

# The DASIS Report

April 18, 2003

## Managed Care Substance Abuse Treatment Facilities

### In Brief

- In 2000, 54 percent of substance abuse treatment facilities had contracts or other arrangements with managed care
- Managed care facilities provided both detoxification and rehabilitation more frequently than facilities without managed care
- Managed care facilities provided comprehensive substance abuse assessment, comprehensive mental health assessment, family counseling, group therapy, pharmacotherapy, and relapse prevention, as well as programs for special populations more frequently than facilities without managed care

Managed care is an integral and expanding part of the U.S. health care system. One of the strategic goals of the Substance Abuse and Mental Health Services Administration (SAMHSA) is to improve managed care outcomes.<sup>1</sup> This report describes substance abuse treatment facilities with and without contracts or other arrangements with managed care organizations as reported to the 2000 National Survey of Substance Abuse Treatment Services (N-SSATS). N-SSATS is an annual survey of all facilities in the United States, both public and private, that provide substance abuse treatment.

### Facilities and Clients

The proportion of substance abuse treatment facilities with managed care contracts increased from 42 percent in 1996 to 54 percent in 1999<sup>2</sup> and remained at this level in 2000. Of the 13,428 substance abuse treatment facilities reporting to the 2000

**Table 1. Services Provided by Facilities with and without Managed Care: 2000**

Services Provided	<i>Facilities with Managed Care</i>	<i>Facilities without Managed Care</i>
	Percent	
Comprehensive Substance Abuse Assessment	96	88
Comprehensive Mental Health Assessment	53	34
Family Counseling	85	68
Group Therapy	91	85
Pharmacotherapy	50	31
Relapse Prevention	79	74

**Table 2. Programs or Groups for Special Populations Provided by Percent of Facilities with and without Managed Care: 2000**

Populations	<i>Facilities with Managed Care</i>	<i>Facilities without Managed Care</i>
	Percent	
Adolescents	44	29
Dually Diagnosed	56	42
Persons with HIV/AIDS	22	21
Gays and Lesbians	16	14
Seniors	20	15
Pregnant Women	22	19

Source: 2000 SAMHSA National Survey of Substance Abuse Treatment (N-SSATS).

N-SSATS, approximately 7,250 had a contract or other arrangement with one or more managed care organizations. A total of 1,001,000 clients were reported to be in treatment on October 1, 2000, 53 percent of them in managed care facilities. Each such facility on a typical day had 38 clients compared with 31 clients in facilities without managed care contracts.

### Ownership

In 2000, private non-profit and private for-profit organizations had the highest proportions of facilities with managed care contracts, both at about 56 percent (Figure 1). Between 1996 and 2000, facilities owned by State and local governments increased their proportion of managed care contracts from 26 to 42 percent, facilities owned by tribal governments increased their proportion of managed care contracts from 16 to 27 percent,

and facilities owned by the Federal government increased their proportion of managed care contracts from 9 to 23 percent.

### Type of Care

Hospital inpatient facilities (70 percent) had the highest percentage of managed care agreements. Fifty-six percent of outpatient facilities and 35 percent of non-hospital residential facilities had managed care agreements. Among facilities offering more than one type of care, 65 percent had managed care agreements.

### Type of Treatment

Of those facilities with managed care agreements, 12 percent offered detoxification only, 69 percent offered rehabilitation only, and 19 percent offered both. Among facilities without managed care agreements, 23

percent offered detoxification only, 65 percent offered rehabilitation only, and 12 percent offered both.

Some 50 percent of facilities providing methadone/LAAM treatment had managed care compared with 54 percent of non-methadone facilities.

### Services Provided

Managed care facilities reported providing comprehensive substance abuse assessment, comprehensive mental health assessment, family counseling, group therapy, pharmacotherapy, and relapse prevention more frequently than facilities without managed care (Table 1).

### Programs for Special Populations

Managed care facilities reported providing programs or groups for special populations more

frequently than facilities without managed care (Table 2). The largest differences were in programs for adolescents and for the dually diagnosed.

### Public Funds

About two-thirds of both facilities with managed care and facilities without managed care received public funds.

