# **Appendix A: Detailed Tables**

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# INDICATOR 1

### Number of Older Americans

Table 1a. Number of people age 65 and over and 85 and over, selected years 1900–2008 and projected 2010–2050

Year	65 and over	85 and over
Estimates	In mi	llions
1900	3.1	0.1
1910	3.9	0.2
1920	4.9	0.2
1930	6.6	0.3
1940	0.9	0.4
1950	12.3	0.6
1960	16.2	0.9
1970	20.1	1.5
1980	25.5	2.2
1990	31.2	3.1
2000	35.0	4.2
2005	36.8	5.1
2006	37.3	5.3
2007	37.9	5.5
2008	38.9	5.7
Projections		
2010	40.2	5.8
2020	54.8	6.6
2030	72.1	8.7
2040	81.2	14.2
2050	88.5	19.0

Reference population: These data refer to the resident population.

SOURCE: U.S. Census Bureau, 1900 to 1940, 1970, and 1980, U.S. Census Bureau, 1983, Table 42; 1950, U.S. Census Bureau, 1953, Table 38; 1960, U.S. Census Bureau, 1964, Table 155; 1990, U.S. Census Bureau, 1991, 1990 Summary Table File; 2000, U.S. Census Bureau, 2001, Census 2000 Summary File; Table 2: Annual estimates of the resident population by sex and selected age groups for the U.S.: April 1, 2000 to July 1, 2008 (NC-EST2008-02); Table 2: Projections of the population by selected age groups and sex for the United States: 2010–2050 (NP2008–12).

### Number of Older Americans continued

Year	65 and over	85 and over
Estimates	Per	cent
1900	4.1	0.2
1910	4.3	0.2
1920	4.7	0.2
1930	5.4	0.2
1940	6.8	0.3
1950	8.1	0.4
1960	9.0	0.5
1970	9.9	0.7
1980	11.3	1.0
1990	12.6	1.2
2000	12.4	1.5
2005	12.4	1.7
2006	12.4	1.8
2007	12.6	1.8
2008	12.8	1.9
Projections		
2010	13.0	1.9
2020	16.1	1.9
2030	19.3	2.3
2040	20.0	3.5
2050	20.2	4.3

Table 1b. Percentage of the population age 65 and over and 85 and over, selected years 1900–2008 and projected 2010–2050

Reference population: These data refer to the resident population.

SOURCE: U.S. Census Bureau, 1900 to 1940, 1970, and 1980, U.S. Census Bureau, 1983, Table 42; 1950, U.S. Census Bureau, 1953, Table 38; 1960, U.S. Census Bureau, 1964, Table 155; 1990, U.S. Census Bureau, 1991, 1990 Summary Table File; 2000, U.S. Census Bureau, 2001, Census 2000 Summary File; Table 2: Annual estimates of the resident population by sex and selected age groups for the U.S.: April 1, 2000 to July 1, 2008 (NC-EST2008-02); Table 2: Projections of the population by selected age groups and sex for the United States: 2010-2050 (NP2008-t2).

### Number of Older Americans continued

#### Table 1c. Population of countries or areas with at least 10 percent of their population age 65 and over, 2008

· · · · · · · · · · · · · · · · · · ·	Population (nun	Percent		
Country or Area	Total	65 and over	65 and over	
Japan	127,288	27,494	21.6	
Germany	82,370	16,515	20.0	
Italy	58,145	11,657	20.0	
Greece	10,723	2,048	19.1	
Sweden	9,045	1,659	18.3	
Spain	40,491	7,263	17.9	
Austria	8,206	1,455	17.7	
Estonia	1,308	230	17.6	
Bulgaria	7,263	1,276	17.6	
Belgium	10,404	1,818	17.5	
Portugal	10,677	1,858	17.4	
Croatia	4,492	763	17.0	
Latvia	2,245	380	16.9	
Serbia	7,414	1,249	16.8	
Georgia	4,631	768	16.6	
Finland	5,245	868	16.6	
France	64,058	10,428	16.3	
Slovenia	2,008	327	16.3	
Ukraine	45,994	7,399	16.1	
Lithuania	3,565	572	16.0	
Switzerland	7,582	1,213	16.0	
United Kingdom		9,736	16.0	
Denmark	60,944	862	15.7	
	5,485			
Hungary	9,931	1,545	15.6	
Czech Republic	10,221	1,539 696	15.1	
Norway	4,644		15.0	
Canada	33,213	4,940	14.9	
Luxembourg	486	72	14.7	
Bosnia and Herzegovina	4,590	676	14.7	
Belarus	9,686	1,425	14.7	
Romania	22,247	3,271	14.7	
Netherlands	16,645	2,433	14.6	
Russia	140,702	19,858	14.1	
Malta	404	56	13.9	
Montenegro	678	93	13.7	
Puerto Rico	3,954	540	13.7	
Poland	38,501	5,148	13.4	
Australia	21,007	2,794	13.3	
Uruguay	3,478	462	13.3	
Hong Kong S.A.R.	7,019	913	13.0	
Virgin Islands (U.S.)	110	14	12.8	
United States	304,060	38,870	12.8	
New Zealand	4,173	526	12.6	
Slovakia	5,455	671	12.3	
Iceland	304	37	12.0	
Ireland	4,156	491	11.8	
Macedonia	2,061	232	11.3	
Armenia	2,969	325	11.0	
Cuba	11,424	1,251	10.9	
Moldova	4,324	471	10.9	
Argentina	40,482	4,353	10.8	
South Korea	48,379	5,087	10.5	
Taiwan	22,921	2,396	10.5	
Aruba	102	2,330	10.4	

NOTE: Table excludes countries and areas with less than 100,000 population.

SOURCE: U.S. Census Bureau, International Data Base, accessed on August 24, 2009.

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#### Number of Older Americans continued

#### Table 1d. Percentage of the population age 65 and over, by state, July 1, 2008

State (Listed alphabetically)	Percent	State (Ranked by percentage)	Percer
Inited States	12.8	United States	12.8
Alabama	13.8	Florida	17.4
Alaska	7.3	West Virginia	15.7
Arizona	13.3	Pennsylvania	15.3
Arkansas	14.3	Maine	15.1
California	11.2	Iowa	14.8
Colorado	10.3	Hawaii	14.8
Connecticut	13.7	North Dakota	14.7
Delaware	13.9	South Dakota	14.4
District of Columbia	11.9	Arkansas	14.3
Florida	17.4	Montana	14.2
Georgia	10.1	Rhode Island	14.1
Hawaii	14.8	Vermont	13.9
Idaho	12.0	Delaware	13.9
Illinois	12.2	Alabama	13.8
Indiana	12.8	Ohio	13.7
lowa	14.8	Connecticut	13.7
Kansas	13.1	Missouri	13.6
Kentucky	13.3	Nebraska	13.5
Louisiana	12.2	Oklahoma	13.5
Maine	15.1	Massachusetts	13.4
Maryland	12.1	New York	13.4
Massachusetts	13.4	Wisconsin	13.3
Michigan	13.0	South Carolina	13.3
Minnesota	12.5	Oregon	13.3
Mississippi	12.6	Arizona	13.3
Missouri	13.6	New Jersey	13.3
Montana	14.2	Kentucky	13.3
Nebraska	13.5	Tennessee	13.2
Nevada	11.4	New Mexico	13.1
New Hampshire	12.9	Kansas	13.1
New Jersey	13.3	Michigan	13.0
New Mexico	13.1	New Hampshire	12.9
New York	13.4	Indiana	12.8
North Carolina	12.4	Mississippi	12.6
North Dakota	14.7	Minnesota	12.5
Ohio	13.7	North Carolina	12.4
Oklahoma	13.5	Wyoming	12.3
Oregon	13.3	Louisiana	12.2
Pennsylvania	15.3	Illinois	12.2
Rhode Island	14.1	Virginia	12.1
South Carolina	13.3	Maryland	12.1
South Dakota	14.4	Washington	12.0
Tennessee	13.2	Idaho	12.0
Texas	10.2	District of Columbia	11.9
Utah	9.0	Nevada	11.4
Vermont	13.9	California	11.2
Virginia	12.1	Colorado	10.3
Washington	12.1	Texas	10.3
Washington West Virginia	12.0	Georgia	10.2
Wisconsin	13.3	Utah	9.0
Wyoming	12.3	Alaska	7.3
Puerto Rico	13.7	Puerto Rico	13.7

Reference population: These data refer to the resident population.

SOURCE: U.S. Census Bureau, Population Division, Table 1. Estimates of the population by selected age groups for the United States and Puerto Rico: July 1, 2008 (SC-EST2008–01).

### Number of Older Americans continued

#### Table 1e. Percentage of the population age 65 and over, by county, 2008

SOURCE: U.S. Census Bureau, July 1, 2008 Population Estimates Data for this table can be found at http://www.agingstats.gov.

#### Table 1f. Number and percentage of people age 65 and over and 85 and over, by sex, 2008 (numbers in thousands)

Selected characteristics	Number	Percent
65 and over		
Total	38,870	100.0
Men	16,465	42.4
Women	22,405	57.6
85 and over		
Total	5,722	100.0
Men	1,864	32.6
Women	3,858	67.4

Reference population: These data refer to the resident population.

SOURCE: U.S. Census Bureau, Population Division, Table 2. Annual estimates of the resident population by sex and selected age groups for the U.S.: April 1, 2000 to July 1, 2008 (NC-EST2008-02).

## **INDICATOR 2**

### Racial and Ethnic Composition

#### Table 2. Population age 65 and over, by race and Hispanic origin, 2008 and projected 2050 (numbers in thousands)

Race and Hispanic origin	2008 es	timates	2050 projections		
	Number	Percent	Number	Percent	
Total	38,870	100.0	88,547	100.0	
Non-Hispanic white alone	31,238	80.4	51,772	58.5	
Black alone	3,315	8.5	10,553	11.9	
Asian alone	1,295	3.3	7,541	8.5	
All other races alone or in combination	522	1.3	2,397	2.7	
Hispanic (of any race)	2,661	6.8	17,515	19.8	

NOTE: The term "non-Hispanic white alone " is used to refer to people who reported being white and no other race and who are not Hispanic. The term "black alone" is used to refer to people who reported being black or african American and no other race, and the term "Asian alone" is used to refer to people who reported only Asian as their race. The use of single-race populations in this report does not imply that this is the preferred method of presenting or analyzing data. The U.S. Census Bureau uses a variety of approaches. The race group "All other races alone or in combination" includes American Indian and Alaska Native alone; Native Hawaiian and Other Pacific Islander alone; and all people who reported two or more races.

Reference population: These data refer to the resident population.

SOURCE: U.S. Census Bureau, Population Estimates and Projections 2008.

### Marital Status

### Table 3. Marital status of the population age 65 and over, by age group and sex, 2008

Selected characteristics	65 and over	65–74	75–84	85 and over
Both sexes		Per	rcent	
Total	100.0	100.0	100.0	100.0
Married	57.0	67.0	51.2	28.7
Widowed	29.8	16.8	38.6	62.9
Divorced	9.1	11.9	6.5	4.1
Never married	4.1	4.3	3.6	4.3
Men				
Total	100.0	100.0	100.0	100.0
Married	74.5	79.2	72.2	54.8
Widowed	13.8	6.9	18.7	37.7
Divorced	7.5	9.5	5.6	2.9
Never married	4.2	4.4	3.6	4.7
Women				
Total	100.0	100.0	100.0	100.0
Married	43.9	56.8	36.6	14.9
Widowed	41.8	25.1	52.5	76.2
Divorced	10.3	13.9	7.2	4.8
Never married	4.0	4.2	3.7	4.1

NOTE: Married includes married, spouse present; married, spouse absent; and separated Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 2008.

INDICATOR 4

### **Educational Attainment**

#### Table 4a. Educational attainment of the population age 65 and over, selected years 1965–2008

Educational attainment	1965	1970	1975	1980	1985	1990	1995	2000	2001	2002	2003	2004	2005	2006	2007	2008
	Percent															
High school graduate or more	23.5	28.3	37.3	40.7	48.2	55.4	63.8	69.5	70.0	69.9	71.5	73.1	74.0	75.2	76.1	77.4
Bachelor's degree or more	5.0	6.3	8.1	8.6	9.4	11.6	13.0	15.6	16.2	16.7	17.4	18.7	18.9	19.5	19.2	20.5

NOTE: A single question which asks for the highest grade or degree completed is now used to determine educational attainment. Prior to 1995, educational attainment was measured using data on years of school completed. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 2008.

#### Educational Attainment continued

#### Table 4b. Educational attainment of the population age 65 and over, by race and Hispanic origin, 2008

Race and Hispanic Origin	High school graduate or more	Bachelor's degree or more
	Percer	nt
Both sexes	77.4	20.5
Non-Hispanic white alone	82.3	21.9
Black alone	59.8	12.3
Asian alone	73.8	31.5
Hispanic (of any race)	45.9	9.0
Men	77.9	26.7
Women	77.1	15.8

NOTE: The term "non-Hispanic white alone" is used to refer to people who reported being white and no other race and who are not Hispanic. The term "black alone" is used to refer to people who reported being black or African American and no other race, and the term "Asian alone" is used to refer to people who reported only Asian as their race. The use of single-race populations in this report does not imply that this is the preferred method of presenting or analyzing data. The U.S. Census Bureau uses a variety of approaches.

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 2008.

## INDICATOR 5

#### Living Arrangements

#### Table 5a. Living arrangements of the population age 65 and over, by sex and race and Hispanic origin, 2008

Selected characteristic	With spouse	With other relatives	With nonrelatives	Alone
Men		Perce	nt	
Total	71.9	7.0	2.5	18.5
Non-Hispanic white alone	73.9	5.8	2.2	18.2
Black alone	54.2	11.2	4.4	30.2
Asian alone	76.9	10.3	2.2	10.6
Hispanic (of any race)	67.4	14.9	4.9	12.8
Women				
Total	41.7	17.1	1.8	39.5
Non-Hispanic white alone	43.6	13.4	1.8	41.1
Black alone	24.6	31.9	1.9	41.7
Asian alone	44.6	32.3	0.8	22.3
Hispanic (of any race)	40.6	31.4	1.3	26.7

NOTE: Living with other relatives indicates no spouse present. Living with nonrelatives indicates no spouse or other relatives present. The term "non-Hispanic white alone" is used to refer to people who reported being white and no other race and who are not Hispanic. The term "black alone" is used to refer to people who reported being black or African American and no other race, and the term "Asian alone" is used to refer to people who reported only Asian as their race. The use of single-race populations in this report does not imply that this is the preferred method of presenting or analyzing data. The U.S. Census Bureau uses a variety of approaches. Reference population: These data do not include the noninstitutionalized group quarters population.

SOURCE: U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 2008

### Living Arrangements continued

	<i>N</i>	1en	Women			
Year	65–74	75 and over	65–74	75 and over		
		Percen	nt			
1970	11.3	19.1	31.7	37.0		
1980	11.6	21.6	35.6	49.4		
1990	13.0	20.9	33.2	54.0		
2000	13.8	21.4	30.6	49.5		
2003	15.6	22.9	29.6	49.8		
2004	15.5	23.2	29.4	49.9		
2005	16.1	23.2	28.9	47.8		
2006	16.9	22.7	28.5	48.0		
2007	16.7	22.0	28.0	48.8		
2008	16.3	21.5	29.1	50.1		

#### Table 5b. Population age 65 and over living alone, by age group and sex, selected years 1970–2008

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 2008.

**INDICATOR 6** 

#### Older Veterans

Table 6a. Percentage of people age 65 and over who are veterans, by sex and age group, United States and Puerto Rico, 2000 and projected 2010 and 2020

	65 and over		65–74		75	5–84	85 and over	
Year	Men	Women	Men	Women	Men	Women	Men	Women
				Per	rcent			
Estimates								
2000	64.3	1.7	65.2	1.1	70.9	2.7	32.6	1.0
Projections								
2010	50.3	1.3	41.8	1.0	60.3	1.1	66.5	2.5
2020	33.0	1.3	27.3	1.5	39.2	1.0	51.9	1.2

Reference population: These data refer to the resident population of the United States and Puerto Rico.

SOURCE: U.S. Census Bureau, Decennial Census and Population Projections; Department of Veterans Affairs, VetPop2007.

### Older Veterans continued

Table 6b. Estimated and projected number of veterans age 65 and over, by sex and age group, United States and Puerto Rico, 2000 and projected 2010 and 2020

	Esti	Estimates		
	2000	2010	2020	
65 and over		Number in thousands		
Total	9,723	9,132	8,555	
Men	9,374	8,831	8,144	
Women	349	302	411	
65–74				
Total	5,628	4,336	4,430	
Men	5,516	4,214	4,159	
Women	112	122	271	
75–84				
Total	3,667	3,421	2,841	
Men	3,460	3,340	2,750	
Women	207	82	90	
85 and over				
Total	427	1,375	1,285	
Men	398	1,277	1,235	
Women	30	98	50	

Reference population: These data refer to the resident population of the United States and Puerto Rico.

SOURCE: Department of Veterans Affairs, VetPop2007.

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Poverty

#### Table 7a. Percentage of the population living in poverty, by age group, 2007

Percent         na         na <t< th=""><th>Year</th><th>65 and over</th><th>Under 18</th><th>18 to 64</th><th>65–74</th><th>75–84</th><th>85 and over</th></t<>	Year	65 and over	Under 18	18 to 64	65–74	75–84	85 and over																																																																																																																																																																								
1960       na       26.9       na       na       na       na       na         1961       na       25.6       na       na       na       na       na         1963       na       23.1       na       na       na       na       na         1964       na       23.1       na       na       na       na       na         1965       na       21.0       na       na       na       na         1965       28.5       17.6       10.5       na       na       na         1968       25.0       15.6       9.0       na       na       na         1970       24.6       15.1       9.0       na       na       na         1971       21.6       15.3       9.3       na       na       na         1977       16.3       14.4       8.3       na       na       na         1977       15.3       17.1       9.2       na       na       na         1977       15.3       16.0       9.0       na       na       na         1976       15.0       16.0       9.0       na       na       na				Perc	cent																																																																																																																																																																										
1961na $25.6$ nanananana1962na $25.0$ nanananana1964na $23.0$ nanananana1965na $23.0$ nanananana196628.5 $17.6$ $10.5$ nananana196729.5 $16.6$ $10.0$ nananana196825.3 $14.0$ $8.7$ nananana1970 $24.6$ $15.1$ $9.0$ nananana1971 $24.6$ $15.1$ $8.8$ nananana1972 $18.6$ $15.1$ $8.8$ nananana1975 $15.3$ $17.1$ $9.2$ nananana1975 $15.3$ $17.1$ $9.2$ nananana1976 $15.3$ $17.1$ $9.2$ nananana1976 $15.3$ $17.1$ $9.2$ nananana1976 $15.3$ $17.1$ $9.2$ nananana1977 $14.1$ $16.2$ $8.8$ nananana1978 $14.0$ $15.9$ $8.7$ nananana1980 $15.7$ $18.3$ $10.1$ nananana1981 $15.3$ $20.0$ $11.1$ nana	1959	35.2	27.3	17.0	na	na	na																																																																																																																																																																								
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1966         28.5         17.6         10.5         na         na         na           1967         29.5         16.6         10.0         na         na         na           1968         25.3         14.0         8.7         na         na         na           1970         24.6         15.1         9.0         na         na         na           1971         21.6         15.3         9.3         na         na         na           1971         21.6         15.3         9.3         na         na         na           1972         18.6         15.1         8.8         na         na         na           1975         15.3         17.1         9.2         na         na         na           1976         15.0         16.0         9.0         na         na         na           1977         14.1         16.2         8.8         na         na         na           1977         14.1         16.2         8.8         na         na         na           1977         14.3         16.2         16.4         8.9         na         na         na           1987 <td>1964</td> <td>na</td> <td>23.0</td> <td>na</td> <td>na</td> <td>na</td> <td>na</td>	1964	na	23.0	na	na	na	na																																																																																																																																																																								
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NOTE: The poverty level is based on money income and does not include noncash benefits such as food stamps. Poverty thresholds reflect family size and composition and are adjusted each year using the annual average Consumer Price Index. For more detail, see U.S. Census Bureau, Series P-60, No. 222. Poverty status in the current Population Survey is based on prior year income. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 2008.

### Poverty continued

#### Table 7b. Percentage of the population age 65 and over living in poverty, by selected characteristics, 2007

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Selected characteristic	65 and over	65 and over, living alone	65 and over, married couples	65–74	75 and over		
			Percent				
Both Sexes							
Total	9.7	17.8	4.2	8.8	10.6		
Non-Hispanic white alone	7.4	14.4	3.1	6.1	8.8		
Black alone	23.2	33.5	9.6	23.5	22.8		
Asian alone	11.3	31.3	7.4	9.4	14.1		
Hispanic	17.1	35.7	10.8	16.5	18.0		
Male							
Total	6.6	11.8	4.3	6.5	6.7		
Non-Hispanic white alone	4.7	8.9	3.1	4.1	5.5		
Black alone	16.8	21.5	10.2	20.3	11.0		
Asian alone	9.9	26.5	8.2	8.7	12.0		
Hispanic	13.3	24.1	11.8	13.1	13.6		
Female							
Total	12.0	19.9	4.1	10.8	13.2		
Non-Hispanic white alone	9.4	16.2	3.2	7.8	10.9		
Black alone	27.3	39.0	8.7	25.8	29.2		
Asian alone	12.4	33.0	6.4	10.1	15.4		
Hispanic	20.0	39.8	9.6	19.2	21.2		

NOTE: The poverty level is based on money income and does not include noncash benefits such as food stamps. Poverty thresholds reflect family size and composition and are adjusted each year using the annual average Consumer Price Index. For more details, see U.S. Census Bureau, Series P-60, No. 222. The term "non-Hispanic white alone" is used to refer to people who reported being white and no other race and who are not Hispanic. The term "black alone" is used to refer to people who reported being black or African American and no other race, and the term "Asian alone" is used to refer to people who reported only Asian as their race. The use of single-race populations in this report does not imply that this is the preferred method of presenting or analyzing data. The U.S. Census Bureau uses a variety of approaches. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 2008.

Income

#### Table 8a. Income distribution of the population age 65 and over, 1974–2007

Year	Poverty	Low income	Middle income	High income
		Pe	rcent	
1974	14.6	34.6	32.6	18.2
1975	15.3	35.0	32.3	17.4
1976	15.0	34.7	31.8	18.5
1977	14.1	35.9	31.5	18.5
1978	14.0	33.4	34.2	18.5
1979	15.2	33.0	33.6	18.2
1980	15.7	33.5	32.4	18.4
1981	15.3	32.8	33.1	18.9
1982	14.6	31.4	33.3	20.7
1983	13.8	29.7	34.1	22.4
1984	12.4	30.2	33.8	23.6
1985	12.6	29.4	34.6	23.4
1986	12.4	28.4	34.4	24.8
1987	12.5	27.8	35.1	24.7
1988	12.0	28.4	34.5	25.1
1989	11.4	29.1	33.6	25.9
1990	12.2	27.0	35.2	25.6
1991	12.4	28.0	36.3	23.3
1992	12.9	28.6	35.6	22.9
1993	12.2	29.8	35.0	23.0
1994	11.7	29.5	35.6	23.2
1995	10.5	29.1	36.1	24.3
1996	10.8	29.5	34.7	25.1
1997	10.5	28.1	35.3	26.0
1998	10.5	26.8	35.3	27.5
1999	9.7	26.2	36.4	27.7
2000	9.9	27.5	35.5	27.1
2001	10.1	28.1	35.2	26.7
2002	10.4	28.0	35.3	26.2
2003	10.2	28.5	33.8	27.5
2004	9.8	28.1	34.6	27.5
2005	10.1	26.6	35.2	28.1
2006	9.4	26.2	35.7	28.6
2007	9.8	26.3	33.3	30.6

Appendix A

NOTE: The income categories are derived from the ratio of the family's income (or an unrelated individual's income) to the corresponding poverty threshold. Being in poverty is measured as income less than 100 percent of the poverty threshold. Low income is between 100 percent and 199 percent of the poverty threshold. Middle income is between 200 percent and 399 percent of the poverty threshold. High income is 400 percent or more of the poverty threshold. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 1975–2008.

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# INDICATOR 8

#### **Income** continued

#### Table 8b. Median income of householders age 65 and over, in current and 2007 dollars, 1974–2007

<i>lear</i>	Number (in thousands)	Current dollars	2007 dollars
974	14,263	5,292	20,838
975	14,802	5,585	20,322
976	14,816	5,962	20,513
977	15,225	6,347	20,542
978	15,795	7,081	21,446
979	16,544	7,879	21,777
980	16,912	8,781	21,845
981	17,312	9,903	22,495
982	17,671	11,041	23,653
983	17,901	11,718	24,076
984	18,155	12,799	25,262
985	18,596	13,254	25,292
986	18,998	13,845	25,950
987	19,412	14,443	26,186
988	19,716	14,923	26,099
989	20,156	15,771	26,441
990	20,527	16,855	26,917
991	20,921	16,975	26,170
992	20,682	17,135	25,764
993	20,806	17,751	26,046
994	21,365	18,095	25,996
995	21,486	19,096	26,789
996	21,408	19,448	26,575
997	21,497	20,761	27,769
998	21,589	21,729	28,664
999	22,478	22,797	29,458
2000	22,469	23,083	28,861
001	22,476	23,118	28,115
2002	22,659	23,152	27,709
2003	23,048	23,787	27,847
2004	23,151	24,516	27,945
2005	23,459	26,036	28,715
2006	23,729	27,798	29,685
2007	24,113	28,305	29,393

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 1975–2008.

#### Sources of Income

Table 9a. Distribution of sources of income for age units (married couples and nonmarried persons) 65 or older, 1962–2008

Year	Total	Social Security	Asset Income	Pensions	Earnings	Other
1962	100	31	16	9	28	16
1967	100	34	15	12	29	10
1976	100	39	18	16	23	4
1978	100	38	19	16	23	4
1980	100	39	22	16	19	4
1982	100	39	25	15	18	3
1984	100	38	28	15	16	3
1986	100	38	26	16	17	3
1988	100	38	25	17	17	3
1990	100	36	24	18	18	4
1992	100	40	21	20	17	2
1994	100	42	18	19	18	3
1996	100	40	18	19	20	3
1998	100	38	20	19	21	2
1999	100	38	19	19	21	3
2000	100	38	18	18	23	3
2001	100	39	16	18	24	3
2002	100	39	14	19	25	3
2003	100	39	14	19	25	2
2004	100	39	13	20	26	2
2005	100	37	13	19	28	3
2006	100	37	15	18	28	3
2008	100	37	13	19	30	3

NOTE: A married couple is age 65 and over if the husband is age 65 and over or the husband is younger than age 55 and the wife is age 65 and over. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Social Security Administration, 1963 Survey of the Aged, and 1968 Survey of Demographic and Economic Characteristics of the Aged; U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 1977–2007.

