

2011



National Health Observances





Health observances are special days, weeks, or months used to raise awareness of important health topics. Examples include the Great American Smokeout and World AIDS Day.



2011 National Health Observances:

- Year at a Glance provides a summary of health observances by month.
- The Complete Calendar includes full listings by month and date, including contact information for the sponsoring agencies. The Complete Calendar is also available in PDF.

Attention health professionals, teachers, and community groups!

By supporting National Health Observances, you can:

- Educate the public about health risks
- Organize successful health promotion events and campaigns
- Get new ideas, information, and resources on health topics of interest

Contact the sponsoring organization to request outreach materials and information.

Disclaimer:

Information appearing in this document does not represent endorsement by the Office of Disease Prevention and Health Promotion (ODPHP) or the U.S. Department of Health and Human Services (DHHS), which are not responsible for naming or approving national health observances. For more information about an observance, please contact the sponsoring organization directly.

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U.S. Department of Health and Human Services Public Affairs Contacts

Press Office of the Secretary
(202) 690-6343

Office of the Assistant Secretary for Health

Director of Communications
(202) 205-0143

National Vaccine Program Office
(202) 690-6343

Office of Disease Prevention and Health Promotion
(240) 453-8280

Office of HIV/AIDS Policy
(202) 690-5560

Office of Human Research Protections
(240) 453-6900

Office of Minority Health
(240) 453-2882

Office of Population Affairs
(240) 453-2800

Office of Research Integrity
(240) 453-8400

Office of the Surgeon General
(202) 205-0143

Office on Women's Health
(202) 690-7650

President's Council on Physical Fitness and Sports
(202) 690-9000

Administration for Children and Families
(202) 401-9215

Administration on Aging
(202) 401-4541

Agency for Healthcare Research and Quality
(301) 427-1855

Agency for Toxic Substances and Disease Registry
(404) 498-0070

Centers for Disease Control and Prevention
(800) 232-4636

Centers for Medicare & Medicaid Services
(202) 690-6145

Food and Drug Administration
(301) 796-4540

Health Resources and Services Administration
(301) 443-3376

Indian Health Service
(301) 443-3593

National Institutes of Health
(301) 496-5787

Substance Abuse and Mental Health Services Administration
(240) 276-2130



January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 4 Give Kids A Smile Day 4 National Wear Red Day	5
6	7 – 14 Congenital Heart Defect Awareness Week	8	9	10	11	12
13 – 19 Children of Alcoholics Week	14 National Donor Day	15	16	17	18	19
20	21	22	23	24	25	26
27	28					



March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 – 11 National School Breakfast Week	8	9	10 National Women and Girls HIV/AIDS Awareness Day	11 World Kidney Day	12
13	14 – 20 Brain Awareness Week	15	16	17	18	19
20 National Native American HIV/AIDS Awareness Day 20 – 26 National Poison Prevention Week	21 – 27 World Salt Awareness Week	22	23	24 World Tuberculosis Day	25 American Diabetes Alert Day	26
March 27 – April 2 National Tsunami Awareness Week	28	29	30	31		



April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 – 10 National Public Health Week	5	6	7 World Health Day	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23 – 30 National Infant Immunization Week
24	25	26	27	28	29	30

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May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 – 7 North American Occupational Safety and Health Week 1	2 Melanoma Monday 2	3	4	5	6	7 Cornelia de Lange Syndrome Awareness Day 7
8 – 14 Food Allergy Awareness Week 8 8 – 14 National Alcohol and Other Drug-Related Birth Defects Week 8 – 14 National Women's Health Week	9 National Women's Check-up Day 9 9 – 15 National Stuttering Awareness Week	10	11	12	13	14
15	16	17	18	19 National Asian and Pacific Islander HIV/AIDS Awareness Day 19	20	21
22 – 28 National Hurricane Awareness Week 22	23 – 29 Recreational Water Illness and Injury Prevention Week 23	24	25 National Senior Health and Fitness Day® 25	26	27 Heat Safety Awareness Day 27	28
29	30	31 World No Tobacco Day 31				



June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 June 1 – July 4 Fireworks Safety Awareness Month	2	3	4
5 5 National Cancer Survivors Day 5 – 11 National Rip Current Awareness Week	6	7	8	9	10	11
12	13 13 - 19 National Men's Health Week	14	15	16	17	18
19 19 World Sickle Cell Day	20	21	22	23	24	25
26	27 27 National HIV Testing Day	28	29	30		



July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13 13 National Celiac Disease Awareness Day	14	15	16	17
18 18 National HIV/AIDS and Aging Awareness Day 18 – 24 National Farm Safety & Health Week 18 – 24 National Rehabilitation Awareness Celebration	19 19 Get Ready Day	20	21 21 World Alzheimer's Day	22	23 23 RAINN Day	24 24 Family Health & Fitness Day USA®
25	26	27 27 National Gay Men's HIV/AIDS Awareness Day	28 28 National Women's Health & Fitness Day™ 28 World Rabies Day	29	30 30 World Heart Day	



October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 – 8 Mental Illness Awareness Week 2	3 Child Health Day 3 – 7 Drive Safely Work Week 3	4	5	6	7	8
9	10 World Mental Health Day 10	11	12 – 20 Bone and Joint Decade National Action Week 12 Stop America's Violence Everywhere (SAVE) Today 12	13	14	15 National Latino AIDS Awareness Day 15
16 World Food Day 16	17	18	19	20	21	22 International Stuttering Awareness Day 22
23	31 – November 6 National Drug Facts Week 24	25	26	27	28	29
30	31					



November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 14 – 20 Get Smart About Antibiotics Week	15	16	17 17 National Prematurity Awareness Day	18 18 Great American Smokeout	19 19 National Survivors of Suicide Day
20 20 – 26 Gastroesophageal Reflux Disease Awareness Week	21	22	23	24	25	26
27	28	29	30			



December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 World AIDS Day	1	2	3
4 – 10 National Handwashing Awareness Week 4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

2011 National Health Observances



JANUARY

Cervical Health Awareness Month

National Cervical Cancer Coalition
6520 Platt Avenue, #693
West Hills, CA 91307-3218
(818) 992-4242
(818) 992-4178 Fax
info@nccc-online.org
<http://www.nccc-online.org/awareness.html>
Materials Available
Contact: Rachel Biety

National Birth Defects Prevention Month

National Birth Defects Prevention Network
14781 Memorial Drive, #1561
Houston, TX 77079
nbdpn@nbdpn.org
<http://www.nbdpn.org>
Materials Available
Contact: None designated

National Glaucoma Awareness Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
info@preventblindness.org
<http://preventblindness.org/news/observe.html>
Materials Available
Contact: PBA Consumer and Patient Hotline

National Radon Action Month

Office of Radiation and Indoor Air
Indoor Environments Division
U.S. Environmental Protection Agency
1310 L Street NW, 4th Floor
Washington, DC 20005
(202) 343-9370
(202) 343-2394 Fax
<http://www.epa.gov/radon/nram>
Materials Available
Contact: Gina Bowler

