earth Organics

Retailer

1855 Portage Avenue

Winnipeg, Manitoba R3E 0G8

Phone: 204-219-3784

Borowski's Health Food**

Retailer

437 St Anne's Road

Winnipeg, Manitoba R2M 3C7

Phone: 204-257-7667

Buffalo Stone Café

Café, Restaurant

1961 McCreary Road

Winnipeg, Manitoba R3P 2K9

Phone: 204-989-8370

www.fortwhyte.org

C

Café Carlo

Restaurant

243 Lilac Street

Winnipeg, Manitoba R3M 2S2

Phone: 204-477-5544

www.cafecarlo.com

“Popular and friendly neighbourhood bistro with an innovative and seasonally influenced menu and award winning wine list. We feature a greatest hits package of small plates, pastas, house made desserts and up to ten daily specials that keep the menu fresh.”

Canadian Nutrition Centre Inc.

Retailer

1795 Henderson Highway

Winnipeg, Manitoba R2G 1P3

Phone: 204-339-0440

Caulfield's Foods and Humbolt's Legacy

Retailer

887 Westminster Avenue

Winnipeg, Manitoba R3G 1B4

Phone: 204-772-1404

204-786-3289

Common Ground

Café Bakery

79 Sherbrook Street

Winnipeg, Manitoba R3C 2B2

Phone: 204-453-5156

“Where the prince and the pauper find common ground in more than wholesome food. Come check out our locally inspired menu!”

Cornelia Bean

Café

417 Academy Road

Winnipeg, Manitoba R3N 0C1

Phone: 204-489-5460

www.corneliabean.com

“Taste without the Travel!”

D

Dandelion Eatery

Restaurant

230 Osborne Street

Winnipeg, Manitoba R3L 1Z5

Phone: 204-453-5755

www.organzamarket.com

“We are devoted to nurturing relationships with local farmers, growers and producers in our community, and are dedicated to creating a menu based on regional ingredients. We support producers practicing sustainable agriculture; a belief that is reflected not only in our food, but also in our choices of beer, wine and even packaging.”

De Luca's Specialty Foods

Retailer

950-956 Portage Avenue

Winnipeg, Manitoba R3G OR1

Phone: 204-774-7617

www.deluca.ca

“We welcome producers who are looking to wholesale their products through us! We are ready to begin promoting all our organic products in our cooking classes from September to May.”

Dubrovnik's Restaurant

Restaurant

390 Assiniboine Road

Winnipeg, Manitoba R3C 0Y1

Phone: 204-944-0594

www.restaurantdubrovnik.com

"Come and experience our regional cuisine!"

F

Food Fare* **

Retailer

905 Portage Avenue

Winnipeg, Manitoba R3G 0P3

Phone: 204-987-8849

"We carry local organics, as well as Kosher and Halal products."

Food for Thought Catering

Café, Catering

1236 Main Street

Winnipeg, Manitoba R2W 3S8

Phone: 204-772-3663

www.foodforthoughtcatering.ca

"City wide delivery program - Healthy, home-style cooking featuring naturally-raised meats, gluten-free, low-sodium, low-sugar and low-fat fresh and local products."

Fresh Option Organic Delivery (FOOD)*

Distributor / Home Delivery Catering Service

1338 Clifton Street

Winnipeg, Manitoba R3E 2V2

Phone: 204-772-1479

www.freshoption.ca

"Local wholesome foods, Kosher versions available."

Fusion Grill

Restaurant

550 Academy Road

Winnipeg, Manitoba R3N 0E3

Phone: 204-489-6963

www.fusiongrill.mb.ca

G

Grass Roots Prairie Kitchen

Retailer

1 Forks Market Road

Winnipeg, Manitoba R3C 4L8

Phone: 204-942-5097

“A small ‘from scratch’ kitchen with a big heart and vision. Come and see our certified organic oil press. The taste and the healthy goodness of fresh cold pressed organic Manitoba sunflower oil is amazing! We also prepare truly wholesome take home meals and carry organic bison meat, flours and jams.”

