Implementing a Shipyard Safety and Health Management System (ISSHMS)

Training for Shipyard Workers



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Overview

Introduction Introduction	Note: This Overview section will only be necessary if the Facilitator is covering all of the Lessons. Read Information Block: Key Question (Flipchart Response): What do you think some of the requirements are? Acknowledge all responses and discuss each.	Approximate Time: 10 min.
Design Delivery Strategy	Read Information Block: Ask if there are questions	
Course Objective	Read Information Block: Ask if there are questions. Assure participants that they will not be asked to identify themselves when taking the pre-test. Explain that prior to the post-test all material on the test will be covered.	
Learning Progress	Read Information Block: Provide an example. Ask if there are questions.	
Evaluation Strategy	Read Information Block: Ask if there are questions.	

Facilitator Guide

Overview

Training	Ask participants to read. Ask if there are questions.
Audience	Explain: To successfully implement a Safety and Health Management System it must be driven from the top, but all must be involved.
Trainee Expectations	Read: Ask if there are questions.
Training	Ask participants to read.
Logistics	Ask if there are questions.
Course Lessons	Ask participants to read.
	Ask if there is a need for clarification regarding any of the lesson topics.

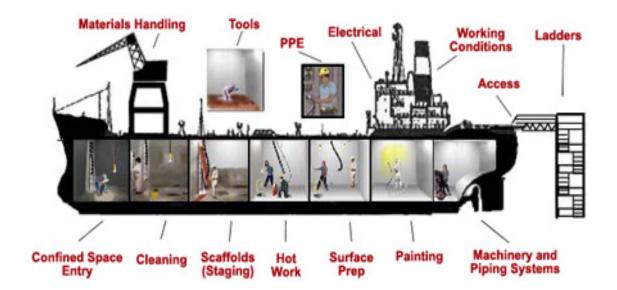
Overview

Course Lessons

Ask participants to read.

Ask if there is a need for clarification regarding any of the lessons.

Regarding picture below: Ask participants if they conduct any of the processes illustrated below.



Multiple	Explain to the participants that though the pre-test will be	Approximate
Choice	scored, they will not be asked to provide their names.	Time: 30 min.
	Explain that you will give them 30 minutes to complete. Also let them know that if they finish early that is fine to let you know by looking up.	
	Let the participants know that you will be available for any questions.	
	Ask if there are questions.	
	A "Quiz Key" will be available to score the Quiz.	
-		
True or False	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
-		
Matching	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
<u>-</u>		

Facilitator Guide

Multiple Choice	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
all		
Identify and List	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	

True or False	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
-		_
Fill in the	This area is a place holder so that Participant Manual pages	
Blank	will be the same as Facilitator Guide pages.	

Multiple Choice	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
all		
-		
Put In Order	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
MIZ		

Matching	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
True or False	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	

Facilitator Guide

Matching	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
Multiple Choice	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	

Matching	This area is a place holder so that Participant Manual pages	
All	will be the same as Facilitator Guide pages.	
ALLE		

Lesson 1: Introduction

Introduction	Ask participants to read all three information blocks. Ask if there are questions. Key question: Can someone explain proactive vs. reactive? Target Answer: Proactive is about prevention and thinking	Approximate Time: 20 min.
	long-term. Reactive is taking action after the problem has occurred.	
-		
What is a	Key question: What do you believe to be some of the	
Safety and	elements of a SHMS?	
Health		
Management	Target Answer: Safety Policies	
System?	Safety Manual	
	Document Tracking Systems	
	Training	
	Audits	
	Safety Committees Resources	
	Resources	
Example	Ask participants to read. Ask if there are questions.	

Lesson 1: Introduction (Cont.)

Benefits of	Read.	
an Effective		
Safety and	Ask: Did I miss any benefits?	
Health		
Management		
System		
*		

Safety and	Have participants read information block.	
Health		
Statistics	Key question: Why do you believe for every dollar spent	
	there is a 4-6 dollar savings?	
(From		
OSHA'S	Target answer: The cost of being unsafe include:	
Safety and	Increased Workers Compensation rates	
Health	Loss of productivity to worker injured	
Management	Disruption	
System	Fines	
eTool)		
*		

Lesson 1: Introduction (Cont.)

Shipyard	Ask participants to read this block of information.	
Safety and		
Health	Key question: What does this data tell us?	
Statistics		
**	Target answer: The shipyard can be a hazardous place to	
	work!	

Integrating Safety and Health into Work Practices	Have participants read information block. Explain that this information comes from OSHA's website, eTool. Reinforce the concept that "safe production" means that the only way production occurs is safely!	
(Content from OSHA'S Safety and Health Management System eTool)		

Lesson 1: Introduction (Cont.)

Organizational Safety Culture Quiz Put participants in small teams (2-4) from the same organization. If there is only one participant from a company ask them to work alone.

(From OSHA'S Safety and Health Management System eTool) Ask them to answer each question to the best of their knowledge.



When they have finished the self-assessment, for each "no" or "don't know" checked, ask them to identify what actions they could take to turn those checks into a "yes."

OSHA	Read Information Block:	Approximate
Responsibility	Explain that Federal OSHA allows states to establish their own	Time: 35 min.
-	standards. Federal OSHA allows Cal OSHA to exist. Cal	
*	OSHA's standards are at least as stringent as Fed OSHA. Fed	
	OSHA has been known to adopt Cal OSHA standards	

Management	Read Information Block:	
Responsibility	Ask: Could these standards be different for some of you in this room?	
	Target Answer: Yes. They are based on the work processes that are performed.	

Coverage	Read Information Block.	
	Key point: There are standards specifically written for the shipyard.	

Implied	Read Information Block.	
Coverage		
	Explain that the statement in bold and italics is called implied coverage or the general duty clause.	
	Key Question: "What does implied coverage mean?"	
	Target response: Though there may not be a specific standard written for a specific process or situation, the employer is responsible to maintain a safe work environment period.	

Facilitator Guide

Lesson 2: Responsibilities and Accountability (Cont.)

