

The DASIS Report

March 11, 2005

National Survey of Substance Abuse Treatment Services: 2003

In Brief

- A total of 13,623 facilities responded to the N-SSATS survey in 2003 and reported a one-day census of 1,092,546 clients enrolled in substance abuse treatment on March 31, 2003
- More than 60 percent of the facilities surveyed in 2003 were operated by private non-profit entities, one-quarter were operated by private for-profit organizations and the remainder were operated by Federal, State, local, or tribal governments
- Eighty percent of facilities provided outpatient care, 28 percent provided residential treatment and 7 percent offered hospital inpatient care

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual census of all known facilities in the United States, both public and private, that provide substance abuse treatment.

This issue of *The DASIS Report* presents results highlights from the 2003 N-SSATS. Conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA), N-SSATS is designed to collect data on the location, characteristics, and use of alcoholism and drug abuse treatment facilities and services throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

In the United States and its jurisdictions 13,623 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 1,092,546 clients in substance abuse treatment on the survey reference date of March 31, 2003. The survey response rate in the United States and its jurisdictions was 96 percent.

This issue contains highlights from the 2003 N-SSATS. Full findings are available on the OAS website at <http://oas.samhsa.gov/dasis.htm#nssats2>

Table 1. Facility Operation: 2003

| Facility Operation | Facilities | |
|----------------------------------|---------------|-------------|
| | Number | Percent |
| Private non-profit | 8,258 | 60% |
| Private for-profit | 3,403 | 25% |
| Local government | 979 | 7% |
| State government | 475 | 4% |
| Federal government | 339 | 3% |
| <i>Dept. of Veterans Affairs</i> | 196 | 1% |
| <i>Dept. of Defense</i> | 102 | 1% |
| <i>Indian Health Service</i> | 34 | <1% |
| <i>Other</i> | 7 | <1% |
| Tribal government | 169 | 1% |
| Total | 13,623 | 100% |

Table 2. Primary Focus of Facility: 2003

| Primary Focus | Facilities | |
|---|---------------|-------------|
| | Number | Percent |
| Substance Abuse Treatment | | |
| Services | 8,351 | 61% |
| Mental Health Services | 1,157 | 9% |
| Mix of Mental Health & Substance Abuse Treatment Services | 3,600 | 26% |
| General Health Care | 249 | 2% |
| Other/Unknown | 266 | 2% |
| Total | 13,623 | 100% |

Table 3. Client Substance Abuse Problem Treated at Facility: 2003

| Substance Abuse Problem | Facilities | |
|--|---------------|---------|
| | Number | Percent |
| Clients with Both Alcohol and Drug Abuse | 11,508 | 93% |
| Clients with Drug Abuse Only | 9,628 | 78% |
| Clients with Alcohol Abuse Only | 9,765 | 79% |
| Total | 12,398 | |

Note: Excludes 1,225 facilities that were not asked or did not respond to this question. Facilities may be included in more than one category.

Table 4. Type of Care Offered: 2003

| Type of Care | Facilities | |
|---------------------------------------|---------------|------------|
| | Number | Percent |
| Outpatient | 10,893 | 80% |
| Regular Outpatient | 9,967 | 73% |
| Intensive Outpatient | 5,902 | 43% |
| Day Treatment/Partial Hospitalization | 2,156 | 16% |
| Detoxification | 1,501 | 11% |
| Methadone/LAAM Maintenance | 955 | 7% |
| Residential | 3,793 | 28% |
| Short Term | 1,596 | 12% |
| Long Term | 3,142 | 23% |
| Detoxification | 957 | 7% |
| Hospital Inpatient | 1,013 | 7% |
| Treatment | 662 | 5% |
| Detoxification | 900 | 7% |
| Total | 13,623 | |

Note: Facilities may be included in more than one category.

Table 5. Facilities with Opioid Treatment Programs (OTPs): 2003

| Program Type | Facilities | |
|-------------------------------------|--------------|-------------|
| | Number | Percent |
| Maintenance Only | 361 | 34% |
| Detoxification Only | 124 | 12% |
| Both Maintenance and Detoxification | 582 | 54% |
| Total | 1,067 | 100% |

Table 6. Facility Payment Options: 2003

| Type of Payment Accepted | Facilities | |
|---------------------------------------|------------|---------|
| | Number | Percent |
| Cash/Self-Payment | 12,291 | 90% |
| Private Health Insurance | 9,234 | 68% |
| Medicare | 4,746 | 35% |
| Medicaid | 7,151 | 53% |
| Other State-Financed Health Insurance | 4,854 | 36% |
| Federal Military Insurance | 4,736 | 35% |
| No Payment Accepted | 575 | 4% |
| Other Payment Assistance | 354 | 3% |

Sliding Fee Scale 8,705 64%

Treatment at No Charge for Clients Who Cannot Pay 7,549 55%

Note: Facilities may be included in more than one "type of payment accepted" category.

