

## WASHINGTON

**Table 105. Selected Drug Use, Perceptions of Great Risk, Average Annual Marijuana Initiates, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in Washington, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2009-2010 NSDUHs**

Measure	12+	12-17	18-25	26+	18+
<b>ILLCIT DRUGS</b>					
Past Month Illicit Drug Use <sup>1</sup>	600	56	184	360	544
Past Year Marijuana Use	775	79	272	424	696
Past Month Marijuana Use	492	41	161	289	450
Past Month Use of Illicit Drugs Other Than Marijuana <sup>1</sup>	245	23	73	150	223
Past Year Cocaine Use	117	5	45	67	111
Past Year Nonmedical Pain Reliever Use	344	39	102	203	305
Perception of Great Risk of Smoking Marijuana Once a Month	1,349	145	97	1,107	1,204
Average Annual Number of Marijuana Initiates <sup>2</sup>	57	26	27	4	31
<b>ALCOHOL</b>					
Past Month Alcohol Use	3,156	70	435	2,650	3,085
Past Month Binge Alcohol Use <sup>3</sup>	1,325	45	302	978	1,280
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	2,321	192	209	1,920	2,129
Past Month Alcohol Use (Persons Aged 12 to 20)	221 <sup>4</sup>	--	--	--	--
Past Month Binge Alcohol Use (Persons Aged 12 to 20) <sup>3</sup>	155 <sup>4</sup>	--	--	--	--
<b>TOBACCO PRODUCTS</b>					
Past Month Tobacco Product Use <sup>5</sup>	1,493	58	313	1,122	1,435
Past Month Cigarette Use	1,257	41	266	950	1,216
Perception of Great Risk of Smoking One or More Packs of Cigarettes per Day	3,951	342	447	3,163	3,609
<b>PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT<sup>6</sup></b>					
Illicit Drug Dependence <sup>1</sup>	113	13	46	53	99
Illicit Drug Dependence or Abuse <sup>1</sup>	151	22	64	65	129
Alcohol Dependence	170	9	48	112	160
Alcohol Dependence or Abuse	355	22	107	226	333
Alcohol or Illicit Drug Dependence or Abuse <sup>1</sup>	438	33	139	266	405
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,7</sup>	143	19	59	64	123
Needing But Not Receiving Treatment for Alcohol Use <sup>7</sup>	335	21	103	211	314
<b>PAST YEAR MENTAL HEALTH</b>					
Had at Least One Major Depressive Episode <sup>8,9</sup>	--	46	63	318	381
Serious Mental Illness <sup>9,10</sup>	--	--	54	205	259
Any Mental Illness <sup>9,11</sup>	--	--	228	910	1,138
Had Serious Thoughts of Suicide	--	--	44	170	214

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup> Average annual number of marijuana initiates =  $X_1 \div 2$ , where  $X_1$  is the number of marijuana initiates in the past 24 months.

<sup>3</sup> Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

<sup>4</sup> Underage drinking is defined for persons aged 12 to 20; therefore, the "Total" estimate reflects that age group and not persons aged 12 or older.

<sup>5</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

<sup>6</sup> Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*.

<sup>7</sup> Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

<sup>8</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from persons aged 18 or older to get an overall estimate (12 or older).

<sup>9</sup> For more details, see Section A.11 in Appendix A of the report on *State Estimates of Substance Use and Mental Disorders from the 2009-2010 NSDUHs*.

<sup>10</sup> Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* and resulted in serious functional impairment in carrying out major life activities.

<sup>11</sup> Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, regardless of the level of impairment in carrying out major life activities.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2009 and 2010 (Revised March 2012).