Green Bean Coffee Imports

Distributor

Box 319

Clandeboye, Manitoba R0C 0P0

Phone: 204-738-2180

Fax: 204-738-2190

www.greenbeancoffeeimports.com

“Importer & Roaster of Certified Fairtrade Organic Coffees. Locally owned and operated. We achieve sustainability while being socially, environmentally and ethically responsible; more than a “just-for-profit” entity.”

H

Heartsease Inc.

Retailer

941 Westminster Avenue

Winnipeg, Manitoba R3G 1B7

Phone: 204-474-0470

“We specialize in beauty and bath products made with all-natural, organic ingredients.”

Hempyrean

Retailer

213-1 Forks Market Road

Winnipeg, Manitoba R3C 4L9

Phone: 204-947-5223

www.hempyrean.com

“Your eco-friendly hemp, bamboo, soy and cotton organic clothing company. We also carry organic beauty products.”

Horfrost

Restaurant

190-A River Road

Portage la Prairie, Manitoba R1N3V6

Phone: 204-857-7203

“Stylish, Innovative and Fresh.”

House of Nutrition Ltd.

Retailer

770 Notre Dame Avenue

Winnipeg, Manitoba R3E 0L9

Phone: 204-775-9044

“The organic store since 1971”

J

J&N Dueck’s Whole Grain Foods

Bakery

St. Norbert Farmers Market

Winnipeg, Manitoba

Phone: 204-388-6758

jason.dueck@3web.net

K

K J Borcz Health and Hobby Shop*

Retailer

141 Main Street

Benito, Manitoba R0L 0C0

Phone: 204-539-2659

“Healthy body, healthy mind.”

L

Lady of the Lake

Shop, Café, Pub

135-B 17th Street

Brandon, Manitoba R7A 1G6

Phone: 204-725-4181

www.ladyofthelake.ca

“Our commitment to finding locally grown, organic fare is a healthy alternative that we guarantee will have you coming back for more!”

Luxalune Gastropub

Pub

734 Osborne Street

Winnipeg, Manitoba R3L 2C2

Phone: 204-777-0909

www.luxalune.com

“Your neighbourhood pub with a focus on locally sourced, naturally-raised and organic ingredients combined in a contemporary style...not your average “pub grub”.”

M

Marquis project

Retailer

912 Rosser Avenue

Brandon, Manitoba R7A 0L3

Phone: 204-727-5675

www.marquisproject.com

“Small World, Big Idea. We carry fairly traded products, organic body products, and housewares.”

Mary Jane’s Cooking School

Home Cooking and Life Skills School

252 Arlington Street

Winnipeg, Manitoba R3G 1Y8

Phone: 204-775-2522

Email: mjcookin@mts.net

www.maryjanescookingschool.org

“Mary Jane’s Cooking School, Inc. is a registered charity and not-for-profit organization that operates as a lifeskill school to promote nutritional home cooking and environmentally responsible living in our homes. Classes/workshops involving hands-on cooking with whole, locally-sourced foods are offered for the public and for sponsored groups.”

Maté Factor Store and Tea Room

Tea House, Retailer

Unit 1-419 (second floor) Des Meuron Street

Winnipeg, Manitoba R2H 2P5

Phone: 204-237-7909

“The healthy energizer!”

Mondragon Café and Bookstore

Café, Bookstore, Venue

91 Albert Street

Winnipeg, Manitoba R3B 1G5

Phone: 204-946-5241

www.mondragon.ca

“Mondragon. Worker cooperative. Revolutionary food for thought.”

N

Nature's Nutrition

Retailer
1819 Portage Avenue
Winnipeg, Manitoba R3J 0G4
Phone: 204-889-2979
naturesnutrition@shaw.ca

Nutter's Bulk and Natural Foods

Retailer
19 3rd Avenue Northeast
Dauphin, Manitoba R7N 0Y5
Phone: 204-638-4081
Email: nutters@mts.net
www.nutters.com
"We specialize in organic products, vitamins and supplements and baking supplies."

O

Organic Planet Worker Co-op

Retailer
877 Westminister Avenue
Winnipeg, Manitoba R3G 1B3
Phone: 204-772-8771
www.organicplanet.coop
"Winnipeg's only worker-owned organic market, offering a full selection of groceries, produce, health and beauty products as well as a vegan deli. Supporting local farmers since 2003."