Management's	Ask for a volunteer to read the information block:
Specific	
Responsibilitie	s If no one volunteers, select someone to read.
1	
	Ask if there are any questions.
_	
Fed OSHA	Read information block:
Criminal	
Penalties	Ask if there are any questions.
-	
_	
Cal OCITA	A -1- f 1
Cal OSHA	Ask for a volunteer to read the information block:
Criminal	
Penalties	If no one volunteers, select someone to read.
-	
	Ask if there are any questions.

Management Creates the Company Culture

Read Information Block:

Optional: Write 3 words across the top of a flipchart-Production-Schedule-Safety. Ask participants what percentage of their time do they talk about each topic.

Key point. What is important to us can be identified by what we talk about.

The Elements of a "Culture of Safety"

Read Information Block:

Management Commitment



Ask for a volunteer to read the information block:

If no one volunteers, select someone to read.

Ask: "What else could management do to demonstrate

commitment." Acknowledge all responses.

Employee Involvement



Ask for a volunteer to read the information block:

If no one volunteers, select someone to read. Ask: "How else could employees get involved?" Acknowledge all responses.

Supervisor Responsibility

Ask for a volunteer to read the information block:

If no one volunteers, select someone to read.

Ask: "What else could supervisors do to help ensure a safe workplace?" Acknowledge all responses.

Explain: That OSHA can cite individual Supervisors for violations.

Employee Responsibility

Ask for a volunteer to read the information block:

If no one volunteers, select someone to read.

Ask: "What else could employees do to help ensure a safe workplace?" Acknowledge all responses.

Accountability



Read Information Block:

After reading the four bullets, Ask "how are you doing in establishing the elements of accountability in your company?" Acknowledge all responses.

Explain that to hold people accountable, we must give them the right tools and train them on hazards.

Exercise

The objective of this exercise is to see if the participants can identify "Who" is responsible for each of the responsibilities listed in the "What" Column. They are then to comment on any improvement actions that could be taken to identify or clarify responsibilities.

Put participants in small teams (2-4) from the same organization. If there is only one participant from a company ask them to work alone.

Read instructions and ask the participants to complete the "Who" column. Allow 4-5 minutes for completion. When they are finished ask them to list any improvement actions that could be taken to identify or clarify responsibilities under the Comments section.

Quiz 1 True of False



Ask participants to individually complete the True/False Quiz. Give them 2 minutes to complete.

Go through the quiz by asking each question and soliciting answers from the participants. Clarify any questions.

- 1. **False Implied Coverage/General Duty Clause**If OSHA does not have a specific standard relating to an accident, a company can not be held responsible for the accident.
- 2. False They can be, though it typically does not happen
 Line-level supervisors can not be fined or imprisoned for violating an
 OSHA regulation.
- 3. False It is the companies norms, beliefs, values demonstrated A company culture consists of their written policies and procedures.
- 4. **False Management Commitment and Employee Involvement** A safe culture is based mostly on discipline.

Quiz 2 Matching



Ask participants to individually complete the Matching Grid. Emphasize there may be more than one answer, but you want the best answer. Give participants 2-4 minutes to complete.

After the participants are finished with the quiz, go through the grid by asking each question and soliciting answers from the participants. Clarify any questions

	Responsibility	Who
	Create and drive the company culture	M
•	Stop a co-worker from working on the deck plate in an unsafe manner	E
	Document and report near misses	S

Lesson 3: Safe Work Practice and Training Documentation

Types of Documentation	Read Information Block: Key Point: Our documentation must identify what we should do and confirm that we are doing it.	Approximate Time: 15 min.
	Ask if there are questions.	

The What	Ask for a volunteer to read the information block:	
and How: SB		
198 Injury	If no one volunteers, select someone to read.	
and Illness		
Prevention	For two or three of the bullets, ask if "someone can give me	
Program	an example."	
	For instance, for "A system for communicating with	
	employees safety and health issues," ask if someone can	
	provide you and example.	
	Target Response: Gang box meeting, newsletters, emails,	
	etc.	

Lesson 3: Safe Work Practice and Training Documentation (Cont.)

Typical	Ask for a volunteer to read the information block:	
Shipyard		
Documentation	If no one volunteers, select someone to read.	
	Explain: This list came from a review of a safety department's files. Ask if the participants can think of anything not listed.	
	Ask if there are any questions.	
		_
Tracking	Read Information Block:	
Systems		

Ask if there are questions.

Lesson 3: Safe Work Practice and Training Documentation (Cont.)

Training	Read Information Block:	
Tracking	Ask if there are questions.	
	Explain that this information was on the pre-test and will be on the post-test!	

Ask the participants to spend two minutes to review. Ask participants the following: What is this? What is the purpose? Target Response: This is a departmental safety tracking form designed to identify the progress that each individual in the department is achieving towards meeting safety training requirements for that year. Ask if the participants can identify any additional information

that would be desirable to capture where they worked.

Lesson 3: Safe Work Practice and Training Documentation (Cont.)

Document and Data Control

Read Information Block:

Ask "What relevant documents might be necessary at host shipyard where you are going to be working?"

Some target responses: MSDS sheets. Confined space requirements. Equipment inspection documentation.

Quiz

Read instructions.



Ask if there are questions.

Provide 3 minutes for participants to complete.

Ask for volunteers regarding which requirements were circled.

Discuss as necessary.

Word Bank

Department	Participant education level	Type of training	Length of time with company
Participant ethnicity	Number of hours of training	Verification that a person attended, such as a signature	Participant Job Title(s)
Date of the training	The OSHA standard that correlates to the training	Class Level Beg./Inter./Adv	Who attended (name)

Lesson 4: Safety Procedure Manual

The What and How	Read Information Block:	Approximate Time: 20 min.
Other Important Elements of a Safety Manual	Ask for a volunteer to read the information block: If no one volunteers, select someone to read.	
	Ask the participants if they can think of additional information that they have seen in a Safety Procedure manual. Ask if there are any questions.	
Accurate and Specific	Read Information Block:	
Writing a Safety Manual	Read the top section of the Information Block and ask: Why do you believe a group of people is preferable in developing a Safety Procedure Manual? Target Response: The more input, likely the better the product. The more people involved the deeper the organizational buy-in to implementation. Read the remainder of the Information Block. Ask if there are questions.	

