SCHOOL HEALTH POLICIES AND PROGRAMS STUDY

## I njury Prevention and Safety

About SHPPS: SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Comprehensive results from SHPPS 2006 are published in the Journal of School Health, Volume 77, Number 8, October 2007.

## Health Education

- The percentage of districts that required elementary schools to teach about injury prevention and safety increased from $66.2 \%$ in 2000 to $77.4 \%$ in $2006 .{ }^{1}$
- The percentage of districts that required middle schools to teach about injury prevention and safety increased from 66.7\% in 2000 to 80.3\% in 2006.
- Among classes and courses in which injury prevention and safety was taught, the median number of hours of required instruction teachers provided on injury prevention and safety decreased from 4.4 in 2000 to 2.1 in 2006 among elementary school classes, from 3.6 to 1.8 among middle school courses, and from 4.5 to 2.4 among high school courses.

Percentage of States, Districts, and Schools That Required Teaching Injury Prevention and Safety, by School Level


■Elementary ■Middle ■High
Percentage of Schools in Which Teachers Taught* I njury Prevention Topics as Part of Required I nstruction, by School Level

| Topic | Elementary | Middle | High |
| :--- | :---: | :---: | :---: |
| Cardiopulmonary resuscitation (CPR) | 15.2 | 37.1 | 48.6 |
| Emergency preparedness | 63.6 | 56.4 | 56.7 |
| Fire safety | 72.4 | 52.2 | 39.9 |
| First aid | 49.8 | 56.2 | 55.8 |
| Motor vehicle occupant safety (e.g., seatbelt use) | 68.5 | 54.3 | 56.3 |
| Pedestrian safety | 68.6 | 35.0 | 29.5 |
| Playground safety | 79.9 | NA | NA |
| Poisoning prevention | 47.0 | 39.8 | 49.8 |
| Use of protective equipment for biking, skating, or other <br> sports | 69.2 | 55.4 | 50.0 |
| Water safety <br> *In at least 1 elementary school class or in at least 1 required health education course in middle schools or <br> high schools. <br> NA not asked at this level. $\mathbf{~} \quad 54.6$ |  |  |  |

During the 2 years preceding the study:

- The percentage of states that provided funding for staff development or offered staff development on injury prevention and safety to those who teach health education increased from $39.6 \%$ in 2000 to $76.0 \%$ in 2006, and the percentage of districts doing this increased from $40.0 \%$ in 2000 to $66.2 \%$ in 2006.
- The percentage of health education classes or courses with a teacher who received staff development on injury prevention and safety increased from $25.0 \%$ in 2000 to $41.3 \%$ in 2006.

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## Health Services and Mental Health and Social Services

| Percentage of States and Districts That Provided Funding for Staff Development or <br> Offered Staff Development on Injury Prevention and Safety Topics* <br> to School Nurses |  |  |
| :--- | :---: | :---: |
| Topic | States | Districts |
| Cardiopulmonary resuscitation | 38.0 | 74.3 |
| First aid | 51.0 | 66.9 |
| Injury prevention and safety counseling | 59.2 | 42.6 |
| *During the 2 years preceding the study |  |  |

- During the 2 years preceding the study, $67.4 \%$ of states and $49.0 \%$ of districts provided funding for staff development or offered staff development on injury prevention and safety counseling to school mental health or social services staff.
- $25.3 \%$ of districts provided injury prevention and safety counseling in one-on-one or smallgroup sessions at locations not on school property.

| Percentage of Schools That Provided Injury Prevention and Safety Counseling in One- <br> on- One or Small-Group Sessions |  |
| :--- | :---: |
| Location | Schools |
| At school by health services or mental health and social services staff | 85.6 |
| Through arrangements with organizations or professionals outside the <br> school | 21.2 |

## Healthy and Safe School Environment

- $76.1 \%$ of states and $94.9 \%$ of districts required students to wear appropriate protective gear when engaged in classes such as wood shop or metal shop, and among the $32.7 \%$ of schools with these classes, $94.6 \%$ required students to wear appropriate protective gear when engaged in those classes.
- $76.1 \%$ of states and $94.6 \%$ of districts required students to wear appropriate protective gear when engaged in lab activities for photography, chemistry, biology, or other science classes, and among the $64.6 \%$ of schools with lab activities for these classes, $97.6 \%$ required students to wear appropriate protective gear when engaged in those activities.
- $33.0 \%$ of districts and $11.8 \%$ of schools had ever been sued because of an injury that occurred on school property or at an off-campus, school-sponsored event.
- The percentage of districts that had adopted a policy on the inspection or maintenance of smoke alarms increased from $72.2 \%$ in 2000 to $89.8 \%$ in 2006, and the percentage of schools that inspected smoke alarms during the 12 months preceding the study increased from $85.3 \%$ to $96.7 \%$.
- The percentage of districts that required elementary schools to use the safety checklist and equipment guidelines published in the Handbook for Public Playground Safety by the U.S. Consumer Product Safety Commission increased from 29.7\% in 2000 to 46.7\% in 2006.
- $48.7 \%$ of elementary schools used the safety checklist and equipment guidelines published in the Handbook for Public Playground Safety by the U.S. Consumer Product Safety Commission.


[^0]:    ${ }^{1}$ Selected changes between 2000 and 2006 are included if they met at least 2 of 3 criteria ( $p<.01$ from a ttest, a difference greater than 10 percentage points, or an increase by at least a factor of 2 or decrease by at least half). Variables are not included if they do not meet these criteria or if no comparable variable existed in both survey years.

