National Prevention Strategy

Advisory Group on Prevention, Health Promotion, and Integrative and Public Health
April 11, 2012



Public Engagement Working Group

Charge of the Public Engagement Working Group

- Engagement Working Group will coordinate and support:
 - participation of the Advisory Group members in the Regional
 Meetings on the National Prevention Strategy and local efforts by
 AG members to engage their constituencies regarding the NPS;
 - input and guidance for the NPS Community Commons website
 (including dissemination of the "pledge" in support of the NPS);
 - develop and work with other communications and engagement
 vehicles as determined by the Working Group.

Objectives of the Public Engagement Working Group 2012

- Instigate a dialogue with the public on preventing poor health, and promoting health and wellness
- Create a digital "hub" to serve as a gateway for the public, non-governmental organizations and constituency groups to learn more about how they can engage in "prevention" – making healthier choices, easier choices

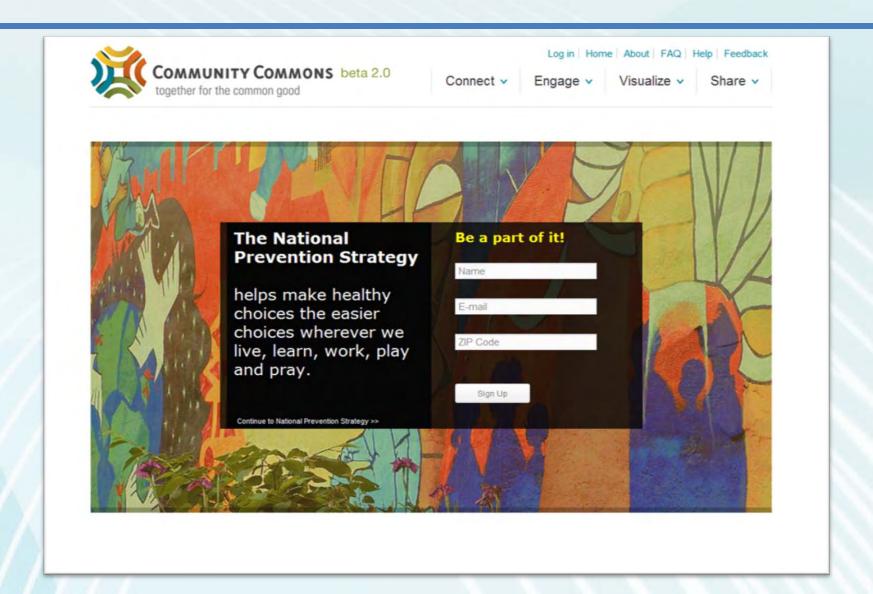
Public Dialogue

- Messaging around prevention versus "treatment" for target audiences
 - Making Healthier Choices, Easier Choices
 - Businesses, Families, "Thought leaders", Health Care providers, Community Leaders, State and Municipal officials, among others
- Public Engagement Activities & Resources
 - Regional meetings
 - Presentations by Advisory Group members on-line and on-site
 - Simple tools or resources that regular people can use to become involved in prevention activities

NPS On-line Infrastructure: www.communitycommons.org/NPS

- Purpose of NPS Digital "hub"
 - Create a "foundation" for connecting target audiences to information, tools and resources
 - Facilitate connection to other federal and state prevention efforts (e.g. Let's Move!, CDC funded Community Transformation Grants)
 - Resource for individuals, communities and thought leaders to engage in prevention, health & wellness and integrative public health activities

www.communitycommons.org/NPS



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The National Prevention Strategy

The goal of the **National Prevention Strategy** is to improve the health and quality of life for individuals, families and communities by moving the nation from a focus on sickness and disease to one based on prevention and wellness.

Thank you for your commitment to making healthy choices easier choices. Community Commons is a repository and incubator for resources and ideas to improve your community. Here's some things you can do now.