Thyroid Awareness Month

American Association of Clinical
Endocrinologists
245 Riverside Avenue, Suite 200
Jacksonville, FL 32202
(904) 353-7878 x147
(904) 404-4207 Fax
cjones@hotmail.com
<http://www.aace.com>
Materials Available
Contact: Casey Jones

2011 National Health Observances



FEBRUARY

AMD/Low Vision Awareness Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

American Heart Month

American Heart Association
7272 Greenville Avenue
Dallas, TX 75231
(800) 242-8721
<http://www.americanheart.org/presenter.jhtml?identifier=4441>
Materials Available
Contact: Karyn Cameron

International Prenatal Infection Prevention Month

Group B Strep International
11 El Dorado Court
Pomona, CA 91766
(909) 620-7214
(909) 620-5557 Fax
info@gbs-intl.org
<http://www.groupbstrepinternational.org>
Materials Available
Contact: Marti Perhach

National Children's Dental Health Month

American Dental Association
211 East Chicago Avenue
Chicago, IL 60611-2637
(800) 621-8099
ncdhm@ada.org
<http://www.ada.org/2714.aspx>
Materials Available
Contact: None designated

National Wise Health Consumer Month

American Institute for Preventive Medicine
30445 Northwestern Highway, Suite 350
Farmington Hills, MI 48334
(248) 539-1800 x220
(248) 539-1808 Fax
hirwin@healthylife.com
<http://www.aipm.net/wise>
Materials Available
Contact: Hope Irwin

4

Give Kids A Smile Day

American Dental Association
211 East Chicago Avenue
Chicago, IL 60611-2637
(800) 621-8099
gkas@ada.org
<http://givekidsasmile.ada.org>
Materials Available
Contact: None designated

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FEBRUARY (continued)

4

National Wear Red Day

National Heart, Lung, and Blood Institute
Health Information Center
Attention: The Heart Truth
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 592-8573
(240) 629-3255 TTY
(301) 592-8563 Fax
nhlbiinfo@nhlbi.nih.gov
<http://www.nhlbi.nih.gov/health/hearttruth>
Materials Available
Contact: Information Specialist

7 - 14

Congenital Heart Defect Awareness Week

Congenital Heart Information Network
101 North Washington Avenue, Suite 1A
Margate City, NJ 8402
(609) 882-1572
(609) 822-1573
(609) 822-1574 Fax
mb@tchin.org
<http://tchin.org/aware>
Materials Available
Contact: Mona Barmash

13 - 19

Children of Alcoholics Week

National Association for Children of Alcoholics
11426 Rockville Pike, Suite 301
Rockville, MD 20852
(888) 554-2627
(301) 468-0987 Fax
nacoa@nacoa.org
<http://www.nacoa.org>
Materials Available
Contact: Gail Jordan

14

National Donor Day

Division of Transplantation, Healthcare
Systems Bureau
Health Resources and Services Administration
U.S. Department of Health and Human
Services
Parklawn Building, Room 12C-05
5600 Fishers Lane
Rockville, MD 20857
(888) 275-4772
(703) 821-2098 Fax
ask@hrsa.gov
http://www.organdonor.gov/get_involved/nationaldonorday.htm
Materials Available
Contact: Division of Transplantation Staff

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MARCH

National Colorectal Cancer Awareness Month

Prevent Cancer Foundation
1600 Duke Street, Suite 500
Alexandria, VA 22314
(800) 227-2732
(703) 836-4413 Fax
suzette.smith@preventcancer.org
<http://www.preventcancer.org/colorectal>
Materials Available
Contact: Suzette Smith

National Endometriosis Awareness Month

Endometriosis Research Center
World Headquarters 630 Ibis Drive
Delray Beach, FL 34444
(800) 239-7280
(561) 274-0931 Fax
askerc@endocenter.org
<http://www.endocenter.org>
Materials Available
Contact: None designated

National Nutrition Month®

American Dietetic Association
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
nnm@eatright.org
<http://www.eatright.org/nnm>
Materials Available
Contact: Knowledge Center

Save Your Vision Month

American Optometric Association
243 North Lindbergh Boulevard, First Floor
St. Louis, MO 63141
(314) 991-4100
(314) 991-4101 Fax
mcbryson@aoa.org
<http://www.aoa.org/x5072.xml>
Materials Available
Contact: Cathy Bryson

Workplace Eye Wellness Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

7 - 11

National School Breakfast Week

School Nutrition Association
120 Waterfront Street, Suite 300
National Harbor, MD 20745
(800) 877-8822
(301) 686-3100
(301) 686-3115 Fax
servicecenter@schoolnutrition.org
<http://www.schoolnutrition.org/nsbw>
Materials Available
Contact: Laura Maynard

10

National Women and Girls HIV/AIDS Awareness Day

Office on Women's Health
U.S. Department of Health and Human
Services
200 Independence Avenue SW, Room 728E
Washington, DC 20201
(202) 205-3954
(202) 401-4005 Fax
<http://www.womenshealth.gov/nwghaad>
Materials Available
Contact: Monique Claggett-Davis

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MARCH (continued)

11 World Kidney Day

National Kidney Foundation
30 East 33rd Street
New York, NY 10016
(800) 622-9010
(212) 889-2210
(212) 889-2310 Fax
info@kidney.org
<http://www.kidney.org/news/wkd/index.cfm>
Materials Available
Contact: None designated

14 - 20 Brain Awareness Week

Dana Alliance for Brain Initiatives
745 Fifth Avenue, Suite 900
New York, NY 10151
(212) 401-1689
(212) 593-7623 Fax
bawinfo@dana.org
<http://www.dana.org/brainweek>
Materials Available
Contact: Kathleen Roina

20 National Native American HIV/AIDS Awareness Day

National Native American AIDS Prevention
Center
720 South Colorado Blvd., Suite 650-S
Denver, CO 80246
(720) 382-2244
(720) 382-2248 Fax
[http://www.nnaapc.org/news/awareness-day.
htm](http://www.nnaapc.org/news/awareness-day.htm)
Materials Available
Contact: None designated

20 - 26 National Poison Prevention Week

Poison Prevention Week Council
P.O. Box 1543
Washington, DC 20013
(703) 894-1858
(703) 683-2812 Fax
wells@aapcc.org
<http://www.poisonprevention.org/poison.htm>
Materials Available
Contact: Holly Wells

21 - 27 World Salt Awareness Week

World Action on Salt & Health
Wolfson Institute of Preventive Medicine
Charterhouse Square, London England
EC1M 6BQ
Queen Mary, University of London
020 7882 7941
UNITED KINGDOM
wash@qmul.ac.uk
<http://www.worldactiononsalt.com>
Materials Available
Contact: None designated

24 World Tuberculosis Day

Stop TB Partnership (Secretariat)
World Health Organization HTM/STB/TBP
20, avenue Appia
CH-1211 Geneva 27
SWITZERLAND
+(41) 22 791 4650
+(41) 22 791 4886 Fax
stoptbinfo@who.int
http://www.stoptb.org/events/world_tb_day
Materials Available
Contact: None designated