Table 9b. Sources of income for married couples and nonmarried people who are age 65 and over, by income
quintile, 2008.

Income Source	Lowest fifth	Second fifth	Third fifth	Fourth fifth	Highest fifth
			Percent		
Total	100.0	100.0	100.0	100.0	100.0
Social Security	83.2	81.8	64.4	43.6	17.9
Asset income	2.1	3.4	6.5	8.4	17.8
Pensions	3.3	7.5	16.4	25.5	18.7
Earnings	1.8	3.9	9.8	19.4	43.7
Public assistance	8.5	1.7	0.5	0.1	0.1
Other	1.1	1.7	2.3	2.9	1.8

NOTE: A married couple is age 65 and over if the husband is age 65 and over or the husband is younger than age 55 and the wife is age 65 and over. The definition of "other" includes, but is not limited to, public assistance, unemployment compensation, worker's compensation, alimony, child support, and personal contributions. Quintile limits are \$12,082, \$19,877, \$31,303, and \$55,889 for all units; \$23,637, \$35,794, \$53,180, and \$86,988 for married couples; and \$9,929, \$14,265, \$20,187, and \$32,937 for nonmarried persons.

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: U.S. Census Bureau, Current Population Survey, Annual Social and Economic Supplement, 2009.

### Sources of Income continued

#### Table 9c. Percentage of people age 55 and over with family income from specified sources, by age group, 2008

			Aged 65 or older				
Source of family income	55–61	62–64	Total	65–69	70–74	75–79	80 or older
Earnings	85.7	72.3	38.2	55.2	40.5	30.0	22.0
Wages and salaries	82.1	68.2	35.1	50.9	36.9	27.2	20.6
Self-employment	12.6	11.3	5.9	9.2	6.4	4.7	2.5
Retirement benefits	33.0	62.0	91.3	86.6	92.9	93.4	94.1
Social Security	20.5	51.6	88.7	83.0	90.4	91.4	91.9
Benefits other than Social Security	19.8	33.8	44.0	43.0	44.9	45.1	43.8
Other public pensions	9.2	14.9	16.1	15.7	16.8	16.2	16.0
Railroad Retirement	0.3	0.5	0.6	0.4	0.4	0.6	1.0
Government employee pensions	8.9	14.3	15.6	15.3	16.4	15.7	15.1
Military	1.9	2.4	2.2	2.0	2.7	2.5	1.7
Federal	2.0	3.3	4.3	3.8	4.2	4.3	5.0
State or local	5.3	9.4	9.9	10.3	10.4	10.1	8.9
Private pensions or annuities	11.4	20.6	30.9	30.0	31.2	32.1	30.7
Income from assets	59.6	60.8	59.2	61.0	58.3	59.7	57.4
Interest	57.7	58.3	57.2	59.0	57.1	57.4	55.0
Other income from assets	25.7	27.8	24.8	26.8	24.5	25.4	22.4
Dividends	21.8	23.4	20.6	22.2	20.4	21.2	18.5
Rent or royalties	8.5	9.2	7.9	8.9	7.8	7.8	6.8
Estates or trusts	0.3	0.2	0.2	0.2	0.2	0.2	0.4
Veterans' benefits	3.8	4.4	4.2	3.5	3.7	4.8	5.1
Unemployment compensation	6.7	4.9	2.5	3.4	2.8	2.2	1.4
Workers' compensation	1.5	1.3	0.6	0.9	0.6	0.7	0.3
Cash public assistance and noncash benefits	10.3	10.4	11.7	10.2	12.4	11.8	12.7
Cash public assistance	5.8	5.4	4.8	4.1	5.9	4.8	4.6
Supplemental Security Income	5.2	4.8	4.5	3.8	5.6	4.5	4.4
Other	0.8	0.8	0.4	0.4	0.5	0.3	0.3
Noncash benefits	7.0	7.1	9.1	8.0	9.4	9.2	9.9
Food	5.0	4.5	4.5	4.6	5.1	4.4	4.0
Energy	2.1	2.6	2.8	2.6	2.9	2.7	3.2
Housing	2.4	2.5	4.3	3.4	4.3	4.5	5.3
Personal contributions	2.5	1.8	1.4	1.7	1.4	1.1	1.4
Number (thousands)	25,796	8,493	37,788	11,825	8,579	7,329	10,054

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: U.S. Census Bureau, Current Population Suvey, Annual Social and Economic Supplement, 2009.

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### Net Worth

Table 10. Median household net worth of head of household, by selected characteristics, in 2005 dollars, selected years 1984–2007

Selected characteristic	1984	1989	1994	1999	2001	2003	2005	2007		
	In dollars									
Age of family head										
65 and over	\$109,000	\$118,900	\$131,800	\$177,200	\$198,300	\$192,400	\$196,000	\$237,000		
45–54	129,700	115,400	117,300	104,300	107,000	107,000	108,300	124,000		
55–64	139,700	175,600	183,800	168,800	182,000	185,700	201,000	200,000		
65–74	128,100	148,100	152,900	206,300	226,100	207,500	218,500	272,000		
75 and over	94,000	98,400	108,900	150,100	158,800	169,800	181,000	215,000		
Marital status, family head ag	ge 65 and ov	rer								
Married	171,100	216,600	242,200	276,700	320,900	322,700	328,300	385,000		
Unmarried	77,100	72,500	81,500	106,200	111,200	110,900	104,000	152,000		
Race, family head age 65 an	d over									
White	125,000	135,500	145,000	206,300	226,100	228,200	226,900	280,000		
Black	28,200	36,500	40,900	32,800	45,200	27,900	37,800	46,000		
Education, family head age 6	5 and over									
No high school diploma	60,900	60,300	65,900	64,500	63,200	63,200	59,500	78,000		
High school diploma only	150,900	160,500	142,300	187,600	189,700	170,900	184,000	216,200		
Some college or more	238,700	275,600	296,500	352,900	397,500	399,600	412,100	434,400		

NOTE: Net worth data do not include pension wealth. This excludes private defined-contribution and defined-benefit plans as well as rights to Social Security wealth. Data for 1984–2003 have been inflation adjusted to 2007 dollars. See Appendix B for the definition of race and Hispanic origin in the Panel Study of Income Dynamics.

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Panel Study of Income Dynamics.

### Participation in the Labor Force

Table 11. Labor force participation of persons ages 55 and over by age group and sex, annual averages, 1963–2008

	Men				Women			
Year	55–61	62–64	65–69	70 and over	55–61	62–64	65–69	70 and over
				Perc	ent			
1963	89.9	75.8	40.9	20.8	43.7	28.8	16.5	5.9
1964	89.5	74.6	42.6	19.5	44.5	28.5	17.5	6.2
1965	88.8	73.2	43.0	19.1	45.3	29.5	17.4	6.1
1966	88.6	73.0	42.7	17.9	45.5	31.6	17.0	5.8
1967	88.5	72.7	43.4	17.6	46.4	31.5	17.0	5.8
1968	88.4	72.6	43.1	17.9	46.2	32.1	17.0	5.8
1969	88.0	70.2	42.3	18.0	47.3	31.6	17.3	6.1
1970	87.7	69.4	41.6	17.6	47.0	32.3	17.3	5.7
1971	86.9	68.4	39.4	16.9	47.0	31.7	17.0	5.6
1972	85.6	66.3	36.8	16.6	46.4	30.9	17.0	5.4
1973	84.0	62.4	34.1	15.6	45.7	29.2	15.9	5.3
1974	83.4	60.8	32.9	15.5	45.3	28.9	14.4	4.8
1975	81.9	58.6	31.7	15.0	45.6	28.9	14.5	4.8
1976	81.1	56.1	29.3	14.2	45.9	28.3	14.9	4.6
1977	80.9	54.6	29.4	13.9	45.7	28.5	14.5	4.6
1978	80.3	54.0	30.1	14.2	46.2	28.5	14.9	4.8
1979	79.5	54.3	29.6	13.8	46.6	28.8	15.3	4.6
1980	79.1	52.6	28.5	13.1	46.1	28.5	15.1	4.5
1981	78.4	49.4	27.8	12.5	46.6	27.6	14.9	4.6
1982	78.5	48.0	26.9	12.2	46.9	28.5	14.9	4.5
1983	77.7	47.7	26.1	12.2	46.4	29.1	14.7	4.5
1984	76.9	47.5	24.6	11.4	47.1	28.8	14.2	4.4
1985	76.6	46.1	24.4	10.5	47.4	28.7	13.5	4.3
1986	75.8	45.8	25.0	10.4	48.1	28.5	14.3	4.1
1987	76.3	46.0	25.8	10.5	48.9	27.8	14.3	4.1
1988	75.8	45.4	25.8	10.9	49.9	28.5	15.4	4.4
1989	76.3	45.3	26.1	10.9	51.4	30.3	16.4	4.6
1990	76.7	46.5	26.0	10.7	51.7	30.7	17.0	4.7
1991	76.1	45.5	25.1	10.5	52.1	29.3	17.0	4.7
1992	75.7	46.2	26.0	10.7	53.6	30.5	16.2	4.8
1993	74.9	46.1	25.4	10.3	53.8	31.7	16.1	4.7
1994	73.8	45.1	26.8	11.7	55.5	33.1	17.9	5.5
1995	74.3	45.0	27.0	11.6	55.9	32.5	17.5	5.3
1996	74.8	45.7	27.5	11.5	56.4	31.8	17.2	5.2
1997	75.4	46.2	28.4	11.6	57.3	33.6	17.6	5.1
1998	75.5	47.3	28.0	11.1	57.6	33.3	17.8	5.2
1999	75.4	46.9	28.5	11.7	57.9	33.7	18.4	5.5
2000	74.3	47.0	30.3	12.0	58.3	34.1	19.5	5.8
2001	74.9	48.2	30.2	12.1	58.9	36.7	20.0	5.9
2002	75.4	50.4	32.2	11.5	61.1	37.6	20.7	6.0
2003	74.9	49.5	32.8	12.3	62.5	38.6	22.7	6.4
2004	74.4	50.8	32.6	12.8	62.1	38.7	23.3	6.7
2005 2006	74.7	52.5	33.6	13.5	62.7	40.0	23.7	7.1
2006 2007	75.2	52.4	34.4	13.9	63.8	41.5	24.2	7.1
2007 2008	75.4	51.7	34.3	14.0	63.8	41.8	25.7	7.7
2008	75.8	53.0	35.6	14.6	64.6	24.0	26.4	8.1

NOTE: Data for 1994 and later years are not strictly comparable with data for 1993 and earlier years due to a redesign of the survey and methodology of the Current Population Survey. Beginning in 2000, data incorporate population controls from Census 2000. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Bureau of Labor Statistics, Current Population Survey.

### **Total Expenditures**

#### Table 12. Percentage of total household annual expenditures by age of reference person, 2008

	45–54	55–64	65 and over	65–74	75 and over
Personal insurance and pensions	12.8	12.7	5.0	6.3	3.2
Health care	4.8	7.0	12.5	11.5	13.9
Transportation	17.5	17.1	15.3	16.3	13.9
Housing	32.0	32.1	35.3	33.4	38.0
Food	12.6	11.6	12.7	12.9	12.4
Other	20.3	19.5	19.2	19.6	18.6

NOTE: Other expenditures include apparel, personal care, entertainment, reading, education, alcohol, tobacco, cash contributions, and miscellaneous expenditures. Data from the Consumer Expenditure Survey by age group represent average annual expenditures for consumer units by the age of reference person, who is the person listed as the owner or renter of the home. For example, the data on people age 65 and over reflect consumer units with a reference person age 65 or older. The Consumer Expenditure Survey collects and publishes information from consumer units, which are generally defined as a person or group of people who live in the same household and are related by blood, marriage, or other legal arrangement (i.e., a family), or people who live in the same household but who unrelated and financially independent from one another (e.g., roommates sharing an apartment). A household usually refers to a physical are dwelling, and may contain more than one consumer unit. However, for convenience the term "household" is substituted for "consumer "unit" in this text. Reference population: These data refer to the resident noninstitutionalized population.

SOURCE: Bureau of Labor Statistics, Consumer Expenditure Survey.

# **INDICATOR 13**

### Housing Problems

#### Table 13a. Percentage of households with any resident age 65 and over that report housing problems, by type of problems, selected years 1985-2007

	Households		_	People*	
Households with a resident age 65 and over	Numbers in 1,000s	Percent		Numbers in 1,000s	Percent
			1985		
Total	20,912	100		27,375	100
Number and percent with					
One or more of the housing problems	7,522	36		9,118	33
Housing cost burden (> 30 percent)	6,251	30		7,498	27
Physically inadequate housing	1,737	8		2,131	8
Crowded housing	193	1		238	1
C C			1989		
Total	22,017	100		29,372	100
Number and percent with					
One or more of the housing problems	7,315	33		8,995	31
Housing cost burden (> 30 percent)	6,056	28		7,394	25
Physically inadequate housing	1,706	8		2,117	7
Crowded housing	148	1		180	1
			1995		
Total	22,791	100		30,328	100
Number and percent with					
One or more of the housing problems	7,841	34		9,590	32
Housing cost burden (> 30 percent)	6,815	30		8,290	27
Physically inadequate housing	1,402	6		1,731	6
Crowded housing	150	1		199	1
			1997		
Total	22,975	100		30,776	100
Number and percent with					
One or more of the housing problems	8,566	37		10,715	35
Housing cost burden (> 30 percent)	7,642	33		9,539	31
Physically inadequate housing	1,321	6		1,592	5
Crowded housing	165	1		224	1

See footnotes at end of table

#### Housing Problems continued

Table 13a. Percentage of households with any resident age 65 and over that report housing problems, by type of problems, selected years 1985–2007 (continued)

	Househol	ds		People*		
Households with a resident age 65 and over	Numbers in 1,000s	Percent		Numbers in 1,000s	Percent	
<u>v</u>			1999			
Total	23,589	100		31,487	100	
Number and percent with	-,			- , -		
One or more of the housing problems	8,534	36		10,750	34	
Housing cost burden (> 30 percent)	7,635	32		9,641	31	
Physically inadequate housing	1,337	6		1,627	5	
Crowded housing	173	1		209	1	
			2001			
Total	24,038	100		31,935	100	
Number and percent with	,					
One or more of the housing problems	9,154	38		11,577	36	
Housing cost burden (> 30 percent)	8,312	35		10,501	33	
Physically inadequate housing	1,269	5		1,567	5	
Crowded housing	222	1		288	1	
-			2003			
Total	24,140	100		32,163	100	
Number and percent with	, -			- ,		
One or more of the housing problems	8,718	36		10,967	34	
Housing cost burden (> 30 percent)	7,794	32		9,808	30	
Physically inadequate housing	1,230	5		1,516	5	
Crowded housing	225	1		300	1	
			2005			
Total	24,983	100		33,268	100	
Number and percent with	,000			00,200		
One or more of the housing problems	10,153	41		12,649	38	
Housing cost burden (> 30 percent)	9,400	38		11,672	35	
Physically inadequate housing	1,188	5		1,486	4	
Crowded housing	153	1		189	1	
-			2007			
Total	25,828	100		34,306	100	
Number and percent with	20,020	100		01,000	100	
One or more of the housing problems	10,252	40		12,573	37	
Housing cost burden (> 30 percent)	9,618	37		11,756	34	
Physically inadequate housing	1,108	4		1,362	4	
Crowded housing	164	1		199	1	

\* Number of people age 65 and over. The American Housing Survey (AHS) universe is limited to the household population and excludes the population living in nursing homes, college dormitories, and other group quarters. The AHS is a representative sample of approximately 60,000 households in the U.S. and because it is a statistical sample, the estimates presented are subject to both sampling and nonsampling errors. Because the AHS is a household survey, its population estimates are likely to differ from estimates based on a population survey. The estimated number of households with a resident age 65 and over reflects changes in Census weights; 1985 and 1989 data are consistent with 1980 Census weights; 1995, 1997, 1999 data with 1990 Census weights; and 2001, 2003, 2005, and 2007 with 2000 Census weights.

NOTE: Data are available biennially for odd years. Housing cost burden is defined as expenditures on housing and utilities in excess of 30 percent of reported income. Physical problem categories include plumbing, heating, electricity, hallways, and upkeep. See definition in Appendix A of the American Housing Survey summary volume, American Housing Survey for the United States in 2007, Current Housing Reports, H150/07, U.S. Census bureau, 2008. Crowded housing is defined as housing in which there is more than one person per room in a residence. The subcategories for housing problems do not add to the total number with housing problems.

Reference population: These data refer to the resident noninstitutionalized population. People residing in noninstitutional group quarters, such as dormitories or fraternities, are excluded.

SOURCE: U.S. Census Bureau and the U.S. Department of Housing and Urban Development, American Housing Survey. Tabulated by U.S. Department of Housing and Urban Development.

### Housing Problems continued

Table 13b. Percentage of all U.S. households that report housing problems, by type of problem, selected years 1985–2007

	Household	ds	People*		
All U.S. households and persons	Numbers in 1,000s	Percent	Numbers in 1,000s	Percent	
			1985		
Total	88,425	100	234,545	100	
Number and percent with					
One or more of the housing problems	28,709	32	76,447	33	
Housing cost burden (> 30 percent)	22,633	26	55,055	23	
Physically inadequate housing	7,374	8	20,357	9	
Crowded housing	2,496	3	15,071	6	
			1989		
Total	93,683	100	248,028	100	
Number and percent with					
One or more of the housing problems	28,270	30	75,430	30	
Housing cost burden (> 30 percent)	21,690	23	52,449	21	
Physically inadequate housing	7,603	8	20,694	8	
Crowded housing	2,676	3	16,187	7	
			1995		
Total	97,694	100	254,160	100	
Number and percent with					
One or more of the housing problems	32,385	33	85,327	34	
Housing cost burden (> 30 percent)	26,950	28	65,835	26	
Physically inadequate housing	6,370	7	17,432	7	
Crowded housing	2,554	3	15,375	6	
			1997		
Total	99,487	100	257,542	100	
Number and percent with					
One or more of the housing problems	33,402	34	86,559	34	
Housing cost burden (> 30 percent)	27,445	28	65,997	26	
Physically inadequate housing	6,988	7	18,441	7	
Crowded housing	2,806	3	16,860	7	
			1999		
Total	102,803	100	262,463	100	
Number and percent with					
One or more of the housing problems	33,953	33	86,569	33	
Housing cost burden (> 30 percent)	28,204	27	66,945	26	
Physically inadequate housing	6,878	7	17,310	7	
Crowded housing	2,571	3	15,563	6	

See footnotes at end of table.

#### Housing Problems continued

	Househol	ds	_	People*	
All U.S. households and persons	Numbers in 1,000s	Percent		Numbers in 1,000s	Percent
Total	105 105	100	2001	000 400	400
Number and percent with	105,435	100		269,102	100
One or more of the housing problems	35,937	34		91,948	34
Housing cost burden (> 30 percent)	30,253	29		71,950	27
Physically inadequate housing	6,611	6		16,709	6
Crowded housing	2,631	2		16,070	6
Crowded housing	2,001	2	2003	10,070	0
Total	105,867	100		269,508	100
Number and percent with					
One or more of the housing problems	36,401	34		92,516	34
Housing cost burden (> 30 percent)	31,044	29		74,088	27
Physically inadequate housing	6,281	6		15,364	6
Crowded housing	2,559	2		15,589	6
			2005		
Total	108,901	100		277,085	100
Number and percent with					
One or more of the housing problems	40,779	37		102,921	37
Housing cost burden (> 30 percent)	35,835	33		85,542	31
Physically inadequate housing	6,199	6		14,846	5
Crowded housing	2,621	2	0007	16,032	6
Total	110,719	100	2007	278,818	100
Number and percent with		100		210,010	100
One or more of the housing problems	42,837	39		107,940	39
Housing cost burden (> 30 percent)	,	35		91,966	33
Physically inadequate housing	5,759	5		13,929	5
Crowded housing	2,529	2		15,433	6

 Table 13b. Percentage of all U.S. households that report housing problems, by type of problem, selected years

 1985–2007 (continued)

\* The American Housing Survey (AHS) universe is limited to the household population and excludes the population living in nursing homes, college dornitories, and other group quarters. The AHS is a representative sample of approximately 60,000 households in the U.S. and because it is a statistical sample, the estimates presented are subject to both sampling and nonsampling errors. Because the AHS is a household survey, its population estimates are likely to differ from estimates based on a population survey. The estimated number of households reflect changes in Census weights: 1985 and 1989 data are consistent with 1980 Census weights; 1995, 1997, 1999 data with 1990 Census weights; and 2001, 2003, 2005, and 2007 with 2000 Census weights.

NOTE: Data are available biennially for odd years. Housing cost burden is defined as expenditures on housing and utilities are in excess of 30 percent of reported income. Physical problem categories include plumbing, heating, electricity, hallways, and upkeep. See definition in Appendix A of the American Housing Survey summary volume, American Housing Survey for the United States in 2007, Current Housing Reports, H150/07, U.S. Census Bureau, 2008. Crowded housing is defined as housing in which there is more than one person per room in a residence. The subcategories for housing problems do not add to the total number with housing problem.

Reference population: These data refer to the resident noninstitutionalized population. People residing in noninstitutional group quarters, such as dormitories or fraternities, are excluded..

SOURCE: U.S. Census Bureau and the U.S. Department of Housing and Urban Development, American Housing Survey. Tabulated by U.S. Department of Housing and Urban Development.

### Life Expectancy

Age and sex	1900	1910	1920	1930	1940	1950	1960	1970	1980	1990
	Years									
Birth										
Both sexes	49.2	51.5	56.4	59.2	63.6	68.1	69.9	70.8	73.9	75.4
Men	47.9	49.9	55.5	57.7	61.6	65.5	66.8	67.0	70.1	71.8
Women	50.7	53.2	57.4	60.9	65.9	71.0	73.2	74.6	77.6	78.8
At age 65										
Both sexes	11.9	11.6	12.5	12.2	12.8	13.8	14.4	15.0	16.5	17.3
Men	11.5	11.2	12.2	11.7	12.1	12.7	13.0	13.0	14.2	15.1
Women	12.2	12.0	12.7	12.8	13.6	15.0	15.8	16.8	18.4	19.0
At age 85										
Both sexes	4.0	4.0	4.2	4.2	4.3	4.7	4.6	5.3	6.0	6.2
Men	3.8	3.9	4.1	4.0	4.1	4.4	4.4	4.7	5.1	5.3
Women	4.1	4.1	4.3	4.3	4.5	4.9	4.7	5.6	6.4	6.7

#### Table 14a. Life expectancy, by age and sex, selected years 1900-2006

See footnotes at end of table.

#### Table 14a. Life expectancy, by age and sex, selected years 1900–2006 (continued)

Age and sex	2000	2001	2002	2003	2004	2005	2006
				Years			
Birth							
Both sexes	76.8	76.9	76.9	77.1	77.5	77.4	77.7
Men	74.1	74.2	74.3	74.5	74.9	74.9	75.1
Women	79.3	79.4	79.5	79.6	79.9	79.9	80.2
At age 65							
Both sexes	17.6	17.7	17.8	17.9	18.2	18.2	18.5
Men	16.0	16.2	16.2	16.4	16.7	16.8	17.0
Women	19.0	19.0	19.1	19.2	19.5	19.5	19.7
At age 85							
Both sexes	6.1	6.1	6.1	6.1	6.3	6.2	6.4
Men	5.4	5.5	5.4	5.5	5.6	5.6	5.7
Women	6.5	6.5	6.5	6.5	6.7	6.6	6.8

NOTE: The life expectancies (LEs) for decennial years 1910 to 1990 are based on decennial census data and deaths for a 3-year period around the census year. The LEs for decennial year 1900 are based on deaths from 1900 to 1902. LEs for years prior to 1930 are based on the death registration area only. The death registration area increased from 10 states and the District of Columbia in 1900 to the coterminous United States in 1933. LEs for 2000–2006 are based on a newly revised methodology that uses vital statistics death rates for ages under 66 and modeled probabilities of death for ages 66 to 100 based on blended vital statistics and Medicare probabilities of dying and may differ from figures previously published. Reference population: These data refer to the resident population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Vital Statistics System.

#### Table 14b. Life expectancy, by age and sex, 2006

	То	tal	M	en	Women		
Age	White	Black	White	Black	White	Black	
	Years						
Birth	78.2	73.2	75.7	69.7	80.6	76.5	
At age 65	18.6	17.1	17.1	15.1	19.8	18.6	
At age 85	6.3	6.7	5.7	5.9	6.7	7.1	

NOTE: See Appendix B for the definition of race in the National Vital Statistics System. Reference population: These data refer to the resident population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Vital Statistics System.

