## Get the Facts About Children's Health Insurance

**Information for Coaches** 

Make sure kids in your community aren't sidelined this season because they don't have health insurance. Maryland Children's Health Program is a free or low-cost health insurance program that can get your team covered and get them in the game.

## Know the rules.

- Maryland Children's Health Program is available for kids 18 years old or younger.
- A family of four with an income up to \$66,000 a year can get their kids covered.
- Kids can get doctor and dentist visits, vision and hearing care, hospital care, mental health services, regular check-ups and shots, and needed treatment, including prescription drugs.
- Even if families have been turned down in the past, they may be able to get their children health coverage now.

## Put together a game plan.

- Tell parents about the free or low-cost health insurance for kids and provide the contact information below at anytime during the sports season: at the first parents meeting of the year, in a letter you send home, or on a volunteer sign-up sheet.
- Share information with school nurses, guidance counselors, and others at your school.

## Watch them score.

• Kids are covered on and off the field and can stay protected even after the sports season is over.

Help your team today by telling families to call 800-456-8900 or visit InsureKidsNow.gov.