2011 National Health Observances



MARCH (continued)

25

American Diabetes Alert Day

American Diabetes Association

1701 North Beauregard Street

Alexandria, VA 22311

(800) DIABETES (342-2383)

(703) 549-1500

(703) 549-6995 Fax

askada@diabetes.org

[http://www.diabetes.org/communityprograms-](http://www.diabetes.org/communityprograms-and-localevents/americiandiabetesalert.jsp)

[and-localevents/americiandiabetesalert.jsp](http://www.diabetes.org/communityprograms-and-localevents/americiandiabetesalert.jsp)

Materials Available

Contact: Local Chapters

27 - April 2

National Tsunami Awareness Week

National Oceanic and Atmospheric

Administration

National Weather Service

Office of Climate, Water, and Weather

Services

1325 East West Highway, Room 9462

Silver Spring, MD 20910

(301) 713-1677 x124

deborah.jones@noaa.gov

<http://tsunami.gov>

Materials Available

Contact: Deborah A. Jones



APRIL

Alcohol Awareness Month

Substance Abuse and Mental Health Services Administration
P.O. Box 2345
Rockville, MD 20847-2345
(877) 726-4727 English/Spanish
(240) 221-4292 Fax
shin@samhsa.hhs.gov
<http://www.samhsa.gov>
Materials Available
Contact: None designated

Irritable Bowel Syndrome Awareness Month

International Foundation for Functional Gastrointestinal Disorders
P.O. Box 170864
Milwaukee, WI 53217-8076
(888) 964-2001
(414) 964-1799
(414) 964-7176 Fax
iffgd@iffgd.org
<http://www.aboutibs.org/site/about-ibs/april-ibs-awareness-month>
Materials Available
Contact: Nancy Norton

National Autism Awareness Month

The Autism Society
4340 East-West Highway, Suite 350
Bethesda, MD 20814-3067
(800) 3-AUTISM (328-8476)
(301) 657-0881
(301) 657-0869 Fax
info@autism-society.org
<http://www.autism-society.org/about-us/national-autism-awareness-month>
Materials Available
Contact: Jennifer Repeller

National Donate Life Month

Division of Transplantation, Healthcare Systems Bureau
Health Resources and Services Administration
U.S. Department of Health and Human Services
Parklawn Building, Room 12C-05
5600 Fishers Lane
Rockville, MD 20857
(888) 275-4772
(703) 821-2098 Fax
ask@hrsa.gov
http://www.organdonor.gov/get_involved/donatelifemonth.htm
Materials Available
Contact: Division of Transplantation Staff

National Facial Protection Month

American Association of Oral and Maxillofacial Surgeons
American Academy of Pediatric Dentistry
American Association of Orthodontists
9700 West Bryn Mawr Avenue
Rosemont, IL 60018
(847) 678-6200
(847) 678-4619 Fax
inquiries@aaoms.org
<http://www.aaoms.org>
Materials Available
Contact: AAOMS Communications

National Minority Health Month

Office of Minority Health
U.S. Department of Health and Human Services
P.O. Box 37337
Washington, DC 20013-7337
(800) 444-6472
(240) 453-2883 Fax
info@omhrc.gov
<http://minorityhealth.hhs.gov>
Materials Available
Contact: None designated

2011 National Health Observances



APRIL (continued)

Sexual Assault Awareness and Prevention Month

Rape, Abuse & Incest National Network
2000 L Street NW, Suite 406
Washington, DC 20036
(800) 656-4673
(202) 544-3556 Fax
info@rainn.org
<http://www.rainn.org> or
<http://online.rainn.org>
Materials Available
Contact: None designated

Sports Eye Safety Month

American Academy of Ophthalmology
P.O. Box 7424
San Francisco, CA 94120-7424
(415) 447-0213
(415) 561-8533 Fax
eyemd@aao.org
<http://www.geteyesmart.org/eyesmart/injuries/index.cfm>
Materials Available
Contact: Georgia Alward

Women's Eye Health and Safety Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

4 - 10 National Public Health Week

American Public Health Association
800 I Street NW
Washington, DC 20001-3710
(202) 777-2425
(202) 777-2500 TTY
(202) 777-2532 Fax
cintya.renderos@apha.org
<http://www.nphw.org>
Materials Available
Contact: Cintya Renderos

7 World Health Day

Pan American Health Organization
WHO Regional Office for the Americas
525 23rd Street NW
Washington, DC 20037-2895
(202) 974-3156
(202) 974-3645 Fax
<http://www.who.int/world-health-day/en/>
Materials Available
Contact: None designated

23 - 30 National Infant Immunization Week

National Center for Immunization and
Respiratory Diseases
Centers for Disease Control and Prevention
1600 Clifton Road NE, MS E-05
Atlanta, GA 30333
(800) CDC-INFO (232-4636)
(404) 639-8200
(404) 639-8905 Fax
cdcinfo@cdc.gov
<http://www.cdc.gov/vaccines/events/niiw/default.htm>
Materials Available
Contact: Michelle Basket

2011 National Health Observances



MAY

Arthritis Awareness Month

Arthritis Foundation
1330 West Peachtree Street, Suite 100
Atlanta, GA 30309
(800) 283-7800
(404) 872-0457 Fax
help@arthritis.org
<http://www.arthritis.org>
Materials Available
Contact: Carol Galbreath

Employee Health and Fitness Month

National Association for Health and Fitness
65 Niagara Square, Room 607
Buffalo, NY 14202
(716) 583-0521
(716) 851-4052
(716) 851-4309 Fax
wellness@city-buffalo.org
<http://physicalfitness.org/nehf.html>
Materials Available
Contact: Philip Haberstro

Healthy Vision Month

National Eye Institute
National Institutes of Health
Building 9, Room B1E04
9 Memorial Drive
Bethesda, MD 20892-0900
(301) 496-5248
(301) 402-1065 Fax
<http://www.healthyvision2010.nei.nih.gov/hvm>
Materials Available
Contact: Linda Huss

Hepatitis Awareness Month

Hepatitis Foundation International
504 Blick Drive
Silver Spring, MD 20904-2901
(800) 891-0707
(301) 622-4200
(301) 622-4702 Fax
info@hepatitisfoundation.org
<http://www.hepatitisfoundation.org>
Materials Available
Contact: Thelma King Thiel

Lupus Awareness Month

Lupus Foundation of America, Inc.
2000 L Street NW, Suite 710
Washington, DC 20036
(888) 385-8787
(202) 349-1156 Fax
info@lupus.org
<http://www.lupus.org/newsite/pages/lupus-awareness-month.html>
Materials Available
Contact: Duane Peters

Mediterranean Diet Month

Oldways and the Mediterranean Foods
Alliance
266 Beacon Street
Boston, MA 02116
(617) 421-5500
(617) 421-5511 Fax
eross@oldwayspt.org
<http://www.mediterraneanmark.org/resources.htm>
Materials Available
Contact: Erika Ross

2011 National Health Observances



MAY (continued)

