

## Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, May 2000<sup>1</sup>

AGE-GENDER GROUPS	WEEKLY COST				MONTHLY COST			
	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan
<b>INDIVIDUALS<sup>2</sup></b>								
<b>CHILD:</b>								
1 year	15.80	19.40	22.80	27.60	68.50	84.10	98.80	119.60
2 years	15.70	19.40	22.80	27.60	68.00	84.10	98.80	119.60
3-5 years	17.00	21.20	26.30	31.50	73.70	91.90	114.00	136.50
6-8 years	21.10	28.20	35.20	40.90	91.40	122.20	152.50	177.20
9-11 years	25.10	32.00	40.90	47.40	108.80	138.70	177.20	205.40
<b>MALE:</b>								
12-14 years	25.90	36.20	44.90	52.80	112.20	156.90	194.60	228.80
15-19 years	26.60	37.30	46.50	53.70	115.30	161.60	201.50	232.70
20-50 years	28.50	37.00	46.20	56.00	123.50	160.30	200.20	242.60
51 years and over	25.80	35.30	43.50	52.20	111.80	153.00	188.50	226.20
<b>FEMALE:</b>								
12-19 years	25.90	31.20	37.90	45.80	112.20	135.20	164.20	198.50
20-50 years	25.90	32.40	39.50	50.70	112.20	140.40	171.20	219.70
51 years and over	25.40	31.50	39.10	46.90	110.10	136.50	169.40	203.20
<b>FAMILIES:</b>								
<b>FAMILY of 2<sup>3</sup>:</b>								
20-50 years	59.80	76.30	94.30	117.40	259.30	330.80	408.50	508.50
51 years and over	56.30	73.50	90.90	109.00	244.10	318.50	393.70	472.30
<b>FAMILY OF 4:</b>								
Couple, 20-50 years and children—								
2 and 3-5 years	87.10	110.00	134.80	165.80	377.40	476.70	584.20	718.40
6-8 and 9-11 years	100.60	129.60	161.80	195.00	435.90	561.60	701.10	844.90

<sup>1</sup>Basis is that all meals and snacks are purchased at stores and prepared at home. For specific foods and quantities of foods in the Low-Cost, Moderate-Cost, and Liberal Plans, see *Family Economics Review*, No. 2 (1983); for specific foods and quantities of foods in the Thrifty Food Plan, see *Thrifty Food Plan, 1999, Executive Summary*, CNPP-7A. The Thrifty Food Plan is based on 1989-91 data, and the other three food plans are based on 1977-78 data updated to current dollars using the Consumer Price Index for specific food items.

<sup>2</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person—subtract 10 percent.

<sup>3</sup>Ten percent added for family size adjustment.