



BREASTFEED FOR SIX MONTHS. HELP REDUCE YOUR CHILD'S RISK FOR RESPIRATORY ILLNESSES.

Recent studies show you can lower your child's risk for respiratory illnesses and even hospitalizations for illnesses like pneumonia by breastfeeding exclusively for six months. Call 800-994-WOMAN or visit www.4woman.gov to learn more. Or talk to your healthcare provider.

Babies were born to be breastfed.



U.S. Department of Health and Human Services