Lesson 4: Safety Procedure Manual (Cont.)

Changes Require	Read Information Block:
Updates	Ask if there are any questions.

Updating the	Ask for a volunteer to read the information block:	
Safety Manual		
*	If no one volunteers, select someone to read.	
	Ask the participants if any of them would answer the questions regarding updating the Safety Manual.	
	Ask if there are any questions.	

Safety Manual	Read Information Block:	
Accessibility	Key Point: The pertinent information is accessible to employees.	
	Ask if there are questions.	

Lesson 4: Safety Procedure Manual (Cont.)

Exercise

The objective of this exercise is to have the participants identify the level of effectiveness of their current Safety Manual procedure. The second section of this exercise presents an opportunity to improve that procedure.

Put participants in small teams (2-4) from the same organization. If there is only one participant from a company ask them to work alone.

Read instructions and ask the participants to complete the exercise (both top and bottom). Provide 5-7 minutes to complete.

Improvement Opportunities

After completion, ask if any of the participants would be willing to share their information.

Lesson 4: Safety Procedure Manual (Cont.)

Quiz True or False Read instructions.



Ask if there are questions.

Provide 3 minutes for participants to complete.

Ask for volunteers regarding which requirements were circled.

Discuss as necessary.

1. True

Your Safety Procedure Manual should provide the required documentation conveying to your workforce what safe work practices should be followed and how you should follow them.

- 2. **False** OSHA will, however, guide and support your efforts Your Safety Procedure Manual must be written by a certified OSHA professional.
- 3. **False** Only relevant sections and easily accessible
 The entire Safety Procedure Manual must be accessible (within 50 feet) to all employees.

Lesson 5: Workforce Safety Training

Definitions and	Read Information Block:	Approximate
Importance		Time: 20 min.
	Ask if there are questions.	
	Explain that this information was on the pre-test and will be	
	on the post-test!	

Who Needs	Ask for a volunteer to read the information block:
Training?	
(From	If no one volunteers, select someone to read.
OSHA'S	
Safety and	Ask the participants if they can think of additional training
Health	topics not listed.
Management	
System eTool)	Ask if there are any questions.
*	

Read Information Block:

When you get to the questions, read reach question and ask participants to; "Please raise your hand if you can answer yes."

Key point: If you are able to answer "yes" to all of these questions, you are well on your way to implementing an effective safety training program.

Ask if there are any questions.

Additional **Types of Safety** and Health **Training** Needed

Ask for a volunteer to read the information block:

If no one volunteers, select someone to read.

Ask if there are any questions.

Training	Read Information Block:	
Topics		
Relating to the	Ask; "How many of you have trained or participated in any or	
Shipyard	all of these topics?"	
*		

Ask for a volunteer to read the information block:	
If no one volunteers, select someone to read.	
Ask, "How could you involve everyone in this process?"	
Target response: Ask employees/Observe the tasks employees	
perform/Use a suggestion box	
Ask if there are any questions.	
	If no one volunteers, select someone to read. Ask, "How could you involve everyone in this process?" Target response: Ask employees/Observe the tasks employees perform/Use a suggestion box

Training	Read Information Block:	
Evaluation and		
Tracking	Remind employees of the departmental training tracking that	
(From	was reviewed in Lesson Three, Safe Work Practice and	
OSHA'S	Training Documentation.	
Safety and		
Health	Ask if there are any questions.	
Management		
System eTool)		
*		

Exercise



The objective of this exercise is to have the participants begin to identify "who" should be trained in "what" as well as to begin to identify ways of overcoming challenges to implementing training.

Put participants in small teams (2-4) from the same organization. If there is only one participant from a company ask them to work alone.

Read instructions and ask the participants to complete the exercise. Provide 5-7 minutes to complete.

After completion, ask if any of the participants would be willing to share their information.

QuizTrue or
False

Read instructions.

MIZ

Ask if there are questions.

Provide 3-4 minutes for participants to complete.

Go through quiz one question at a time.

Discuss as necessary.

Word Bank

Competence	Subcontractor	Orientation Training	Forklift Training
Training	Supervisors	Long-Term Employees	Replacing
Confined Space	Ability	Safety Technicians	Integrated

- 20. [Competence is a standardized requirement for an individual to properly perform a specific job.]
- 21. [*Training* refers to the acquisition of knowledge, skills, and competencies as a result of the teaching of vocational or practical skills and knowledge that relate to specific useful competencies.]
- 22. [Training for *Supervisors* should emphasize the importance of their role in visibly supporting the safety and health program and setting a good example.]
- 23. [Confined Space is a training topic not often found in many industries but often found in the shipyard.]
- 24. [Safety training is most effective when *Integrated* with a company's overall training in performance requirements and job practices.]
- 25. [*Orientation Training* should be provided to both employees and contractors.]

Lesson 6: Hazard Communication

is Vital!	Approximate
Ask if there are questions.	Time: 15 min.

OSHA's Hazard Communication Standard

Ask for a volunteer to read the information block:

If no one volunteers, select someone to read.

Ask the participants if they can explain to you where all 650,000 MSDS's can be found in their organization.

Target response: You don't need all 650,000 MSDS's onsite. You only need the MSDS's that provide information on the chemicals that the workforce uses when performing their jobs.

Explain that subcontractors that are going to use a chemical in a shipyard, should notify the shipyard prior to bringing the chemical in.

Related Facts

Read Information Block:

Ask if there are questions.

Lesson 6: Hazard Communication (Cont.)

Employer Responsibilities

Read Information Block:



Ask participants: "Do you know where the MSDS sheets are located when your workers are working off-site?"

Target response: Yes!

Key point: Wherever you are working it is important to know what you are working with.

Ask if there are any questions.

Exercise



The objective of this exercise is to have the participants begin to identify what information needs to be disseminated to the workforce and to put in place processes to receive information as well.

Put participants in small teams (2-4) from the same organization. If there is only one participant from a company ask them to work alone.



Read instructions and ask the participants to complete the exercise. Provide 5-7 minutes to complete.

After completion, ask if any of the participants would be willing to share their information and flipchart the "What" and "How" information to generate information sharing.

