

# Supports *Let's Move!*

*America's Move to Raise a Healthier Generation of Kids*

Through clinical efforts and actions, with our patients and in our community, we will work together to solve the problem of childhood obesity within a generation.

**To patients and families**, talk to your provider today about BMI (body mass index), nutrition and physical activity to make healthier choices for your family. Let's work together to raise a healthier generation of kids.

[www.LetsMove.gov](http://www.LetsMove.gov)