

Unit 6: CERT Basic Training Unit 3 Review

CERT Basic Train-the-Trainer









 What is the purpose of CERT Basic Training Unit 3?





The Purpose of Unit 3



- What is the purpose of CERT Basic Training Unit 3?
- To teach about life-threatening conditions: airway obstructions, bleeding, shock
- To introduce the principles of triage and how to conduct triage evaluations







 What are the learning objectives for this unit?







- What are the learning objectives for this unit?
- 1. To identify the "killers"
- 2. To apply techniques for opening airways, controlling bleeding, and treating for shock
- 3. To conduct triage under simulated disaster conditions





Key Topics



- Give brief overview of unit
- Teach how to recognize and treat three "killers":
 - Airway obstruction
 - Bleeding
 - Shock





Key Topics (contd.)



- Teach what triage is in simple terms and general procedure for conducting triage
- Teach how to evaluate victim during triage and how to document what is found
- Emphasize importance of rescuer safety





Training Videos



- If time permits, show 23-minute video, CERT Triage: Handling Mass Casualty Situations
- Video portrays:
 - Triage procedures
 - Treatment of obstructed airway, uncontrolled bleeding, shock
 - Sizeup
 - Rescuer safety







 What is your job as an instructor during hands-on activities?





Instructor in Hands-on Activities

- Your job as instructor is to:
 - Compliment and correct
 - Coach participants so that activity is performed properly





Hands-on Activities



- Opening the Airway
- Controlling Bleeding
- Treating Shock
- Removing Exam Gloves
- Conducting Triage





Tips for Teaching Unit



- Be aware of makeup of your participants
 - Not everyone may want to engage in medical operations exercises
 - Be conscious of reaction of your audience as you teach
- Teach to level of participants
 - Use scenarios to make the skills seem more useful and to facilitate learning
 - Keep triage instruction simple





More Tips



- Emphasize clearly the distinction between medical treatment and triage
 - For CERT first responders, need for speed is eclipsed by need for proper assessment within scope of the responder's training and skills
- Demonstrate what a pint is





More Tips



- You may need to explain Good Samaritan law in more detail
- Key to liability issue:
 - Make sure that participants stay within scope of the training/skills provided
- Model correct step-by-step procedures and safety equipment





Connection to Course



- Another application of sizeup principle from Unit 2
- Prepares participants for disaster medical operations covered in Unit 4
- Participants are learning and practicing increasingly complex teamwork as they progress through previous unit, this unit, and next unit