Lesson 6: Hazard Communication (Cont.)

Quiz – Multiple Choice



Ask if there are questions.

Provide 3 minutes for participants to complete.

Ask for volunteers to share their answers.

Discuss as necessary.

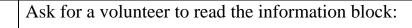
- 1. To establish a culture of workplace safety as well as to comply with OSHA IIP Program, it is imperative the communication is not left to chance. Giving and receiving feedback with employees and contractors is vital. Therefore, organizations should implement and maintain a procedure for:
 - A. [Praise and Discipline]
 - **B.** [Receiving, documentation and responding to relevant communications from external interested parties]
 - C. [Instructions for the Safety Suggestion Box]
 - D. [Good Listening Skills]
- 2. Regarding Hazardous Communication, each employee is *not* responsible to:

A. [Providing a list of all company hazards to each employee in written form]

- B. [Identify and list hazardous chemicals in their workplaces.]
- C. [Obtain MSDS's and labels for each hazardous chemical, if not provided by the manufacturer, importer, or distributor]
- D. [Implement a written HAZCOM program, including labels, MSDS's and employee training.]
- E. [Communicate hazardous information to employees through labels, MSDS's and formal training programs

Hazard	Read Information Block:	Approximate
Identification,		Time: 35 min.
Assessment,	Ask if there are questions.	
and Control		
Procedure		
*		

Types of
Hazards
Found in the
Shipyard



If no one volunteers, select someone to read.



Ask the participants to circle the Physical Hazards and Related Shipyard Processes associated with the work that they do. Provide 1 or 2 minutes to complete the exercise.



Go through each of the Hazards/Associated Processes and ask for hands after you read each one.

Key point. Most all (if not all) of the Hazards and Processes are represented by the work that is done by the participants in the room.

Three	Read Information Block:	
Important		
Hazard	Explain that you will be defining each of the hazard	
Identification	identification processes below.	
Processes		
*	Target response: Yes!	

Walkaround	Read Information Block:	
Inspections	Key Point: Walkaround inspections are planned.	
	Ask if there are questions.	

Comprehensive	Read Information Block:	
Survey	Key point: Comprehensive surveys are comprehensive, take time, planning and expertise.	
	Ask if there are questions.	

Observations	Ask for a volunteer to read the information block:
*	If no one volunteers, select someone to read.
	Key point: This gets you the "biggest bang for your buck" and illustrates whey a "Safe Production" culture is so important.

Hazard Assessment	Read Information Block: Key point: A Hazard Assessment is assessing the Hazard's in a designated work area.	
	Ask if there are questions.	

Job Safety	Read Information Block:	
Analysis	Key point: A Job Safety Analysis assesses the hazards involved with a specified task.	
	Key point: The combination of a Hazard Assessment and a Job Safety Analysis provides a two prong approach.	
	Key point: Whenever a work area or a task changes it is necessary to conduct the assessments again.	

Hazard Assessment Form



Explain the Hazard Assessment form.

Area is the specific workplace that is to be assessed. **Assessor** is the person conducting the assessment **Date** is the date the assessment is being conducted.

Below Assessor (on the first page of the assessment it says EYE) the potential part of the body exposed to the hazard is listed. Note that for the workplace identified (Area) each page must be filled out identifying hazards for the workers eye, face, head, hands and arms, feet/legs, body/skin, body/whole, lungs/respiratory, and ears/hearing,

Column one, Work Activities identifies the work process that might be conducted in the workplace related to eye injuries. You would check the box that relates to the work being conducted.

Column two, Work Related Exposure identifies the hazard related to the Work Activity.

Column three, PPE, if Hazard Cannot be Eliminated identifies the PPE that should be wore if the hazard cannot be eliminated by engineering controls.

Each row in column four correlates to the PPE listed in column three and specifies a particular type of PPE. This column is not always used.

At the bottom of columns one and two there is a place to list other work activities or hazards that are not listed.

At the bottom of column three there is a box that can be checked if a recommended control can be put in place to eliminate the need for PPE. *Continue on to the next page*.

Hazard Assessment Form



Continued from the previous page.

The objective of this exercise is to have the participants practice using the Hazard Assessment Form for future use and to see if there are any questions.

Put participants in small teams (2-4) from the same organization. If there is only one participant from a company ask them to join another team.

Ask the small teams to identify a work space that is found in the shipyard or shop where they perform work and list it at the top under Area. Ask them to complete one table (Eye for example) of the Assessment.

Give the participants 5 minutes to complete.

Ask for one or two volunteers to walk through their assessment.



Flipchart the Exposure and associated PPE.

Ask the class if they believe anything to be missing. You may end up building a longer list!

Ask if there are questions.

Hazard	Place Holder. This page left blank so that Participant Manual	
Assessment	page numbers continue to correspond to Facilitator Guide	
Form	page numbers.	
*		

Hazard	Place Holder. This page left blank so that Participant Manual	
Assessment	page numbers continue to correspond to Facilitator Guide	
Form	page numbers.	
*		

Hazard	Place Holder. This page left blank so that Participant Manual	
Assessment	page numbers continue to correspond to Facilitator Guide	
Form	page numbers.	
*		

Job Safety Analysis

Explain the Job Safety Analysis

Read the header. This analysis is for "Loading an empty trailer with pallets of material."

Note that this is for training and may not be all inclusive

Read the analysis left to right.

Remind the participants the difference between a Hazard Assessment and a Job Safety Analysis. The Hazard Assessment assesses the hazards found in the workplace. The Job Safety Analysis assesses the hazards associated with performing a specific task.

Ask if there are questions.

Hazard Controls	Read Information Block:
	Explain that you will be discussing the differences between the controls below.
_	
Engineering Controls	Ask for a volunteer to read the information block:
3	If no one volunteers, select someone to read.
	Key point: Engineering controls are the most effective because they control the hazard at the source of the hazard.
	Ask participants if they can provide other examples other than the one listed.
	Ask if there are questions.
_	
Re-Design	Read Information Block:
	Ask if there are questions.

Ask if there are questions.