Melanoma/Skin Cancer Detection and Prevention Month

American Academy of Dermatology
930 East Woodfield Road
Schaumburg, IL 60173
(888) 462-DERM (462-3376)
(847) 330-0230
(847) 330-8907 Fax
mediarelations@aad.org
<http://www.melanomamonday.org>
Materials Available
Contact: Kara McFarland

National Celiac Disease Awareness Month

American Celiac Disease Alliance
2504 Duxbury Place
Alexandria, VA 22308
(703) 622-3331
info@americaneliac.org
<http://www.capwiz.com/ceciac/home>
Materials Available
Contact: Andrea Levario

National High Blood Pressure Education Month

National Heart, Lung, and Blood Institute
Health Information Center
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 592-8573
(301) 592-8563 Fax
nhlbiinfo@nhlbi.nih.gov
<http://www.nhlbi.nih.gov/new/press/mayhbpmo.htm>
Materials Available:
Contact: Information Specialist

National Osteoporosis Awareness and Prevention Month

National Osteoporosis Foundation
1150 17th Street NW, Suite 850
Washington, DC 20036
(800) 231-4222
(202) 223-2226
(202) 223-2237 Fax
communications@nof.org
<http://www.nof.org>
Materials Available
Contact: Jill Ryan

National Physical Fitness and Sports Month

President's Council on Physical Fitness and Sports
1101 Wootton Parkway, #560
Rockville, MD 20852
(240) 276-9567
(240) 276-9860 Fax
fitness@hhs.gov
<http://www.fitness.gov>
Materials Available
Contact: None designated

National Toxic Encephalopathy and Chemical Injury Awareness Month

National Toxic Encephalopathy Foundation
P.O. Box 29194
Las Vegas, NV 89126
Angel@ntef-usa.org
<http://www.ntef-usa.org>
Materials Available
Contact: Angel De Fazio

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MAY (continued)

Ultraviolet Awareness Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

1 - 7 North American Occupational Safety and Health Week

American Society of Safety Engineers
ASSE Public Relations Department
1800 East Oakton Street
Des Plaines, IL 60018-2187
(847) 699-2929
(847) 768-3413
(847) 296-3769 Fax
dhurns@asse.org
<http://www.asse.org/naoshll>
Materials Available
Contact: Diane Hurns or Joanna Climer

2 Melanoma Monday

American Academy of Dermatology
930 East Woodfield Road
Schaumburg, IL 60173
(888) 462-DERM (462-3376)
(847) 330-0230
(847) 330-8907 Fax
mediarelations@aad.org
<http://www.aad.org>
Materials Available
Contact: Kara McFarland

7 Cornelia de Lange Syndrome Awareness Day

CdLS-USA Foundation
302 West Main Street, #100
Avon, CT 6001
(800) 753-2357
(800) 223-8355
(860) 676-8166
(860) 676-8337 Fax
outreach@cdlsusa.org
<http://www.cdlsusa.org>
Materials Available
Contact: Marie Malloy

8 - 14 Food Allergy Awareness Week

Food Allergy & Anaphylaxis Network
11781 Lee Jackson Highway, Suite 160
Fairfax, VA 22033
(800) 929-4040
(703) 691-3179
(703) 691-2713 Fax
jroeder@foodallergy.org
<http://www.foodallergy.org/section/food-allergy-awareness-week1>
Materials Available
Contact: Jennifer Roeder

8 - 14 National Alcohol- and Other Drug- Related Birth Defects Week

National Council on Alcoholism and Drug
Dependence, Inc.
244 East 58th Street, 4th Floor
New York, NY 10022
(800) NCA-CALL (622-2255) (24-hour
helpline)
(212) 269-7797
(212) 269-7510 Fax
president@ncadd.org
<http://www.ncadd.org>
Materials Available
Contact: President

2011 National Health Observances



MAY (continued)

8 - 14

National Women's Health Week

Office on Women's Health
200 Independence Ave., SW, Room 712E
Washington, DC 20201
(202) 205-1952
(202) 690-7172 Fax
<http://www.womenshealth.gov/whw>
Materials Available
Contact: Retta Terry

9

National Women's Check-up Day

Office on Women's Health
200 Independence Ave., SW, Room 712E
Washington, DC 20201
(202) 205-1952
(202) 690-7172 Fax
<http://www.womenshealth.gov/whw>
Materials Available
Contact: Retta Terry

9 - 15

National Stuttering Awareness Week

Stuttering Foundation of America
1805 Mariah Woods Boulevard, #3
P.O. Box 11749
Memphis, TN 38111-0749
(800) 992-9392
(800) 967-7700
(901) 761-0484 Fax
info@stutteringhelp.org
<http://www.stutteringhelp.org>
Materials Available
Contact: Jane Fraser

19

National Asian and Pacific Islander HIV/AIDS Awareness Day

The Banyan Tree Project
Asian & Pacific Islander Wellness Center
730 Polk Street, 4th Floor
San Francisco, CA 94109
(415) 292-3420
(415) 292-3420 x352
(415) 292-3404 Fax
sapna@apiwellness.org
<http://www.banyantreeproject.org>
Materials Available
Contact: Sapna Mysoor

22 - 28

National Hurricane Awareness Week

National Oceanic and Atmospheric
Administration
National Weather Service
Office of Climate, Water, and Weather
Services
1325 East-West Highway, Room 9462
Silver Spring, MD 20910
(301) 713-1677 x124
deborah.jones@noaa.gov
<http://www.nhc.noaa.gov>
Materials Available
Contact: Deborah Jones

2011 National Health Observances



MAY (continued)

23 - 29

Recreational Water Illness and Injury Prevention Week

Waterborne Disease Prevention Branch
Division of Foodborne, Waterborne, and
Environmental Diseases
National Center for Emerging and Zoonotic
Infectious Diseases
Centers for Disease Control and Prevention
4770 Buford Highway NE, MS F-22
Atlanta, GA 30341-3724
(770) 488-7787
(770) 488-7761 Fax
mhlavsa@cdc.gov
<http://www.cdc.gov/healthywater/swimming/rwi/rwi-prevention/week>
Materials Available
Contact: Michele Hlavsa

25

National Senior Health & Fitness Day®

Mature Market Resource Center
1850 West Winchester Road, #213
Libertyville, IL 60048
(800) 828-8225
info@fitnessday.com
<http://www.fitnessday.com>
Materials Available
Contact: Gary W. Ford

27

Heat Safety Awareness Day

National Oceanic and Atmospheric
Administration
National Weather Service
Office of Climate, Water, and Weather
Services
1325 East West Highway, Room 13160
Silver Spring, MD 20910
(301) 713-1867 x135
jannie.g.ferrell@noaa.gov
<http://www.weather.gov/om/heat/index.shtml>
Materials Available
Contact: Jannie G. Ferrell

31

World No Tobacco Day

Pan American Health Organization
WHO Regional Office for the Americas
525 23rd Street NW
Washington, DC 20037-2895
(202) 974-3890
<http://www.who.int/tobacco/wntd/en>
Materials Available
Contact: None designated

