

## Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, June 1998<sup>1</sup>

AGE-GENDER GROUPS	WEEKLY COST				MONTHLY COST			
	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan
<b>INDIVIDUALS<sup>2</sup></b>								
<b>CHILD:</b>								
1-2 years	15.00	18.50	21.70	26.30	65.00	80.20	94.00	114.00
3-5 years	16.30	20.30	25.10	30.10	70.60	88.00	108.80	130.40
6-8 years	20.20	27.00	33.60	39.10	87.50	117.00	145.60	169.40
9-11 years	24.00	30.60	39.10	45.30	104.00	132.60	169.40	196.30
<b>MALE:</b>								
12-14 years	24.90	34.60	42.80	50.40	107.90	149.90	185.50	218.40
15-19 years	25.60	35.60	44.40	51.30	110.90	154.30	192.40	222.30
20-50 years	27.60	35.50	44.30	53.70	119.60	153.80	192.00	232.70
51 years and over	24.90	33.90	41.70	50.10	107.90	146.90	180.70	217.10
<b>FEMALE:</b>								
12-19 years	24.70	29.80	36.10	43.70	107.00	129.10	156.40	189.40
20-50 years	24.90	31.10	37.90	48.60	107.90	134.80	164.20	210.60
51 years and over	24.40	30.10	37.50	44.90	105.70	130.40	162.50	194.60
<b>FAMILIES:</b>								
<b>FAMILY of 2<sup>3</sup>:</b>								
20-50 years	57.80	73.30	90.40	112.50	250.30	317.50	391.80	487.60
51 years and over	54.20	70.40	87.10	104.50	235.00	305.00	377.50	452.90
<b>FAMILY OF 4:</b>								
Couple, 20-50 years and children—								
1-2 and 3-5 years	83.80	105.40	129.00	158.70	363.10	456.80	559.00	687.70
6-8 and 9-11 years	96.70	124.20	154.90	186.70	419.00	538.20	671.20	809.00

<sup>1</sup>Basis is that all meals and snacks are purchased at stores and prepared at home. For specific foods and quantities of foods in the Low-Cost, Moderate-Cost, and Liberal Plans, see *Family Economics Review*, No. 2 (1983); for specific foods and quantities of foods in the Thrifty Food Plan, see *Family Economics Review*, No. 1 (1984). The food plans are based on 1977-78 Nationwide Food Consumption Survey data updated to current dollars using the Consumer Price Index for specific food items.

<sup>2</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person—subtract 10 percent.

<sup>3</sup>Ten percent added for family size adjustment.