Enclose the	Read Information Block:
Hazard	Ask if there are questions.
-	
Barriers or	Ask for a volunteer to read the information block:
Local	
Ventila tion	If no one volunteers, select someone to read.

Administrative	Read the first sentence of the Information Block and ask:	
Controls	Which do you think is preferred, an Engineering Control or an	
*	Administrative Control? Why?	
	Target response: Engineering control. The engineering	
	control can eliminate or come closer to eliminating the hazard	
	than an administrative control.	
	Read the rest of the Information Block.	
	Ask if there are questions.	

Personal	Ask for a volunteer to read the information block:
Protective	
Equipment	If no one volunteers, select someone to read.
(PPE)	Ask for other examples of PPE found in the shipyard. Acknowledge all responses.
	Ask if there are questions.

Personal	Read Information Block:	
Protective		
Equipment	Key point: Putting Administrative Controls does not mean	
(PPE)	you do not have to wear PPE. Often you need both.	
*	Ask if there are questions.	

Ask: "When working in a "host shipyard, do you know where to get explosion-proof lighting?" and/or	Employer
Ask: "Can you bring your own respirator cartridges or do you use the shipyards?" and/or Ask: "Can you bring explosive chemicals into the yard in containers other than metal?" Ask: "Which chemicals can you bring into a host yard without prior notification?" (Target answer: None)	- •

Employee	Read Information Block:	
Responsibilities	Ask if there are questions.	

_		
PPE Examples	Read Information Block:	
	Explain these are just more examples of PPE found in a shipyard.	

Interim	Read Information Block:	
Measures	Key point: Interim means "temporary". These are temporary measures and do not take the place of any other controls.	
	They should be removed as soon as possible. Ask if there are questions.	

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			2

The objective of this exercise is to have the participants begin to identify what controls are and could be in place to reduce workplace hazards.

Put participants in small teams (2-4) from the same organization. If there is only one participant from a company ask them to work alone.

Read instructions and ask the participants to complete the exercise. Provide 3-4 minutes to complete.

After completion, ask if any of the participants would be willing to share their information.

Quiz 1 Multiple Choice



Read instructions and ask if there are questions. Give participants 1 minute to complete and discuss as necessary.

- A. [Audits conducted by OSHA]
- B. [Walkaround Inspections]
- C. [Comprehensive Survey]
- D. [Observations]
- E. [A,B and C]
- F. [B, C and D]

Quiz 2 Put in Order



Read instructions and ask if there are questions. Give participants 1 minute to complete and discuss as necessary.

- 1 Observing the task
- 2 Breaking the task down into activities or steps
- 3 Analyzing each step for safety or operational needs
- 4 Recommending procedures to meet those needs

Quiz 3 Matching



Read instructions and ask if there are questions. Give participants 3-4 minutes to complete and discuss as necessary.

Type of Control	Then write
Engineering Control	Е
Administrative Control	A
PPE	P
Interim Control	I

Control	Type
I am tape holding down wiring	Ι
I am a procedure limiting the time	A
you can wear a respirator	
I am a hard hat	P
I am a ventilation hood removing	E
smoke in a confined space	

Lesson 8: Emergency Preparedness and Response

Introduction	Read Information Block:	Approximate
1		Time: 20 min.
	Ask if there are questions.	

What Your	Read Information Block:	
Plan Should		
Cover	Ask participants if they can think of any other hazards not listed and acknowledge all responses.	
	Ask if there are questions.	

Plan	Read entire information block.	
Requirements		
*	Ask the participants some or all of the questions (based on time) below.	
	"When on a host site, or your own site, would you or your workers recognize the sound of an emergency alarm?" "Do they know the procedures for evacuation, on board ship or in a shop?" "Do you or your supervisors know the procedure for accounting for all employees?" "Has your emergency plan been communicated to all employees? How? When was the last time?"	
	Key point: You need a plan and it must comply with the "Host" employers plan.	

Fire Safety Plan	Read Information Block:	
	Ask if there are questions.	

Lesson 8: Emergency Preparedness and Response (Cont.)

	-	
Exit Routes	Read Information Block:	
	Ask if there are questions.	
Staging Area	Ask for a volunteer to read the information block:	
	If no one volunteers, select someone to read.	
	Ask: "If a fire alarm sounded right now, would you recognize it and would you know where to go?"	
	Key Point: You and your employees should always be prepared for an emergency!	
	Ask if there are questions.	
Plan	Read Information Block:	
Accessibility	Ask if there are questions.	
Communicating	Ask for a volunteer to read the information block:	
the Plan	71.5k for a volumeer to read the information block.	
	If no one volunteers, select someone to read.	
	Key point: It is not just how thorough your plan is it must	
	be read and understood.	

Lesson 8: Emergency Preparedness and Response (Cont.)

Additional	Read Information Block:	
Issues	Ask each question and acknowledge all responses.	
	Key point: Those that can not answer certain questions should consider taking action!	



Have participants do both Practice exercises without a break in between. The objective of Practice 1 is to have the participants understand if they or their employees know what to do in case of an emergency. The objective of Practice 2 is to have the participants know where their company's Emergency Response Plan is located and determine if the current location can be improved upon.

Put participants in small teams (2-4) from the same organization. If there is only one participant from a company ask them to work alone.

Read instructions and ask the participants to complete the exercises. Provide 5 minutes to complete.

After completion, if time permits, ask if any of the participants would be willing to share their information.

Pract	tice 2
1	
	S M
	-

See above.

Lesson 8: Emergency Preparedness and Response (Cont.)

Quiz True or False

Read instructions.

Ask if there are questions.

Provide 3 minutes for participants to complete.

Go through each question and answer and discuss as necessary.

1. False They will be industry and in some cases company specific

Every Emergency Preparedness and Response Plan will be the same, regardless of industry or location.

2. False The following phone numbers should be easily accessible: The phone numbers for the person or persons authorized to take action for the type of emergency encountered and for the person or groups to be notified, such as plant fire team and/or the fire department.

An Emergency Preparedness and Response Plan should have the home phone number of your local OSHA Representative.

3. True

A staging (muster) area is an area where employees should gather during an emergency.