2011 National Health Observances



JUNE

Cataract Awareness Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
info@preventblindness.org
http://www.preventblindness.org
Materials Available
Contact: PBA Consumer and Patient Hotline

Home Safety Month

Home Safety Council
1250 I Street NW, Suite 1000
Washington, DC 20005
(202) 330-4900
(202) 330-4901 Fax
info@homesafetycouncil.org
http://www.homesafetycouncil.org/aboutus
/hsm/au_hsm_w001.asp
Materials Available
Contact: Angela D. Mickalide

Men's Health Month

Men's Health Network
P.O. Box 75972
Washington, DC 20013
(202) 543-6461 x101
(202) 543-2727 Fax
info@menshealthweek.org
http://www.menshealthmonth.org
Materials Available
Contact: Theresa Morrow

National Aphasia Awareness Month

National Aphasia Association
350 Seventh Avenue, Suite 902
New York, NY 10001
(800) 922-4622
(212) 267-2814
(212) 267-2872 Fax
naa@aphasia.org
http://www.aphasia.org
Materials Available
Contact: Ellayne Ganzfried

National Congenital Cytomegalovirus (CMV) Awareness Month

Stop CMV - The CMV Action Network
P. O. Box 62214
Sunnyvale, CA 94088-2214
(209) 712-9929
info@stopcmv.org
http://www.stopcmv.org
Materials Available
Contact: Janelle Greenlee

National Scleroderma Awareness Month

Scleroderma Foundation
300 Rosewood Drive, Suite 105
Danvers, MA 1923
(800) 722-HOPE (722-4673)
(978) 463-5809 Fax
sinfo@scleroderma.org
http://www.scleroderma.org
Materials Available
Contact: National Office or Local Chapters

2011 National Health Observances



JUNE (continued)

1 - July 4 **Fireworks Safety Awareness Month**

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

5
National Cancer Survivors Day
National Cancer Survivors Day Foundation
P.O. Box 682285
Franklin, TN 37068
(615) 794-3006
(615) 794-0179 Fax
info@ncsd.org
<http://www.ncsd.org>
Materials Available
Contact: None designated

5 - 11 **National Rip Current Awareness Week**

National Oceanic and Atmospheric
Administration
National Weather Service
Office of Climate, Water, and Weather
Services
1325 East-West Highway, Room 9462
Silver Spring, MD 20910
(301) 713-1677 x124
deborah.jones@noaa.gov
<http://www.ripcurrents.noaa.gov>
Materials Available
Contact: Deborah Jones

13 - 19
National Men's Health Week
Men's Health Network
P.O. Box 75972
Washington, DC 20013
(202) 543-6461 x101
(202) 543-2727 Fax
info@menshealthweek.org
<http://www.menshealthmonth.org/week>
Materials Available
Contact: Theresa Morrow

19 **World Sickle Cell Day**

African American Blood Drive and Bone
Marrow Registry for Sickle Cell Disease
Awareness
P.O. Box 1275
Inglewood, CA 90308-1275
(323) 750-1087
aa4scdawareness@aol.com
<http://aablooddriveandmarrowregistry4sicklecellawareness.webs.com/worldsicklecellday.htm>
Materials Available
Contact: Nita Thompson

27
National HIV Testing Day
National Association of People with AIDS
8401 Colesville Road, Suite 505
Silver Spring, MD 20910-3349
(866) 846-9366
(240) 247-0880
(240) 247-0574 Fax
info@napwa.org
<http://www.napwa.org>
Materials Available
Contact: None designated



JULY

Cord Blood Awareness Month

Parent's Guide to Cord Blood Foundation
23110 Georgia Avenue
Brookeville, MD 20833
(301) 774-4915
info@parentsguidecordblood.org
<http://www.parentsguidecordblood.org>
Materials Available
Contact: Dr. Frances Verter

International Group B Strep Awareness Month

Group B Strep International
11 El Dorado Court
Pomona, CA 91766
(909) 620-7214
(909) 620-5557 Fax
info@gbs-intl.org
<http://www.groupbstrepinternational.org>
Materials Available
Contact: Marti Perhach

Juvenile Arthritis Awareness Month

Arthritis Foundation
1330 West Peachtree Street, Suite 100
Atlanta, GA 30309
(800) 283-7800
(404) 872-0457 Fax
help@arthritis.org
<http://www.arthritis.org/ja-alliance-main.php>
Materials Available
Contact: Carol Galbreath

UV Safety Month

American Academy of Ophthalmology
P.O. Box 7424
San Francisco, CA 94120-7424
(415) 447-0213
(415) 561-8533 Fax
eyemd@aao.org
<http://www.aao.org/aaosite/eyemd/uv.cfm>
Materials Available
Contact: Georgia Alward



AUGUST

Children's Eye Health and Safety Month

Prevent Blindness America

211 West Wacker Drive, Suite 1700

Chicago, IL 60606

(800) 331-2020

(312) 363-6001

(312) 363-6052 Fax

info@preventblindness.org

<http://www.preventblindness.org>

Materials Available

Contact: PBA Consumer and Patient Hotline

National Immunization Awareness Month

National Center for Immunization and

Respiratory Diseases

Centers for Disease Control and Prevention

1600 Clifton Road NE, MS E-05

Atlanta, GA 30333

(800) CDC-INFO (232-4636) English/Spanish

(888) 232-6348 (TTY)

(404) 639-7394 Fax

(877) 394-8747 International Travel

Information

[http://www.cdc.gov/vaccines/events/niam/](http://www.cdc.gov/vaccines/events/niam/default.htm)

[default.htm](http://www.cdc.gov/vaccines/events/niam/default.htm)

Materials Available

Contact: None designated



SEPTEMBER

Fruit and Veggies - More Matters Month

Produce for Better Health Foundation
Centers for Disease Control and Prevention
7465 Lancaster Pike, Suite J, 2nd Floor
Hockessin, DE 19707
(888) 391-2100
(302) 235-2329 x316
(302) 235-5555 Fax
teaton@pphfoundation.org
<http://www.fruitsandveggiesmorematters.org>
Materials Available
Contact: Toni Eaton

Leukemia & Lymphoma Awareness Month

Leukemia & Lymphoma Society
1311 Mamaroneck Avenue, Suite 310
White Plains, NY 10605
(800) 955-4572
(914) 821-8888
(914) 821-3607 Fax
<http://www.lls.org>
Materials Available
Contact: Information Resource Center

National Alcohol and Drug Addiction Recovery Month

Office of the Director, Consumer Affairs
Center for Substance Abuse Treatment
Substance Abuse and Mental Health Services Administration
1 Choke Cherry Road, 2nd Floor
Rockville, MD 20857
(800) 662-HELP (662-4357)
(240) 276-2750
(240) 276-2710 Fax
recoverymonth@samhsa.hhs.gov
<http://www.recoverymonth.gov>
Materials Available
Contact: Consumer Affairs