#### Life Expectancy continued

#### Table 14c. Average life expectancy at age 65, by sex and selected countries or areas, selected years 1980–2005

		М	en			Wo	men	
		Ye	ear			Ye	ear	
Years of life remaining for people who reach age 65	1980	1990	2000	2005	1980	1990	2000	2005
Australia	13.7	15.2	16.9	18.1	17.9	19.0	20.4	21.4
Austria	12.9	14.3	16.0	17.0	16.3	17.8	19.4	20.3
Belgium	12.9	14.3	15.6	16.6	16.9	18.8	19.7	20.2
Bulgaria	12.7	12.9	12.8	na	14.7	15.4	15.4	na
Canada	14.5	15.7	16.8	17.9	18.9	19.9	20.4	21.1
Chile	na	14.6	15.3	15.9	na	17.6	18.6	20.0
Costa Rica	16.1	17.2	17.2	18.1	18.1	19.5	19.7	20.7
Cuba	na	na	16.7	17.1	na	na	19.0	19.6
Czech Republic <sup>1</sup>	11.2	11.7	13.8	14.4	14.4	15.3	17.3	17.7
Denmark	13.6	14.0	15.2	16.1	17.6	17.8	18.3	19.1
England and Wales <sup>2</sup>	12.9	14.1	15.8	17.1	16.9	17.9	19.0	19.9
Finland	12.5	13.7	15.5	16.8	16.5	17.7	19.3	21.0
France	13.6	15.5	16.7	17.7	18.2	19.8	21.2	22.0
Germany <sup>3</sup>	13.0	14.0	15.7	16.9	16.7	17.6	19.4	20.1
Greece	14.6	15.7	16.3	17.2	16.8	18.0	18.3	19.4
Hong Kong	13.9	15.3	17.3	17.8	13.9	18.8	21.5	22.9
Hungary	11.6	12.0	12.7	13.1	14.6	15.3	16.5	16.9
Ireland	12.6	13.3	14.6	16.8	15.7	16.9	17.8	20.0
Israel	14.4	15.9	16.9	18.2	15.8	17.8	19.3	20.2
Italy	13.3	15.1	16.5	na	17.1	18.8	20.4	na
Japan	14.6	16.2	17.5	18.1	17.7	20.0	22.4	23.2
Netherlands	13.7	14.4	15.3	16.4	18.0	18.9	19.2	20.0
New Zealand	13.2	14.7	16.7	17.8	17.0	18.3	20.0	20.5
Northern Ireland <sup>2</sup>	11.9	13.7	15.3	16.6	15.8	17.5	18.5	19.5
Norway	14.3	14.6	16.0	17.2	18.0	18.5	19.7	20.9
Poland	12.0	12.7	13.6	14.4	15.5	16.9	17.3	18.6
Portugal	12.9	13.9	15.3	16.1	16.5	17.0	18.7	19.4
Romania	12.6	13.3	13.5	13.4	14.2	15.3	15.9	16.2
Russian Federation	11.6	12.1	11.1	11.0	15.6	15.9	15.2	15.4
Scotland <sup>2</sup>	12.3	13.1	14.7	15.8	16.2	16.7	17.8	18.6
Singapore	12.6	14.5	15.8	16.9	15.4	16.9	19.0	20.4
Slovakia1	12.3	12.2	12.9	13.2	15.4	15.7	16.5	16.9
Spain	14.8	15.4	16.6	17.3	17.9	19.0	20.4	21.3
Sweden	14.3	15.3	16.7	17.4	17.9	19.0	20.0	20.6
Switzerland	14.4	15.3	16.9	18.1	17.9	19.4	20.7	21.7
United States	14.1	15.1	16.0	16.8	18.3	18.9	19.2	19.5

na: Data not available.

in 1993, Czechoslovakia was divided into two nations, the Czech Republic and Slovakia. Data for 1980 and 1990 refer to the respective Czech and Slovak regions of the former Czechoslovakia.

<sup>2</sup>Different geographic constituents of the United Kingdom may have separate statistical systems. This table includes data for three such areas: England and Wales, Northern Ireland, and Scotland.

<sup>3</sup> Data for 1980 and 1990 refer to the former Federal Republic of Germany (West Germany); from 2000 onwards, data refer to Germany after reunification.

NOTE: Countries or areas in this table have populations of at least one million and death registrations that are at least 90 percent complete. However, this table is not a comprehensive listing of all countries with these characteristics; for details see Health, United States, 2008. Estimates for the United States for 2000 and 2005 have been revised and may differ from figures previously published. See Table 14a.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, Health, United States, 2008.

Mortality

#### Table 15a. Death rates for selected leading causes of death among people age 65 and over, 1981–2006

Chronic									
Year	Total	Diseases of heart	Malignant neoplasm	Cerebrovascular diseases	lower respiratory diseases	Influenza and pneumonia	Diabetes mellitus	Alzheimer's disease	
				Number per 100,00	0 population				
1981	5,713.9	2,546.7	1,055.7	623.8	185.8	207.2	105.8	6.0	
1982	5,609.7	2,503.2	1,068.9	585.2	186.1	181.2	102.3	9.2	
1983	5,685.4	2,512.0	1,077.5	564.4	204.3	207.2	104.4	16.3	
1984	5,644.8	2,449.5	1,087.1	546.2	210.8	214.0	102.6	23.5	
1985	5,693.8	2,430.9	1,091.2	531.0	225.4	242.9	103.4	31.0	
1986	5,628.7	2,371.7	1,101.2	506.3	227.7	244.7	100.8	35.0	
1987	5,577.7	2,316.4	1,105.5	495.9	229.7	237.4	102.3	41.8	
1988	5,625.0	2,305.7	1,114.1	489.4	240.0	263.1	104.7	44.7	
1989	5,456.9	2,171.8	1,133.0	463.7	240.2	253.3	120.4	47.3	
1990	5,352.8	2,091.1	1,141.8	447.9	245.0	258.2	120.4	48.7	
1991	5,290.7	2,045.6	1,149.5	434.7	251.7	245.1	120.8	48.7	
1992	5,205.2	1,989.5	1,150.6	424.5	252.5	232.7	120.8	48.8	
1993	5,348.6	2,024.0	1,159.2	434.5	273.6	247.9	128.4	55.3	
1994	5,269.9	1,952.3	1,155.3	433.7	271.3	238.1	132.6	59.8	
1995	5,264.7	1,927.4	1,152.5	437.7	271.2	237.2	135.9	64.9	
1996	5,221.7	1,877.6	1,140.8	433.1	275.5	233.5	139.4	65.9	
1997	5,178.9	1,827.2	1,127.3	423.8	280.2	236.3	140.2	67.7	
1998	5,168.1	1,791.5	1,119.2	411.9	268.8	247.4	143.4	67.0	
1999	5,220.0	1,767.0	1,126.1	433.2	313.0	167.4	150.0	128.8	
2000	5,137.2	1,694.9	1,119.2	422.7	303.6	167.2	149.6	139.9	
2001	5,044.1	1,631.6	1,100.2	404.1	300.7	154.9	151.1	148.3	
2002	5,000.5	1,585.2	1,090.9	393.2	300.6	160.7	152.0	158.7	
2003	4,907.2	1,524.9	1,073.0	372.8	299.1	154.8	150.7	167.7	
2004	4,698.8	1,418.2	1,051.7	346.2	284.3	139.0	146.0	170.6	
2005	4,676.0	1,375.7	1,041.3	320.3	298.8	141.9	146.5	179.3	
2006	4,518.5	1,296.7	1,025.4	296.8	279.2	123.7	136.9	176.9	
			Percer	ntage change betwe	en 1981 and 2	2006			
	-20.9	-49.1	-2.9	-52.4	50.3	*–26.1	29.4	*37.3	

\*Change calculated from 1999 when ICD-10 was implemented.

NOTE: Death rates for 1981–1988 are based on the 9th revision of the International Classification of Disease (ICD-9). Starting in 1999, death rates are based on ICD-10. For the period 1981–1998, causes were coded using ICD-9 codes that are most nearly comparable with the 113 cause list for the ICD-10 and may differ from previously published estimates. Population estimates for July 1, 2000, and July 1, 2001, are postcensal estimates and have been bridged to be consistent with the race categories used in the 1990 Decennial Census. These estimates were produced by the National Center for Health Statistics under a collaborative arrangement with the U.S. Census Bureau. Population estimates for 1990–1999 are intercensal estimates, based on the 1990 Decennial Census and bridged estimates for 2000. These estimates were produced by the Population estimates for 1990–2001, see http://www.cdc.gov/nchs/nvss/bridged\_race.htm. Death rates for 1990–2001 may differ from those published elsewhere because of the use of the bridged intercensal and postcensal population estimates. Rates are age adjusted using the 2000 standard population. Reference population: These data refer to the resident population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Vital Statistics System.

### Mortality continued

	All races	White	Black	Asian or Pacific Islander	American Indian	Hispanic
Me	en					
1	Diseases of heart	Diseases of heart	Diseases of heart	Diseases of heart	Diseases of heart	Diseases of heart
2	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms
3	Chronic lower respiratory diseases	Chronic lower respiratory diseases	Cerebrovascular diseases	Cerebrovascular diseases	Diabetes mellitus	Cerebrovascular diseases
4	Cerebrovascular diseases	Cerebrovascular diseases	Diabetes mellitus	Chronic lower respiratory diseases	Chronic lower respiratory diseases	Diabetes mellitus
5	Diabetes mellitus	Diabetes mellitus	Chronic lower respiratory diseases	Influenza and pneumonia	Cerebrovascular diseases	Chronic lower respiratory diseases
6	Influenza and pneumonia	Alzheimer's disease	Nephritis	Diabetes mellitus	Unintentional injuries	Influenza and pneumonia
7	Alzheimer's disease	Influenza and pneumonia	Influenza and pneumonia	<sup>2</sup> Benign neoplasms <sup>2</sup> Unintentional injuries	Influenza and pneumonia	Nephritis
8	Unintentional injuries	Unintentional injuries	Septicemia		Nephritis	Unintentional injuries
9	Nephritis	Nephritis	Hypertension	Alzheimer's disease	Alzheimer's disease	Alzheimer's disease
10	Septicemia	Parkinson's disease	Unintentional injuries	Hypertension	Septicemia	Liver disease
11	Parkinson's disease	Septicemia	Alzheimer's disease	Septicemia	Liver disease	Septicemia
12	Pneumonitis	Pneumonitis	Pneumonitis	Parkinson's disease	Hypertension	Parkinson's disease
13	Hypertension	Hypertension	<sup>1</sup> Benign neoplasms <sup>1</sup> Parkinson's disease	Aortic aneurysm	Parkinson's disease	Hypertension
14	Aortic aneurysm	Aortic aneurysm		Pneumonitis	Pneumonitis	Pneumonitis
15	Benign neoplasms	Benign neoplasms	Liver disease	Benign neoplasms	Benign neoplasms	Benign neoplasms

#### Table 15b. Leading causes of death among people age 65 and over, by sex and race and Hispanic origin, 2006

<sup>1</sup>For black men, Benign neoplasms and Parkinson's disease tied for 13th.

Por black men, beingi neoplasins and rankinson so isease terior form. Por Asian or Pacific Islander men, Benign neoplasms and Unintentional injuries tied for 7th. <sup>3</sup>For American Indian women, Benign neoplasms and Pneumonitis tied for 13th. NOTE: See Appendix B for the definition of race and Hispanic origin in the National Vital Statistics System. Reference population: These data refer to the resident population. SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Vital Statistics System.

### Mortality continued

Table 15b. Leading causes of death among people age 65 and over, by sex and race and Hispanic origin, 2006 (continued)

	All races	White	Black	Asian or Pacific Islander	American Indian	Hispanic
W	omen					
1	Diseases of heart	Diseases of heart				
2	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms
3	Cerebrovascular diseases	Cerebrovascular diseases	Cerebrovascular diseases	Cerebrovascular diseases	Diabetes mellitus	Cerebrovascular diseases
4	Chronic lower respiratory diseases	Chronic lower respiratory diseases	Diabetes mellitus	Diabetes mellitus	Cerebrovascular diseases	Diabetes mellitus
5	Alzheimer's disease	Alzheimer's disease	Nephritis	Influenza and pneumonia	Chronic lower respiratory diseases	Alzheimer's disease
6	Diabetes mellitus	Influenza and pneumonia	Alzheimer's disease	Alzheimer's disease	Alzheimer's disease	Chronic lower respiratory diseases
7	Influenza and pneumonia	Diabetes mellitus	Chronic lower respiratory diseases	Chronic lower respiratory diseases	Nephritis	Influenza and pneumonia
8	Nephritis	Unintentional injuries	Septicemia	Nephritis	Influenza and pneumonia	Nephritis
9	Unintentional injuries	Nephritis	Influenza and pneumonia	Unintentional injuries	Unintentional injuries	Unintentional injuries
10	Septicemia	Septicemia	Hypertension	Hypertension	Liver disease	Septicemia
11	Hypertension	Hypertension	Unintentional injuries	Septicemia	Septicemia	Hypertension
12	Parkinson's disease	Parkinson's disease	Pneumonitis	Parkinson's disease	Hypertension	Liver disease
13	Pneumonitis	Pneumonitis	Benign neoplasms	Pneumonitis	<sup>3</sup> Benign neoplasms <sup>3</sup> Pneumonitis	Parkinson's disease
14	Benign neoplasms	Benign neoplasms	Aortic aneurysm	Benign neoplasms		Pneumonitis
15	Atherosclerosis	Atherosclerosis	Atherosclerosis	Aortic aneurysm	Parkinson's disease	Benign neoplasms

"For black men, Benign neoplasms and Parkinson's disease tied for 13th. "For Asian or Pacific Islander men, Benign neoplasms and Unintentional injuries tied for 7th.

<sup>4</sup> of Asian of Pacific Islander men, Benign neoplasms and Offinientional injuncts ucculor Fut.
<sup>3</sup>For American Indian women, Benign neoplasms and Pneumonitis tied for 13th.
NOTE: See Appendix B for the definition of race and Hispanic origin in the National Vital Statistics System.
Reference population: These data refer to the resident population.
SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Vital Statistics System.

### Mortality continued

	All races	White	Black	Asian or Pacific Islander	American Indian	Hispanic
Me	en					
1	Diseases of heart	Diseases of heart				
2	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms
3	Cerebrovascular diseases	Cerebrovascular diseases	Cerebrovascular diseases	Cerebrovascular diseases	Influenza and pneumonia	Cerebrovascular diseases
4	Chronic lower respiratory diseases	Chronic lower respiratory diseases	Chronic lower respiratory diseases	Influenza and pneumonia	Diabetes mellitus	Chronic lower respiratory diseases
5	Alzheimer's disease	Alzheimer's disease	Influenza and pneumonia	Chronic lower respiratory diseases	<sup>1</sup> Alzheimer's disease <sup>1</sup> Chronic lower respiratory disease	Influenza and pneumonia
6	Influenza and pneumonia	Influenza and pneumonia	Nephritis	Alzheimer's disease		Alzheimer's disease
7	Nephritis	Nephritis	Alzheimer's disease	Diabetes mellitus	Cerebrovascular diseases	Diabetes mellitus
8	Unintentional injuries	Unintentional injuries	Diabetes mellitus	Nephritis	Nephritis	Nephritis
9	Diabetes mellitus	Diabetes mellitus	Septicemia	Unintentional injuries	<sup>1</sup> Pneumonitis <sup>1</sup> Unintentional injuries	Unintentional injuries
10	Parkinson's disease	Parkinson's disease	Hypertension	Hypertension		Parkinson's disease
11	Pneumonitis	Pneumonitis	Unintentional injuries	Pneumonitis	<sup>1</sup> Septicemia <sup>1</sup> Hypertension	Septicemia
12	Septicemia	Septicemia	Pneumonitis	Parkinson's disease		Hypertension
13	Hypertension	Hypertension	Benign neoplasms	Septicemia	Parkinson's disease	Pneumonitis
14	Benign neoplasms	Benign neoplasms	Atherosclerosis	Aortic aneurysm	Benign neoplasms	Benign neoplasms
15	Aortic aneurysm	Aortic aneurysm	Parkinson's disease	Benign neoplasms	Enterocolitis	Liver disease

#### Table 15c. Leading causes of death among people age 85 and over, by sex and race and Hispanic origin, 2006

<sup>1</sup>For American Indian men, Alzheimer's disease and Chronic lower respiratory disease tied for 5th; Pneumonitis and Unintentional injuries tied for 9th; and Septicemia

<sup>2</sup>For American Indian India, Azheimer S disease and Chronic lower respiratory disease ted for 3th, Pheuhonitis and Ommentional injuries ted for 9th, and Septeenia and Parkinson's disease tied for 11th; and Atherosclerosis and Pneumonitis tied for 14th.
 <sup>3</sup>For American Indian women, Nephritis and Unintentional injuries tied for 9th; Septicemia and Parkinson's disease tied for 11th; and Atherosclerosis and Pneumonitis tied for 14th.
 <sup>3</sup>NOTE: See Appendix B for the definition of race and Hispanic origin in the National Vital Statistics System.
 <sup>3</sup>Reference population: These data refer to the resident population.
 <sup>3</sup>SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Vital Statistics System.

### Mortality continued

Table 15c. Leading causes of death among people age 85 and over, by sex and race and Hispanic origin, 2006 (continued)

	All races	White	Black	Asian or Pacific Islander	American Indian	Hispanic
W	omen					
1	Diseases of heart	Diseases of heart				
2	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms	Malignant neoplasms
3	Cerebrovascular diseases	Cerebrovascular diseases	Cerebrovascular diseases	Cerebrovascular diseases	Cerebrovascular diseases	Cerebrovascular diseases
4	Alzheimer's disease	Alzheimer's disease	Alzheimer's disease	Influenza and pneumonia	Diabetes mellitus	Alzheimer's disease
5	Chronic lower respiratory diseases	Chronic lower respiratory diseases	Diabetes mellitus	Alzheimer's disease	Alzheimer's disease	Influenza and pneumonia
6	Influenza and pneumonia	Influenza and pneumonia	Nephritis	Diabetes mellitus	Influenza and pneumonia	Diabetes mellitus
7	Diabetes mellitus	Unintentional injuries	Influenza and pneumonia	Chronic lower respiratory diseases	Chronic lower respiratory diseases	Chronic lower respiratory diseases
8	Nephritis	Diabetes mellitus	Hypertension	Hypertension	Hypertension	Nephritis
9	Unintentional injuries	Nephritis	Septicemia	Nephritis	<sup>2</sup> Nephritis <sup>2</sup> Unintentional injuries	Hypertension
10	Hypertension	Hypertension	Chronic lower respiratory diseases	Unintentional injuries		Unintentional injuries
11	Septicemia	Septicemia	Unintentional injuries	Septicemia	<sup>2</sup> Septicemia <sup>2</sup> Parkinson's disease	Septicemia
12	Pneumonitis	Pneumonitis	Pneumonitis	Parkinson's disease		Pneumonitis
13	Parkinson's disease	Parkinson's disease	Atherosclerosis	Pneumonitis	Benign neoplasms	Parkinson's disease
14	Atherosclerosis	Atherosclerosis	Benign neoplasms	Benign neoplasms	<sup>2</sup> Atherosclerosis <sup>2</sup> Pneumonitis	Atherosclerosis
15	Benign neoplasms	Benign neoplasms	Aortic aneurysm	Aortic aneurysm		Benign neoplasms

<sup>1</sup>For American Indian men, Alzheimer's disease and Chronic lower respiratory disease tied for 5th; Pneumonitis and Unintentional injuries tied for 9th; and Septicemia and Hypertension tied for 9th. <sup>2</sup>For American Indian women, Nephritis and Unintentional injuries tied for 9th; Septicemia and Parkinson's disease tied for 11th; and Atherosclerosis and Pneumonitis

tied for 14th. NOTE: See Appendix B for the definition of race and Hispanic origin in the National Vital Statistics System.

Reference population: These data refer to the resident population. SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Vital Statistics System.

### **Chronic Health Conditions**

Table 16a. Percentage of people age 65 and over who reported having selected chronic health conditions, by sex, 2007–2008

	Heart disease	Hypertension	Stroke	Asthma	Chronic bronchitis or Emphysema	Any cancer	Diabetes	Arthritis
				Pe	rcent			
Total	31.9	55.7	8.8	10.4	9.0	22.5	18.6	49.5
Men	38.2	53.1	8.7	8.9	8.6	23.9	19.5	42.2
Women	27.1	57.6	8.9	11.5	9.2	21.4	17.9	54.9
Non-Hispanic White	33.7	54.3	8.7	10.2	9.7	24.8	16.4	50.6
Non-Hispanic Black	27.2	71.1	10.8	11.3	5.9	13.3	29.7	52.2
Hispanic	23.8	53.1	7.7	10.9	6.2	12.4	27.3	42.1

NOTE: Data are based on a 2-year average from 2007–2008. See Appendix B for the definition of race and Hispanic origin in the National Health Interview Survey. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey.

Table 16b. Percentage of	f people age 65 and over who re	ported having selected chronic health conditions,	1997-2008

	Heart disease	Hypertension	Stroke	Emphysema	Asthma	Chronic bronchitis	Any cancer	Diabetes	Arthritis
				F	Percent				
1997–1998	32.3	46.5	8.2	5.2	7.7	6.4	18.7	13.0	na
1999–2000	29.8	47.4	8.2	5.2	7.4	6.2	19.9	13.7	na
2001–2002	31.5	50.2	8.9	5.0	8.3	6.1	20.8	15.4	na
2003–2004	31.8	51.9	9.3	5.2	8.9	6.0	20.7	16.9	50.0
2005–2006	30.9	53.3	9.3	5.7	10.6	6.1	21.1	18.0	49.5
2007–2008	31.9	55.7	8.8	5.1	10.4	5.4	22.5	18.6	49.5

na: Comparable data for arthritis not available prior to 2003-2004.

NOTE: Data are based on 2-year averages.

Reference population: These data refer to the civilian noninstitutionalized population.

### Sensory Impairments and Oral Health

Table 17a. Percentage of people age 65 and over who reported having any trouble hearing, trouble seeing, or no natural teeth, by selected characteristics, 2008

Sex	Age and poverty status	Any trouble hearing	Any trouble seeing	No natural teeth
		Pe	rcent	
Both sexes	65 and over	34.8	17.5	25.6
	65–74	27.8	14.3	20.4
	75–84	36.6	18.6	30.7
	85 and over	60.1	28.4	33.9
	Below poverty	28.2	23.8	41.8
	Above poverty	35.5	17.0	23.4
Men	65 and over	41.5	14.9	24.3
	65–74	36.0	11.3	19.2
	75–84	43.7	17.2	30.7
	85 and over	66.7	28.5	33.0
Women	65 and over	29.6	19.4	26.6
	65–74	20.7	16.9	21.4
	75–84	31.7	19.5	30.8
	85 and over	56.6	28.4	34.4

NOTE: Respondents were asked "WITHOUT the use of hearing aids or other listening devices, is your hearing excellent, good, a little trouble hearing, moderate trouble, a lot of trouble, or are you deaf?" For the purposes of this indicator, the category "Any trouble hearing" includes: "a little trouble hearing, moderate trouble, a lot of trouble, and deaf." This question differs slightly from the question used to calculate the estimates shown in previous editions of *Older Americans*. Regarding their vision, respondents were asked "Do you have any trouble seeing, even when wearing glasses or contact lenses?" and the category "Any trouble seeing" includes: those who in a subsequent question report themselves as blind. Lastly, respondents were asked in one question, "Have you lost all of your upper and lower natural (permanent) teeth?"

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey.

#### Table 17b. Percentage of people age 65 and over who reported ever having worn a hearing aid, 2008

Age group	Both sexes	Men	Women
		Percent	
65 and over	13.8	17.8	10.7
65–74	8.4	12.1	5.1
75–84	14.9	21.0	10.7
85 and over	34.2	40.6	30.8

NOTE: Respondents were asked "Do you now use a hearing aid(s)?" For those who responded no, they were also asked "Have you ever used a hearing aid(s) in the past?" Estimates in past editions of *Older Americans* were based on the answer to a single question of having ever worn a hearing aid.

Reference population: These data refer to the civilian noninstitutionalized population.

### Respondent-Assessed Health Status

#### Table 18. Respondent-assessed health status among people age 65 and over, by selected characteristics, 2006–2008

	-	Not Hispan		
Selected characteristic	Total	White only	Black only	Hispanic or Latinc (of any race)
Fair or poor health			Percent	
Both sexes				
65 and over	25.5	23.3	37.6	36.6
65–74	22.4	19.9	34.0	33.7
75–84	27.5	25.2	41.5	40.0
85 and over	33.7	32.1	46.3	46.0
Men				
65 and over	25.3	23.6	34.8	35.3
65–74	22.4	20.4	32.5	32.9
75–84	27.5	25.9	38.4	37.9
85 and over	35.1	33.7	42.0	46.9
Women				
65 and over	25.7	23.1	39.3	37.5
65–74	22.3	19.5	35.2	34.4
75–84	27.6	24.7	43.1	41.3
85 and over	32.9	31.3	47.9	45.5
Good to excellent health				
Both sexes				
65 and over	74.5	76.7	62.5	63.4
65–74	77.6	80.1	66.0	66.3
75–84	72.5	74.8	58.5	60.1
85 and over	66.4	67.9	53.7	54.0
Men				
65 and over	74.8	76.4	65.2	64.8
65–74	77.6	79.6	67.5	67.2
75–84	72.5	74.1	61.6	62.1
85 and over	64.9	66.3	58.0	53.1
Women				
65 and over	74.4	76.9	60.7	62.5
65–74	77.7	80.5	64.8	65.6
75–84	72.5	75.3	56.9	58.7
85 and over	67.1	68.7	52.1	54.5

NOTE: Data are based on a 3-year average from 2006–2008. See Appendix B for the definition of race and Hispanic origin in the National Health Interview Survey. Reference population: These data refer to the civilian noninstitutionalized population.



### **Depressive Symptoms**

Table 19a. Percentage of people age 65 and over with clinically relevant depressive symptoms, by sex, selected years 1998–2006

	1998	2000	2002	2004	2006
Both sexes	15.9	15.6	15.4	14.4	14.6
Men	11.9	11.4	11.5	11.0	10.1
Women	18.6	18.5	18.0	16.8	17.9

NOTE: The definition of "clinically relevant depressive symptoms" is four or more symptoms out of a list of eight depressive symptoms from an abbreviated version of the Center of Epidemiological Studies Depression Scale (CES-D) adapted by the Health and Retirement Study (HRS). The CES-D scale is a measure of depressive symptoms and is not to be used as a diagnosis of clinical depression. A detailed explanation concerning the "four or more symptoms" cut-off can be found in the following documentation, http //hrsonline.isr umich.edu/docs/userg/dr-005.pdf. Proportions are based on weighted data using the preliminary respondent weight from HRS 2006.

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Health and Retirement Study.

Table 19b. Percentage of people age 65 and over with clinically relevant depressive symptoms, by age group and	
sex, 2006	

	Both sexes	Men	Women
65 and over	14.6	10.1	17.9
65–69	13.9	9.7	16.7
70–74	12.9	8.0	16.9
75–79	16.0	9.7	20.2
80–84	14.3	10.3	17.0
85 and over	18.8	17.8	19.2

NOTE: The definition of "clinically relevant depressive symptoms" is four or more symptoms out of a list of eight depressive symptoms from an abbreviated version of the Center of Epidemiological Studies Depression Scale (CES-D) adapted by the Health and Retirement Study (HRS). The CES-D scale is a measure of depressive symptoms and is not to be used as a diagnosis of clinical depression. A detailed explanation concerning the "four or more symptoms" cut-off can be found in the following documentation, http://hrsonline.isrumich.edu/docs/userg/dr-005.pdf. Proportions are based on weighted data using the preliminary respondent weight from HRS 2006.