4. True

To ensure effective document control there should be one copy of the Emergency Preparedness and Response Plan in each shop, in a central location.

Facilitator Guide

Lesson 9: Accident Investigation and Corrective Action

	,	
Definition of	Read Information Block:	Approximate
an Accident	Ask: "How many of you have had an unfortunate event?"	Time: 25 min.
*		
	Target Response: All!	
Definition of	Read Information Block:	
"Unfortunate"		
in a Shipyard	Ask: "How many of your events resulted in injury? How	
	many in death?"	
	Ask: "How many of your unfortunate accidents could have	
	resulted in death?"	
	resurted in deutif.	
	Key point: It can be a fine line between and accident and a	
	fatal accident.	
	Jaiai acciaeni.	
The Three	Read information block.	
Reasons to	Read information block.	
Investigate and	Ask if there are questions.	
Accident	Ask if there are questions.	
Accident		
The Five Step	Read Information Block:	
Investigation	Road Information Block.	
Process	Explain that you will be discussing each of the steps in	
Troccss	more detail.	
	more detail.	
		1
1. Control the	Read Information Block:	
Scene		
	Key point: One accident can often lead to another.	
		•

Recordable	Read Information Block:
Injury	Ask if there are questions.
-	
Gather Data	Ask for a volunteer to read the information block:
	If no one volunteers, select someone to read.
	Ask if there are questions.
_	
Information	Read Information Block:
Interviews	Key point: Don't assume and jump to conclusions.
	Ask if there are questions.

3. Analyze	Ask for a volunteer to read the information block:
Data	If no one volunteers, select someone to read.
	Ask: "Why is it important to flowchart the sequence of events?"
	Target answer: To be sure we don't miss important information.
	Ask if there are questions.
4. Write the	Read Information Block:
Final Report	Ask if there are questions.
_	
5. Implement Corrective	Read Information Block:
Action	Ask if there are questions.

Accident investigation and corrective Action (cont.)

Exercise

The objective of this exercise is to have the participants use the Accident Investigation and Corrective Action process and to identify improvements to their current process.

Ask participants: "How many of you can recall an accident where you or one of your employees conducted an investigation?" *If there are few hands raised, skip this exercise*, otherwise read the instructions in the Participants Manual and ask if there are questions.

Provide participants 4-5 minutes to complete.

Ask if any of the participants would be willing to share their information.

Ask if there are questions.

Quiz	
Fill in	the
Blank	

Read instructions.

Ask if there are questions.

Provide 2-3 minutes for participants to complete.

Go through each step and discuss as necessary.

If I am related to	Then write
Controlling the Scene	C
Gathering Data	D
Analyzing Data	A
Writing the Final Report	W
Implementing Corrective Action	I

Step in the Process	Process
41. Give an account of the accidentsequence of	\mathbf{W}
events, injuries, extent of damage, accident	
type and source.	
42. Review all photos, drawings, interview	A
material and other information collected at	
the scene	
43. Stabilize existing hazards. This will prevent	C
further injuries and identify if you need more	
help	
44. Identify the who, what, where, and when of	G
the situation	
45. Training may be helpful	Ι

Safety Roadmap



Ask for a volunteer to read the information block:

Approximate Time: 25 min.

If no one volunteers, select someone to read.

Ask what other measurements could be valuable?

Flipchart responses.

Target Answers: Recordable injuries, the number/frequency of safety committee meetings, lost time, number of improvements or number of near misses.

Key point: There are "process measures", or "upstream measurements", such as training hours per employee, and there are "end result" measurements, or "downstream measurements" such as recordable injuries. The more upstream measures in place, the better your downstream measures will be!

OSHA Support Read Information Block:

Ask if there are questions.

OSHA'S Assessment Worksheets

Read First and Second Paragraph of Information Block:

Explain that these assessments are available on-line (From OSHA'S Safety and Health Management System eTool)

Clarify that these assessments can be taken on-line. Read Participant Manual section starting with the word "Note: depending on your web browser...."

Explain that the purpose of this exercise is to identify what key elements of a Safety and Health policy are in place at their organizations.

Explain that there will not be enough time to complete all four assessment areas, Management Leadership and Employee Participation, Worksite Analysis, Hazard Prevention and Control and Safety and Health Training.

Put participants in small teams (2-4) from the same organization. If there is only one participant from a company ask them to work alone. Ask the small teams to select one of the four sections to complete. Ask each team to complete the section they selected by putting a check in the box that best reflects the situation at their organization as it currently exists. Be sure they check only one box per information block.

Ask them to also complete the Action Plan following each section.

Provide 10 minutes to complete.

Ask what they learned.

Ask if there are questions.



Place Holder. This area left blank so that Participant Manual page numbers continue to correspond to Facilitator Guide page numbers.

Exercise	Place Holder. This area left blank so that Participant Manual	
	page numbers continue to correspond to Facilitator Guide	
	page numbers.	

Exercise	Place Holder. This area left blank so that Participant Manual page numbers continue to correspond to Facilitator Guide page numbers.	

Exercise	Place Holder. This area left blank so that Participant Manual	
Wash.	page numbers continue to correspond to Facilitator Guide	
	page numbers.	

Exercise	Place Holder. This area left blank so that Participant Manual page numbers continue to correspond to Facilitator Guide page numbers.	

Exercise	Place Holder. This area left blank so that Participant Manual	
	page numbers continue to correspond to Facilitator Guide	
	page numbers.	

Exercise	Place Holder. This area left blank so that Participant Manual page numbers continue to correspond to Facilitator Guide page numbers.	

Exercise	Place Holder. This area left blank so that Participant Manual page numbers continue to correspond to Facilitator Guide page numbers.	

Exercise

Place Holder. This area left blank so that Participant Manual page numbers continue to correspond to Facilitator Guide page numbers.

Quiz-Multiple Choice



Explain that this quiz is multiple-choice and ask the participants to circle the letter below that they believe to be the best answer to the question.

Ask if there are questions.

Provide 1-2 minutes for participants to complete.

Ask for volunteers regarding which requirements were circled.

Discuss as necessary.