National Atrial Fibrillation Awareness Month

American Foundation for Women's Health
P. O. Box 541
Greenwood, TX 76246-0541
(940) 466-9898
mhills@stopafib.org
<http://www.stopafib.org>
Materials Available
Contact: Mellanie True Hills

National Cholesterol Education Month

National Heart, Lung, and Blood Institute
Health Information Center
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 592-8573
(301) 592-8563 Fax
nhlbiinfo@nhlbi.nih.gov
<http://www.nhlbi.nih.gov>
Materials Available
Contact: Information Specialist

Prostate Cancer Awareness Month

ZERO - The Project to End Prostate Cancer
10 G Street NE, Suite 601
Washington, DC 20002
(888) 245-9455
(202) 463-9455
(202) 303-3125
(571) 257-8559
linwood@zerocancer.org
<http://www.zerocancer.org>
Materials Available
Contact: Linwood Norman

2011 National Health Observances



SEPTEMBER (continued)

Whole Grains Month

Whole Grains Council
226 Beacon Street
Boston, MA 2116
(617) 421-5500
(617) 421-5511 Fax
cynthia@oldwayspt.org
<http://www.wholegrainscouncil.org/get-involved/celebrate-whole-grains-month-in-september>
Materials Available
Contact: Cynthia Harriman

13 National Celiac Disease Awareness Day

Celiac Sprue Association
P.O. Box 31700
Omaha, NE 68131-0700
(877) 272-4272
(402) 643-4108 Fax
celiacs@csaceliacs.org
<http://www.csaceliacs.org>
Materials Available
Contact: Mary Schluckebier

18 National HIV/AIDS and Aging Awareness Day

The AIDS Institute
2000 S Street NW, 3rd Floor
Washington, DC 20009
(202) 835-8373
(813) 258-5929
(202) 835-8368 Fax
info@theaidsinstitute.org
<http://www.theaidsinstitute.org>
Materials Available
Contact: Michelle Scavnicky

18 - 24 National Farm Safety & Health Week

National Education Center for
Agricultural Safety
10250 Sundown Road
Peosta, IA 52068
(888) 844-6322
(563) 557-0354
(563) 557-0353 Fax
halversc@nicc.edu
<http://www.nsc.org/necas/>
Materials Available
Contact: Charlotte Halverson

18 - 24 National Rehabilitation Awareness Celebration

National Rehabilitation Awareness Foundation
100 Abington Executive Park
Clarks Summit, PA 18411
(800) 943-6723
(570) 341-4637
(570) 341-4331 Fax
jbrogn@allied-services.org
<http://www.nraf-rehabnet.org>
Materials Available
Contact: James Brogna

19 Get Ready Day

American Public Health Association
800 I Street NW
Washington, DC 20001-3710
(202) 777-2509
(202) 777-2500 TTY
(202) 777-2532 Fax
audrey.pernik@apha.org
<http://www.aphagetready.org>
Materials Available
Contact: Audrey Pernik

2011 National Health Observances



SEPTEMBER (continued)

21

World Alzheimer's Day

Alzheimer's Disease International
64 Great Suffolk Street
London, England SE1 OBL
UNITED KINGDOM
+44 20 7981 0880
+44 20 7928 2357 Fax
info@alz.co.uk
<http://www.alz.co.uk/adi/wad/>
Materials Available
Contact: None designated

23

RAINN Day

Rape, Abuse & Incest National Network
2000 L Street NW, Suite 406
Washington, DC 20036
(800) 656-HOPE (4673)
(202) 544-1034
(202) 544-3556 Fax
talk@rainn.org
<http://www.rainn.org/get-involved/college/rainn-day>
Materials Available
Contact: Sara Amin

24

Family Health & Fitness Day USA®

Health Information Resource Center
1850 West Winchester Road, #213
Libertyville, IL 60048
(800) 828-8225
info@fitnessday.com
<http://www.fitnessday.com>
Materials Available
Contact: Patricia Henze

27

National Gay Men's HIV/AIDS Awareness Day

National Association of People with AIDS
8401 Colesville Road, Suite 505
Silver Spring, MD 20910-3349
(866) 846-9366
(240) 247-0880
(240) 247-0574 Fax
sbailous@napwa.org
<http://www.napwa.org>
Materials Available
Contact: Stephen Bailous

28

National Women's Health & Fitness Day™

Health Information Resource Center
1850 West Winchester Road, #213
Libertyville, IL 60048
(800) 828-8225
info@fitnessday.com
<http://www.fitnessday.com>
Materials Available
Contact: Patricia Henze

28

World Rabies Day

Global Alliance for Rabies Control
529 Humboldt Street, Suite 1
Manhattan, KS 66502
(570) 899-4885
<http://www.worldrabiesday.org>
Materials Available
Contact: None designated

2011 National Health Observances



SEPTEMBER (continued)

30

World Heart Day

World Heart Federation

7, rue des Batoirs, Case postale 155

1211 Geneva 4

SWITZERLAND

admin@worldheart.org

<http://www.worldheart.org>

Materials Available

Contact: None designated



OCTOBER

Eye Injury Prevention Month

American Academy of Ophthalmology
P.O. Box 7424
San Francisco, CA 94120-7424
(415) 447-0213
(415) 561-8533 Fax
eyemd@aao.org
<http://www.geteyesmart.org/eyesmart/injuries/index.cfm>
Materials Available
Contact: Georgia Alward

Home Eye Safety Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

National Breast Cancer Awareness Month

National Breast Cancer Awareness Month
Board of Sponsors
C1C-315
1800 Concord Pike
Wilmington, DE 19850-5437
nbcamquestions@yahoo.com
<http://www.nbcam.org>
Materials Available
Contact: None designated

National Disability Employment Awareness Month

Office of Disability Employment Policy
U.S. Department of Labor
Frances Perkins Building, Room S-1303
200 Constitution Avenue NW
Washington, DC 20210
(866) 633-7365; (202) 693-7880
(202) 693-7888 Fax
(202) 693-7881 TTY
<http://www.dol.gov/odep>
Materials Available
Contact: Carol Dunlap

National Down Syndrome Awareness Month

National Down Syndrome Society
666 Broadway
New York, NY 10012
(800) 221-4602
(212) 979-2873 Fax
info@ndss.org
<http://www.ndss.org>
Materials Available
Contact: Educational Services

National Medical Librarians Month

Medical Library Association
65 East Wacker Place, Suite 1900
Chicago, IL 60601-7246
(312) 419-9094 x11
(312) 419-8950 Fax
mlams@mlahq.org
<http://www.mlanet.org/resources/nml-month/index.html>
Materials Available
Contact: Tomi Gunn

2011 National Health Observances



OCTOBER (continued)

National Physical Therapy Month

American Physical Therapy Association
1111 North Fairfax Street
Alexandria, VA 22314-1488
(800) 999-2782
(703) 684-2782 x3248
(703) 706-8578 Fax
public-relations@apta.org
<http://www.moveforwardpt.com>
Materials Available
Contact: Public Relations Department

