

## READY NAVY

GET READY TO bug out!

Emergencies happen. Sometimes that means you have to be ready to leave or evacuate – to "bug out." Follow the steps to help your family get ready for the unexpected.



## Step 1: Be Informed

Emergencies come in many forms. Learn about possible weather, manmade, and terrorist emergencies by visiting the Ready Navy website at www.ready.navy.mil with your parents. Find tips that will help your family be ready. Talk about things that may affect your area.





Flood





Power Outage









Winter Storm



Earthquake



Radiation Leak

Heat Wave



## Step 2: Make a Plan

By taking action before an emergency happens, you and your family can be ready. A plan helps you know where to go, what to do, and what to take in the event of an emergency. Talk with your parents and make a plan for your family. Learn about shelters and evacuation routes.

Pick two meeting places in case you are not together when an emergency happens.

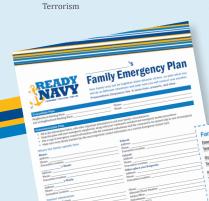
One inside the neighborhood:

One outside the neighborhood:

Pick an out-of-town contact (someone you can all call to check in with) such as Grandma, Grandpa, Aunt, or Uncle.

Out-of-town contact name:

Out-of-town contact phone #:



You can find contact cards in the family emergency plan template at www.read.navy.mil.









With some hazards, you may need to find safety inside. With others, you may need to evacuate or "bug out." Power could go out and stores may be closed. You should have enough food, water, and important supplies for every family member for at least three days. Build your own "Bug Out" bag. Complete the "Bug Out" bag word search to find items that you should include.

- MANUAL CAN OPENER
- FIRST AID KIT
- PRESCRIPTION MEDICINES
- MOIST TOWLETTES
- GARBAGE BAGS
- FLASHLIGHT
- BATTERY POWERED RADIO
- **EXTRA BATTERIES**
- WRENCH
- MAPS
- FAMILY PLAN
- COMMUNICATION CARD
- **GAMES**
- SNACKS
- WHISTLE
- BAND AIDS





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"Captain Whistle"



"Flash"