- 1. When assessing your organization's safety performance, what are the key area(s) that OSHA suggests you focus?
 - A. [Management Leadership and Employee Participation]
 - B. [Worksite Analysis]
 - C. [Hazard Prevention and Control]
 - D. [Safety and Health Training]
 - E. [All of the above]

Lesson 11: Continual Improvement

All Processes	Read Information Block:	Approximate
Can be		Time: 15 min.
Improved		

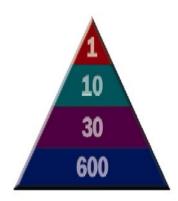
"Management	Read First Bullet of Information Block.
Processes	
Typically Ripe	Key point: Production should be responsible for safety
for	
Improvement"	Ask for a volunteer to read the remainder of the information
	block:
(From	
OSHA'S	If no one volunteers, select someone to read.
Safety and	
Health	Ask if there are questions.
Management	
System eTool)	
-	

Lesson 11: Continual Improvement (Cont.)

"Management	Read Information Block:	
Processes		
Typically Ripe	Explain that you will be discussing the Accident Pyramid	
for	below.	
Improvement"		
	Ask if there are questions.	
(From		
OSHA'S		
Safety and		
Health		
Management		
System eTool)		
-		



Read Information Block:



Ask, "What is the significance of the "Accident Pyramid?"

Target Response: If we reduce near misses, we will reduce all accidents. Encourage all employees to report near misses.

Lesson 11: Continual Improvement (Cont.)

Plan-Do-	Ask for a volunteer to read the information block:	
Check-Act		
	If no one volunteers, select someone to read.	
	Ask if there are questions.	

Lesson 11: Continual Improvement (Cont.)

Quiz

Read instructions.



Ask if there are questions.

Provide 2-3 minutes for participants to complete.

Go through each step and discuss as necessary.

If I am in the	Then write
"Plan" Phase	P
"Do" Phase	D
"Check" Phase	C
"Act" Phase	A

Activity	Phase
Involve everyone in the process	A
Implement the change on a small	D
scale	
Identify the potential	P
improvement	
Measure to find out whether the	C
change has accomplished the	
objective	

The Need for	Ask for a volunteer to read the information block:	Approximate
an Effective Safety and	If no one volunteers, select someone to read.	Time: 30 min.
Health	if no one volunteers, select someone to read.	
Management	Key point: Safety = Savings!	
System	Ask if there are questions.	

OSHA's 10	Read first two sentences (information block/instructions.)	
Most		
Frequently	Exercise objective: To reinforce the point that the work that	
Cited	is performed by the participant organizations is likely among	
Violations	the most frequently cited OSHA violations. We don't want to	
of 2008-	be one of those cited organizations.	
Exercise	Allow participants two minutes to complete. Ask if there are questions. Another important point: In ship yards, violating confined	
	space requirements are often cited.	

OSHA: A	Read Information Block:	
Good Place to		
Start	Ask if there are questions.	

OSHA	Ask participants to read this information block to themselves.
Resources	Explain that this sheet offers resources regarding
	Small business, Compliance Assistance, Hazard Awareness and
(From	the OSHA VPP program.
OSHA's Fact	
Sheet	Allow 1-2 minutes for participants to read.
http://www.os	
ha.gov/Publice	Ask if there are questions.
actions/safety-	
health-	
management-	
systems.pdf)	
-	

Additional
OSHA
Resources

Ask participants to read this information block to themselves. Explain that this page provides the participants with additional OSHA resources and contact information.

(From OSHA's Fact Sheet http://www.os ha.gov/Public ations/safetyhealthmanagementsystems.pdf)

Allow 1-2 minutes for participants to read.

Add that another OSHA resource that the participants can take advantage of at no cost is the OSHA Strategic Partnership Program (OSSP). These voluntary Partnerships are designed to encourage, assist, and recognize efforts to eliminate serious hazards and achieve model workplace safety and health practices. Each Partnership develops its own unique, formal agreement that establishes specific goals, strategies, and performance measures. Partnerships are available to all private sector industries and government agencies where OSHA has jurisdiction.

Ask if there are questions.

Challenges and Strategies Exercise



Explain that this a 3-step exercise that covers pages 79 and 80.

Explain that in this class there was a lot of information covered and that this exercise will allow the participants to reflect and begin an overall plan of action to implement needed SHMS strategies.

Put participants in their small "organizational teams." This time, however, if there is only one participant from a company, ask them to join a team.

Read Step One and ask that the participants to only do step one. Allow 5 minutes for Step One.

Recap Step One by asking for the Challenges listed and write the challenges on the flipchart.

When complete with Step One, read Step Two and ask that the participants to only do Step Two.
Allow 5 minutes for Step Two.

Recap Step Two by asking for the Strategies listed and write the strategies on the flipchart.

When complete with Step Two, ask the participants to turn the page.

Exercise
Continued
Hey

Read Step Three, "Complete the Implementation Plan for at least your top two strategies."

Allow 5 minutes for Step Three.

Recap exercise by asking if anyone would care to share their strategies.

Ask if there are questions.

Multiple Choice	Explain to the participants that the post-test will be scored, and that they <i>will</i> be asked to provide their names. This is required because when they pass, they will receive a certificate. They should spell their names as they want to see them on the certificate. Explain that you will give them up to 30 minutes to complete. Also let them know that if they finish early let you know by looking up. Let the participants know that you will be available for any questions. Ask if there are questions. A "Quiz Key" will be provided to score the Quiz.	
True or False	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
	<u>, </u>	
Matching	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	

Multiple Choice	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
all		
Identify and	This area is a place holder so that Participant Manual pages	
List	will be the same as Facilitator Guide pages.	

True or False	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
Fill in the Blank	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	

Multiple Choice	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
all		
Put In Order	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	

Matching	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
-		
True or False	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
WIL		

Matching	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	
Multiple Choice	This area is a place holder so that Participant Manual pages will be the same as Facilitator Guide pages.	

Matching	This area is a place holder so that Participant Manual pages	
	will be the same as Facilitator Guide pages.	

Lesson 13: Train-The-Trainer

The Importance of Training	Read Information Block: Ask if there are questions.	Approximate Time: 60 min.
This Lesson	Read Information Block: Ask if there are questions.	