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Health and Retirement Study.

#### **Functional Limitations**

Table 20a. Percentage of Medicare enrollees age 65 and over who have limitations in activities of daily living (ADLs) or instrumental activities of daily living (IADLs), or who are in a facility, selected years 1992–2007

	1992	1997	2001	2005	2007
IADLs only	13.7	12.7	13.4	12.3	13.8
1 to 2 ADLs	19.6	16.6	17.2	18.3	17.7
3 to 4 ADLs	6.1	4.9	5.3	4.7	4.5
5 to 6 ADLs	3.5	3.2	3.0	2.5	2.3
Facility	5.9	5.1	4.8	4.3	3.9
Total	48.8	42.5	43.7	42.1	42.2

NOTE: A residence is considered a long-term care facility if it is certified by Medicare or Medicaid; has three or more beds and is licensed as a nursing home or other long-term care facility and provides at least one personal care service; or provides 24-hour, seven-day-a-week supervision by a caregiver. ADL limitations refer to difficulty performing (or inability to perform for a health reason) one or more of the following tasks: bathing, dressing, eating, getting in/out of chairs, walking, or using the toilet. IADL limitations refer to difficulty performing (or inability to performing (or inability to performing (or inability to performing (or inability to performing or a health reason) one or more of the following tasks: bathing, dressing, eating, getting in/out of chairs, walking, or using the toilet. IADL limitations refer to difficulty performing (or inability to perform for a health reason) one or more of the following tasks: using the telephone, light housework, neary housework, meal preparation, shopping, or managing money. Rates are age adjusted using the 2000 standard population. Data for 1992, 2001, and 2007 do not sum to the totals because of rounding.

Reference population: These data refer to Medicare enrollees.

SOURCE: Centers for Medicare and Medicaid Services, Medicare Current Beneficiary Survey.

# Table 20b. Percentage of Medicare enrollees age 65 and over who have limitations in activities of daily living (ADLs) or instrumental activities of daily living (IADLs), or who are in a facility, by sex, 2007

	Both Sexes	Men	Women
IADLs only	13.8	10.9	16.1
1 to 2 ADLs	17.7	16.3	18.8
3 to 4 ADLs	4.5	3.5	5.3
5 to 6 ADLs	2.3	2.0	2.4
Facility	3.9	2.5	4.7
Total	42.2	35.2	47.3

NOTE: A residence is considered a long-term care facility if it is certified by Medicare or Medicaid; has 3 or more beds and is licensed as a nursing home or other long-term care facility and provides at least one personal care service; or provides 24-hour, seven-day-a-week supervision by a caregiver. ADL limitations refer to difficulty performing (or inability to perform for a health reason) one or more of the following tasks: bathing, dressing, eating, getting in/out of chairs, walking, or using the toilet. IADL limitations refer to difficulty performing (or inability to perform for a health reason) one or more of the following tasks: bathing, dressing, eating, getting in/out of chairs, walking, or using the toilet. IADL limitations refer to difficulty performing (or inability to perform for a health reason) one or more of the following tasks: using the telephone, light housework, meal preparation, shopping, or managing money. Rates are age adjusted using the 2000 standard population. Data may not sum to the totals because of rounding.

Reference population: These data refer to Medicare enrollees.

SOURCE: Centers for Medicare and Medicaid Services, Medicare Current Beneficiary Survey.

### Functional Limitations continued

Table 20c. Percentage of Medicare enrollees age 65 and over who are unable to perform certain physical functions, by sex, 1991 and 2007

Function	1991	2007				
	Percent					
Men						
Stoop/kneel	7.8	10.1				
Reach over head	3.1	3.0				
Write/grasp small objects	2.3	1.3				
Walk 2–3 blocks	14.0	14.3				
Lift 10 bs.	9.2	7.0				
Any of these five	18.9	19.3				
Women						
Stoop/kneel	15.3	18.7				
Reach over head	6.3	4.8				
Write/grasp small objects	2.6	2.0				
Walk 2–3 blocks	23.2	23.4				
Lift 10 bs.	18.4	15.2				
Any of these five	32.2	32.4				

NOTE: Rates for 1991 are age adjusted to the 2007 population.

Reference population: These data refer to Medicare enrollees.

SOURCE: Centers for Medicare and Medicaid Services, Medicare Current Beneficiary Survey.

# Table 20d. Percentage of Medicare enrollees age 65 and over who are unable to perform any one of five physical functions, by selected characteristics, 2007

Selected characteristic	Men	Women
Age	Per	cent
65–74	13.0	21.8
75–84	23.1	35.1
85 and over	40.4	55.9
Race		
White, not Hispanic or Latino	18.9	31.9
Black, not Hispanic or Latino	25.6	35.4
Hispanic or Latino (any race)	20.0	33.3

NOTE: The five physical functions include stooping kneeling, reaching over the head, writing/grasping small objects, walking 2–3 blocks, and lifting 10 lbs. Reference population: These data refer to Medicare enrollees.

SOURCE: Centers for Medicare and Medicaid Services, Medicare Current Beneficiary Survey.

### Vaccinations

Table 21a. Percentage of people age 65 and over who reported having been vaccinated against influenza and pneumococcal disease, by race and Hispanic origin, selected years 1989–2008

	Influenza		Pneumococcal disease			
	Not Hispanic or Latino		Hispanic or Latino	Not Hispanic or Latino		Hispanic or Latino
Year	White	Black	- (of any race) –	White	Black	(of any race)
1989	32.0	17.7	23.8	15.0	6.20	9.80
1991	42.8	26.5	33.2	21.0	13.2	11.0
1993	53.1	31.1	46.2	28.7	13.1	12.2
1994	56.9	37.7	36.6	30.5	13.9	13.7
1995	60.0	39.5	49.5	34.2	20.5	21.6
1997	65.8	44.6	52.7	45.6	22.2	23.5
1998	65.6	45.9	50.3	49.5	26.0	22.8
1999	67.9	49.7	55.1	53.1	32.3	27.9
2000	66.6	47.9	55.7	56.8	30.5	30.4
2001	65.4	47.9	51.9	57.8	33.9	32.9
2002	68.7	49.5	48.5	60.3	36.9	27.1
2003	68.6	47.8	45.4	59.6	37.0	31.0
2004	67.3	45.7	54.6	60.9	38.6	33.7
2005	63.2	39.6	41.7	60.6	40.4	27.5
2006	67.3	47.1	44.9	62.0	35.6	33.4
2007	69.3	55.7	52.2	62.2	44.1	31.8
2008	69.9	50.4	54.9	64.3	44.5	36.4

NOTE: For influenza, the percentage vaccinated consists of people who reported having a flu shot during the past 12 months and does not include receipt of nasal spray flu vaccinations. For pneumococcal disease, the percentage refers to people who reported ever having a pneumonia vaccination. See Appendix B for the definition of race and Hispanic origin in the National Health Interview Survey.

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey.

# Table 21b. Percentage of people age 65 and over who reported having been vaccinated against influenza and pneumococcal disease, by selected characteristics, 2008

Selected characteristic	Influenza	Pneumococcal disease
		Percent
Both sexes	67.1	60.0
Men	65.8	56.4
Women	68.1	62.8
65–74	60.8	52.5
75–84	72.7	68.6
85 and over	79.1	69.0
High school graduate or less	66.5	58.1
More than high school	68.0	62.9

NOTE: For influenza, the percentage vaccinated consists of people who reported having a flu shot during the past 12 months and does not include receipt of nasal spray flu vaccinations. For pneumococcal disease, the percentage refers to people who reported ever having a pneumonia vaccination. Reference population: These data refer to the civilian noninstitutionalized population.

### Mammography

Table 22. Percentage of women who reported having had a mammogram within the past 2 years, by selected characteristics, selected years 1987–2008

	1987	1990	1991	1993	1994	1998	1999	2000	2003	2005	2008
Age Groups					Wome	en age 40	and over				
40–49	31.9	55.1	55.6	59.9	61.3	63.4	67.2	64.3	64.4	63.5	61.5
50–64	31.7	56.0	60.3	65.1	66.5	73.7	76.5	78.7	76.2	71.8	74.2
65 and over	22.8	43.4	48.1	54.2	55.0	63.8	66.8	67.9	67.7	63.8	65.5
65–74	26.6	48.7	55.7	64.2	63.0	69.4	73.9	74.0	74.6	72.5	72.6
75 and over	17.3	35.8	37.8	41.0	44.6	57.2	58.9	61.3	60.6	54.7	57.9
Race and Hispan	ic Origin				Wom	nen 65 an	d over				
White, not Hispanic or Latino	24.0	43.8	49.1	54.7	54.9	64.3	66.8	68.3	68.1	64.7	66.1
Black, not Hispanic or Latino	14.1	39.7	41.6	56.3	61.0	60.6	68.1	65.5	65.4	60.5	66.4
Hispanic or Latino	*	41.1	40.9	35.7	48.0	59.0	67.2	68.3	69.5	63.8	59.0
Poverty											
Poor	13.1	30.8	35.2	40.4	43.9	51.9	57.6	54.8	57.0	52.3	49.1
Near poor	19.9	38.6	41.8	47.6	48.8	57.8	60.2	60.3	62.8	56.1	59.4
Nonpoor	29.7	51.5	57.8	63.5	64.0	70.1	72.5	75.0	72.6	70.1	70.5
Education											
No high school diploma or GED	16.5	33.0	37.7	44.2	45.6	54.7	56.6	57.4	56.9	50.7	49.2
High school diploma or GED	25.9	47.5	54.0	57.4	59.1	66.8	68.4	71.8	69.7	64.3	65.7
Some college or more	32.3	56.7	57.9	64.8	64.3	71.3	77.1	74.1	75.1	73.0	75.6

\* Estimates are considered unreliable.

NOTE: Questions concerning use of mammography differed slightly on the National Health Interview Survey across the years for which data are shown. For details, see Health, United States 2009, Appendix II.

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey.

### Diet Quality

Table 23. Average dietary component scores as a percent of federal diet quality standards,<sup>a</sup> population age 65 and older, by age group, 2003–2004

Dietary Components	Age group (Years)					
	65 and older	65–74	75 and older			
Total Healthy Eating Index-2005 score	65	63	67			
Dietary Adequacy Components <sup>a</sup>						
Total Fruit	86	76	100			
Whole Fruit	100	100	100			
Total Vegetables	82	84	80			
Dark Green and Orange Vegetables and Legumes	34	30	38			
Total Grains	100	100	100			
Whole Grains	32	28	34			
Milk	56	52	62			
Meat and Beans	100	100	100			
Oils	76	75	77			
Dietary Moderation Components <sup>b</sup>						
Saturated Fat	62	60	64			
Sodium	34	32	38			
Extra Calories <sup>°</sup>	55	51	62			

<sup>a</sup>Higher scores reflect higher intakes <sup>b</sup>Higher scores reflect lower intakes.

Extra calories from other sources, such as solid fats, added sugars, and alcohol.

NOTE: The Healthy Eating Index-2005 (HEI-2005) comprises 12 components. Scores are averages across all adults and reflect long-term dietary intakes. The scores are expressed here as percentages of recommended dietary intake levels. A score corresponding to 100 percent indicates that the recommendation was met or exceeded, on average. A score below 100 percent indicates that average intake does not meet recommendations. Nine components of the HEI-2005 address nutrient adequacy. The remaining three components assess saturated fat, sodium, and calories from solid fats, alcoholic beverages, and added sugars, all of which should be consumed in moderation. For the adequacy components, higher scores reflect higher intakes; for the moderation components, higher scores reflect lower intakes because lower intakes are more desirable. For all components, a higher percentage indicates a higher-quality diet.

Reference population: These data refer to the resident noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health and Nutrition Examination Survey, 2003–2004 and U.S. Department of Agriculture, Center for Nutrition Policy and Promotion, Healthy Eating Index-2005.

### Physical Activity

Table 24a. Percentage of people age 45 and over who reported engaging in regular leisure time physical activity, by age group, 1997-2008

	65 and over	45–64	65–74	75–84	85 and over
		Per	cent		
1997–1998	20.7	29.1	24.9	17.0	9.0
1999–2000	21.3	28.9	26.1	17.3	9.6
2001–2002	21.6	30.1	26.5	17.9	8.5
2003–2004	22.5	30.5	27.5	19.4	8.4
2005–2006	21.6	29.3	25.7	19.5	9.6
2007–2008	22.1	30.9	25.4	20.6	11.0

NOTE: Data are based on 2-year averages. "Regular leisure time physical activity" is defined as "engaging in light-moderate leisure time physical activity for greater than or equal to 30 minutes at a frequency greater than or equal to five times per week, or engaging in vigorous leisure time physical activity for greater than or equal to 20 minutes at a frequency greater than or equal to three times per week."

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey.

### Table 24b. Percentage of people age 65 and over who reported engaging in regular leisure time physical activity, by selected characteristics, 2007-2008

	Total	Men	Women
	Pe	ercent	
All	21.8	26.9	18.0
White, not Hispanic or Latino	22.8	27.6	19.1
Black, not Hispanic or Latino	12.5	17.4	9.5
Hispanic or Latino	21.0	28.3	15.9
Percent who engage in strengthening exercises	14.3	16.4	12.8

NOTE: Data are based on a 2-year average from 2007–2008. "Regular leisure time physical activity" is defined as "engaging in light–moderate leisure time physical activity for greater than or equal to 30 minutes at a frequency greater than or equal to 5 times per week, or engaging in vigorous leisure time physical activity for greater than or equal to 20 minutes at a frequency greater than or equal to three times per week." Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey

### Obesity

Table 25. Body weight status among persons 65 years of age and over, by sex and age group, selected years 1976-2008

Sex and age group	1976–1980	1988–1994	1999–2000	2001–2002	2003–2004	2005–2006	2007–2008
Overweight				Percent			
Both sexes							
65 and over	na	60.1	69.0	69.1	70.5	68.6	71.2
65–74	57.2	64.1	73.5	73.1	74.0	73.8	73.7
75 and over	na	53.9	62.3	63.5	65.9	61.8	68.3
Men							
65 and over	na	64.4	73.3	73.1	72.1	73.9	77.1
65–74	54.2	68.5	77.2	75.4	76.6	79.5	78.8
75 and over	na	56.5	66.4	69.2	65.2	66.3	75.0
Women							
65 and over	na	56.9	65.6	66.3	69.2	64.6	66.8
65–74	59.5	60.3	70.1	71.3	71.7	69.4	69.8
75 and over	na	52.3	59.6	60.1	66.4	58.7	63.7
Obese							
Both sexes							
65 and over	na	22.2	31.0	29.2	29.7	30.5	32.2
65–74	17.9	25.6	36.3	35.9	34.6	35.0	36.9
75 and over	na	17.0	23.2	19.8	23.5	24.7	26.7
Men							
65 and over	na	20.3	28.7	25.3	28.9	29.7	33.7
65–74	13.2	24.1	33.4	30.8	33.0	32.9	39.9
75 and over	na	13.2	20.4	16.0	22.7	25.3	25.9
Women							
65 and over	na	23.6	32.9	32.1	30.4	31.1	31.1
65–74	21.5	26.9	38.8	40.1	36.1	36.7	34.6
75 and over	na	19.2	25.1	22.1	24.1	24.4	27.3

na: Data not available. NOTE: Data are based on measured height and weight. Height was measured without shoes. Overweight is defined as having a body mass index (BMI) greater than or equal to 25 kilograms/meter<sup>2</sup>. Obese is defined by a BMI of 30 kilograms/meter<sup>2</sup> or greater. The percentage of people who are obese is a subset of the percentage of those who are overweight. See Appendix C for the definition of BMI. Reference population: These data refer to the civilian noninstitutionalized population. SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health and Nutrition Examination Survey.

### Cigarette Smoking

Table 26a. Percentage of men age 45 and over who are current cigarette smokers, by selected characteristics, selected years 1965-2008

		Total		White	Black or At	frican American
Year	45–64	65 and over	45–64	65 and over	45–64	65 and over
Men			Р	ercent		
1965	51.9	28.5	51.3	27.7	57.9	36.4
1974	42.6	24.8	41.2	24.3	57.8	29.7
1979	39.3	20.9	38.3	20.5	50.0	26.2
1983	35.9	22.0	35.0	20.6	44.8	38.9
1985	33.4	19.6	32.1	18.9	46.1	27.7
1987	33.5	17.2	32.4	16.0	44.3	30.3
1988	31.3	18.0	30.0	16.9	43.2	29.8
1990	29.3	14.6	28.7	13.7	36.7	21.5
1991	29.3	15.1	28.0	14.2	42.0	24.3
1992	28.6	16.1	28.1	14.9	35.4	28.3
1993	29.2	13.5	27.8	12.5	42.4	*27.9
1994	28.3	13.2	26.9	11.9	41.2	25.6
1995	27.1	14.9	26.3	14.1	33.9	28.5
1997	27.6	12.8	26.5	11.5	39.4	26.0
1998	27.7	10.4	27.0	10.0	37.3	16.3
1999	25.8	10.5	24.5	10.0	35.7	17.3
2000	26.4	10.2	25.8	9.8	32.2	14.2
2001	26.4	11.5	25.1	10.7	34.3	21.1
2002	24.5	10.1	24.4	9.3	29.8	19.4
2003	23.9	10.1	23.3	9.6	30.1	18.0
2004	25.0	9.8	24.4	9.4	29.2	14.1
2005	25.2	8.9	24.5	7.9	32.4	16.8
2006	24.5	12.6	23.4	12.6	32.6	16.0
2007	22.6	9.3	22.1	8.9	28.4	14.3
2008	24.8	10.5	24.0	9.9	33.6	17.5

\*Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error of 20–30 percent.

NOTE: Data starting in 1997 are not strictly comparable with data for earlier years due to the 1997 NHIS questionnaire redesign. Starting with 1993 data, current cigarette smokers were defined as ever smoking 100 cigarettes in their lifetime and smoking now on every day or some days. See Appendix B for the definiton of race and Hispanic origin in the National Health Interview Survey. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey.

### Cigarette Smoking continued

### Table 26b. Percentage of women age 45 and over who are current cigarette smokers, by selected characteristics, selected years 1965-2008

		Total		Vhite	Black or Af	frican American
Year	45–64	65 and over	45–64	65 and over	45–64	65 and over
Women						
1965	32.0	9.6	32.7	9.8	25.7	7.1
1974	33.4	12.0	33.0	12.3	38.9	*8.9
1979	30.7	13.2	30.6	13.8	34.2	*8.5
1983	31.0	13.1	30.6	13.2	36.3	*13.1
1985	29.9	13.5	29.7	13.3	33.4	14.5
1987	28.6	13.7	29.0	13.9	28.4	11.7
1988	27.7	12.8	27.7	12.6	29.5	14.8
1990	24.8	11.5	25.4	11.5	22.6	11.1
1991	24.6	12.0	25.3	12.1	23.4	9.6
1992	26.1	12.4	25.8	12.6	30.9	*11.1
1993	23.0	10.5	23.4	10.5	21.3	*10.2
1994	22.8	11.1	23.2	11.1	23.5	13.6
1995	24.0	11.5	24.3	11.7	27.5	13.3
1997	21.5	11.5	20.9	11.7	28.4	10.7
1998	22.5	11.2	22.5	11.2	25.4	11.5
1999	21.0	10.7	21.2	10.5	22.3	13.5
2000	21.7	9.3	21.4	9.1	25.6	10.2
2001	21.4	†9.1	21.6	9.4	22.6	9.3
2002	21.1	8.6	21.5	8.5	22.2	9.4
2003	20.2	8.3	20.1	8.4	23.3	8.0
2004	19.8	8.1	20.1	8.2	20.9	6.7
2005	18.8	8.3	18.9	8.4	21.0	10.0
2006	19.3	8.3	18.8	8.4	25.5	9.3
2007	20.0	7.6	20.0	8.0	22.6	6.4
2008	20.5	8.3	20.9	8.6	21.3	8.1

\*Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error of 20–30 percent. †The value for all women includes other races which have a very low rate of cigarette smoking. Thus, the weighted average for all women is slightly lower than that for white women.

NOTE: Data starting in 1997 are not strictly comparable with data for earlier years due to the 1997 NHIS questionnaire redesign. Starting with 1993 data, current cigarette smokers were defined as ever smoking 100 cigarettes in their lifetime and smoking now on every day or some days. See Appendix B for the definiton of race and Hispanic origin in the National Health Interview Survey. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey.

### Cigarette Smoking continued

Sex and age group	All current smokers	Every day smokers	Some day smokers	Former smokers	Non-smokers
		Per	cent		
Both sexes	20.6	16.5	4.2	21.6	57.8
Men					
18–44	25.6	18.9	6.7	13.0	61.4
45–64	24.8	20.2	4.6	28.5	46.7
65 and over	10.5	8.9	1.6	54.6	34.9
Women					
18–44	20.6	16.8	3.8	11.9	67.5
45–64	20.5	17.4	3.1	22.4	57.1
65 and over	8.3	6.5	1.8	30.7	60.9

### Table 26c. Cigarette smoking status of people age 18 and over, by sex and age group, 2008

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey.

# INDICATOR 27

Air Quality

### Table 27a. Percentage of people age 65 and over living in counties with "poor air quality," 2000–2008

Pollutant Measures	2000	2001	2002	2003	2004	2005	2006	2007	2008
				Percent					
Particulate Matter (PM 2.5)	41.0	39.0	38.0	33.0	23.0	35.0	21.0	24.0	11.0
8-hr Ozone	52.0	55.0	54.0	54.0	35.0	52.0	50.0	48.0	36.0
Any standard	62.0	62.0	60.0	59.0	45.0	58.0	54.0	53.0	38.0

NOTE: The term "poor air quality" is defined as air quality concentrations above the level of the National Ambient Air Quality Standards (NAAQS). The term "any standard" refers to any NAAQS for ozone, particulate matter, nitrogen dioxide, sulfur dioxide, carbon monoxide, and lead. In 2008, EPA strengthened the national standard for 8-hour ozone to 0 075 ppm and the national standard for lead to 0.15 µg/m3. This figure includes people living in counties that monitored ozone and lead concentrations above the new levels. This results in percentages that are not comparable to previous publications.

Reference population: These data refer to the resident population.

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# INDICATOR 27

### Air Quality continued

### Table 27b. Counties with "poor air quality" for any standard in 2008

State	County	State	County
Alabama	Jefferson County	California	Orange County
Alabama	Mobile County	California	Placer County
Alabama	P ke County	California	Plumas County
Alabama	She by County	California	Riverside County
Alaska	Fairbanks North Star Borough	California	Sacramento County
Arizona	Cochise County	California	San Benito County
Arizona	Gila County	California	San Bernardino County
Arizona	La Paz County	California	San Diego County
Arizona	Maricopa County	California	San Joaquin County
Arizona	Pinal County	California	San Luis Obispo County
Arizona	Santa Cruz County	California	Shasta County
Arizona	Yuma County	California	Solano County
California	Alameda County	California	Stanislaus County
California	Amador County	California	Sutter County
California	Butte County	California	Tehama County
California	Calaveras County	California	Trinity County
California	Contra Costa County	California	Tulare County
California	El Dorado County	California	Tuolumne County
California	Fresno County	California	Ventura County
California	Imperial County	California	Yolo County
California	Inyo County	Colorado	Adams County
California	Kern County	Colorado	Alamosa County
California	Kings County	Colorado	Boulder County
California	Lake County	Colorado	Douglas County
California	Los Angeles County	Colorado	Jefferson County
California	Madera County	Colorado	Larimer County
California	Mariposa County	Colorado	Prowers County
California	Merced County	Connecticut	Fairfield County
California	Mono County	Connecticut	Hartford County
California	Nevada County	Connecticut	Litchfield County

NOTE: The term "poor air quality" is defined as air quality concentrations above the level of the National Ambient Air Quality Standards (NAAQS). The term "any standard" refers to any NAAQS for ozone, particulate matter, nitrogen dioxide, sulfur dioxide, carbon monoxide, and lead. Reference population: These data refer to the resident population.

### Air Quality continued

### Table 27b. Counties with "poor air quality" for any standard in 2008 (continued)

State	County	State	County
Connecticut	Middlesex County	Maryland	Prince George's County
Connecticut	New Haven County	Maryland	Baltimore city
Connecticut	New London County	Massachusetts	Bristol County
Connecticut	Tolland County	Massachusetts	Dukes County
Delaware	Kent County	Massachusetts	Essex County
Delaware	New Castle County	Massachusetts	Hampden County
Delaware	Sussex County	Massachusetts	Hampshire County
District of Columbia	District of Columbia	Massachusetts	Norfolk County
Florida	Hillsborough County	Massachusetts	Worcester County
Florida	Pasco County	Michigan	Wayne County
Florida	Santa Rosa County	Minnesota	Dakota County
Florida	Sarasota County	Minnesota	Ramsey County
Georgia	B bb County	Minnesota	Washington County
Georgia	Clarke County	Mississippi	Harrison County
Georgia	DeKalb County	Mississippi	Jackson County
Georgia	Dougherty County	Missouri	Iron County
Georgia	Douglas County	Missouri	Jefferson County
Georgia	Fayette County	Missouri	St. Charles County
Georgia	Fulton County	Missouri	St. Louis city
Georgia	Gwinnett County	Nevada	Clark County
Georgia	Hall County	Nevada	Nye County
Georgia	Henry County	Nevada	Washoe County
Georgia	Murray County	New Hampshire	Hillsborough County
Georgia	Richmond County	New Jersey	Bergen County
Georgia	Rockdale County	New Jersey	Camden County
Hawaii	Hawaii County	New Jersey	Cumberland County
Idaho	Power County	New Jersey	Gloucester County
Idaho	Shoshone County	New Jersey	Hudson County
Illinois	Madison County	New Jersey	Hunterdon County
Indiana	Delaware County	New Jersey	Mercer County
Kentucky	Oldham County	New Jersey	Middlesex County
Louisiana	Iberville Parish	New Jersey	Monmouth County
Louisiana	Pointe Coupee Parish	New Jersey	Morris County
Louisiana	St. Tammany Parish	New Jersey	Ocean County
Maryland	Anne Arundel County	New Jersey	Passaic County
Maryland	Baltimore County	New Mexico	Dona Ana County
Maryland	Calvert County	New Mexico	Luna County
Maryland	Carroll County	New York	Albany County
Maryland	Cecil County	New York	Bronx County
Maryland	Charles County	New York	Chautauqua County
Maryland	Harford County	New York	Dutchess County
Maryland	Kent County	New York	Erie County
Maryland	Montgomery County	New York	Monroe County

NOTE: The term "poor air quality" is defined as air quality concentrations above the level of the National Ambient Air Quality Standards (NAAQS). The term "any standard" refers to any NAAQS for ozone, particulate matter, nitrogen dioxide, sulfur dioxide, carbon monoxide, and lead. Reference population: These data refer to the resident population.