Table 7. Facility Capacity and Utilization of Residential and Hospital Inpatient Care: 2003

| | Residential | Hospital Inpatient |
|--|-------------|--------------------|
| Number of Facilities | 3,204 | 583 |
| Number of Clients | 95,689 | 10,630 |
| Number of Designated Beds | 101,920 | 13,378 |
| Utilization Rate | 94% | 80% |
| Number of Designated Beds per Facility | 32 | 23 |

Note: Excludes 636 facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities. Excludes facilities offering outpatient care only.

Table 8. Facilities Offering Programs or Groups for Specific Client Types: 2003

| Client Type | Facilities | |
|--|------------|---------|
| | Number | Percent |
| Any Program or Group | 11,486 | 84% |
| Adolescents | 4,359 | 32% |
| Clients with Co-Occurring Mental and Substance Abuse Disorders | 4,783 | 35% |
| Criminal Justice Clients (Other than DUI/DWI Clients) | 3,634 | 27% |
| Persons with HIV/AIDS | 1,484 | 11% |
| Gays/Lesbians | 755 | 6% |
| Seniors/Older Adults | 999 | 7% |
| Pregnant/Postpartum Women | 1,851 | 14% |
| Women Only | 4,779 | 35% |
| Men Only | 3,636 | 27% |
| DUI/DWI Offenders | 4,454 | 33% |
| Other Groups | 1,937 | 14% |

Note: Facilities may be included in more than one category.

The Drug and Alcohol Services Information System (DASIS) is an integrated data system maintained by the Office of Applied Studies, Substance Abuse and Mental Health Services Administration (SAMHSA). One component of DASIS is the National Survey of Substance Abuse Treatment Services (N-SSATS), an annual survey of all facilities in the United States, both public and private, that provide substance abuse treatment. N-SSATS was formerly known as the Uniform Facility Data Set (UFDS).

The DASIS Report is prepared by the Office of Applied Studies, SAMHSA; Synectics for Management Decisions, Inc., Arlington, Virginia; and RTI, Research Triangle Park, North Carolina.

Information and data for this report are based on data reported to N-SSATS for the survey reference date March 31, 2003.

Access the latest N-SSATS/UFDS reports at:
<http://www.samhsa.gov/oas/dasis.htm>

Access the latest N-SSATS/UFDS public use files at:
<http://www.samhsa.gov/oas/SAMHDA.htm>

Other substance abuse reports are available at:
<http://www.DrugAbuseStatistics.samhsa.gov>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services Administration
 Office of Applied Studies
www.samhsa.gov

Table 9. Facility Services Offered: 2003

| Services | Facilities | |
|---|---------------|------------|
| | Number | Percent |
| Assessment Services | 12,909 | 95% |
| Comprehensive Substance Abuse Assessment/Diagnosis | 12,639 | 93% |
| Comprehensive Mental Health Assessment/Diagnosis | 5,943 | 44% |
| Substance Abuse Therapy/ Counseling | 13,454 | 99% |
| Family Counseling | 10,277 | 76% |
| Group Therapy | 12,146 | 89% |
| Individual Therapy | 12,851 | 94% |
| Relapse Prevention | 10,699 | 79% |
| Aftercare Counseling | 10,459 | 77% |
| Pharmacotherapies | 2,739 | 20% |
| Antabuse | 2,268 | 17% |
| Naltrexone | 1,656 | 12% |
| Buprenorphine | 741 | 5% |
| Testing | 11,612 | 85% |
| Breathalyzer/Other Blood Alcohol Testing | 7,203 | 53% |
| Drug/Alcohol Urine Screening | 10,967 | 81% |
| Screening for Hepatitis B | 3,297 | 24% |
| Screening for Hepatitis C | 3,392 | 25% |
| HIV Testing | 4,579 | 34% |
| STD Testing | 3,316 | 24% |
| TB Screening | 5,053 | 37% |
| Transitional Services | 12,051 | 89% |
| Assistance with Obtaining Social Services | 7,433 | 55% |
| Discharge Planning | 11,413 | 84% |
| Employment Counseling/Training | 4,968 | 37% |
| Assistance in Locating Housing | 5,874 | 43% |
| Other Services | 12,152 | 89% |
| Case Management Services | 9,390 | 69% |
| Child Care | 1,076 | 8% |
| Domestic Violence—Family/ Partner Violence Services | 4,505 | 33% |
| HIV/AIDS Education/ Counseling/Support | 7,758 | 57% |
| Outcome Follow-Up After Discharge | 7,330 | 54% |
| Transportation Assistance to Treatment | 4,665 | 34% |
| Acupuncture | 673 | 5% |
| Residential Beds for Clients' Children | 588 | 4% |

Note: Facilities may be included in more than one category.