

Appendix H. Healthy People 2010 Objectives That Are Leading Health Indicators

Healthy People 2010 Objective Short Text	Healthy People 2010 Objective Number
<i>Physical Activity</i>	
Moderate physical activity in adults	22-2
Vigorous physical activity in adolescents	22-7
<i>Overweight and Obesity</i>	
Obesity in adults	19-2
Overweight and obesity in children and adolescents	19-3c
<i>Tobacco Use</i>	
Cigarette smoking by adults	27-1a
Cigarette smoking by adolescents	27-2b
<i>Substance Abuse</i>	
Alcohol and illicit drug use by adolescents	26-10a
Illicit drug use by adults	26-10c
Binge drinking by adults	26-11c
<i>Responsible Sexual Behavior</i>	
Responsible adolescent sexual behavior	25-11
Condom use by adults	13-6
<i>Mental Health</i>	
Treatment for adults with recognized depression	18-9b
<i>Injury and Violence</i>	
Deaths from motor vehicle crashes	15-15a
Homicides	15-32
<i>Environmental Quality</i>	
Ozone pollution exposure	8-1a
Exposure to environmental tobacco smoke	27-10
<i>Immunization</i>	
Fully immunized children aged 19 to 35 months	14-24
Flu and pneumococcal vaccination in high-risk adults	14-29a,b
<i>Access to Care</i>	
Persons with health insurance	1-1
Source of ongoing care	1-4a
Early prenatal care	16-6a