### Air Quality continued

### Table 27b. Counties with "poor air quality" for any standard in 2008 (continued)

State	County	State	County
New York	New York County	Ohio	Warren County
New York	Orange County	Ohio	Washington County
New York	Putnam County	Oklahoma	Oklahoma County
New York	Queens County	Oklahoma	Tulsa County
New York	Saratoga County	Oregon	Harney County
New York	Suffolk County	Oregon	Klamath County
New York	Westchester County	Oregon	Lake County
North Carolina	Alexander County	Oregon	Lane County
North Carolina	Caswell County	Pennsylvania	Adams County
North Carolina	Davie County	Pennsylvania	Allegheny County
North Carolina	Durham County	Pennsylvania	Armstrong County
North Carolina	Forsyth County	Pennsylvania	Beaver County
North Carolina	Franklin County	Pennsylvania	Berks County
North Carolina	Graham County	Pennsylvania	Bucks County
North Carolina	Granville County	Pennsylvania	Chester County
North Carolina	Guilford County	Pennsylvania	Clearfield County
North Carolina	Haywood County	Pennsylvania	Dauphin County
North Carolina	Johnston County	Pennsylvania	Delaware County
North Carolina	Lincoln County	Pennsylvania	Indiana County
North Carolina	Mecklenburg County	Pennsylvania	Lackawanna County
North Carolina	New Hanover County	Pennsylvania	Lancaster County
North Carolina	Person County	Pennsylvania	Lehigh County
North Carolina	Pitt County	Pennsylvania	Lycoming County
North Carolina	Rockingham County	Pennsylvania	Mercer County
North Carolina	Rowan County	Pennsylvania	Monroe County
North Carolina	Union County	Pennsylvania	Montgomery County
North Carolina	Wake County	Pennsylvania	Northampton County
North Carolina	Yancey County	Pennsylvania	Perry County
Ohio	Butler County	Pennsylvania	Philadelphia County
Ohio	Clinton County	Pennsylvania	Washington County
Ohio	Cuyahoga County	Pennsylvania	York County
Ohio	Franklin County	Rhode Island	Providence County
Ohio	Fulton County	Rhode Island	Washington County
Ohio	Geauga County	South Carolina	Cherokee County
Ohio	Hamilton County	South Carolina	Darlington County
Ohio	Lake County	South Carolina	Pickens County
Ohio	Lawrence County	South Carolina	Richland County
Ohio	Montgomery County	South Carolina	Spartanburg County
Ohio	Stark County	Tennessee	Blount County
Ohio	Summit County	Tennessee	Hamilton County
Ohio	Trumbull County	Tennessee	Knox County

NOTE: The term "poor air quality" is defined as air quality concentrations above the level of the National Ambient Air Quality Standards (NAAQS). The term "any standard" refers to any NAAQS for ozone, particulate matter, nitrogen dioxide, sulfur dioxide, carbon monoxide, and lead. Reference population: These data refer to the resident population.

### Air Quality continued

State	County	State	County
Tennessee	Loudon County	Virginia	Arlington County
Tennessee	Sevier County	Virginia	Caroline County
Tennessee	Shelby County	Virginia	Charles City County
Tennessee	Sullivan County	Virginia	Chesterfield County
Tennessee	Sumner County	Virginia	Fairfax County
Tennessee	Wilson County	Virginia	Hanover County
Texas	Bexar County	Virginia	Henrico County
Texas	Brazoria County	Virginia	Loudoun County
Texas	Collin County	Virginia	Madison County
Texas	Dallas County	Virginia	Hampton city
Texas	Denton County	Virginia	Norfolk city
Texas	El Paso County	Virginia	Suffolk city
Texas	Harris County	Virginia	Virginia Beach city
Texas	Jefferson County	Washington	Pierce County
Texas	Johnson County	Washington	Stevens County
Texas	Parker County	Washington	Yakima County
Texas	Tarrant County	West Virginia	Brooke County
Texas	Webb County	West Virginia	Hancock County
Utah	Box Elder County	West Virginia	Kanawha County
Utah	Cache County	Wisconsin	Vilas County
Utah	Davis County	Wyoming	Sublette County
Utah	Salt Lake County	Wyoming	Sweetwater County
Utah	Utah County		
Utah	Weber County		

### Table 27b. Counties with "poor air quality" for any standard in 2008 (continued)

NOTE: The term "poor air quality" is defined as air quality concentrations above the level of the National Ambient Air Quality Standards (NAAQS). The term "any standard" refers to any NAAQS for ozone, particulate matter, nitrogen dioxide, sulfur dioxide, carbon monoxide, and lead. Reference population: These data refer to the resident population.

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# INDICATOR 28

### Use of Time

Table 28a. Percentage of day that people age 55 and over spent doing selected activities on an average day, by age group, 2008

	55-	-64	65-	-74	75 and over		
Selected leisure activities	Average hours per day	hours of day		Percent of day	Average hours per day	Percent of day	
Sleeping	8.3	34.4	8.8	36.5	9.1	38.1	
Leisure activities	5.7	23.6	7.1	29.7	7.6	31.7	
Work and work-related activities	3.5	14.7	1.2	5.1	0.4	1.5	
Household activities	2.1	8.7	2.3	9.5	2.3	9.7	
Caring for and helping others	0.6	2.5	0.4	1.7	0.2	0.9	
Eating and drinking	1.3	5.6	1.5	6.1	1.5	6.3	
Purchasing goods and services	0.9	3.6	0.9	3.8	0.8	3.1	
Grooming	0.7	2.8	0.6	2.6	0.7	2.8	
Other activities	1.0	4.1	1.2	5.0	1.4	5.6	

NOTE: "Other activities" includes activities such as educational activities; organizational, civic and religious activities; and telephone calls. Table includes people who did not work at all. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Bureau of Labor Statistics, American Time Use Survey.

### Table 28b. Percentage of total leisure time that people age 55 and over spent doing selected leisure activities on an average day, by age group, 2008

	55-	-64	65-	-74	75 and over		
Selected leisure activities	Average hours per day	Percent of day	Average hours per day	Percent of day	Average hours per day	Percent of day	
Socializing and communicating	0.7	12.5	0.7	10.2	0.6	8.3	
Watching TV	3.3	57.8	4.0	56.3	4.2	55.2	
Participation in sports, exercise, and recreation	0.2	4.1	0.3	4.2	0.2	2.3	
Relaxing and thinking	0.3	5.0	0.4	6.3	0.7	9.7	
Reading	0.5	9.3	0.8	11.0	1.0	13.7	
Other leisure activities (including related travel)	0.6	11.3	0.8	11.9	0.8	10.9	

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Bureau of Labor Statistics, American Time Use Survey.

### Use of Health Care Services

	Utilization Measure									
Year	Hospital stays	Skilled nursing facility stays	Physician visits and consultations	Home health care visits	Average length of hospital stay					
			Days							
1992	306	28	11,359	3,822	8.4					
1993	300	33	11,600	4,648	8.0					
1994	331	43	12,045	6,352	7.5					
1995	336	50	12,372	7,608	7.0					
1996	341	59	12,478	8,376	6.6					
1997	351	67	na	8,227	6.3					
1998	354	69	13,061	5,058	6.1					
1999	365	67	na	3,708	6.0					
2000	361	67	13,346	2,913	6.0					
2001	364	69	13,685	2,295	5.9					
2002	361	72	13,863	2,358	5.9					
2003	359	74	13,519	2,440	5.8					
2004	353	75	13,776	2,594	5.7					
2005	350	79	13,914	2,770	5.7					
2006	343	80	na	3,072	5.6					
2007	336	81	na	3,409	5.6					

na: Data not available.

Trat. Joint mot available.
NOTES: Data are for Medicare enrollees in fee-for-service only. Physician visits and consultations include all settings, such as physician offices, hospitals, emergency rooms, and nursing homes. The definition of physician visits and consultations changed beginning in 2003, resulting in a slightly lower rate. Beginning in 1994, managed care enrollees were excluded from the denominator of all utilization rates because utilization data are not available for them. Prior to 1994, managed care enrollees were included in the denominators; they comprised 7% or less of the Medicare population.
Reference population: These data refer to Medicare enrollees.
COLUDEC: Constant Gen Medicare and Medicare letting and the denominator of the denominator of the denominator.

SOURCE: Centers for Medicare and Medicaid Services, Medicare claims and enrollment data.

### Table 29b. Use of Medicare-covered home health and skilled nursing facility services by Medicare enrollees age 65 and over, by age group, 2007

		Age	
Utilization measure	65–74	75–84	85 and over
		Rate per 1,000 enrollees	
Skilled nursing facility stays	32	94	227
Home health care visits	1,713	4,156	7,333

NOTE: Data are for Medicare enrollees in fee-for-service only. Reference population: These data refer to Medicare enrollees.

SOURCE: Centers for Medicare and Medicaid Services, Medicare claims and enrollment data.

### Health Care Expenditures

Table 30a. Average annual health care costs for Medicare enrollees age 65 and over, in 2006 dollars, by age group, 1992-2006

		Ag	ge	
Year	Total	65–74	75–84	85 and over
		Dol	lars	
1992	\$9,224	\$6,864	\$10,094	\$17,841
1993	9,886	7,171	11,300	18,494
1994	10,653	7,871	11,800	19,966
1995	11,146	8,111	12,197	21,084
1996	11,273	8,160	12,690	20,641
1997	11,522	8,140	12,800	20,876
1998	11,247	7,869	12,512	21,014
1999	11,562	8,778	12,260	20,305
2000	12,001	8,937	13,082	20,691
2001	12,663	9,628	14,081	21,126
2002	13,588	10,473	14,756	22,027
2003	13,714	10,385	15,327	21,550
2004	13,932	10,356	15,172	23,384
2005	na	na	na	na
2006	15,081	11,287	16,855	23,664

na: Data not available.

NOTES: Data include both out-of-pocket costs and costs covered by insurance. Dollars are inflation-adjusted to 2006 using the Consumer Price Index (Series CPI-U-RS). Reference population: These data refer to Medicare enrollees.

SOURCE: Medicare Current Beneficiary Survey.

### Table 30b. Major components of health care costs among Medicare enrollees age 65 and over, 1992 and 2006

	1992		2006			
Cost component	Average cost in dollars	Percent	Average cost in dollars	Percent		
Total	\$6,551	100	\$15,081	100		
Inpatient hospital	2,107	32	3,695	25		
Physician/outpatient hospital	2,071	32	5,246	35		
Nursing home/long-term institution	1,325	20	2,034	13		
Home health care	244	4	442	3		
Prescription drugs	522	8	2,351	16		
Other (short-term institution/hospice/dental)	282	4	1,313	9		

NOTES: Data include both out-of-pocket costs and costs covered by insurance. Dollars are not inflation adjusted. Reference population: These data refer to Medicare enrollees.

SOURCE: Medicare Current Beneficiary Survey.

### Health Care Expenditures continued

Table 30c. Average annual health care costs among Medicare enrollees age 65 and over, by selected characteristics, 2006

Characteristics	Average cost in dollars
Total	\$15,081
Race and ethnicity	
Non-Hispanic white	\$14,980
Non-Hispanic black	\$18,098
Hispanic	\$14,144
Other	\$13,350
Institutional status	
Community	\$12,383
Institution	\$57,022
Annual income	
< \$10,000	\$21,033
\$10,000-\$20,000	\$16,674
\$20,001-\$30,000	\$13,881
\$30,001 and over	\$12,440
Chronic conditions	
0	\$5,186
1–2	\$9,971
3–4	\$16,936
5 and over	\$25,132
Veteran status (men only)	
Yes	\$14,424
No	\$15,114

stics,

NOTE: Data include both out-of-pocket costs and costs covered by insurance. See Appendix B for the definition of race and Hispanic origin in the Medicare Current Beneficiary Survey. Chronic conditions include cancer (other than skin cancer), stroke, diabetes, heart disease, hypertension, arthritis, and respiratory conditions (emphysema, asthma, chronic obstructive pulmonary disease). Annual income includes that of respondent and spouse. Reference population: These data refer to Medicare enrollees.

SOURCE: Medicare Current Beneficiary Survey.

### Table 30d. Major components of health care costs among Medicare enrollees age 65 and over, by age group, 2006

	Age							
Cost component	65–74	75–84	85 and over					
		Average cost in dollars						
Total	\$11,287	\$16,855	\$23,664					
Inpatient hospital	2,763	4,403	5,150					
Physician/outpatient hospital	4,738	6,051	5,070					
Nursing home/long-term institution	547	1,969	7,182					
Home health care	216	479	1,115					
Prescription drugs	2,370	2,508	1,935					
Other (short-term institution/hospice/ dental)	654	1,446	3,211					

NOTE: Data include both out-of-pocket costs and costs covered by insurance.

Reference population: These data refer to Medicare enrollees.

SOURCE: Medicare Current Beneficiary Survey.

### Health Care Expenditures continued

Table 30e. Percentage of noninstitutionalized Medicare enrollees age 65 and older who reported problems with access to health care, 1992-2005

Reported problems	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
Percent														
Difficulty obtaining care	3.1	2.6	2.6	2.6	2.3	2.4	2.4	2.8	2.9	2.8	2.5	2.3	2.3	2.5
Delayed getting care due to cost	9.8	9.1	7.6	6.8	5.5	4.8	4.4	4.7	4.8	5.1	6.1	5.3	5.3	4.8

Reference population: These data refer to Medicare enrollees. SOURCE: Medicare Current Beneficiary Survey.<sup>1</sup>

MCBS Project. (2008). Health and Health Care of the Medicare Population: Data from the 2005 Medicare Current Beneficiary Survey.

(Prepared under contract to the Centers for Medicare and Medicaid Services). Rockville, MD: Westat.

# INDICATOR 31

### **Prescription Drugs**

Table 31a. Average prescription drug costs and sources of payment among noninstitutionalized Medicare enrollees age 65 and over, 1992-2004

	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	
	Average cost in dollars													
Total	\$570	\$756	\$802	\$841	\$907	\$991	\$1,147	\$1,284	\$1,469	\$1,647	\$1,827	\$1,963	\$2,107	
Out of pocket	343	439	436	441	451	491	530	565	616	658	721	736	763	
Private	145	190	220	248	302	323	401	449	512	573	666	747	810	
Public	82	127	146	152	155	177	215	270	341	416	441	480	534	

NOTE: Dollars have been inflation-adjusted to 2004 using the Consumer Price Index (Series CPI-U-RS). Reported costs have been adjusted by a factor of 1.205 to account for underreporting of prescription drug use. Public programs include Medicare, Medicaid, Department of Veterans Affairs, and other state and federal programs. Data for 2005 and 2006 were not available in time to include in this report. Reference population: These data refer to Medicare enrollees.

SOURCE: Centers for Medicare and Medicaid Services, Medicare Current Beneficiary Survey.

### Table 31b. Distribution of annual prescription drug costs among noninstitutionalized Medicare enrollees age 65 and over, 2004

Cost in dollars	Percent of enrollees
Total	100.0
\$0	7.8
1–499	20.0
500–999	16.3
1,000–1,499	12.8
1,500–1,999	11.0
2,000–2,499	8.2
2,500 or more	23.9

NOTE: Reported costs have been adjusted by a factor of 1 205 to account for underreporting of prescription drug use. Data for 2005 and 2006 were not available in time to include in this report Reference population: These data refer to Medicare enrollees.

### Prescription Drugs continued

Part D benefit categories	June 2006	December 2009
All Medicare enrollees age 65 or over	36,052,991	38,909,142
Enrollees in prescription drug plans	18,245,980	22,183,470
Type of plan		
Stand-alone plan	12,583,676	13,530,371
Medicare Advantage plan	5,662,304	8,653,099
Low-income subsidy		
Yes	5,935,532	6,086,550
No	12,310,448	16,096,920
Retiree drug subsidy	6,498,163	6,187,111
Other	11,308,848	10,538,561

Table 31c. Number of Medicare enrollees age 65 and over who enrolled in Part D prescription drug plans or who were covered by retiree drug subsidy payments, June 2006 and December 2009

Reference population: These data refer to Medicare enrollees.

SOURCE: Centers for Medicare and Medicaid Services, Management Information Integrated Repository.

Table 31d. Average prescription drug costs among noninstitutionalized Medicare enrollees age 65 and over, by
selected characteristics, 2000, 2002, and 2004

Characteristic	2000	2002	2004
		Average cost in dollars	
Number of chronic conditions			
0	\$551	\$650	\$800
1–2	1,153	1,417	1,741
3–4	2,030	2,459	2,845
5 and over	2,772	3,502	3,862
Annual income			
<\$10,001	1,383	1,838	1,938
\$10,001-\$20,000	1,402	1,749	2,080
\$20,001-\$30,000	1,571	1,892	2,138
More than \$30,000	1,520	1,850	2,189

NOTE: Dollars have been inflation adjusted to 2004 using the Consumer Price Index (CPI-U-RS). Reported costs have been adjusted by a factor of 1.205 to account for underreporting of prescription drug use. Chronic conditions include cancer (other than skin cancer), stroke, diabetes, heart disease, hypertension, arthritis, and respiratory conditions (emphysema/asthma/chronic obstructive pulmonary disease). Annual income includes that of respondent and spouse. Data for 2005 and 2006 were not available in time to include in this report. Reference population: These data refer to Medicare enrollees.

### Sources of Health Insurance

Table 32a. Percentage of noninstitutionalized Medicare enrollees age 65 and over with supplemental health insurance, by type of insurance, 1991–2007

	Types of supplemental insurance									
Year	Private (employer or union sponsored)	Private (Medigap)*	HMO Medicaid		Other public	No supplement				
			Percent							
1991	40.7	44.8	6.3	8.9	4.0	11.3				
1992	41.0	45.0	5.9	9.0	5.3	10.4				
1993	40.8	45.3	7.7	9.4	5.8	9.7				
1994	40.3	45.2	9.1	9.9	5.5	9.3				
1995	39.1	44.3	10.9	10.1	5.0	9.1				
1996	37.8	38.6	13.8	9.5	4.8	9.4				
1997	37.6	35.8	16.6	9.4	4.7	9.2				
1998	37.0	33.9	18.6	9.6	4.8	8.9				
1999	35.8	33.2	20.5	9.7	5.1	9.0				
2000	35.9	33.5	20.4	9.9	4.9	9.7				
2001	36.0	34.5	18.0	10.6	5.4	10.1				
2002	36.1	37.5	15.5	10.7	5.5	12.3				
2003	36.1	34.3	14.8	11.6	5.7	11.8				
2004	36.6	33.7	15.6	11.3	5.2	12.6				
2005	36.1	34.6	15.5	11.8	5.6	12.0				
2006	34.9	32.5	20.7	11.9	4.3	12.5				
2007	35.3	31.5	21.8	11.9	4.0	13.3				

\* Includes people with private supplement of unknown sponsorship.

NOTE: HMOs include Health Maintenance Organizations (HMOs), Preferred Provider Organizations (PPOs), and private fee-for-service plans (PFFSs). Not all types of plans were available in all years. Since 2003 these types of plans have been known collectively as Medicare Advantage. Estimates are based on enrollees' insurance status in the fall of each year. Categories are not mutually exclusive (i.e., individuals may have more than one supplemental policy). Table excludes enrollees whose primary insurance is not Medicare (approximately 1 to 2 percent of enrollees). Medicaid coverage was determined from both survey responses and Medicare administrative records.

Reference population: These data refer to Medicare enrollees

SOURCE: Centers for Medicare and Medicaid Services, Medicare Current Beneficiary Survey.

# Table 32b. Percentage of people age 55–64 with health insurance coverage, by type of insurance and poverty status, 2008

		Poverty Threshold						
Type of Insurance	Total	99 percent or less	100–199 percent	200 percent				
Private	73.6	16.4	40.0	85.3				
Medicaid	6.6	39.8	14.5	1.8				
Medicare	4.3	7.6	13.6	2.4				
Other coverage	3.7	5.2	5.2	3.3				
Uninsured	11.8	31.0	26.7	7.2				

NOTE: Poverty status is based on family income and family size using the U.S. Census Bureau's poverty thresholds. Below poverty (99 percent or less) is defined as people living below the poverty threshold. People living above poverty are divided between those with incomes between 100-199 percent of the poverty threshold and those with incomes of 200 percent or more of the poverty threshold. A multiple imputation procedure was performed for the missing family income data (unknown poverty). A detailed description of the multiple imputation procedure is available from http://www.cdc.gov/inchs/nhis htm via the Imputed Income Files link under data year 2006. Classification of health insurance is based on a hierarchy of mutually exclusive categories. Health insurance categories are mutually exclusive. Persons who reported both Medicaid and private coverage are classified as having private coverage. Starting with 1997 data, state-sponsored health plan coverage. In addition to private and Medicaid, the Other Insurance category includes military and other government. Persons not covered by private insurance, Medicaid, CHIP, state-sponsored or other government-sponsored health plans (starting in 1997), Medicare, or military plans are considered to have no health insurance coverage. Persons with only Indian Health Service coverage are considered to have no health insurance coverage. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey.

# Out-of-Pocket Health Care Expenditures

Table 33a. Percentage of people age 55 and over with out-of-pocket expenditures for health care service use, by age	
group, 1977, 1987, 1996, 2000–2006	

Age Group	1977	1987	1996	2000	2001	2002	2003	2004	2005	2006
					Percent					
65 and over	83.3	88.6	92.4	93.6	94.7	94.4	94.7	95.5	95.0	95.0
55–64	81.9	84.0	89.6	90.2	90.4	90.9	90.4	90.0	90.5	88.9
55–61	81.6	83.9	89.5	89.4	90.2	90.7	89.6	89.5	89.6	88.4
62–64	82.6	84.3	89.7	92.4	91.1	91.3	92.7	91.6	93.3	90.6
65–74	83.4	87.9	91.8	93.3	94.1	94.4	93.7	95.1	94.2	94.1
75–84	83.8	90.0	92.9	93.5	95.6	94.6	95.7	95.8	96.1	96.2
85 and over	80.8	88.6	93.9	95.2	94.6	93.8	95.8	96.3	95.1	95.5

NOTE: Out-of-pocket health care expenditures exclude personal spending for health insurance premiums. Data for the 1987 survey have been adjusted to permit comparability across years; for details, see Zuvekas and Cohen.<sup>51</sup> Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Agency for Healthcare Research and Quality, Medical Expenditure Panel Survey (MEPS) and MEPS predecessor surveys.

Table 33b. Out-of-pocket health care expenditures as a percentage of household income, among people age 55 and over, by selected characteristics, 1977, 1987, 1996, 2000-2006

· •		•								
Selected Characteristic	1977	1987	1996	2000	2001	2002	2003	2004	2005	2006
Total					Perc	ent				
65 and over	7.2	8.8	8.4	9.1	10.0	10.8	11.6	11.6	10.9	10.0
55–64	5.2	5.8	7.1	7.0	7.6	7.1	7.3	7.5	7.1	7.1
55–61	5.1	5.7	6.2	6.1	6.9	6.6	6.9	7.1	6.7	6.6
62–64	5.5	5.9	9.5	9.3	9.6	8.5	8.4	8.8	8.2	8.5
65–74	6.4	7.2	7.7	8.1	8.7	9.5	9.2	10.7	9.2	9.1
75–84	8.8	11.0	9.0	10.4	11.4	11.9	13.4	11.8	12.5	10.5
85 and over	7.9	12.0	9.8	10.1	11.8	12.7	16.4	14.9	13.0	12.2
Income Category										
Poor/near poor										
65 and over	12.3	15.8	19.2	22.6	23.5	27.6	27.8	29.3	27.6	28.1
55–64	16.1	18.1	30.0	29.9	31.2	27.1	29.9	30.0	27.7	28.8
55–61	17.5	19.8	27.6	28.1	29.6	26.5	30.0	29.6	27.9	27.7
62–64	13.3	14.0	34.3	(B)	34.9	28.5	29.9	30.9	27.3	31.5
65–74	11.0	13.7	21.6	24.4	25.7	27.7	23.4	29.0	26.2	29.4
75–84	14.4	19.0	18.3	22.9	23.3	28.4	30.2	29.4	28.6	27.9
85 and over	12.4	14.7	(B)	17.6	18.7	25.7	32.4	30.0	28.6	24.9
Low/middle/high										
65 and over	5.4	7.0	5.6	6.3	7.3	7.2	8.0	8.1	7.4	6.0
55–64	3.9	3.7	3.2	3.4	4.2	4.1	4.5	4.1	4.2	4.0
55–61	3.7	3.4	2.9	3.1	3.9	3.8	4.2	4.0	3.9	3.8
62–64	4.2	4.6	3.8	4.3	5.3	5.0	5.5	4.8	5.3	4.8
65–74	5.0	5.9	4.9	5.6	6.2	6.4	6.9	7.4	6.2	5.2
75–84	6.2	8.4	6.3	6.9	8.4	8.2	9.1	8.2	8.8	6.5
85 and over	5.2	10.9	7.8	7.6	9.3	7.9	10.3	11.1	8.2	8.2

### Out-of-Pocket Health Care Expenditures continued

Table 33b. Out-of-pocket health care expenditures as a percentage of household income, among people age 55 and over, by selected characteristics, 1977, 1987, 1996, 2000–2006 (continued)

					-	-							
Selected Characteristic	1977	1987	1996	2000	2001	2002	2003	2004	2005	2006			
	Percent												
Health Status Category													
Poor or fair health													
65 and over	9.5	11.0	11.7	13.1	13.9	14.6	16.0	15.2	15.5	12.9			
55–64	8.7	8.5	13.0	14.1	13.6	13.3	13.3	13.8	12.7	13.2			
55–61	8.8	9.0	11.8	12.8	12.9	12.8	12.4	13.5	11.8	12.9			
62–64	8.6	7.6	15.9	17.4	15.2	14.7	15.9	14.7	15.3	14.0			
65–74	8.7	10.0	10.7	11.8	13.5	14.4	13.8	14.3	14.3	13.1			
75–84	11.3	12.4	11.8	14.6	14.7	15.2	17.5	15.4	17.1	13.0			
85 and over	8.9	12.2	(B)	13.8	13.2	13.5	19.5	17.9	14.5	12.2			
Excellent, very good, or	good hea	alth											
65 and over	6.1	7.1	6.6	6.7	7.6	8.4	8.9	9.4	8.1	8.2			
55–64	3.9	4.6	5.0	4.0	5.2	4.6	5.0	5.0	4.9	4.8			
55–61	3.9	4.5	4.1	3.5	4.8	4.4	4.9	4.5	4.6	4.3			
62–64	4.1	4.9	7.3	5.6	6.6	5.6	5.4	6.4	5.6	6.3			
65–74	5.3	5.4	6.3	6.2	6.2	7.1	6.9	8.9	6.6	7.1			
75–84	7.5	9.7	7.2	7.5	9.1	9.6	10.7	9.3	9.2	8.8			
85 and over	7.6	11.8	6.4	7.1	10.6	11.9	13.9	12.8	11.9	12.2			

(B) Base is not large enough to produce reliable results

NOTE: Out-of-pocket health care expenditures exclude personal spending for health insurance premiums. Including expenditures for out-of-pocket premiums in the estimates of out-of-pocket spending would increase the percentage of household income spent on health care in all years. People are classified into the "poor/near poor" income category if their household income is below 125 percent of the poverty level; otherwise, people are classified into the "low/middle/high" income category. The poverty level is calculated according to the U.S. Census Bureau guidelines for the corresponding year. The ratio of a person's out-of-pocket expenditures to their household income was calculated based on the person's per capita household income. For people whose ratio of out-of-pocket expenditures to income exceeded 100 percent, the ratio was calculated based on the person's per capita household income. For people whose ratio of out-of-pocket expenditures to a set to 200 percent, the ratio was calculated based on the person's per capita household income. For people with zero income (or negative income) the ratio was set at 100 percent. For people with no out-of-pocket expenditures from the ratio was set to zero. These methods differ from what was used in *Older Americans 2004*, which excluded persons with no out-of-pocket expenditures from the calculations (17 percent of the population 65 and older in 1977, and 4.5 percent of the population age 65 and older in 2004). Data from the 1987 survey have been adjusted to permit comparability across years; for details see Zuvekas and Cohen.<sup>51</sup>

SOURCE: Agency for Healthcare Research and Quality, Medical Expenditure Panel Survey (MEPS) and MEPS predecessor surveys.

