

Bright Futures Parent Supplemental Questionnaire 9 Month Visit

For us to provide you and your baby with the best possible health care, we would like to know how things are going.

Please circle Yes or No for each question. Thank you.

Your Baby and Family: Family Adaptations				
Do you and your partner agree on how to raise your baby?		Yes	No	
Do you limit when you say "No" to your baby to only the most important issues?		Yes	No	
Do you and other caregivers have the same idea about what behavior is OK for your baby?		Yes	No	
If you have other children, do they help with the baby as much as they can?	N/A	Yes	No	
Do you have someone who you can trust to look after your baby?		Yes	No	
Do you make time for yourself?		Yes	No	
Do you always feel safe in your home?		Yes	No	
Has your partner ever hurt you or your baby?		No	Yes	
Are you scared that other people may hurt your baby?		No	Yes	

Your Changing and Developing Baby: Infant Independence				
Do you have a regular bedtime routine for your baby?	Yes	No		
Do you let your baby fall asleep on his own?	Yes	No		
Do you watch your baby while she is playing?	Yes	No		
Does your baby try to do things like you?	Yes	No		
After your baby watches you hide a toy, can he find it?	Yes	No		
Does your baby play actively for one hour or more a day?	Yes	No		
How many hours per day does your baby watch TV?		hours		

Feeding Your Baby: Feeding Routine			
Do you feed your baby many types of vegetables?	Yes	No	
Do you let your baby decide what and how much to eat?	Yes	No	
Do you give your baby foods with different textures (pureed, blended, mashed, chopped, lumps)?	Yes	No	
Can your baby drink from a cup?	Yes	No	
Can your baby feed herself?	Yes	No	

Safety					
Do you always use a car safety seat?		Yes	No		
Is your baby's car safety seat always rear-facing in the back seat of the car?		Yes	No		
Are you having any problems with your car safety seat?		No	Yes		
Do you keep your baby away from heaters and fires?		Yes	No		
Do you always stay close enough to touch your baby when he is in the bathtub?		Yes	No		
Do you keep furniture away from windows and use window guards for second floor and higher windows?		Yes	No		
Do you keep cleaners and medicines locked up?		Yes	No		
Does anyone in your home or the homes where your baby spends time have a gun?		No	Yes		
If so, are the guns unloaded and locked away?	N/A	Yes	No		
Does anyone smoke around your baby?	•	No	Yes		
If you smoke, would you like information on how to stop?		Yes	No		



American Academy of Pediatrics



The recommendations in this publication do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate. Original document included as part of *Bright Futures Tool and Resource Kit.* Copyright © 2010 American Academy of Pediatrics. All Rights Reserved. The American Academy of Pediatrics does not review or endorse any modifications made to this document and in no event shall the AAP be liable for any such changes.