Organza Foods

Retailer
2 - 230 Osborne Street
Winnipeg, Manitoba R3L 1Z5
Phone: 204-453-6266
www.organzamarket.com
"7,000 sq foot store featuring produce, dairy, bulk foods, frozen foods, fresh meat, pet foods, cleaning supplies, fresh deli, bakery and grocery items. Organza also boasts a comprehensive Health & Beauty and Supplement department."

P

Pine Ridge Hollow

Restaurant, wedding and function banquet hall,
farmers' market

67086 Heatherdale Road (North of Garven)

Oakbank, Manitoba R0E 1J0

Phone: 204-777-3881

www.pineridgehollow.com

"Decorate, rejuvenate, celebrate! We are a founding prairie cuisine restaurant featuring all locally sourced organics. Our Saturday farmers market runs from July until September."

Poor Michael's Bookshop

Café

Box 209

Onanole, Manitoba R0J 1N0

Phone (May - Thanksgiving): 204-848-0336

Off-season Phone (October - April): 204-848-4087

www.poormichaelsbooks.ca

"Local and regional art, antiquarian books, organic coffees and desserts."

Prairie Health

Retailer

2450 Saskatchewan Avenue West

Portage la Prairie, Manitoba R1N 3N8

Phone: 204-857-3278

herbalpower@mts.ca

Prairie Oven

Bakery

1399 Pembina Highway

Winnipeg, Manitoba R3T 2B8

Phone: 204-474-5900

"All of our organic ingredients are locally sourced."

Prairie Seasons Bakery

Bakery and Café

370 Mountain Avenue

Neepawa, Manitoba R0J 1H0

Phone: 204-476-2024

110 Wapiti Avenue

Onanole, Manitoba R0J 1N0

Phone: 204-848-4678

"We specialize in stone-ground local organically grown grains, and have a wide selection of gluten and wheat free products. Where food tastes great naturally!"

R

Room to Grow

Retreat Centre, Guest House
Box 478

Boissevain, Manitoba R0K 0E0

Phone: 204-534-2303

Email: www.roomtogrow.info

roomtogrow@xplornet.com

“Our cozy strawbale guesthouse has a full kitchen. Please ask about wholesome local and seasonal foods throughout the year!”

S

Sage Garden Herbs

Greenhouse and Garden Centre

3410 St. Mary's Road

Winnipeg, Manitoba R2N 4E2

Phone: 204-257-2715

Email: sage@herb.mb.ca

www.herbs.mb.ca

“We have 12 years of experience growing and selling exciting plants, seeds, and organic planting supplies! The majority of our herbs and vegetables are grown from certified organic seeds or cuttings. Our seed store is open year round and our greenhouse is open April - Thanksgiving.”

Sangster's Health Centre

Retailer

63-A Main Street

Selkirk, Manitoba R1A 1R2

Phone: 204-482-8590

3418 Roblin Boulevard

Winnipeg, Manitoba R3R 0C7

Phone: 204-832-5323

42-1128 Henderson Highway

Winnipeg, Manitoba R2G 3Z7

Phone: 204-338-0770

160-3393 Portage Avenue

Winnipeg, Manitoba R3K 2G7

Phone: 204-897-3307

www.sangsters.com

“Make health a habit!”

Scoop & Save Bulk Foods

Retailer

3133 Portage Avenue
Winnipeg, Manitoba R3K 0W4
Phone: 204-888-1967

“Way more than a bulk food store!”

Scoop N Weigh Bulk*

Retailer

1770 Taylor Avenue
Winnipeg, Manitoba R3N 0N8
Phone: 204-489-1031

“Scoop N’ Weigh is a retail store that sells bulk and specialty ingredients for those who love to bake and cook. We are also a candy store for grownups!”

St. Norbert Arts Centre – The Oak Grove Café

Café, Restaurant

100 rue des Ruines du Monastère
Winnipeg, Manitoba R3V 1L5
Phone: 204-269-0564

www.snac.mb.ca

“Earth, Spirit, Culture. Come and experience live entertainment during brunch and lunch on Saturdays with a party focus, and again on Sundays with a healing focus at our ecologically focused cultural centre and residency. We serve vegan and gluten free dishes.”

