

Dietary Guidelines Advisory Committee Meeting

September 28-29, 1998

Waugh Auditorium
1800 M Street, NW
Washington, DC

AGENDA

Monday, September 28

- 9:15 a.m. Welcome and Introduction of the Committee
Eileen Kennedy, Deputy Under Secretary, Research, Education,
and Economics, USDA
- Swearing in of the Committee
Shirley Watkins, Under Secretary, Food, Nutrition,
and Consumer Service, USDA
- Review of the Committee Assignment/Charge to the Committee
David Satcher, Assistant Secretary for Health
and Surgeon General, DHHS
- 9:40 a.m. Review of Agenda
Cutberto Garza, Chair, Dietary Guidelines Advisory Committee
- 9:50 a.m. Historical Overview of the Dietary Guidelines
J. Michael McGinnis, Scholar-in-Residence,
National Academy of Sciences
- 10:05 a.m. Presentation: Uses of the Dietary Guidelines
Eileen Kennedy
- 10:20 a.m. Break
- 10:40 a.m. Introduction — Initial Review and Identification of
Key Issues by Guideline, and Housekeeping,
Including Timeline and Staff Responsibilities
Cutberto Garza

- 11:00 a.m. Eat a Variety of Foods — Presentation and Discussion
Suzanne Murphy
- 11:30 a.m. Balance the Food You Eat With Physical Activity — Maintain or
Improve Your Weight — Presentation and Discussion
Roland Weinsier
- 12:00 p.m. Choose a Diet With Plenty of Grain Products, Vegetables, and
Fruits — Presentation and Discussion
Richard Deckelbaum
- 12:30 p.m. Lunch
- 1:45 p.m. Choose a Diet Low in Fat, Saturated Fat, and Cholesterol —
Presentation and Discussion
Scott Grundy
- 2:15 p.m. Choose a Diet Moderate in Sugars — Presentation and
Discussion
Rachel Johnson
- 2:45 p.m. Choose a Diet Moderate in Salt and Sodium — Presentation and
Discussion
Shiriki Kumanyika
- 3:15 p.m. Break
- 3:45 p.m. If You Drink Alcoholic Beverages, Do So in Moderation —
Presentation and Discussion
Meir Stampfer
- 4:15 p.m. Presentation and Discussion of Issues
Dietary Guidelines for Children – Rachel Johnson
- 4:45 p.m. Review of 2nd Day Agenda
Cutberto Garza
- 5:00 p.m. Meeting Adjourns

Tuesday, September 29

- 9:00 a.m. Presentation and Discussion of Issues Continues
Dietary Supplements – Shiriki Kumanyika
Food Safety – Johanna Dwyer
- 10:30 a.m. Break
- 10:45 a.m. Summary of Meeting Discussions; Review Timeline and Next Steps;
Cutberto Garza
- 12:15 p.m. Meeting Adjourns