Sudden Infant Death Syndrome Awareness Month

First Candle/SIDS Alliance
1314 Bedford Avenue, Suite 210
Baltimore, MD 21208
(800) 221-7437
(410) 653-8226
(410) 653-8709 Fax
info@firstcandle.org
<http://www.firstcandle.org>
Materials Available
Contact: None designated

2 - 8 Mental Illness Awareness Week

National Alliance on Mental Illness
3803 North Fairfax Drive, Suite 100
Arlington, VA 22203
(800) 950-6264 Helpline
(703) 524-7600
(703) 524-9094 Fax
info@nami.org
<http://www.nami.org>
Materials Available
Contact: None designated

3 Child Health Day

Maternal and Child Health Bureau
Health Resources and Services Administration
U.S. Department of Health and Human
Services
Parklawn Building, Room 1805
5600 Fishers Lane
Rockville, MD 20857
(301) 443-2170
(301) 443-1797 Fax
<http://www.mchb.hrsa.gov>
Contact: Cynthia Tibbs

3 - 7 Drive Safely Work Week

Network of Employers for Traffic Safety
344 Maple Avenue West, #357
Vienna, VA 22180
(888) 221-0045
(703) 273-6005
(703) 273-7122 Fax
nets@trafficsafety.org
<http://www.trafficsafety.org>
Materials Available
Contact: Liz Stevens

10 World Mental Health Day

World Federation for Mental Health
12940 Harbor Drive, Suite 101
Woodbridge, VA 22192-2930
(703) 494-6515
(703) 494-6518 Fax
wmhday@wfmh.com
<http://www.wfmh.org/00worldmentalhealthday.htm>
Materials Available
Contact: None designated

2011 National Health Observances



OCTOBER (continued)

12 Stop America's Violence Everywhere (SAVE) Today

American Medical Association Alliance
515 North State Street, 9th Floor
Chicago, IL 60654
(312) 464-4470
amaa@ama-assn.org
<http://www.amaalliance.org>
Materials Available
Contact: None designated

12 - 20 Bone and Joint Decade National Action Week

U.S. Bone and Joint Decade
6300 North River Road
Rosemont, IL 60018
(847) 384-4010
(847) 384-4009
(847) 823-1822 Fax
usbjd@usbjd.org
<http://www.usbjd.org>
Materials Available
Contact: Toby King

15 National Latino AIDS Awareness Day

Latino Commission on AIDS
24 West 25th Street, 9th Floor
New York, NY 10010
(212) 584-9315
(212) 202-3620 Fax
mramirez@latinoaids.org
<http://www.nlaad.org>
Materials Available
Contact: Melissa Faith Ramirez

16 World Food Day

U.S. National Committee for World Food Day
2175 K Street NW, Suite 500
Washington, DC 20437
(202) 653-2404
(202) 653-5760 Fax
<http://www.worldfooddayusa.org>
Materials Available
Contact: None designated

22 International Stuttering Awareness Day

Stuttering Foundation of America
1805 Moriah Woods Boulevard, #3
P.O. Box 11749
Memphis, TN 38111-0749
(800) 992-9392
(800) 967-7700
(901) 761-0484 Fax
info@stutteringhelp.org
<http://www.stutteringhelp.org>
Materials Available
Contact: Jane Fraser

31 - November 6 National Drug Facts Week

National Institute on Drug Abuse
National Institutes of Health
6001 Executive Boulevard, Room 5213
Bethesda, MD 20892-9561
(301) 443-1124
drugfacts@nida.nih.gov
<http://www.drugfactsweek.drugabuse.gov/>
Materials Available
Contact: None designated

2011 National Health Observances



NOVEMBER

American Diabetes Month

American Diabetes Association
1701 North Beauregard Street
Alexandria, VA 22311
(800) DIABETES (342-2383)
(703) 549-1500
(703) 549-6995 Fax
askada@diabetes.org
<http://www.diabetes.org>

Materials Available
Contact: Local Chapters

Diabetic Eye Disease Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
info@preventblindness.org
<http://www.preventblindness.org>

Materials Available
Contact: PBA Consumer and Patient Hotline

Foot Health Issues Related to Diabetes Awareness Month

American Podiatric Medical Association
9312 Old Georgetown Road
Bethesda, MD 20814
(301) 581-9200
(301) 530-2752 Fax
<http://www.apma.org>
Materials Available
Contact: None designated

Lung Cancer Awareness Month

Lung Cancer Alliance
888 16th Street NW, Suite 150
Washington, DC 20006
(202) 463-2080
(202) 463-7497 Fax
info@lungcanceralliance.org
<http://www.lungcanceralliance.org>
Materials Available
Contact: Kay Cofrancesco

National Family Caregivers Month

National Family Caregivers Association
10400 Connecticut Avenue, Suite 500
Kensington, MD 20895-3944
(800) 896-3650
(301) 942-2302 Fax
info@thefamilycaregiver.org
<http://www.thefamilycaregiver.org>
Materials Available
Contact: None designated

National Healthy Skin Month

American Academy of Dermatology
930 East Woodfield Road
Schaumburg, IL 60173
(888) 462-DERM (462-3376)
(847) 330-0230
(847) 330-8907 Fax
mediarelations@aad.org
<http://www.aad.org>
Materials Available
Contact: Allison Sit

2011 National Health Observances



NOVEMBER (continued)

National Hospice Palliative Care Month

National Hospice and Palliative Care
Organization
1731 King Street
Alexandria, VA 22314
(800) 646-6460
(703) 837-1500
(703) 837-1233 Fax
jradulovic@nhpco.org
<http://www.nhpco.org>
Materials Available
Contact: Jon Radulovic

National Prematurity Awareness Month

March of Dimes Foundation
1275 Mamaroneck Avenue
White Plains, NY 10605
(914) 997-4488
(914) 997-4763 Fax
askus@marchofdimes.com
<http://www.marchofdimes.com>
Materials Available
Contact: Pregnancy and Newborn Health
Education Center

14 - 20

Get Smart About Antibiotics Week

Division of Bacterial Diseases
National Center for Immunization and
Respiratory Diseases
Centers for Disease Control and Prevention
1600 Clifton Road NE, MS-C23
Atlanta, GA 30333
(800) CDC-INFO (232-4636)
(404) 639-3636
(404) 639-3970 Fax
djohnson13@cdc.gov
<http://www.cdc.gov/getsmart>
Materials Available
Contact: Darcia Johnson

17

National Prematurity Awareness Day

March of Dimes Foundation
1275 Mamaroneck Avenue
White Plains, NY 10605
(914) 997-4488
(914) 997-4763 Fax
askus@marchofdimes.com
<http://www.marchofdimes.com>
Materials Available
Contact: Pregnancy and Newborn Health
Education Center

18

Great American Smokeout

American Cancer Society
250 Williams Street NW
Atlanta, GA 30303
(800) ACS-2345 (227-2345)
<http://acsf2f.com/gaso/>
Materials Available
Contact: National Office