### Out-of-Pocket Health Care Expenditures continued

# Table 33c. Distribution of total out-of-pocket health care expenditures among people age 55 and over, by type of health care services and age group, 2000–2006

Type of health care service, by year	65 and over	55–64	55–61	62–64	65–74	75–84	85 and over
2000							
Hospital care	6.4	8.5	7.5	*11.0	7.3	4.6	8.6
Office-based medical provider services	9.8	18.9	19.8	16.7	11.6	9.0	6.0
Dental services	15.8	20.0	21.3	17.0	17.5	15.9	9.6
Prescription drugs	53.6	44.7	44.0	46.5	57.1	51.5	48.0
Other health care	14.3	7.8	7.5	8.7	6.6	19.0	27.9
2001							
Hospital care	5.4	9.8	9.4	10.7	5.2	5.8	*4.8
Office-based medical provider services	9.4	19.8	19.9	19.7	10.5	9.6	6.0
Dental services	13.0	18.6	20.0	15.2	15.6	11.9	8.3
Prescription drugs	56.0	45.7	44.3	48.9	57.2	58.9	45.1
Other health care	16.2	6.1	6.4	5.5	11.5	13.8	*35.8
2002							
Hospital care	5.0	10.2	9.2	13.1	4.6	5.5	5.1
Office-based medical provider services	10.5	21.3	21.6	20.3	12.3	9.3	7.8
Dental services	14.0	18.1	18.3	17.7	17.6	12.3	6.2
Prescription drugs	58.2	43.8	43.5	44.7	57.9	56.6	65.5
Other health care	12.3	6.6	7.4	4.3	7.7	16.3	15.4
2003							
Hospital care	5.2	9.2	8.8	10.1	5.9	4.5	5.1
Office-based medical provider services	8.7	18.8	18.3	19.9	9.4	9.1	5.4
Dental services	11.8	16.7	16.7	16.9	14.5	9.5	9.5
Prescription drugs	58.3	48.5	49.0	47.5	61.3	54.5	59.8
Other health care	16.0	6.8	7.3	5.6	8.9	22.4	20.2
2004							
Hospital care	5.0	9.2	10.1	6.9	5.1	4.5	*5.9
Office-based medical provider services	10.1	20.1	18.7	23.6	12.4	9.2	5.3
Dental services	11.8	16.9	18.5	12.8	13.2	12.0	7.5
Prescription drugs	61.4	46.0	45.0	48.7	61.9	64.8	51.9
Other health care	11.8	7.8	7.7	8.1	7.4	9.5	29.5

\* Indicates the relative standard error is greater than 30 percent.

NOTE: Out-of-pocket health care expenditures exclude personal spending for health insurance premiums. Hospital care includes hospital inpatient care and care provided in hospital outpatient departments and emergency rooms. Office-based medical provider services include services provided by medical providers in non-hospital-based medical offices or clinic settings. Dental services include care provided by any type of dental provider. Prescription drugs include prescribed medications purchased, including refills. Other health care includes care provided by home health agencies and independent home health providers and expenses for eyewear, ambulance services, orthopedic items, hearing devices, prostheses, bathroom alds, medical equipment, disposable supplies, and other miscellaneous services. The majority of expenditures in the "other" category are for home health services and eyeglasses. Figures might not sum to 100 percent because of rounding. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Agency for Healthcare Research and Quality, Medical Expenditure Panel Survey (MEPS).

### Out-of-Pocket Health Care Expenditures continued

Table 33c. Distribution of total out-of-pocket health care expenditures among people age 55 and over, by type of health care services and age group, 2000–2006 (continued)

Type of health care service, by year	65 and over	55–64	55–61	62–64	65–74	75–84	85 and over
2005							
Hospital care	5.4	12.2	12.8	10.8	5.1	5.7	5.4
Office-based medical provider services	11.4	19.6	19.6	19.9	11.4	12.3	8.7
Dental services	15.3	15.7	16.3	14.3	19.4	12.6	9.8
Prescription drugs	57.8	45.9	44.7	49.0	57.9	59.1	53.3
Other health care	10.1	6.5	6.7	6.1	6.2	10.4	22.7
2006							
Hospital care	7.2	*17.7	9.4	*35.2	6.6	5.9	12.2
Office-based medical provider services	12.3	19.8	20.9	17.4	14.1	11.0	9.5
Dental services	16.2	13.9	15.4	10.6	19.7	15.3	7.6
Prescription drugs	51.1	43.2	48.5	32.0	51.5	53.2	45.2
Other health care	13.2	5.5	5.8	4.9	8.1	14.7	25.5

\* Indicates the relative standard error is greater than 30 percent.

NOTE: Out-of-pocket health care expenditures exclude personal spending for health insurance premiums. Hospital care includes hospital inpatient care and care provided in hospital outpatient departments and emergency rooms. Office-based medical provider services include services provided by medical providers in non-hospital-based medical offices or clinic settings. Dental services include care provided by any type of dental provider. Prescription drugs include prescribed medications purchased, including refills. Other health care includes care provided by home health agencies and independent home health providers and expresses for gewear, ambulance services, orthopedic items, hearing devices, prostheses, bathroom alds, medical equipment, disposable supplies, and other miscellaneous services. The majority of expenditures in the "other" category are for home health services and eyeglasses. Figures might not sum to 100 percent because of rounding. Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Agency for Healthcare Research and Quality, Medical Expenditure Panel Survey (MEPS).

### Sources of Payment for Health Care Services

### Table 34a. Sources of payment for health care services for Medicare enrollees age 65 and over, by type of service, 2006

Service	Average cost	Total	Medicare	Medicaid	OOP	Other
	Dollars			Percent		
Hospice	\$239	100	100	0	0	0
Inpatient hospital	3,695	100	86	1	4	8
Home health care	442	100	91	1	7	1
Short-term institution	728	100	78	3	9	10
Physician/medical	3,956	100	61	2	18	19
Outpatient hospital	1,290	100	68	2	9	21
Prescription drugs	2,351	100	26	2	26	45
Dental	346	100	1	1	77	21
Long-term care facility	2,034	100	1	47	45	7
All	15,081	100	55	7	19	19

NOTE: OOP refers to out-of-pocket payments. "Other" refers to private insurance, Department of Veterans Affairs, and other public programs. Reference population: These data refer to Medicare enrollees.

SOURCE: Medicare Current Beneficiary Survey.

### Table 34b. Sources of payment for health care services for Medicare enrollees age 65 and over, by income, 2006

Income	Average cost	Total	Medicare	Medicaid	OOP	Other
	Dollars	Percent				
All	\$15,081	100	55	7	19	19
< \$10,000	21,033	100	56	21	13	10
\$10,000-\$20,000	16,674	100	57	8	19	17
\$20,001-\$30,000	13,881	100	57	3	21	20
\$30,001 and over	12,440	100	51	1	23	25

NOTE: Income refers to annual income of respondent and spouse. OOP refers to out-of-pocket payments. "Other" refers to private insurance, Department of Veterans Affairs, and other public programs. Reference population: These data refer to Medicare enrollees.

SOURCE: Medicare Current Beneficiary Survey.

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# **INDICATOR 35**

### Veterans' Health Care

Year	Total	VA enrollees	VA patients
		Number in millions	
1990	7.9	na	0.9
1991	8.3	na	0.9
1992	8.7	na	1.0
1993	9.0	na	1.0
1994	9.2	na	1.0
1995	9.4	na	1.1
1996	9.7	na	1.1
1997	9.8	na	1.1
1998	9.9	na	1.3
1999	10.0	1.9	1.4
2000	10.0	2.2	1.6
2001	9.9	2.8	1.9
2002	9.8	3.2	2.2
2003	9.7	3.3	2.3
2004	9.5	3.4	2.4
2005	9.3	3.5	2.4
2006	9.2	3.5	2.4
2007	9.3	3.5	2.4
2008	9.2	3.4	2.2

Table 35. Total number of veterans age 65 and over who are enrolled in or receiving health care from the Veterans Health Administration, 1990–2008

na: Data not available.

NOTE: Department of Veterans Affairs (VA) enrollees are veterans who have signed up to receive health care from the Veterans Health Administration (VHA). VA patients are veterans who have received care each year through VHA. The methods used to calculate VA patients differ from what was used in *Older Americans 2004* and *Older Americans Update 2006*. Veterans who received care but were not enrolled in VA are now included in patient counts. VHA Vital Status files from the Social Security Administration (SSA) are now used to ascertain veteran deaths. Reference population: These data refer to the total veteran population, VHA enrollment population, and VHA patient population.

SOURCE: Department of Veterans Affairs, Veteran Population 2007; Fiscal 2009 Year-end Office of the Assistant Deputy Under Secretary for Health for Policy and Planning Enrollment file linked with September 2009 VHA Vital Status data (including data from VHA, VA, Medicare, and SSA).

### **Residential Services**

Table 36a. Percentage of Medicare enrollees age 65 and over residing in selected residential settings, by age group, 2007

_	Age				
Residential setting	65 and over	65–74	75–84	85 and over	
		Number ir	thousands		
All settings	34,207	16,867	12,429	4,912	
		Per	rcent		
Total	100.0	100.0	100.0	100.0	
Traditional community	93.3	97.9	93.3	77.6	
Community housing with services	2.4	0.8	2.9	7.0	
Long term care facilities	4.2	1.3	3.8	15.4	

NOTE: Community housing with services applies to respondents who reported they lived in retirement communities or apartments, senior citizen housing, continuing care retirement facilities, assisted living facilities, staged living communities, board and care facilities/homes, and similar situations, AND who reported they had access to one or more of the following services through their place of residence: meal preparation; cleaning or housekeeping services; laundry services; help with medications. Respondents were asked about access to these services, but not whether they actually used the services. A residence (or unit) is considered a long-term care facility if it is certified by Medicare or Medicaid or has three or more beds and is licensed as a nursing home or other long-term care facility and provides at least one personal care service or provides 24-hour, seven-day-a-week supervision by a non-family, paid caregiver.

Reference population: These data refer to Medicare beneficiaries.

SOURCE: Centers for Medicare and Medicaid Services, Medicare Current Beneficiary Survey.

### Table 36b. Percentage of Medicare enrollees age 65 and over with functional limitations, by residential setting, 2007

Functional status	Traditional community	Community housing with services	Long-term care facility
		Percent	
Total	100.0	100.0	100.0
No functional limitations	60.0	35.6	5.0
IADL limitation only	14.6	18.4	11.6
1–2 ADL limitations	18.3	31.7	16.4
3 or more ADL limitations	7.1	14.2	67.0

NOTE: Community housing with services applies to respondents who reported they lived in retirement communities or apartments, senior citizen housing, continuing care retirement facilities, assisted living facilities, staged living communities, board and care facilities/homes, and similar situations, AND who reported they had access to one or more of the following services; herup with medications. Respondents were asked about access to these services, but not whether they actually used the services. A residence (or unit) is considered a long term care facility if it is certified by Medicare or Medicaid; or has three or more of set and is licensed as a nursing home or other long term care facility and provides at least one personal care service; or provides 24-hour, seven-day-a-week supervision by a non-family, paid caregiver. Instrumental activities of daily living (IADL) limitations refer to difficulty performing (or inability to perform, for a health reason) one or more of the following tasks: using the telephone; light housework; heavy housework; is of daily living (ADL) limitations refer to difficulty performing (or inability to performing (or inability to performing (or inability to perform) for a health reason) one or more of the following tasks: using the telephone; light housework; heavy housework; activities of daily living (ADL) limitations refer to difficulty performing (or inability to perform ing (or inability to perform) for a health reason) the following tasks: bathing; dressing; eating; getting in/out of chairs; walking; toileting. Long-term care facility residents with no limitations may include individuals with limitations in certain IADLs: doing light or heavy housework or meal preparation. These questions were not asked of facility residents.

Reference population: These data refer to Medicare beneficiaries.

SOURCE: Centers for Medicare and Medicaid Services, Medicare Current Beneficiary Survey.

### Table 36c. Availability of specific services among Medicare enrollees age 65 and over residing in community housing with services, 2007

Persons residing in community housing with services who have access to	Percent
Prepared meals	86.9
Housekeeping, maid, or cleaning services	83.9
Laundry services	71.9
Help with medications	51.4

NOTE: Community housing with services applies to respondents who reported they lived in retirement communities or apartments, senior citizen housing, continuing care retirement facilities, assisted living facilities, staged living communities, board and care facilities/homes, and similar situations, AND who reported they had access to one or more services listed in the table through their place of residence. Respondents were asked about access to these services, but not whether they actually used the services Reference population: These data refer to Medicare beneficiaries.

### Table 36d. Annual income distribution of Medicare enrollees age 65 and over, by residential setting, 2007

Income	Traditional community	Community housing with services	Long-term care facility
		Percent	
Total	100.0	100.0	100.0
\$0\$10,000	13.1	14.0	38.2
\$10,001-\$20,000	24.5	28.3	38.8
\$20,001-\$30,000	20.6	16.9	10.2
\$30,001 or more	41.8	40.8	12.8

NOTE: Community housing with services applies to respondents who reported they lived in retirement communities or apartments, senior citizen housing, continuing care retirement facilities, assisted living facilities, staged living communities, board and care facilities/homes, and similar situations, AND who reported they had access to one or more of the following services; haundy services; help with medications. Respondents were asked about access to these services, but not whether they actually used the services. A residence (or unit) is considered a long-term care facility if it is certified by Medicare or Medicaid; or has three or more beds and is licensed as a nursing home or other long-term care facility and provides at least one personal care service; or provides 24-hour, seven-day-a-week supervision by a non-family, paid caregiver. Income refers to annual income of respondent and spouse. Table excludes data for respondents who reported only that their income was greater or less than \$25,000.

Reference population: These data refer to Medicare beneficiaries.

SOURCE: Centers for Medicare and Medicaid Services, Medicare Current Beneficiary Survey.

# Table 36e. Characteristics of services available to Medicare enrollees age 65 and over residing in community housing with services, 2007

Selected characteristic	Percent
Services included in housing costs	100.0
All included	34.5
Some included/some separate	52.1
All separate	13.4
Can continue living there if they need substantial services	100.0
Yes	56.5
No	43.5

NOTE: Community housing with services applies to respondents who reported they lived in retirement communities or apartments, senior citizen housing, continuing care retirement facilities, assisted living facilities, staged living communities, board and care facilities/homes, and similar situations, AND who reported they had access to one or more of the following services through their place of residence: meal preparation; cleaning or housekeeping services; laundry services; help with medications. Respondents were asked about access to these services, but not whether they actually used the services. Reference population: These data refer to Medicare beneficiaries.

### Personal Assistance and Equipment

Table 37a. Distribution of noninstitutionalized Medicare enrollees age 65 and over who have limitations in activities of daily living (ADLs), by types of assistance, selected years 1992–2007

	1992	1997	2001	2005	2007
Personal assistance only	9.2	5.6	6.3	6.6	6.0
Equipment only	28.3	34.2	36.3	36.3	37.6
Personal assistance and equipment	20.9	21.4	22.0	21.9	22.1
None	41.6	38.8	35.3	35.2	34.3

NOTE: ADL limitations refer to difficulty performing (or inability to perform for a health reason) one or more of the following tasks: bathing, dressing, eating, getting in/ out of chairs, walking, or using the toilet. Respondents who report difficulty with an activity are subsequently asked about receiving help or supervision from another person with the activity and about using special equipment or aids. In this table, personal assistance does not include supervision. Reference population: These data refer to noninstitutionalized Medicare enrollees who have limitations with one or more ADLs.

SOURCE: Centers for Medicare and Medicaid Services, Medicare Current Beneficiary Survey.

# Table 37b. Percentage of noninstitutionalized Medicare enrollees age 65 and over who have limitations in instrumental activities of daily living (IADLs) and who receive personal assistance, by age group, selected years 1992–2007

	1992	1997	2001	2005	2007
65–74	58.9	61.8	60.9	62.7	65.4
75–84	63.2	63.2	66.5	67.4	66.0
85 and over	69.2	71.1	73.7	74.0	69.7

NOTE: IADL limitations refer to difficulty performing (or inability to perform for a health reason) one or more of the following tasks: using the telephone, light housework, heavy housework, meal preparation, shopping, or managing money. Respondents who report difficulty with an activity are subsequently asked about receiving help from another person with the activity. In this table, personal assistance does not include supervision or special equipment. Reference population: These data refer to noninstitutionalized Medicare enrollees who have limitations with one or more IADLs.

# Appendix B

**Appendix B: Data Source Descriptions** 

# **Air Quality System**

The Air Quality System (AQS) contains ambient air pollution data collected by the U.S. Environmental Protection Agency (EPA) and state, local, and tribal air pollution control agencies. Data on criteria pollutants consist of air quality measurements collected by sensitive equipment at thousands of monitoring stations located across all 50 states, plus the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Each monitor measures the concentration of a particular pollutant in the air. Monitoring data indicate the average pollutant concentration during a specified time interval, usually 1 hour or 24 hours. AQS also contains meteorological data, descriptive information about each monitoring station (including its geographic location and its operator), and data quality assurance or quality control information. The system is administered by EPA, Office of Air Quality Planning and Standards, Information Transfer and Program Integration Division, located in Research Triangle Park, N.C.

For more information, contact: David Mintz U.S. Environmental Protection Agency Phone: 919–541–5224 Website: http://www.epa.gov/air/data/aqsdb.html

# **American Housing Survey**

The American Housing Survey (AHS) was mandated by Congress in 1968 to provide data for evaluating progress toward "a decent home and a suitable living environment for every American family." It is the primary source of detailed information on housing in the United States and is used to generate a biennial report to Congress on the conditions of housing in the United States, among other reports. The survey is conducted for the Department of Housing and Urban Development by the U.S. Census Bureau. The AHS encompasses a national survey and 21 metropolitan surveys and is designed to collect data from the same housing units for each survey. The national survey, a representative sample of approximately 60,000 housing units, is conducted biennially in odd-numbered years; the metropolitan surveys, representative samples of 3,500 housing units, are conducted in odd-numbered years on

a 6-year cycle. The AHS collects data about the inventory and condition of housing in the United States and the demographics of its inhabitants. The survey provides detailed data on the types of housing in the United States and its characteristics and conditions; financial data on housing costs, utilities, mortgages, equity loans, and market value; demographic data on family composition, income, education, and race; and information on neighborhood quality and recent movers.

*Race and Hispanic origin:* Data from this survey are not shown by race and Hispanic origin in this report.

For more information, contact: Cheryl Levine U.S. Department of Housing and Urban Development E-mail: Cheryl.A.Levine@hud.gov Phone: 202–402–3928 Website: http://www.census.gov/hhes/www/ahs. html

# **American Time Use Survey**

The American Time Use Survey (ATUS) is a nationally representative sample survey conducted for the Bureau of Labor Statistics by the U.S. Census Bureau. The ATUS measures how people living in the United States spend their time. Estimates show the kinds of activities people do and the time they spent doing them by sex, age, educational attainment, labor force status, and other characteristics, as well as by weekday and weekend day.

ATUS respondents are interviewed one time about how they spent their time on the previous day, where they were, and whom they were with. The survey is a continuous survey, with interviews conducted nearly every day of the year and a sample that builds over time. About 13,000 members of the civilian noninstitutionalized population age 15 and over are interviewed each year.

*Race and Hispanic origin:* Data from this survey are not shown by race and Hispanic origin in this report.

For more information, contact: American Time Use Survey Staff E-mail: atusinfo@bls.gov Phone: 202–691–6339 Website: http://www.bls.gov/tus

# **Consumer Expenditure Survey**

The Consumer Expenditure Survey (CE) is conducted for the Bureau of Labor Statistics by the U.S. Census Bureau. The survey contains both a diary component and an interview component. Data are integrated before publication. The data presented in this chartbook are derived from the integrated data available on the CE website. The published data are weighted to reflect the U.S. population.

In the interview portion of the CE, respondents are interviewed once every 3 months for 5 consecutive quarters. Respondents report information on consumer unit characteristics and expenditures during each interview. Income data are collected during the second and fifth interviews only.

*Race and Hispanic origin:* Data from this survey are not shown by race and Hispanic origin in this report.

For more information, contact: E-mail: CEXINFO@bls.gov Phone: 202–691–6900 Website: http://www.bls.gov/cex

# **Current Population Survey**

The Current Population Survey (CPS) is a nationally representative sample survey of about 60,000 households conducted monthly for the Bureau of Labor Statistics (BLS) by the U.S. Census Bureau. The CPS core survey is the primary source of information on the labor force characteristics of the civilian noninstitutionalized population age 16 and over, including a comprehensive body of monthly data on the labor force, employment, unemployment, persons not in the labor force, hours of work, earnings, and other demographic and labor force characteristics.

In most months, CPS supplements provide additional demographic and social data. The Annual Social and Economic Supplement (ASEC) is the primary source of detailed information on income and poverty in the United States. The ASEC is used to generate the annual Population Profile of the United States, reports on geographical mobility and educational attainment, and is the primary source of detailed information on income and poverty in the United States. The ASEC, historically referred to as the March supplement, now is conducted in February, March, and April with a sample of about 100,000 addresses. The questionnaire asks about income from more than 50 sources and records up to 27 different income amounts, including receipt of many noncash benefits, such as food stamps and housing assistance.

*Race and Hispanic origin:* In 2003, for the first time CPS respondents were asked to identify themselves as belonging to one or more of the six racial groups (white, black, American Indian and Alaska Native, Asian, Native Hawaiian and other Pacific Islander, and Some Other Race); previously they were to choose only one. People who responded to the question on race by indicating only one race are referred to as the race alone or single-race population and individuals who chose more than one of the race categories are referred to as the Two-or-More-Races population.

The CPS includes a separate question on Hispanic origin. Starting in 2003, people of Spanish/ Hispanic/Latino origin could identify themselves as Mexican, Puerto Rican, Cuban, or Other Spanish/Hispanic/Latino. People of Hispanic origin may be of any race.

The 1994 redesign of the CPS had an impact on labor force participation rates for older men and women. (See "Indicator 11: Participation in the Labor Force.") For more information on the effect of the redesign, see "The CPS After the Redesign: Refocusing the Economic Lens."<sup>52</sup>

For more information regarding the CPS, its sampling structure, and estimation methodology, see "Explanatory Notes and Estimates of Error."<sup>53</sup>

For more information, contact: Bureau of Labor Statistics Department of Labor E-mail: cpsinfo@bls.gov Phone: 202–691–6378 Website: http://www.bls.gov/cps Additional Website: http://www.census.gov/cps

### **Decennial Census**

Every 10 years, beginning with the first census in 1790, the United States government conducts a census, or count, of the entire population as mandated by the U.S. Constitution. The 1990 and 2000 censuses were taken April 1 of their respective years. As in several previous censuses, two forms were used: a short form and a long form. The short form was sent to every household, and the long form, containing the 100 percent questions plus the sample questions, was sent to approximately one in every six households.

The Census 2000 short-form questionnaire included six questions for each member of the household (name, sex, age, relationship, Hispanic origin, and race) and whether the housing unit was owned or rented. The long form asked more detailed information on subjects such as education, employment, income, ancestry, homeowner costs, units in a structure, number of rooms, plumbing facilities, etc.

Race and Hispanic origin: In Census 2000, respondents were given the option of selecting one or more race categories to indicate their racial identities. People who responded to the question on race indicating only one of the six race categories (white, black, American Indian and Alaska Native, Asian, Native Hawaiian and other Pacific Islander, and Some Other Race) are referred to as the race alone or single-race population. Individuals who chose more than one of the race categories are referred to as the Two-or-More-Races population. The six single-race categories, which made up nearly 98 percent of all respondents, and the Two-or-More-Races category sum to the total population. Because respondents were given the option of selecting one or more race categories to indicate their racial identities, Census 2000 data on race are not directly comparable with data from the 1990 or earlier censuses.

As in earlier censuses, Census 2000 included a separate question on Hispanic origin. In Census 2000, people of Spanish/Hispanic/Latino origin could identify themselves as Mexican, Puerto Rican, Cuban, or Other Spanish/Hispanic/Latino. People of Hispanic origin may be of any race.