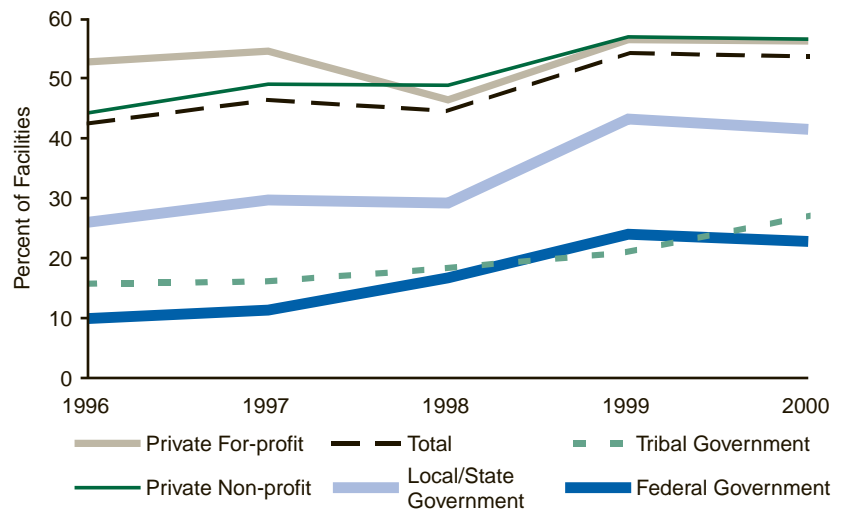
### Type of Payment Accepted

Managed care facilities accepted cash or self-payment, Medicare, Medicaid, State- financed health insurance, Federal military insurance, and private health insurance more frequently than facilities without managed care (Figure 2).

#### End Notes

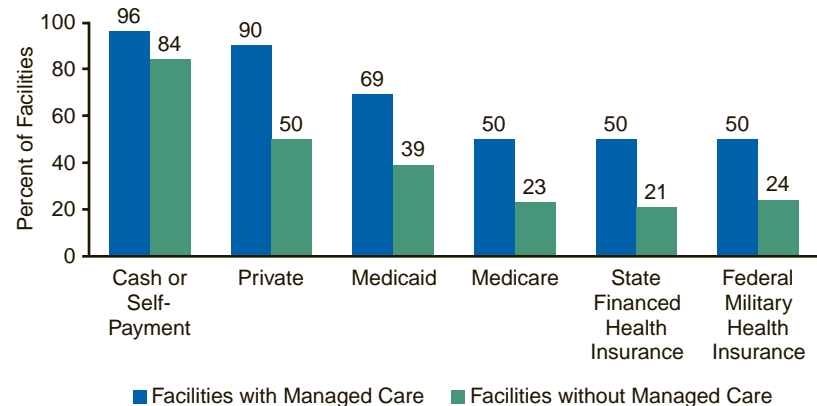
<sup>1</sup> <http://www.samhsa.gov/programs/content/brief2001/01mcsamhsa.htm>  
<sup>2</sup> Substance Abuse and Mental Health Services Administration (2001, October 19). *The DASIS Report. Growth of Managed Care in Substance Abuse Treatment*. Rockville, MD: Author.

**Figure 1. Facilities with Managed Care Contracts, by Ownership: 1996-2000**



Sources: 2000 SAMHSA National Survey of Substance Abuse Treatment (N-SSATS). 1997 SAMHSA Uniform Facility Data Set (UFDS).

**Figure 2. Type of Payment Accepted by Facilities with and without Managed Care: 2000**



Source: 2000 SAMHSA National Survey of Substance Abuse Treatment (N-SSATS).

The Drug and Alcohol Services Information System (DASIS) is an integrated data system maintained by the Office of Applied Studies, Substance Abuse and Mental Health Services Administration (SAMHSA). One component of DASIS is the National Survey of Substance Abuse Treatment Services (N-SSATS), an annual survey of all facilities in the United States, both public and private, that provide substance abuse treatment. N-SSATS was formerly known as the Uniform Facility Data Set (UFDS).

*The DASIS Report* is prepared by the Office of Applied Studies, SAMHSA; Synectics for Management Decisions, Inc., Arlington, Virginia; and RTI, Research Triangle Park, North Carolina.

**Information and data for this report are based on data reported to N-SSATS for the survey reference date October 1, 2000.**

Access the latest N-SSATS/UFDS reports at: <http://www.samhsa.gov/oas/dasis.htm>  
 Access the latest N-SSATS/UFDS public use files at: <http://www.samhsa.gov/oas/SAMHDA.htm>  
 Other substance abuse reports are available at: <http://www.DrugAbuseStatistics.samhsa.gov>



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