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**Table 106. Selected Drug Use, Perceptions of Great Risk, Average Annual Rates of First Use of Marijuana, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in Washington, by Age Group: Percentages, Annual Averages Based on 2009-2010 NSDUHs**

Measure	12+	12-17	18-25	26+	18+
<b>ILLCIT DRUGS</b>					
Past Month Illicit Drug Use <sup>1</sup>	10.82	10.81	26.07	8.32	10.82
Past Year Marijuana Use	13.98	15.32	38.50	9.81	13.84
Past Month Marijuana Use	8.86	8.01	22.74	6.69	8.95
Past Month Use of Illicit Drugs Other Than Marijuana <sup>1</sup>	4.42	4.40	10.29	3.47	4.43
Past Year Cocaine Use	2.10	1.05	6.31	1.54	2.21
Past Year Nonmedical Pain Reliever Use	6.20	7.48	14.44	4.70	6.07
Perception of Great Risk of Smoking Marijuana Once a Month	24.31	28.04	13.77	25.59	23.93
Average Annual Rate of First Use of Marijuana <sup>2</sup>	2.10	6.21	9.37	0.19	1.34
<b>ALCOHOL</b>					
Past Month Alcohol Use	56.89	13.61	61.60	61.28	61.33
Past Month Binge Alcohol Use <sup>3</sup>	23.89	8.74	42.69	22.62	25.45
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	41.84	37.23	29.55	44.40	42.31
Past Month Alcohol Use (Persons Aged 12 to 20)	26.92 <sup>4</sup>	--	--	--	--
Past Month Binge Alcohol Use (Persons Aged 12 to 20) <sup>3</sup>	18.91 <sup>4</sup>	--	--	--	--
<b>TOBACCO PRODUCTS</b>					
Past Month Tobacco Product Use <sup>5</sup>	26.91	11.24	44.31	25.94	28.52
Past Month Cigarette Use	22.66	7.95	37.56	21.97	24.17
Perception of Great Risk of Smoking One or More Packs of Cigarettes per Day	71.23	66.20	63.17	73.14	71.74
<b>PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT<sup>6</sup></b>					
Illicit Drug Dependence <sup>1</sup>	2.03	2.57	6.52	1.23	1.98
Illicit Drug Dependence or Abuse <sup>1</sup>	2.72	4.25	9.03	1.51	2.57
Alcohol Dependence	3.06	1.83	6.85	2.59	3.19
Alcohol Dependence or Abuse	6.40	4.29	15.16	5.22	6.62
Alcohol or Illicit Drug Dependence or Abuse <sup>1</sup>	7.90	6.42	19.63	6.16	8.05
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,7</sup>	2.57	3.75	8.38	1.48	2.45
Needing But Not Receiving Treatment for Alcohol Use <sup>7</sup>	6.04	4.10	14.60	4.88	6.24
<b>PAST YEAR MENTAL HEALTH</b>					
Had at Least One Major Depressive Episode <sup>8,9</sup>	--	8.86	8.98	7.35	7.58
Serious Mental Illness <sup>9,10</sup>	--	--	7.69	4.74	5.16
Any Mental Illness <sup>9,11</sup>	--	--	32.20	21.05	22.61
Had Serious Thoughts of Suicide	--	--	6.23	3.93	4.25

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup> Average annual marijuana initiation rate =  $100 * \{ [X_1 \div (0.5 * X_1 + X_2)] \div 2 \}$ , where  $X_1$  is the number of marijuana initiates in the past 24 months and  $X_2$  is the number of persons who never used marijuana. Both of the computation components,  $X_1$  and  $X_2$ , are based on a survey-weighted hierarchical Bayes estimation approach. Note that the age group is based on a respondent's age at the time of the interview, not his or her age at first use.

<sup>3</sup> Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

<sup>4</sup> Underage drinking is defined for persons aged 12 to 20; therefore, the "Total" estimate reflects that age group and not persons aged 12 or older.

<sup>5</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

<sup>6</sup> Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*.

<sup>7</sup> Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

<sup>8</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from persons aged 18 or older to get an overall estimate (12 or older).

<sup>9</sup> For more details, see Section A.11 in Appendix A of the report on *State Estimates of Substance Use and Mental Disorders from the 2009-2010 NSDUHs*.

<sup>10</sup> Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* and resulted in serious functional impairment in carrying out major life activities.

<sup>11</sup> Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, regardless of the level of impairment in carrying out major life activities.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2009 and 2010 (Revised March 2012).