For more information, contact: Age and Special Populations Branch Phone: 301–763–2378 Website: http://www.census.gov/main/www/ cen2000.html

### **Health and Retirement Study**

The Health and Retirement Study (HRS) is a national panel study conducted by the University of Michigan's Institute for Social Research under a cooperative agreement with the National Institute on Aging. In 1992, the study had an initial sample of over 12,600 people from the 1931–1941 birth cohort and their spouses. The HRS was joined in 1993 by a companion study, Asset and Health Dynamics Among the Oldest Old (AHEAD), with a sample of 8,222 respondents (born before 1924 who were age 70 and over) and their spouses. In 1998, these two data collection efforts were combined into a single survey instrument and field period and were expanded through the addition of baseline interviews with two new birth cohorts: Children of the Depression Age (1924-1930) and War Babies (1942–1947). Plans call for adding a new 6-year cohort of Americans entering their 50s every 6 years. In 2004, baseline interviews were conducted with the Early Boomer birth cohort (1948–1953). Telephone follow-ups are conducted every second year, with proxy interviews after death. Beginning in 2006, one-half of this sample has an enhanced face-to-face interview that includes the collection of physical measures and biomarker collection. The Aging, Demographics, and Memory Study (ADAMS) is a supplement to HRS with the specific aim of conducting a population-based study of dementia.

The combined studies, which are collectively called HRS, have become a steady state sample that is representative of the entire U.S. population age 50 and over (excluding people who resided in a nursing home or other institutionalized setting at the time of sampling). HRS will follow respondents longitudinally until they die (including following people who move into a nursing home or other institutionalized setting).

The HRS is intended to provide data for researchers, policy analysts, and program planners who make major policy decisions that affect retirement, health insurance, saving, and economic well-being. The study is designed to explain the antecedents and consequences of retirement; examine the relationship between health, income, and wealth over time; examine life cycle patterns of wealth accumulation and consumption; monitor work disability; provide a rich source of interdisciplinary data, including linkages with administrative data; monitor transitions in physical, functional, and cognitive health in advanced old age; relate latelife changes in physical and cognitive health to patterns of spending down assets and income flows; relate changes in health to economic resources and intergenerational transfers; and examine how the mix and distribution of economic, family, and program resources affect key outcomes, including retirement, spending down assets, health declines, and institutionalization.

*Race and Hispanic origin:* Data from this survey are not shown by race and Hispanic origin in this report.

For more information, contact: Health and Retirement Study E-mail: hrsquest@isr.umich.edu Phone: 734–936–0314 Website: hrsonline.isr.umich.edu

# **Medical Expenditure Panel Survey**

The Medical Expenditure Panel Survey (MEPS) is an ongoing annual survey of the civilian noninstitutionalized population that collects detailed information on health care use and expenditures (including sources of payment), health insurance, income, health status, access, and quality of care. MEPS, which began in 1996, is the third in a series of national probability surveys conducted by the Agency for Healthcare Research and Quality on the financing and use of medical care in the United States. MEPS predecessor surveys are the National Medical Care Expenditure Survey (NMCES) conducted in 1977 and the National Medical Expenditure Survey (NMES) conducted in 1987. Each of the three surveys (i.e., NMCES, NMES, and MEPS) used multiple rounds of in-person data collection to elicit expenditures and sources of payments for each health care event experienced by household members during the calendar year. The current MEPS Household Component (HC) sample is drawn from respondents to the National Health Interview Survey (NHIS) conducted by the National Center for Health Statistics (NCHS). To yield more complete information on health care spending and payment sources, followback surveys of health providers were conducted for a subsample of events in MEPS (and events in the MEPS predecessor surveys).

Since 1977, the structure of billing mechanism for medical services has grown more complex as a result of increasing penetration of managed care and health maintenance organizations and various cost-containment reimbursement mechanisms instituted by Medicare, Medicaid, and private insurers. As a result, there has been substantial discussion about what constitutes an appropriate measure of health care expenditures.<sup>54</sup> Health care expenditures presented in this report refer to what is actually paid for health care services. More specifically, expenditures are defined as the sum of direct payments for care received, including out-of-pocket payments for care received. This definition of expenditures differs somewhat from what was used in the 1987 NMES, which used charges (rather than payments) as the fundamental expenditure construct. To improve comparability of estimates between the 1987 NMES and the 1996 and 2001 MEPS, the 1987 data presented in this report were adjusted using the method described by Zuvekas and Cohen.<sup>51</sup> Adjustments to the 1977 data were considered unnecessary because virtually all of the discounting for health care services occurred after 1977 (essentially equating charges with payments in 1977).

A number of quality-related enhancements were made to the MEPS beginning in 2000, including the fielding of an annual adult self-administered questionnaire (SAQ). This questionnaire contains items on patient satisfaction and accountability measures from the Consumer Assessment of Healthcare Providers and Systems (CAHPS®; previously known as the Consumer Assessment of Health Plans), the SF-12 physical and mental health assessment tool, EQ-5D EuroQol 5 dimensions with visual scale (2000–2003), and several attitude items. Starting in 2004, the K-6 Kessler mental health distress scale and the PH2 two-item depression scale were added to the SAQ.

*Race and Hispanic origin:* Data from this survey are not shown by race and Hispanic origin in this report.

For more information, contact: MEPS Project Director E-mail: mepsprojectdirector@ahrq.hhs.gov Phone: 301–427–1406 Website: http://www.meps.ahrq.gov/mepsweb

# Medicare Current Beneficiary Survey

The Medicare Current Beneficiary Survey (MCBS) is a continuous, multipurpose survey of a representative sample of the Medicare population designed to help the Centers for Medicare and Medicaid Services (CMS) administer, monitor, and evaluate the Medicare program. The MCBS collects information on health care use, cost, and sources of payment; health insurance coverage; household composition; sociodemographic characteristics; health status and physical functioning; income and assets; access to care; satisfaction with care; usual source of care; and how beneficiaries get information about Medicare.

MCBS data enable CMS to determine sources of payment for all medical services used by Medicare beneficiaries, including copayments, deductibles, and noncovered services; develop reliable and current information on the use and cost of services not covered by Medicare (such as long-term care); ascertain all types of health insurance coverage and relate coverage to sources of payment; and monitor the financial effects of changes in the Medicare program. Additionally, the MCBS is the only source of multidimensional person-based information about the characteristics of the Medicare population and their access to and satisfaction with Medicare services and information about the Medicare program. The MCBS sample consists of Medicare enrollees in the community and in institutions.

The survey is conducted in three rounds per year, with each round being 4 months in length. MCBS has a multistage, stratified, random sample design and a rotating panel survey design. Each panel is followed for 12 interviews. In-person interviews are conducted using computer-assisted personal interviewing. A sample of approximately 16,000 people are interviewed in each round. However, because of the rotating panel design, only 12,000 people receive all three interviews in a given calendar year. Information collected in the survey is combined with information from CMS administrative data files and made available through public-use data files.

*Race and Hispanic origin:* The MCBS defines race as white, black, Asian, Native Hawaiian or Pacific Islander, American Indian or Alaska Native, and other. People are allowed to choose more than one category. There is a separate question on whether the person is of Hispanic or Latino origin. The "other" category in Table 30c on page 121 consists of people who answered "no" to the Hispanic/ Latino question and who answered something other than "white" or "black" to the race question. People who answer with more than one racial category are assigned to the "other" category.

For more information, contact: MCBS Staff E-mail: MCBS@cms.hhs.gov Website: http://www.cms.hhs.gov/mcbs The Research Data Assistance Center E-mail: resdac@umn.edu Phone: 888–973–7322 Website: http://www.resdac.umn.edu

# **National Health Interview Survey**

The National Health Interview Survey (NHIS), conducted by the National Center for Health Statistics, is a continuing nationwide sample survey in which data are collected during personal household interviews. NHIS is the principal source of information on the health of the civilian, noninstitutionalized, household population of the United States. Interviewers collect data on illnesses, injuries, impairments, and chronic conditions; activity limitation caused by chronic conditions; utilization of health services; and other health topics. Information is also obtained on personal, social, economic, and demographic characteristics, including race and ethnicity and health insurance status. The survey is reviewed each year, core questionnaire items are revised every 10-15 years (with major revisions occurring in 1982 and 1997), and special topics are added or deleted annually.

In 2006, a new sample design was implemented. This design, which is expected to be in use through 2014, includes all 50 states and the District of Columbia, as the previous design did. Oversampling of the black and Hispanic populations has been retained in 2006 to allow for more precise estimation of health characteristics in these growing minority populations. The new sample design also oversamples the Asian population. In addition, the sample adult selection process has been revised so that when black, Hispanic, or Asian people age 65 and over are present, they have an increased chance of being selected as the sample adult. The new design reduces the size of NHIS by approximately 13 percent relative to the previous sample design. The interviewed sample for 2008 consisted of 28,709 households, which yielded 74,236 people in 29,421 families. More information on the survey methodology and content of NHIS can be found at http://www.cdc.gov/nchs/nhis.htm.

*Race and Hispanic origin:* Starting with data year 1999, race-specific estimates in NHIS are tabulated according to 1997 standards for federal data on race and ethnicity and are not strictly comparable with estimates for earlier years. The single race categories for data from 1999 and later conform to 1997 standards and are for people who reported only one racial group. Prior to data year 1999, data were tabulated according to the 1977 standards and included people who reported one race or, if they reported more than one race, identified one race as best representing their race.

For more information, contact: NHIS staff E-mail: nchsquery@cdc.gov Phone: 866–441–6247 Website: http://www.cdc.gov/nchs/nhis.htm

# National Health and Nutrition Examination Survey

The National Health and Nutrition Examination Survey (NHANES), conducted by the National Center for Health Statistics, is a family of crosssectional surveys designed to assess the health and nutritional status of the noninstitutionalized civilian population through direct physical examinations and interviews. Each survey's selected using sample was а complex, stratified, multistage, probability sampling design. Interviewers obtain information on personal and demographic characteristics. including age, household income, and race and ethnicity directly from sample persons (or their proxies). In addition, dietary intake data, biochemical tests, physical measurements, and clinical assessments are collected.

The NHANES program includes the following surveys conducted on a periodic basis through 1994: the first, second, and third National Health Examination Surveys (NHES I, 1960–1962; NHES II, 1963–1965; and NHES III, 1966–1970);

and the first, second, and third National Health and Nutritional Examination Surveys (NHANES I, 1971-1974; NHANES II, 1976-1980; and NHANES III, 1988–1994). Beginning in 1999, NHANES changed to a continuous data collection format without breaks in survey cycles. The NHANES program now visits 15 U.S. locations per year, surveying and reporting for approximately 5,000 people annually. The procedures employed in continuous NHANES to select samples, conduct interviews, and perform physical exams have been preserved from previous survey cycles. NHES I, NHANES I, and NHANES II collected information on people 6 months to 74 years of age. NHANES III and later surveys include people age 75 and over.

With the advent of the continuous survey design (NHANES III), NHANES moved from a 6-year data release to a 2-year data release schedule. Estimates for 1999–2000, and later, are based on a smaller sample size than estimates for earlier time periods and, therefore, are subject to greater sampling error.

*Race and Hispanic origin:* Data from this survey are not shown by race and Hispanic origin in this report.

For more information, contact: NHANES E-mail: nchsquery@cdc.gov Phone: 866–441–6247 Website: http://www.cdc.gov/nchs/nhanes.htm

# **National Vital Statistics System**

Through the National Vital Statistics System, the National Center for Health Statistics collects and publishes data on births, deaths, and prior to 1996, marriages and divorces occurring in the United States based on U.S. standard certificates. The Division of Vital Statistics obtains information on births and deaths from the registration offices of each of the 50 states, New York City, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, Guam, American Samoa, and Northern Mariana Islands. Geographic coverage for births and deaths has been complete since 1933. Demographic information on the death certificate is provided by the funeral director based on information supplied by an informant. Medical certification of cause of death is provided by a physician, medical examiner, or coroner. The mortality data file is a fundamental source of cause-of-death information by demographic characteristics and for geographic areas such as states. The mortality file is one of the few sources of comparable health-related data for smaller geographic areas in the United States and over a long time period. Mortality data can be used not only to present the characteristics of those dying in the United States but also to determine life expectancy and to compare mortality trends with other countries. Data in this report for the entire United States refer to events occurring within the 50 states and the District of Columbia; data for geographic areas are by place of residence.

*Race and Hispanic origin:* Race and Hispanic origin are reported separately on the death certificate. Therefore, data by race shown in Tables 14b, 15b, and 15c include people of Hispanic or non-Hispanic origin; data for Hispanic origin include people of any race.

For more information, contact: Mortality Statistics Branch E-mail: nchsquery@cdc.gov Phone: 866–441–6247 Website: http://www.cdc.gov/nchs/deaths.htm

# **Panel Study of Income Dynamics**

The Panel Study of Income Dynamics (PSID) is a nationally representative, longitudinal study conducted by the University of Michigan's Institute for Social Research. It is a representative sample of U.S. individuals (men, women, and children) and the family units in which they reside. Starting with a national sample of 5,000 U.S. households in 1968, the PSID has reinterviewed individuals from those households annually from 1968 to 1997 and biennially thereafter, whether or not they are living in the same dwelling or with the same people. Adults have been followed as they have grown older, and children have been observed as they advance through childhood and into adulthood, forming family units of their own. Information about the original 1968 sample individuals and their current coresidents (spouses, cohabitors, children, and anyone else living with them) is collected each year. In 1997 and 1999, in order to enhance the representativeness of the study, a refresher sample of 511 post 1968 immigrant families was added to the PSID. With low attrition rates and successful recontacts, the

sample size grew to approximately 8,330 as of 2007. PSID data can be used for cross-sectional, longitudinal, and intergenerational analyses and for studying both individuals and families.

The central focus of the data has been economic and demographic, with substantial detail on income sources and amounts, employment, family composition changes, and residential location. Based on findings in the early years, the PSID expanded to its present focus on family structure and dynamics as well as income, wealth, and expenditures. Wealth and health are other important contributors to individual and family well-being that have been the focus of the PSID in recent years.

The PSID wealth modules measure net equity in homes and nonhousing assets divided into six categories: other real estate and vehicles; farm or business ownership; stocks, mutual funds, investment trusts, and stocks held in IRAs; checking and savings accounts, CDs, treasury bills, savings bonds, and liquid assets in IRAs; bonds, trusts, life insurance, and other assets; and other debts. The PSID measure of wealth excludes private pensions and rights to future Social Security payments.

*Race and Hispanic origin:* The PSID asks respondents if they are white, black, American Indian, Aleut, Eskimo, Asian, Pacific Islander, or another race. Respondents are allowed to choose more than one category. They are coded according to the first category mentioned. Only respondents who classified themselves as white or black are included in Table 10 on page 87.

For information, contact: Frank Stafford E-mail: fstaffor@isr.umich.edu or psidhelp@isr. umich.edu Phone: 734–763–5166 Website: http://psidonline.isr.umich.edu/

# **Population Projections**

The population projections for the United States are interim projections that take into account the results of Census 2000. These interim projections were created using the cohort-component method, which uses assumptions about the components of population change. They are based on Census 2000 results, official postcensus estimates, as well as vital registration data from the National Center for Health Statistics. The assumptions are based on those used in the projections released in 2000 that used a 1998 population estimate base. Some modifications were made to the assumptions so that projected values were consistent with estimates from 2001 as well as Census 2000.

Fertility is assumed to increase slightly from current estimates. The projected total fertility rate in 2025 is 2.180, and it is projected to increase to 2.186 by 2050. Mortality is assumed to continue to improve over time. By 2050, life expectancy at birth is assumed to increase to 81.2 for men and 86.7 for women. Net immigration is assumed to be 996,000 in 2025 and 1,097,000 in 2050.

*Race and Hispanic origin:* Interim projections based on Census 2000 were also done by race and Hispanic origin. The basic assumptions by race used in the previous projections were adapted to reflect the Census 2000 race definitions and results. Projections were developed for the following groups: (1) non-Hispanic white alone, (2) Hispanic white alone, (3) black alone, (4) Asian alone, and (5) all other groups. The fifth category includes the categories of American Indian and Alaska Native, Native Hawaiian and Other Pacifc Islander, and all people reporting more than one of the major race categories defined by the Office of Management and Budget (OMB).

For a more detailed discussion of the cohortcomponent method and the assumptions about the components of population change, see "Methodology and Assumptions for the Population Projections of the United States: 1999 to 2100."<sup>55</sup> While this paper does not incorporate the updated assumptions made for the interim projections, it provides a more extensive treatment of the earlier projections, released in 2000, on which the interim series is based.

For more information, contact: Population Projections Branch Phone: 301–763–2428 Website: http://www.census.gov/population/ www/projections/popproj.html

#### Survey of the Aged, 1963

The major purpose of the 1963 Survey of the Aged was to measure the economic and social situations of a representative sample of all people age 62 and over in the United States in 1963 in order to serve the detailed information needs of the Social Security Administration (SSA). The survey included a wide range of questions on health insurance, medical care costs, income, assets and liabilities, labor force participation and work experience, housing and food expenses, and living arrangements.

The sample consisted of a representative subsample (one-half) of the Current Population Survey (CPS) sample and the full Quarterly Household Survey. Income was measured using answers to 17 questions about specific sources. Results from this survey have been combined with CPS results from 1971 to the present in an income time series produced by SSA.

*Race and Hispanic origin:* Data from this survey are not shown by race and Hispanic origin in this report.

For more information, contact: Susan Grad E-mail: susan.grad@ssa.gov Phone: 202–358–6220 Website: http://www.socialsecurity.gov

### Survey of Demographic and Economic Characteristics of the Aged, 1968

The 1968 survey of Demographic and Economic Characteristics of the Aged was conducted by the Social Security Administration (SSA) to provide continuing information on the socioeconomic status of the older population for program evaluation. Major issues addressed by the study include the adequacy of Old-Age, Survivors, Disability, and Health Insurance benefit levels, the impact of certain Social Security provisions on the incomes of the older population, and the extent to which other sources of income are received by older Americans.

Data for the 1968 survey were obtained as a supplement to the Current Medicare Survey, which yields current estimates of health care services used and charges incurred by people covered by the hospital insurance and supplemental medical insurance programs. Supplemental questions covered work experience, household relationships, income, and assets. Income was measured using answers to 17 questions about specific sources. Results from this survey have been combined with results from the Current Population Survey from 1971 to the present in an income time series produced by SSA.

*Race and Hispanic origin:* Data from this survey are not shown by race and Hispanic origin in this report.

For more information, contact: Susan Grad E-mail: susan.grad@ssa.gov Phone: 202–358–6220 Website: http://www.socialsecurity.gov

### Survey of Veteran Enrollees' Health and Reliance Upon VA, 2008

The 2008 Survey of Veteran Enrollees' Health and Reliance Upon VA is the seventh in a series of surveys of veteran enrollees for the Department of Veterans Affairs (VA) health care conducted by the Veterans Health Administration (VHA), within the VA, under multiyear Office of Management and Budget authority. Previous surveys of VHAenrolled veterans were conducted in 1999, 2000, 2002,2003,2005,and2007. All seven VHA surveys of enrollees consisted of telephone interviews with stratified random samples of enrolled veterans. From 2000 on, the survey instrument was modified to reflect VA management's need for specific data and information on enrolled veterans.

As with the other surveys in the series, the 2008 Survey of Veteran Enrollees' Health and Reliance Upon VA sample was stratified by Veterans Integrated Service Network, enrollment priority, and type of enrollee (new or past user). Telephone interviews averaged 17 minutes in length. In the 2008 survey, interviews were conducted beginning on September 25, 2008, over a course of 11 weeks. Of approximately 7.3 million eligible enrollees who had not declined enrollment as of April 30, 2008, some 42,000 completed interviews in the 2008 telephone survey.

VHA enrollee surveys provide a fundamental source of data and information on enrollees that cannot be obtained in any other way except through surveys and yet are basic to many VHA activities. The primary purpose of the VHA enrollee surveys is to provide critical inputs into VHA Health Care Services Demand Model enrollment, patient, and expenditure projections, and the Secretary's enrollment level decision processes; however, data from the enrollee surveys find their way into a variety of strategic analysis areas related to budget, policy, or legislation.

VHA enrollee surveys provide particular value in terms of their ability to help identify not only who VA serves but also to help supplement VA's knowledge of veteran enrollees' sociodemographic, economic, and health characteristics, including household income, health insurance coverage status, functional status (limitations in activities of daily living and instrumental activities of daily living), perceived health status, race and ethnicity, employment status, smoking status, period of service and combat status, other eligibilities and resources, their use of VA and non-VA health care services and "reliance" upon VA, and their potential future use of VA health care services.

For more information, contact: Marybeth Matthews E-mail: Marybeth.Matthews@va.gov Phone: 414–384–2000, ext. 42359 Website: http://www4.va.gov/ HEALTHPOLICYPLANNING/reports1.asp

## Veteran Population Estimates and Projections (model name is VetPop2007 (December 2007)

VetPop2007 provides estimates and projections of the veteran population by age groups and other demographic characteristics at the county and state levels. Veteran estimates and projections were computed using a cohort-component approach, whereby Census 2000 baseline data were adjusted forward in time on the basis of separations from the Armed Forces (new veterans) and expected mortality.

*Race and Hispanic origin:* Data from this model are not shown by race and Hispanic origin in this report.

For more information, contact: Hyo Park E-mail: hyo.park@va.gov Phone: 202–226–4539 Website: http://www1.va.gov/vetdata

# **Appendix C: Glossary**

Activities of daily living (ADLs): Activities of daily living (ADLs) are basic activities that support survival, including eating, bathing, and toileting. See Instrumental activities of daily living (IADLs).

In the Medicare Current Beneficiary Survey, ADL disabilities are measured as difficulty performing (or inability to perform because of a health reason) one or more of the following activities: eating, getting in/out of chairs, walking, dressing, bathing, or toileting.

Asset income: Asset income includes money income reported in the Current Population Survey from interest (on savings or bonds), dividends, income from estates or trusts, and net rental income. Capital gains are not included.

Assistive device: Assistive device refers to any item, piece of equipment, or product system, whether acquired commercially, modified, or customized, that is used to increase, maintain, or improve functional capabilities of individuals with disabilities.

Body mass index: Body mass index (BMI) is a measure of body weight adjusted for height and correlates with body fat. A tool for indicating weight status in adults, BMI is generally computed using metric units and is defined as weight divided by height<sup>2</sup> or kilograms/meters<sup>2</sup>. The categories used in this report are consistent with those set by the World Health Organization. For adults 20 years of age and over, underweight is defined as having a BMI less than 18.5; healthy weight is defined as having a BMI of at least 18.5 and less than 25; overweight is defined as having values of BMI equal to 25 or greater; and obese is defined as having BMI values equal to 30 or greater. To calculate your own body mass index, go to http://www.nhlbisupport.com/bmi. For more information about BMI, see "Clinical guidelines on the identification, evaluation, and treatment of overweight and obesity in adults."56

**Cash balance pension plan:** A hybrid pension plan that looks like a defined-contribution plan but actually is a defined-benefit plan, a responsibility of the employer. In a cash balance plan, an employer establishes an account for employees, contributes to the account, guarantees a return to the account, and pays a lump sum benefit from the account at job termination.

**Cause of death:** For the purpose of national mortality statistics, every death is attributed to one underlying condition, based on information reported on the death certificate and using the international rules for selecting the underlying cause-of-death from the conditions stated on the death certificate. The conditions that are not selected as underlying cause of death constitute the nonunderlying cause of death, also known as multiple cause of death. Cause of death is coded according to the appropriate revision of the International Classification of Diseases (ICD). Effective with deaths occurring in 1999, the United States began using the Tenth Revision of the ICD (ICD–10). Data from earlier time periods were coded using the appropriate revision of the ICD for that time period. Changes in classification of causes of death in successive revisions of the ICD may introduce discontinuities in cause-ofdeath statistics over time. These discontinuities are measured using comparability ratios. These measures of discontinuity are essential to the interpretation of mortality trends. For further discussion, see the "Mortality Technical Appendix" available at http://www.cdc.gov/nchs/data/statab/ techap99.pdf.

Cause-of-death ranking: The cause-of-death ranking for adults is based on the List of 113 Selected Causes of Death. The top-ranking causes determine the leading causes of death. Certain causes on the tabulation lists are not ranked if, for example, the category title represents a group title (such as "Major cardiovascular diseases" and "Symptoms, signs, and abnormal clinical and laboratory findings, not elsewhere classified") or the category title begins with the words "Other" and "All other." In addition, when a title that represents a subtotal (such as "Malignant neoplasm") is ranked, its component parts are not ranked. Causes that are tied receive the same rank; the next cause is assigned the rank it would have received had the lower-ranked causes not been tied (i.e., they skip a rank).

**Cigarette smoking:** Information about cigarette smoking in the National Health Interview Survey is obtained for adults age 18 and over. Although there has been some variation in question wording, smokers continue to be defined as people who have ever smoked 100 cigarettes and currently smoke. Starting in 1993, current smokers are identified by asking the following two questions: "Have

you smoked at least 100 cigarettes in your entire life?" and "Do you now smoke cigarettes every day, some days, or not at all?" (revised definition). People who smoked 100 cigarettes and who now smoke every day or some days are defined as current smokers. Before 1992, current smokers were identified based on positive responses to the following two questions: "Have you smoked at least 100 cigarettes in your entire life?" and "Do you smoke now?" (traditional definition). In 1992, cigarette smoking data were collected for a half sample with one-half the respondents (a one-quarter sample) using the traditional smoking questions and the other half of respondents (a one-quarter sample) using the revised smoking question. An unpublished analysis of the 1992 traditional smoking measure revealed that the crude percentage of current smokers age 18 and over remained the same as in 1991. The statistics reported for 1992 combined data collected using the traditional and the revised questions. The information obtained from the two smoking questions listed above is combined to create the variables represented in Tables 26a and 26b on pages 111 and 112.

*Current smoker:* There are two categories of current smokers: people who smoke every day and people who smoke only on some days.

*Former smoker:* This category includes people who have smoked at least 100 cigarettes in their lifetimes but currently do not smoke at all.

*Nonsmoker:* This category includes people who have never smoked at least 100 cigarettes in their lifetime.

Death rate: The death rate is calculated by dividing the number of deaths in a population in a year by the midyear resident population. For census years, rates are based on unrounded census counts of the resident population as of April 1. For the noncensus years of 1981-1989 and 1991, rates are based on national estimates of the resident population as of July 1, rounded to the nearest thousand. Starting in 1992, rates are based on unrounded national population estimates. Rates for the Hispanic and non-Hispanic white populations in each year are based on unrounded state population estimates for states in the Hispanic reporting area through 1996. Beginning in 1997, all states reported Hispanic origin. Death rates are expressed as the number of deaths per 100,000 people. The rate may be

restricted to deaths in specific age, race, sex, or geographic groups or from specific causes of death (specific rate), or it may be related to the entire population (crude rate).