19

National Survivors of Suicide Day

American Foundation for Suicide Prevention
120 Wall Street, 22nd Floor
New York, NY 10005
(212) 363-3500 x33
(212) 363-6237
survivingsuicidelos@afsp.org
<http://www.afsp.org>
Materials Available
Contact: Rebecca Thorp



NOVEMBER (continued)

20 - 26

**Gastroesophageal Reflux Disease
Awareness Week**

International Foundation for Functional
Gastrointestinal Disorders

P.O. Box 170864

Milwaukee, WI 53217-8076

(888) 964-2001

(414) 964-1799

(414) 964-7176 Fax

iffgd@iffgd.org

<http://www.aboutgerd.org/site/about-gerd/gerd-awareness-week>

Materials Available

Contact: Nancy Norton



DECEMBER

Safe Toys and Gifts Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
info@preventblindness.org
http://www.preventblindness.org
Materials Available
Contact: PBA Consumer and Patient Hotline

4 - 10

National Handwashing Awareness Week

Henry the Hand Foundation
11714 U.S. Route 42
Cincinnati, OH 45241
(513) 769-3660
dr.will@henrythehand.com
http://www.henrythehand.com
Materials Available
Contact: Dr. Will Sawyer

1

World AIDS Day

World AIDS Campaign
Van Diemenstraat 192
1013 CP Amsterdam
THE NETHERLANDS
+31 20 616 9045
info@worldaidscampaign.org
http://www.worldaidscampaign.org/en/
Materials Available
Contact: None designated



The Year 2011 at a Glance

JANUARY

Cervical Health Awareness Month
National Birth Defects Prevention Month
National Glaucoma Awareness Month
National Radon Action Month
Thyroid Awareness Month

FEBRUARY

AMD/Low Vision Awareness Month
American Heart Month
International Prenatal Infection Prevention Month
National Children's Dental Health Month
National Wise Health Consumer Month
4 Give Kids A Smile Day
4 National Wear Red Day
7 – 14 Congenital Heart Defect Awareness Week
13 – 19 Children of Alcoholics Week
14 National Donor Day

MARCH

National Colorectal Cancer Awareness Month
National Endometriosis Awareness Month
National Nutrition Month®

Save Your Vision Month
Workplace Eye Wellness Month
7 – 11 National School Breakfast Week
10 National Women and Girls HIV/AIDS Awareness Day
11 World Kidney Day
14 – 20 Brain Awareness Week
20 National Native American HIV/AIDS Awareness Day
20 – 26 National Poison Prevention Week
21 – 27 World Salt Awareness Week
24 World Tuberculosis Day
25 American Diabetes Alert Day
27 – April 2 National Tsunami Awareness Week

APRIL

Alcohol Awareness Month
Irritable Bowel Syndrome Awareness Month
National Autism Awareness Month
National Donate Life Month
National Facial Protection Month
National Minority Health Month
Sexual Assault Awareness and Prevention Month

Sports Eye Safety Month
Women's Eye Health and Safety Month
4 – 10 National Public Health Week
7 World Health Day
23 – 30 National Infant Immunization Week

MAY

Arthritis Awareness Month
Employee Health and Fitness Month
Healthy Vision Month
Hepatitis Awareness Month
Lupus Awareness Month
Mediterranean Diet Month
Melanoma/Skin Cancer Detection and Prevention Month
National Celiac Disease Awareness Month
National High Blood Pressure Education Month
National Osteoporosis Awareness and Prevention Month
National Physical Fitness and Sports Month
National Toxic Encephalopathy and Chemical Injury Awareness Month
Ultraviolet Awareness Month

2011 National Health Observances



1 – 7 North American Occupational Safety and Health Week

2 Melanoma Monday

7 Cornelia de Lange Syndrome Awareness Day

8 – 14 Food Allergy Awareness Week

8 – 14 National Alcohol- and Other Drug-Related Birth Defects Week

8 – 14 National Women's Health Week

9 National Women's Check-up Day

9 – 15 National Stuttering Awareness Week

19 National Asian and Pacific Islander HIV/AIDS Awareness Day

22 – 28 National Hurricane Awareness Week

23 – 29 Recreational Water Illness and Injury Prevention Week

25 National Senior Health & Fitness Day®

27 Heat Safety Awareness Day

31 World No Tobacco Day

JUNE

Cataract Awareness Month

Home Safety Month

Men's Health Month

National Aphasia Awareness Month

National Congenital Cytomegalovirus (CMV) Awareness Month

National Scleroderma Awareness Month

1 – July 4 Fireworks Safety Awareness Month

5 National Cancer Survivors Day

5 – 11 National Rip Current Awareness Week

13 – 19 National Men's Health Week

19 World Sickle Cell Day

27 National HIV Testing Day

JULY

Cord Blood Awareness Month

International Group B Strep Awareness Month

Juvenile Arthritis Awareness Month

UV Safety Month

AUGUST

Children's Eye Health and Safety Month

National Immunization Awareness Month

SEPTEMBER

Fruit and Veggies - More Matters Month

Leukemia & Lymphoma Awareness Month

National Alcohol and Drug Addiction

Recovery Month

National Atrial Fibrillation Awareness Month

National Cholesterol Education Month

Prostate Cancer Awareness Month

Whole Grains Month

13 National Celiac Disease Awareness Day

18 National HIV/AIDS and Aging Awareness Day

18 – 24 National Farm Safety & Health Week

18 – 24 National Rehabilitation Awareness Celebration

19 Get Ready Day

21 World Alzheimer's Day

23 RAINN Day

24 Family Health & Fitness Day USA®

27 National Gay Men's HIV/AIDS Awareness Day

28 National Women's Health & Fitness Day™

28 World Rabies Day

30 World Heart Day

OCTOBER

Eye Injury Prevention Month

Home Eye Safety Month

National Breast Cancer Awareness Month

National Disability Employment Awareness Month

National Down Syndrome Awareness Month

2011 National Health Observances



National Medical Librarians Month

National Physical Therapy Month

Sudden Infant Death Syndrome
Awareness Month

2 – 8 Mental Illness Awareness Week

3 Child Health Day

3 – 7 Drive Safely Work Week

10 World Mental Health Day

12 Stop America's Violence Everywhere
(SAVE) Today

12 – 20 Bone and Joint Decade National
Action Week

15 National Latino AIDS Awareness Day

16 World Food Day

22 International Stuttering Awareness Day

31 – November 6 National Drug
Facts Week

NOVEMBER

American Diabetes Month

Diabetic Eye Disease Month

Foot Health Issues Related to Diabetes
Awareness Month

Lung Cancer Awareness Month

National Family Caregivers Month

National Healthy Skin Month

National Hospice Palliative Care Month

National Prematurity Awareness Month

14 – 20 Get Smart About Antibiotics Week

17 National Prematurity Awareness Day

18 Great American Smokeout

19 National Survivors of Suicide Day

20 – 26 Gastroesophageal Reflux Disease
Awareness Week

DECEMBER

Safe Toys and Gifts Month

1 World AIDS Day

4 – 10 National Handwashing
Awareness Week



Office of Disease Prevention and Health Promotion
U.S. Department of Health and Human Services