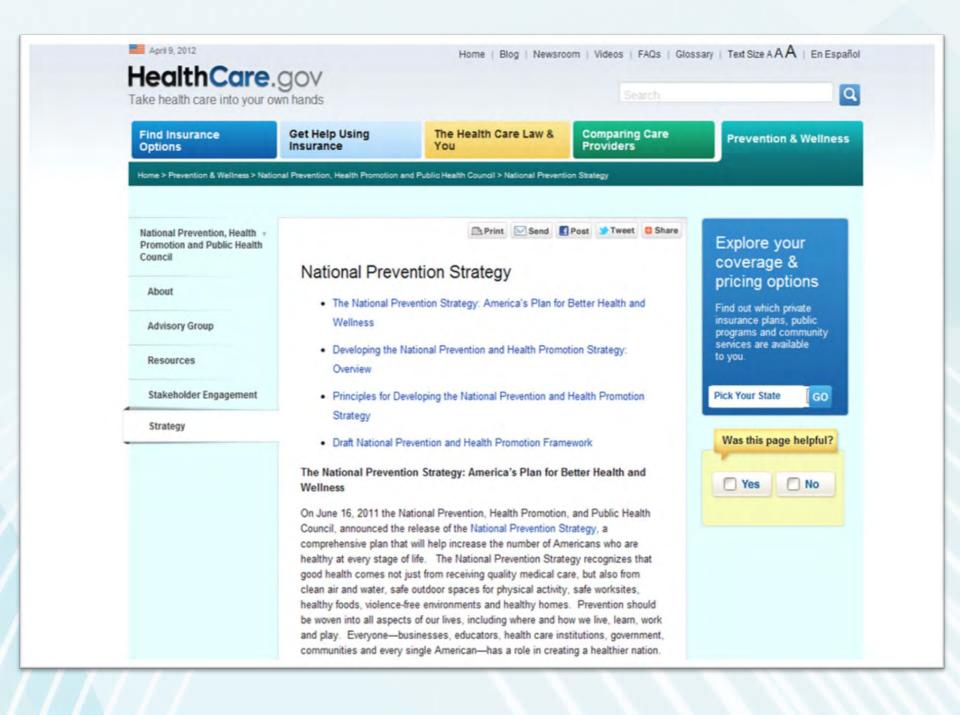
- Learn more about the National Prevention Strategy.
- Take the National Prevention Strategy Pledge.

Other things you can do now:

- Spread the word: urge colleagues and friends to make healthy choices easier choices and advancing the National Prevention Strategy.
- Share your story: tell the world how you're advancing the National Prevention Strategy in your community.
- Some simple steps you can take to be healthy from Let's Move.
- Join Community Commons: a tool to create healthy, equitable and sustainable communities.

Click on the map to find out what's happening in your region





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National Prevention Strategy

Pledge for Health: Make Healthier Choices, Easier Choices

Vision: Increase the number of Americans who are healthy at every stage of life through:

- · Healthy and Safe Community Environments
- Clinical and Community Preventive Services
- **Empowered People**
- Elimination of Health Disparities

Call to Action: Individuals, communities, schools, faith institutions, and employers must help to assure:

- · We have information we need to make healthier choices
- We can make healthy foods accessible to all
- We can find safe places to play and exercise
- We promote smoke free environments
- We create a culture of health-from home to clinic to workplace

We will be leaders to make healthier choices easier choices where we live, learn, work, play and pray by:

· Encouraging achievement of individual and community health-related

- · Providing access to healthy and safe environments.
- Accessing and/or providing access for clinical preventive services.
- · Accessing and/or providing information on prevention and wellness to improve health literacy.
- · Participating and/or offering wellness opportunities and programs.
- · Accessing and/or providing access to tobacco quit-line services.
- . Using and/or providing alternate forms of transportation including biking, walking, public transportation, carpooling, etc.
- · Purchasing energy efficient products and recycling.

- Accessing and/or providing access to nutritious food and drinks during meetings, gatherings, meals, etc.
- · Participating and/or leading conversations with diverse partners to promote, support and encourage community health efforts.
- · Ensuring ownership of the National Prevention Strategy is shared at the local, state and national levels by engaging the media, policy and thought leaders, business owners, faith leaders and others to increase awareness and action.
- · Sharing resources and information with friends, family, colleagues, neighbors and fellow congregants to ensure healthier choices are easier choices.



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Want to do more?

- . Host a National Prevention Strategy Action Meeting to discuss ways you can make healthier choices easier choices where you live, learn, work, play and pray.
- Share the Healthier Choices Easier Choices Pledge with at least 5 other people (e.g. friends, family, colleagues, etc.)