**Dental services:** In the Medicare Current Beneficiary Survey (Indicators 30 and 34), the Medical Expenditure Panel Survey (MEPS), and the data used from the MEPS predecessor surveys used in this report (Indicator 33) this category covers expenses for any type of dental care provider, including general dentists, dental hygienists, dental technicians, dental surgeons, orthodontists, endodontists, and periodontists.

**Earnings:** Earnings are considered money income reported in the Current Population Survey from wages or salaries and net income from self-employment (farm and nonfarm).

**Emergency room services:** In the Medical Expenditure Panel Survey (MEPS) and the data used from the MEPS predecessor surveys used in this report (Indicator 33), this category includes expenses for visits to medical providers seen in emergency rooms (except visits resulting in a hospital admission). These expenses include payments for services covered under the basic facility charge and those for separately billed physician services. In the Medicare Current Beneficiary Survey (Indicators 30 and 34) emergency room services are included as a hospital outpatient service unless they are incurred immediately prior to a hospital stay, in which case they are included as a hospital inpatient service.

**Fee-for-service:** This is the method of reimbursing health care providers on the basis of a fee for each health service provided to the insured person.

**Functional Limitations:** See Activities of daily living (ADLs) and Instrumental activities of daily living (IADLs).

**Group quarters:** For Census 2000, the U.S. Census Bureau classified all people not living in households as living in group quarters. There are two types of group quarters: institutional (e.g., correctional facilities, nursing homes, and mental hospitals) and noninstitutional (e.g., college dormitories, military barracks, group homes, missions, and shelters).

**Head of household:** In the Consumer Expenditure Survey head of household is defined as the first person mentioned when the respondent is asked to name the person or people who own or rent the home in which the consumer unit resides.

In the Panel Study of Income Dynamics (within each wave of data), each family unit has only one current head of household (Head). Originally, if the family contained a husband-wife pair, the husband was arbitrarily designated the Head to conform with U.S. Census Bureau definitions in effect at the time the study began. The person designated as Head may change over time as a result of other changes affecting the family. When a new Head must be chosen, the following rules apply: The Head of the family unit must be at least 16 years old and the person with the most financial responsibility for the family unit. If this person is female and she has a husband in the family unit, then he is designated as Head. If she has a boyfriend with whom she has been living for at least 1 year, then he is Head. However, if the husband or boyfriend is incapacitated and unable to fulfill the functions of Head, then the family unit will have a female Head.

Health care expenditures: In the Consumer Expenditure Survey (Indicator 12), health care expenditures include out-of-pocket expenditures for health insurance, medical services, prescription drugs, and medical supplies. In the Medicare Current Beneficiary Survey (Indicators 30 and 34), health care expenditures include all expenditures for inpatient hospital, medical, nursing home, outpatient (including emergency room visits), dental, prescription drugs, home health care, and hospice services, including both out-ofpocket expenditures and expenditures covered by insurance. Personal spending for health insurance premiums is excluded. In the Medical Expenditure Panel Survey (MEPS) and the data used from the MEPS predecessor surveys used in this report (Indicator 33), health care expenditures refers to payments for health care services provided during the year. (Data from the 1987 survey have been adjusted to permit comparability across years; see Zuvekas and Cohen.<sup>51</sup>) Out-of-pocket health care expenditures are the sum of payments paid to health care providers by the person, or the person's family, for health care services provided during the year. Health care services include inpatient hospital, hospital emergency room, and outpatient department care; dental services; office-based medical provider services; prescription drugs; home health care; and other medical equipment and services. Personal spending for health insurance premium(s) is excluded.

**Health maintenance organization (HMO):** An HMO is a prepaid health plan delivering comprehensive care to members through designated providers, having a fixed monthly payment for health care services, and requiring members to be in a plan for a specified period of time (usually 1 year).

**Hispanic origin:** See specific data source descriptions in Appendix B.

Home health care/services/visits: Home health care is care provided to individuals and families in their places of residence for promoting, maintaining, or restoring health or for minimizing the effects of disability and illness, including terminal illness. In the Medicare Current Beneficiary Survey and Medicare claims data (Indicators 29, 30, and 34), home health care refers to skilled nursing care, physical therapy, speech language pathology services, occupational therapy, and home health aide services provided to homebound patients. In the Medical Expenditure Panel Survey (Indicator 33), home health care services are classified into the "Other health care" category and are considered any paid formal care provided by home health agencies and independent home health providers. Services can include visits by professionals including nurses, doctors, social workers, and therapists, as well as home health aids, homemaker services, companion services, and home-based hospice care. Home care provided free of charge (informal care by family members) is not included.

**Hospice care/services:** Hospice care is a program of palliative and supportive care services providing physical, psychological, social, and spiritual care for dying persons, their families, and other loved ones by a hospice program or agency. Hospice services are available in home and inpatient settings. In the Medicare Current Beneficiary Survey (MCBS) (Indicators 30 and 34) hospice care includes only those services provided as part of a Medicare benefit. In MCBS Indicator 30 (Medicare) hospice services are included as part of the "Other" category. In MCBS Indicator 34 (Medicare) hospice services

are included as a separate category. In the Medical Expenditure Panel Survey (MEPS) (Indicator 33) hospice care provided in the home (regardless of the source of payment) is included in the "Other health care" category, while hospice care provided in an institutional setting (e.g., nursing home) is excluded from the MEPS universe.

**Hospital care:** Hospital care in the Medical Expenditure Panel Survey (Indicator 33) includes hospital inpatient care and care provided in hospital outpatient departments and emergency rooms. Care can be provided by physicians or other health practitioners; payments for hospital care include payments billed directly by the hospital and those billed separately by providers for services provided in the hospital.

Hospital inpatient services: In the Medicare Current Beneficiary Survey (Indicators 30 and 34) hospital inpatient services include room and board and all hospital diagnostic and laboratory expenses associated with the basic facility charge, and emergency room expenses incurred immediately prior to inpatient stays. Expenses for hospital stays with the same admission and discharge dates are included if the Medicare bill classified the stay as an "inpatient" stay. Payments for separate billed physician inpatient services are excluded. In the Medical Expenditure Panel Survey (Indicator 33) these services include room and board and all hospital diagnostic and laboratory expenses associated with the basic facility charge, payments for separately billed physician inpatient services, and emergency room expenses incurred immediately prior to inpatient stays. Expenses for reported hospital stays with the same admission and discharge dates are also included.

**Hospital outpatient services:** These services in the Medicare Current Beneficiary Survey (Indicators 30 and 34) include visits to both physicians and other medical providers seen in hospital outpatient departments or emergency rooms (provided the emergency room visit does not result in an inpatient hospital admission), as well as diagnostic laboratory and radiology services. Payments for these services include those covered under the basic facility charge. Expenses for inpatient hospital stays with the same admission and discharge dates and classified on the Medicare bill as "outpatient" are also included. Separately billed physician services are excluded. **Hospital stays:** Hospital stays in the Medicare claims data (Indicator 29) refers to admission to and discharge from a short-stay acute care hospital.

**Housing cost burden:** In the American Housing Survey, housing cost burden is defined as expenditures on housing utilities in excess of 30 percent of reported income.

**Housing expenditures:** In the Consumer Expenditure Survey's Interview Survey, housing expenditures include payments for mortgage interest; property taxes; maintenance, repairs, insurance, and other expenses; rent; rent as pay (reduced or free rent for a unit as a form of pay); maintenance, insurance, and other expenses for renters; and utilities.

**Incidence:** Incidence is the number of cases of disease having their onset during a prescribed period of time. It is often expressed as a rate. For example, the incidence of measles per 1,000 children ages 5 to 15 during a specified year. Incidence is a measure of morbidity or other events that occur within a specified period of time. See Prevalence.

**Income:** In the Current Population Survey, income includes money income (prior to payments for personal income taxes, Social Security, union dues, Medicare deductions, etc.) from: (1) money wages or salary; (2) net income from nonfarm self-employment; (3) net income from farm selfemployment; (4) Social Security or Railroad Retirement; (5) Supplemental Security Income; (6) public assistance or welfare payments; (7) interest (on savings or bonds); (8) dividends, income from estates or trusts, or net rental income; (9) veterans' payment or unemployment and worker's compensation; (10) private pensions or government employee pensions; and (11) alimony or child support, regular contributions from people not living in the household, and other periodic income. Certain money receipts such as capital gains are not included.

In the Medicare Current Beneficiary Study, income is for the sample person, or the sample person and spouse if the sample person was married at the time of the survey. All sources of income from jobs, pensions, Social Security benefits, Railroad Retirement and other retirement income, Supplemental Security Income, interest, dividends, and other income sources are included.

Income categories: Two income categories were used to examine out-of-pocket health care expenditures using the Medical Expenditure Panel Survey (MEPS) and MEPS predecessor survey data. The categories were expressed in terms of poverty status (i.e., the ratio of the family's income to the federal poverty thresholds for the corresponding year), which controls for the size of the family and the age of the head of the family. The income categories were (1) poor and near poor and (2) other income. Poor and near poor income category includes people in families with income less than 100 percent of the poverty line, including those whose losses exceeded their earnings, resulting in negative income (i.e., the poor), as well as people in families with income from 100 percent to less than 125 percent of the poverty line (i.e., the near poor). Other income category includes people in families with income greater than or equal to 125 percent of the poverty line. See Income, household.

Income, household: Household income from the Medical Expenditure Panel Survey (MEPS) and the MEPS predecessor surveys used in this report was created by summing personal income from each household member to create family income. Family income was then divided by the number of people that lived in the household during the year to create per capita household income. Potential income sources asked about in the survey interviews include annual earnings from wages, salaries, withdrawals; Social Security and VA payments; Supplemental Security Income and cash welfare payments from public assistance; Temporary Assistance for Needy Families, formerly known as Aid to Families with Dependent Children; gains or losses from estates, trusts, partnerships, C corporations, rent, and royalties; and a small amount of other income. See Income categories.

**Income fifths:** A population can be divided into groups with equal numbers of people based on the size of their income to show how the population differs on a characteristic at various income levels. Income fifths are five groups of equal size, ordered from lowest to highest income.

**Inpatient hospital:** See Hospital inpatient services.

**Institutions:** For Census 2000, the U.S. Census Bureau defined institutions as correctional institutions; nursing homes; psychiatric hospitals; hospitals or wards for chronically ill or for the treatment of substance abuse; schools, hospitals or wards for the mentally retarded or physically handicapped; and homes, schools, and other institutional settings providing care for children.<sup>64</sup> See Population.

Institutionalized population: See Population.

**Instrumental activities of daily living (IADLs):** IADLs are indicators of functional well-being that measure the ability to perform more complex tasks than the related activities of daily living (ADLs). See Activities of daily living (ADLs).

In the Medicare Current Beneficiary Survey. IADLs are measured as difficulty performing (or inability to perform because of a health reason) one or more of the following activities: heavy housework, light housework, preparing meals, using a telephone, managing money, or shopping.

**Long-term care facility:** In the Medicare Current Beneficiary Survey (MCBS) (Indicators 20 and 36), a residence (or unit) is considered a longterm care facility if it is certified by Medicare or Medicaid; has three or more beds and is licensed as a nursing home or other long-term care facility and provides at least one personal care service; or provides 24-hour, 7-day-a-week supervision by a non-family, paid caregiver. In MCBS (Indicators 30 and 34), a long-term care facility excludes "short-term institutions" (e.g., sub-acute care) stays. See Short-term institution (Indicators 30 and 34), and Skilled nursing home (Indicator 29).

**Mammography:** Mammography is an *x*-ray image of the breast used to detect irregularities in breast tissue.

**Mean:** The mean is an average of n numbers computed by adding the numbers and dividing by n.

**Median:** The median is a measure of central tendency, the point on the scale that divides a group into two parts.

**Medicaid:** This nationwide health insurance program is operated and administered by the states, with federal financial participation. Within certain broad, federally determined guidelines, states decide who is eligible; the amount, duration, and scope of services covered; rates of payment for providers; and methods of administering the program. Medicaid pays for health care services, community-based supports, and nursing home care for certain low-income people. Medicaid does not cover all low-income people in every state. The program was authorized in 1965 by Title XIX of the Social Security Act.

**Medicare:** This nationwide program provides health insurance to people age 65 and over, people entitled to Social Security disability payments for 2 years or more, and people with end-stage renal disease, regardless of income. The program was enacted July 30, 1965, as Title XVIII, Health Insurance for the Aged of the Social Security Act, and became effective on July 1, 1966. Medicare covers acute care services and post-acute care settings such as rehabilitation and long-term care hospitals, and generally does not cover nursing home care. Prescription drug coverage began in 2006.

Medicare Advantage: See Medicare Part C.

**Medicare Part A:** Medicare Part A (Hospital Insurance) covers inpatient care in hospitals, critical access hospitals, skilled nursing facilities, and other post-acute care settings such as rehabilitation and long-term care hospitals. It also covers hospice and some home health care.

**Medicare Part B:** Medicare Part B (Medical Insurance) covers doctors' services, outpatient hospital care, and durable medical equipment. It also covers some other medical services that Medicare Part A does not cover, such as physical and occupational therapy and some home health care. Medicare Part B also pays for some supplies when they are medically necessary.

**Medicare Part C:** With the passage of the Balanced Budget Act of 1997, Medicare beneficiaries were given the option to receive their Medicare benefits through private health insurance plans, instead of through the original Medicare plan (Parts A and B). These plans were known as "Medicare+Choice" or "Part C" plans. Pursuant to the Medicare Prescription Drug, Improvement, and Modernization Act of 2003, the types of plans allowed to contract with Medicare were expanded, and the Medicare Choice program became known as "Medicare Advantage." In

addition to offering comparable coverage to Part A and Part B, Medicare Advantage plans may also offer Part D coverage.

Medicare Part D: Medicare Part D subsidizes the costs of prescription drugs for Medicare It was enacted as part of the beneficiaries. Medicare Prescription Drug, Improvement, and Modernization Act of 2003 (MMA) and went into effect on January 1, 2006. Beneficiaries can obtain the Medicare drug benefit through two types of private plans: beneficiaries can join a Prescription Drug Plan (PDP) for drug coverage only or they can join a Medicare Advantage plan (MA) that covers both medical services and prescription drugs (MA-PD). Alternatively, beneficiaries may receive drug coverage through a former employer, in which case the former employer may qualify for a retiree drug subsidy payment from Medicare.

Medigap: See Supplemental health insurance.

**National population adjustment matrix:** The national population adjustment matrix adjusts the population to account for net underenumeration. Details on this matrix can be found on the U.S. Census Bureau website: http://www.census.gov/population/www/censusdata/adjustment.html.

**Obesity:** See Body mass index.

**Office-based medical provider services:** In the Medical Expenditure Panel Survey (Indicator 33) this category includes expenses for visits to physicians and other health practitioners seen in office-based settings or clinics. Other health practitioner includes audiologists, optometrists, chiropractors, podiatrists, mental health professionals, therapists, nurses, and physician's assistants, as well as providers of diagnostic laboratory and radiology services. Services provided in a hospital based setting, including outpatient department services, are excluded.

**Other health care:** In the Medicare Current Beneficiary Survey (Indicator 34), this category includes "short-term institution," "hospice," and "dental" services. In the Medical Expenditure Panel Survey (MEPS) (Indicator 33) other health care includes "home health services" (formal care provided by home health agencies and independent home health providers) and other medical equipment and services. The latter includes expenses for eyeglasses, contact lenses, ambulance services, orthopedic items, hearing devices, prostheses, bathroom aids, medical equipment, disposable supplies, alterations/ modifications, and other miscellaneous items or services that were obtained, purchased, or rented during the year.

**Other income:** Other income is total income minus retirement benefits, earnings, asset income, and public assistance. It includes, but is not limited to, unemployment compensation, worker's compensation, alimony, and child support.

**Outpatient hospital:** See Hospital outpatient services.

**Out-of-pocket health care costs:** These are health care costs that are not covered by insurance.

Overweight: See Body mass index.

**Pensions:** Pensions include money income reported in the Current Population Survey from Railroad Retirement, company or union pensions (including profit sharing and 401(k) payments), IRAs, Keoghs, regular payments from annuities and paid-up life insurance policies, federal government pensions, U.S. military pensions, and state or local government pensions.

Physician/Medical services: In the Medicare Current Beneficiary Survey (Indicator 34), this category includes visits to a medical doctor, osteopathic doctor, and health practitioner as well as diagnostic laboratory and radiology services. Health practitioners include audiologists, podiatrists, optometrists, chiropractors, mental health professionals, therapists, nurses, paramedics, and physician's assistants. Services provided in a hospital-based setting, including outpatient department services, are included.

**Physician/Outpatient hospital:** In the Medicare Current Beneficiary Survey (Indicator 30), this term refers to "physician/medical services" combined with "hospital outpatient services."

**Physician visits and consultations:** In Medicare claims data (Indicator 29) physician visits and consultations include visits and consultations with primary care physicians, specialists, and chiropractors in their offices, hospitals (inpatient and outpatient), emergency rooms, patient homes, and nursing homes.

**Population:** Data on populations in the United States are often collected and published according to several different definitions. Various statistical systems then use the appropriate population for calculating rates.

Resident population: The resident population of the United States includes people resident in the 50 states and the District of Columbia. It excludes residents of the Commonwealth of Puerto Rico and residents of the outlying areas under United States sovereignty or jurisdiction (principally American Samoa, Guam, Virgin Islands of the United States, and the Commonwealth of the Northern Mariana Islands). The definition of residence conforms to the criterion used in Census 2000, which defines a resident of a specified area as a person "usually resident" in that area. The resident population includes people resident in a nursing home and other types of institutional settings, but excludes the U.S. Armed Forces overseas, as well as civilian U.S. citizens whose usual place of residence is outside the United States. As defined in "Indicator 6: Older Veterans," the resident population includes Puerto Rico.

*Resident noninstitutionalized population:* The resident noninstitutionalized population is the resident population not residing in institutions. For Census 2000, institutions, as defined by the U.S. Census Bureau, included correctional institutions; nursing homes; psychiatric hospitals; hospitals or wards for chronically ill or for the treatment of substance abuse; homes and schools, hospitals or wards for the mentally retarded or physically handicapped; and homes, schools, and other institutional settings providing care for children. People living in noninstitutional group quarters are part of the resident noninstitutionalized population. For Census 2000, noninstitutional group quarters included group homes (i.e., community-based homes that provide care and supportive services); residential facilities "providing protective oversight ... to people with disabilities"; worker and college dormitories; military and religious quarters; and emergency and transitional shelters with sleeping facilities.<sup>64</sup>

*Civilian population:* The civilian population is the U.S. resident population not in the active duty Armed Forces.

*Civilian noninstitutionalized population:* The civilian noninstitutionalized population is the

civilian population not residing in institutions. For Census 2000, institutions, as defined by the U.S. Census Bureau, included correctional institutions: nursing homes; psychiatric hospitals; hospitals or wards for chronically ill or for the treatment of substance abuse; schools, hospitals or wards for the mentally retarded or physically handicapped; and homes, schools, and other institutional settings providing care for children. Civilians living in noninstitutional group quarters are part of the civilian noninstitutionalized population. For Census 2000, noninstitutional group quarters included group homes (i.e., "community based homes that provide care and supportive services"); residential facilities "providing protective oversight to people with disabilities"; worker and college dormitories; religious quarters; and emergency and transitional shelters with sleeping facilities.57

Institutionalized population: For Census 2000, the institutionalized population was the population residing in correctional institutions; nursing homes; psychiatric hospitals; hospitals or wards for chronically ill or for the treatment of substance abuse; schools, hospitals, or wards for the mentally retarded or physically handicapped; and homes, schools, and other institutional settings providing care for children. People living in noninstitutional group quarters are part of the noninstitutionalized population. For Census 2000, noninstitutional group quarters included group homes (i.e., "community-based homes that provide care and supportive services"); residential facilities "providing protective oversight ... to people with disabilities"; worker and college dormitories; military and religious quarters; and emergency and transitional shelters with sleeping facilities.57

**Poverty:** The official measure of poverty is computed each year by the U.S. Census Bureau and is defined as being less than 100 percent of the poverty threshold (i.e., \$9,944 for one person age 65 and over in 2007).<sup>58</sup> Poverty thresholds are the dollar amounts used to determine poverty status. Each family (including single-person households) is assigned a poverty threshold based upon the family's income, size of the family, and ages of the family members. All family members have the same poverty status. Several of the indicators included in this report include a poverty status measure. Poverty status (less than 100 percent of

the poverty threshold) was computed for "Indicator 7: Poverty," "Indicator 8: Income," "Indicator 17: Sensory Impairments and Oral Health," "Indicator 22: Mammography," and "Indicator 32: Sources of Health Insurance," "Indicator 33: Out-of-Pocket Health Care Expenditures" using the official U.S. Census Bureau definition for the corresponding year. In addition, the following above-poverty categories are used in this report.

*Indicator 8: Income:* The income categories are derived from the ratio of the family's income (or an unrelated individual's income) to the poverty threshold. Being in poverty is measured as income less than 100 percent of the poverty threshold. Low income is between 100 percent and 199 percent of the poverty threshold (i.e., \$9,944 and \$19,887 for one person age 65 and over in 2007). Middle income is between 200 percent and 399 percent of the poverty threshold (i.e., between \$19,888 and \$39,775 for one person age 65 and over in 2007). High income is 400 percent or more of the poverty threshold.

*Indicator 22: Mammography and Indicator 32: Sources of Health Insurance:* Below poverty is defined as less than 100 percent of the poverty threshold. Above poverty is grouped into two categories: (1) 100 percent to less than 200 percent of the poverty threshold and (2) 200 percent of the poverty threshold or greater.

*Indicator 33: Out-of-Pocket Health Care Expenditures:* Below poverty is defined as less than 100 percent of the poverty threshold. People are classified into the poor/near poor income category if the person's household income is below 125 percent of the poverty level. People are classified into the other income category if the person's household income is equal to or greater than 125 percent of the poverty level.

**Prescription drugs/medicines:** In the Medicare Current Beneficiary Survey (Indicators 30, 31, 34) and in the Medical Expenditure Panel Survey (Indicator 33) prescription drugs are all prescription medications (including refills) except those provided by the doctor or practitioner as samples and those provided in an inpatient setting.

**Prevalence:** Prevalence is the number of cases of a disease, infected people, or people with some other attribute present during a particular interval

of time. It is often expressed as a rate (e.g., the prevalence of diabetes per 1,000 people during a year). See Incidence.

**Private supplemental health insurance:** See Supplemental health insurance.

**Public assistance:** Public assistance is money income reported in the Current Population Survey from Supplemental Security Income (payments made to low-income people who are age 65 and over, blind, or disabled) and public assistance or welfare payments, such as Temporary Assistance for Needy Families and General Assistance.

Quintiles: See Income fifths.

**Race:** See specific data source descriptions in Appendix B.

**Rate:** A rate is a measure of some event, disease, or condition in relation to a unit of population, along with some specification of time.

**Reference population:** The reference population is the base population from which a sample is drawn at the time of initial sampling. See Population.

**Respondent-assessed health status:** In the National Health Interview Survey, respondent-assessed health status is measured by asking the respondent, "Would you say [your/subject name's] health is excellent, very good, good, fair, or poor?" The respondent answers for all household members including himself or herself.

**Short-term institution:** This category in the Medicare Current Beneficiary Survey (Indicators 30 and 34) includes skilled nursing facility stays and other short-term (e.g., sub-acute care) facility stays (e.g., a rehabilitation facility stay). Payments for these services include Medicare and other payment sources. See Skilled nursing facility (Indicator 29), Nursing facility (Indicator 36), and Long-term care facility (Indicators 20, 30, 34, and 37.

Skilled nursing facility stays: Skilled nursing facility stays in the Medicare claims data (Indicator 29) refers to admission to and discharge from a skilled nursing facility, regardless of the length of stay. See Skilled nursing facility (Indicator 29).

**Skilled nursing facility:** A skilled nursing facility (SNF) as defined by Medicare (Indicator 29) provides short-term skilled nursing care on an

inpatient basis, following hospitalization. These facilities provide the most intensive care available outside of inpatient acute hospital care. In the Medicare Current Beneficiary Survey (Indicators 30 and 34) "skilled nursing facilities" are classified as a type of "short-term institution." See Shortterm institution (Indicators 30 and 34), and Longterm care facility (Indicators 20, 30, 34, and 36).

**Social Security benefits:** Social Security benefits include money income reported in the Current Population Survey from Social Security old-age, disability, and survivors' benefits.

**Standard population:** A population in which the age and sex composition is known precisely, as a result of a census. A standard population is used as a comparison group in the procedure for standardizing mortality rates.

Supplemental health insurance: Supplemental health insurance is designed to fill gaps in the original Medicare plan coverage by paying some of the amounts that Medicare does not pay for covered services and may pay for certain services not covered by Medicare. Private Medigap is supplemental insurance individuals purchase themselves or through organizations such as AARP or other professional organizations. Employer-or union-sponsored supplemental insurance policies are provided through a Medicare enrollee's former employer or union. For dual-eligible beneficiaries, Medicaid acts as a supplemental insurer to Medicare. Some Medicare beneficiaries enroll in HMOs and other managed care plans that provide many of the benefits of supplemental insurance, such as low copayments and coverage of services that Medicare does not cover.

**TRICARE:** TRICARE is the Department of Defense's regionally managed health care program for active duty and retired members of the uniformed services, their families, and survivors.

**TRICARE for Life:** TRICARE for Life is TRICARE's Medicare wraparound coverage (similar to traditional Medigap coverage) for Medicare-eligible uniformed services beneficiaries and their eligible family members and survivors.

**Veteran:** Veterans include those who served on active duty in the Army, Navy, Air Force, Marines, Coast Guard, uniformed Public Health Service, or uniformed National Oceanic and Atmospheric

Administration; Reserve Force and National Guard called to federal active duty; and those disabled while on active duty training. Excluded are those dishonorably discharged and those whose only active duty was for training or State National Guard service.

**Veterans' health care:** Health care services provided by the Veterans Health Administration (Indicator 35) includes preventive care, ambulatory diagnosis and treatment, inpatient diagnosis and treatment and medications and supplies. This includes home- and community-based services (e.g., home health care) and long-term care institutional services (for those eligible to receive these services).