Stephen & Andrew’s

Retailer

384 Academy Road
Winnipeg, Manitoba R3M 0G1
Phone: 204-487-7300

www.stephenandandrews.ca

“Stephen & Andrew’s food and wine shoppe - we know good food and wine!”

Suchot’s Kitchen

Catering Service

751 Wall Street
Winnipeg, Manitoba R3G 2T6
Phone: 204-688-4287

Email: suchots_kitchen@hotmail.com

www.menumanitoba.com/suchotskitchen.htm

“Our organic specialties include frosted pumpkin cookies, banana cream cookies, banana bread, cranberry date squares, raspberry squares, cranberry fudge brownies, spelt waffles and cookies (chocolate chip, cranberry).”

Sunrise Health

Retailer

Portage Place Shopping Centre

Winnipeg, Manitoba R3B 3H6

Phone: 204-947-3188

St. Vital Shopping Centre

Winnipeg, Manitoba R2M 5E2

Phone: 204-255-9213

Kildonan Place Shopping Centre

Winnipeg, Manitoba R2C 4J2

Phone: 204-661-8065

SYSCO Food Services of Winnipeg

Distributor

Winnipeg, Manitoba R3T 1T6

Phone: 204-478-4100

1-800-665-5090

www.syscowinnipeg.ca

“North America’s leading food service distributor.

Talk to us about your organic needs!”

T

Tall Grass Prairie

Bakery, Deli

1 Forks Market Road

Winnipeg, Manitoba S3C 4L8

Phone: 204-957-5097

859 Westminster Avenue

Winnipeg, Manitoba R3G 1B1

Phone: 204-783-5097

www.tallgrassbakery.ca

“Organic Grains, freshly milled every day at Tall Grass, turn our product into delicious and yet wholesome treats. The path to healthy eating leads to organic whole grains!”

Ten Thousand Villages

Retailer

134 Plaza Drive

Winnipeg, Manitoba R3T 5K9

Phone: 204-261-0566

#34-777 Norquay Drive

Winkler, Manitoba R6W 2S2

Phone: 204-325-8365

963 Henderson Highway

Winnipeg, Manitoba R2K 2M3
Phone: 204-661-5545

67 2nd Avenue Northeast
Altona, Manitoba R0G 0B0
Phone: 204-324-9973

355 Main Street
Winnipeg, Manitoba R5G 1Z4
Phone: 204-326-3774

829 Rosser Avenue
Brandon, Manitoba R1A 4L4
Phone: 204-726-8755
www.tenthousandvillages.ca

“Ten Thousand Villages provides vital, fair income to Third World People by marketing their handicrafts and telling their stories in North America. We work with artisans who would otherwise be unemployed, and provide income that helps pay for food, education, health care and housing.”

The Health Habit*

Retailer
Box 6
Southland Mall
Winkler, Manitoba R6W 2S2
Phone: 204-325-5672
Email: hhabit@mts.net

“Specializing in quality herbal supplements. The health habit - get into it!”

The Healthy Herb

Retailer
146 Main Street South
Morris, Manitoba R0G 1K0
Phone: 204-746-6626

The Tendercut Meat and Deli and Prairie Rose Meats

Retailer, Deli
730 18th Street
Brandon, Manitoba R7A 5B5
Phone: 204-726-4639

“We sell local and organic beef, bison, elk and pork, and feature homemade sausages, patties, ham, bacon and corned bison.”

Through the Arbour

Retailer

18 B Pine Plaza

Pine Falls, Manitoba R0E 1P0

Phone: 204-367-2141

Email: jphillip@granite.mb.ca

“A gallery of arts and wellness – with herbal consultations, massage therapy, reflexology, dry spa services, vitamins herbs and minerals, local arts and crafts and plenty of organic foods, including coffees, teas, sugar, fruits, chocolate and body care products!”