Please provide the following information	to confirm your Pledge for Health: Make Healthier Choices, Easier Choices.
Name	
Organization	
E-Mail	
Sign the Pledge All fields are required.	

Community Commons is an initiative of Advancing the Movement, powered by IP3.





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info@communitycommons.org

Other things you can do now:

 Spread the word: urge colleagues and friends to make healthy choices easier choices and advancing the National Prevention Strategy.

Click the E-mail button below to spread the word!

 Share your story: tell the world how you're advancing the National Prevention Strategy in your community.



- Some simple steps you can take to be healthy from Let's Move.
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< Return to the National Prevention Strategy landing page





Q Search LetsMove.gov Go

Learn the Facts

Eat Healthy

Get Active

Take Action SIMPLE STEPS TO SUCCESS Join Us

Home . Take Action



Take Action

Parents Schools

Mayors & Local Officials

Community Leaders

Chefs

Kids

Health Care Providers

5

simple steps to success

TAKE ACTION

Helpful tips and step-by-step strategies for families, schools and communities to help kids be more active, eat better and grow up healthy.

Parents

Get on the right track to eat well and to stay fit.



GO ▶

Schools

Add healthy living to the

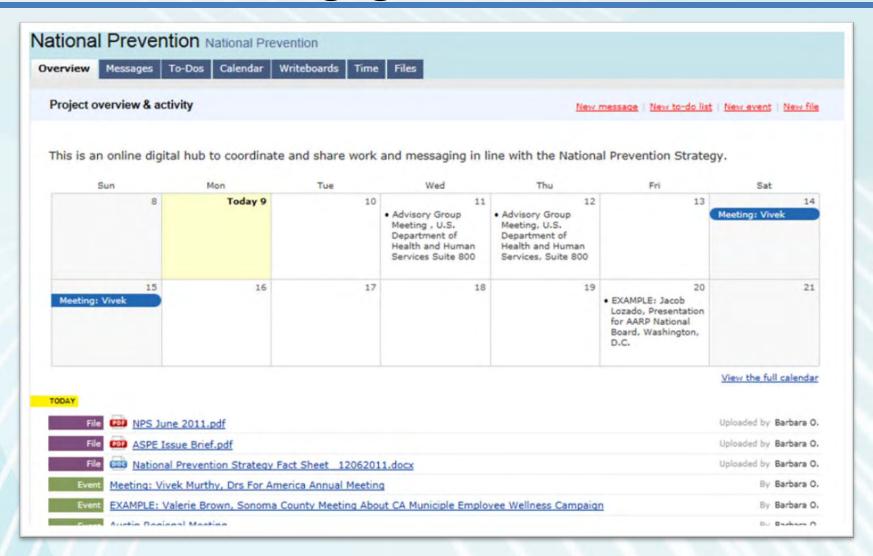
Community Leaders

Empower families and communities to make healthy decisions.