Lessons that will Benefit Employees Exercise





The objective of this exercise is to provide a brief course review. It is also designed to help participants match the course lessons that should be trained with the specific workers that would benefit from that training.

Put participants in small teams (2-4) from the same organization. If there is only one participant from a company ask them to work alone.

Read instructions.

Ask if there are questions.

Allow 10-15 minutes to complete the exercise.

Optional if time permits: Draw a flipchart that matches the Participant Manual.

Flipchart the Lessons and the appropriate Job Titles.

Ask if there are questions.

Inspiring	Read Information Block:	
Learners		
*	Ask if there are questions.	

Inspiring Trainer	
Characteristics	

Read Information Block:

Optional exercise:

The purpose of this exercise is to help the participants identify their trainer strengths and improvement areas.

Ask participants to grade themselves on each of the skills/characteristics. Ask them to use the academic scale; A = Excellent, B = Good, C = Average and D = Poor

Provide 2-3 minutes to complete.

Preparation is the	Read Information Block:	
Key	Ask if there are questions.	

Establishing	Read
the Physical	
Environment	Key
	"whe

Read Information Block:

Key point: Do not underestimate the importance of "where" you conduct training.



Read Information Block:

Key point: You should create and use a checklist any time you conduct training.

Structuring	Read Information Block:	
Exercises		
*	Ask:	
	"How well have I followed these guidelines?"	
	Target Answer: EXCELLENT!	

The Key	Read Information Block:	
Elements of		
Delivery	Ask if there are questions.	
(V3- Vocal,		
Verbal, and		
Visual		
Image)		
1		

Vocal



Have participants read this information block to them selves.

Allow about 2 minutes to finish reading.

Optional: Read the information block and violate each of the guidelines.

Examples:

When reading *Pitch*, deepen or use a screeching voice.

When reading *Pace*, read very quickly.

When reading Volume, raise or lower your voice.

Key point: It can be annoying and distracting when not adhering to the guidelines.

Ask if there are questions.

Verbal	Ask for a volunteer to read the information block:	
	If no one volunteers, select someone to read.	
	Ask if there are any questions.	

Visual Image	Read Information Block:	
	As you read the "Avoid Distractions" bullets, select a distraction or two (swaying, pacing, jingling keys, etc) and portray that distraction.	
	When finished reading, ask the participants if they noticed anything distracting as you spoke.	
	Key point: "Distractions" really are distractions that should be avoided!	

Attire	Read Information Block: Ask if there are questions.
Stress	Read Information Block:
Reducers	Ask if there are questions.

Quiz True or False

Ask participants to complete the True or False quiz on their own.

WI

Provide 2-3 minutes for participants to complete.

Go through each question and before providing the answer ask the participants to share their answer.

Discuss as necessary.

1. True

Learning is purely voluntary.

2. True

Regarding training, the physical environment is as important as course content.

3. True

When you are delivering training, pausing conveys that you are relaxed and confident.

4. False

Regarding training delivery, the 3V's are Vocal, Verbal and Vocabulary. (Vocal, Verbal and Visual Image)

How to Use the ISHMS for Shipyard Workers Facilitators Guide	Read Information Block: Ask if there are questions.	
Organization	Read information block. For each bullet point to the corresponding training element in your slide. Note-taking space with each block of text	

•	Note-taking space with each block of text Icons to help you quickly determine the Participant Manual content
•	A copy of the Participant Manual pages A set of corresponding slides produced in PowerPoint

Left Page Read information block.	
-----------------------------------	--

Right Page	Just read key point. The key point is bolded: The blocks of information on this page correspond directly to the participant manual on the left page.		
------------	--	--	--

Facilitator Guide

Lesson 13: Train-The-Trainer (Cont.)

How to Use Read first paragraph. When reading bullets explain the following:

- Larger font. (Font is 14)
- The words Facilitator Guide in the upper right hand corner
- Descriptive Icons

Explain that you will describe each Icon in a little while.

Instructional
Tools

Read Information Block:

Ask if there are questions.

Facilitat or Icons

Read Information Block:



Key point: The Icons help tell you, at a glance, whether you will be discussing, leading and exercise, flip charting information or conducting a quiz.

This Icon tells you that the information block is to be read or discussed.

This Icon tells you that there is a written exercise to be done by the participants. This lets you know that you will likely need to structure the exercise.

This Icon tells you that you could be flip charting information generated by an exercise.

This Icon tells you that the participants will be taking a quiz. The quiz questions in the lesson make up the pre-post quiz.

Trainer Feedback

Read Information Block:

Ask if there are questions.

A blank copy of the feedback is on the following page.

This Feedback Form is designed to be confidential, therefore, there is no place to write participant's name.

Be sure the participants put in the Date and Instructor name.

Facilitator is the person conducting the training.

Rating Scale ranges from 1 to 5. A "3" would be average. A "2" below average and a "4" above average.

Workshop Materials include the Participants Manual, Power point slides, Facilitator's Guide, and DVD

Individual Improvement asks them to rate (left side of section) their knowledge prior to training and their knowledge (right side of section) after training. The pre-post quiz should help here.

TRAINING FEEDBACK FORM

Course Title: Implementing a SHMS for Shipyard Workers Date

Instructor:

Using the rating scale below, circle the number that you believe to be the most accurate.

Rating scale: 1 = Poor 5 = **Excellent.**

<u>Facilitator</u>	<u>Poor</u>			Exce	<u>ellent</u>
Clarity of Presentation	1	2	3	4	5
Knowledge of Subject Matter	1	2	3	4	5
Encouraged Participation	1	2	3	4	5
Workshop Materials (workbook, slides, and video)	<u>Poor</u>			Exce	ellent
	Poor	2	3	Exce	ellent 5
(workbook, slides, and video)		2 2	3		

Individual Improvement

Before Training Knowledge of a Safety and Health Management System before training Circle a number below: (Poor = 1, Excellent = 5)				After Training Knowledge of a Safety and Health Management System after training						
				Circle a	Circle a number below: (Poor = 1, Excellent = 5)					
1	2	3	4	5	1	2	3	4	5	
Commen	uts:									