Trés Unique

Café

103 3rd Street Northeast

Portage La Prairie, Manitoba R1N 1N8

Phone : 204-857-8737

Tri Family Health*

Retailer

229 Fischer Avenue

The Pas, Manitoba R9A 1S5

Phone: 204-623-7042

“We carry local organic hemp and hemp products, forest diversification products and some kosher products.”

Two Farm Kids

Retailer, upcoming Café, Restaurant

565 34th Street

Brandon, Manitoba R7B 3P8

Phone: 204-728-2855

Email: greg@twofarmkids.com

www.twofarmkids.com

“We believe in environmentally friendly and healthy options for our customers and for ourselves.

Sustainability beyond the business! Come in and try our organic free-range bison meats!”

V

Vic's Fruit Market

Retailer

A-1038 Pembina Highway

Winnipeg, Manitoba R3P 1Z7

Phone: 204-475-8332

Vi's Health Hutch

Retailer

13 Main Street East

Ashern, Manitoba R0C 0E0

Phone: 204-768-3004

“Our family owned business specializes in gluten and wheat free organic products, local and natural soaps and honeys, local crafts, home baking, organic herbal teas, health wraps and smoothies! Come in and visit our coffee shop!”

Vita Health Natural Food Stores of Manitoba

Retailer

102 Osborne Street (FM)

Winnipeg, Manitoba R3L 1Y5

Phone: 204-984-9551

Cityplace Shopping Centre

Winnipeg, Manitoba R3C 4A5

Phone: 204-984-9556

1765 Kenaston Boulevard

Winnipeg, Manitoba R3Y 1V8

Phone: 204-984-9558

180-2025 Corydon Avenue

Winnipeg, Manitoba R3P 0N5

Phone: 204-984-9552

46-11 Reenders Drive (FM)

Winnipeg, Manitoba R2C 5K5

Phone: 204-984-9553

2211 McPhillips Avenue

Winnipeg, Manitoba R2V 3M5

Phone: 204-984-9555

16-854 Dakota Street

Winnipeg, Manitoba R2M 5M3

Phone: 204-984-9554

Unit 31, 178 Pth 12 North

Steinbach, Manitoba R5G 1T7

Phone: 204-346-0884

www.vitahealthstores.ca

FM - Indicates fresh organic produce market

Vitamins for You

Retailer

1858 Arlington Street

Winnipeg, Manitoba R2X 1W6

Phone: 204-589-4600

“Healing the planet one person at a time.”

W

Wellington Fine Coffees

Distributor

Unit 2, 1725 St. James Street

Winnipeg, Manitoba R3H 1H3

Phone: 204-679-4800

www.wellingtonfinecoffees.com

“Manitoba’s largest custom roaster.”

Companies or associations wishing to be included in future editions of this booklet can complete the form below and submit by fax to 204-239-3180 or contact the Manitoba Agriculture, Food and Rural Initiatives - Food Commercialization and Marketing Knowledge Centre at 204-239-3362 or visit our website at manitoba.ca/agriculture/organic for further information.

Company Name

Farm/Individual Name

Identify your type of listing

- | | |
|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Producer | <input type="checkbox"/> Restaurant |
| <input type="checkbox"/> Processor | <input type="checkbox"/> Retailer |
| <input type="checkbox"/> Handler | <input type="checkbox"/> Distributor |

Identify your organic foods distribution (more than one can be selected)

- | | |
|---|--|
| <input type="checkbox"/> Direct Farm Marketer to Consumer | |
| <input type="checkbox"/> Regional | <input type="checkbox"/> Provincial |
| <input type="checkbox"/> National | <input type="checkbox"/> International |

Address _____

City/Town _____

PR _____ Postal Code _____

Phone _____

Fax _____

Email _____

Website _____

Contact _____

Other items to be included in listing _____

**You may be contacted for further information.
Fax this form to 204-239-3180 prior to August 1, 2009**

For additional copies or more information:

Manitoba Agriculture, Food and Rural Initiatives
Food Commercialization and Marketing Knowledge Centre
Box 1240, 810 Phillips Street
Portage la Prairie, Manitoba R1N 3J9
Phone: 204-239-3362
Website: manitoba.ca/agriculture/organic

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