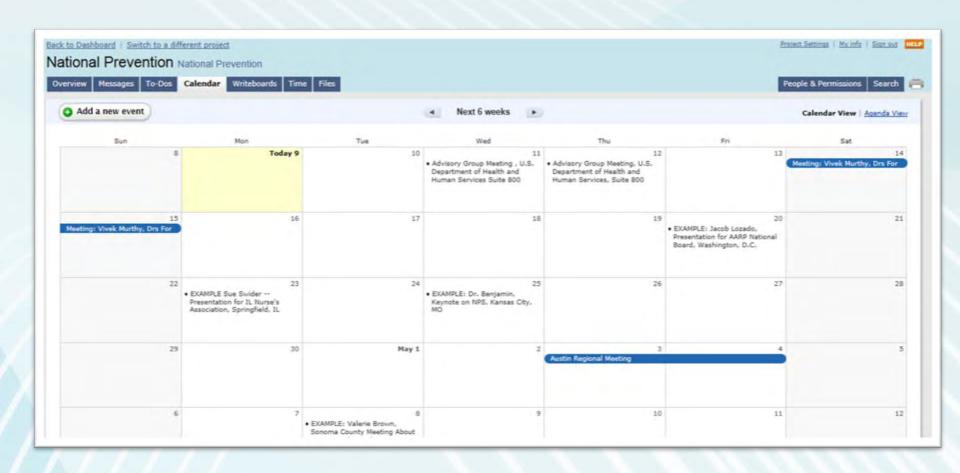
Public Engagement: Next Steps

- Active participation of Advisory Group Members
 - Public presentations on the NPS Framework
 - "Thought leadership" activities such as Letters to the Editor,
 Opinion pieces, Blog posts, Twitter postings, etc
 - Participation in regional meetings of federal partners Surgeon General's office, National Policy Council of the NPS, the Community Transformation Grantees, etc.
- Resources needed for participation
 - "Shared" Calendar of activities
 - "Content bank" of materials
 - Standard presentations
 - Fact sheets, "Pledge"
 - Blogs, Opinion Pieces

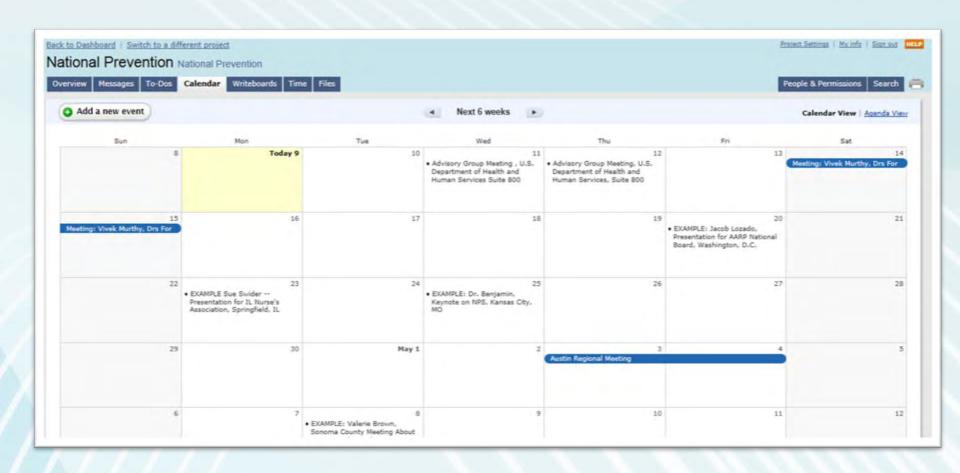
"Base Camp" for Advisory Group Public Engagement Activities



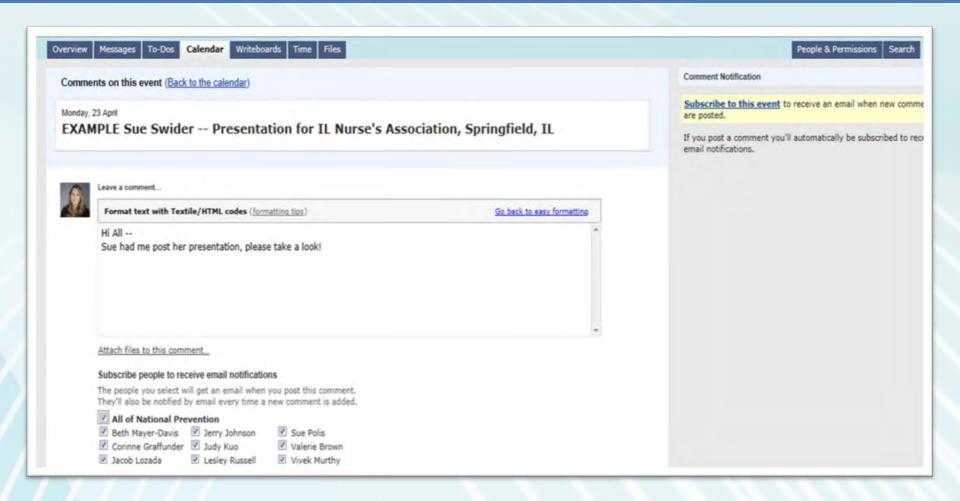
NPS Public Engagement Calendar



Content for Public Engagement Work



Base Camp Calendar: Posting Materials



Public Engagement Next Steps

- Content "bank" Development
- Create a "master" Calendar for public engagement
 - "Calendar" your presentations and coordinate with colleagues
- Create a "target" strategy for reaching key constituencies and "thought leaders"
- Maximize the Community Commons NPS Landing page

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Working Group Members

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Thank you.

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