



Briefing Exercise

We're going to practice briefing, including creating psychological safety, by having you read through a scenario where a patient is being discharged from the hospital after having a myocardial infarction. I need someone to play the nurse, someone to play the interpreter, and someone to play the patient.

Nurse: Hi, [interpreter name]. I'm nurse [name]. We are going to discharge [patient name] today. He has had a myocardial infarction and we need to give him some instructions about his activities and medications.

Interpreter: O.k. Is there anything else I should know?

Nurse: No, that's it, but please don't hesitate to let me know if you or the patient need any clarification on something I say, or if there's anything you think I should know about the patient or his culture.

Interpreter: Sure, I can do that.

[Interpreter and nurse walk into patient room]

Nurse: Hi, [patient name]. I'm [nurse name]. I'll be going over your discharge instructions with you. If you have any questions or need clarification on something I say, please don't hesitate to stop me at any time.

Interpreter: [*interprets to the patient – for purposes of this training you may repeat the nurse's words in English*]

Nurse: I want to first go over with you this document that talks about what you should avoid when you go back home. You should avoid overly strenuous activity for the first few weeks, but it will be good to take a brisk 10- to 20-minute walk everyday.

Interpreter: [*interprets*]

Patient: [*nods*]

Nurse: Next, I'm going to go over your medications. This information is very important, so stop me anytime if you don't understand something.

Interpreter: [*interprets*]

Nurse: First, we want you to take aspirin once a day to help keep your blood from clotting.

Patient: Are there any side effects?

Interpreter: [*interprets*]

[End practice scenario]