

Healthcare Personnel!

SAFER • HEALTHIER • PEOPLE™

Are your vaccinations up-to-date?

You should be immune to:

**PROTECT
YOUR
PATIENTS.**

**PROTECT
YOUR
FAMILY.**

**PROTECT
YOURSELF.**

**GET
VACCINATED!**



▶ **INFLUENZA**

You need a flu vaccination every year. Unvaccinated healthcare personnel can spread influenza to patients and are a key cause of influenza outbreaks among patients and long-term care residents. You cannot get the flu from the vaccine.

▶ **HEPATITIS B**

5%–10% of acute infections lead to chronic infection, and these lead to liver damage (cirrhosis), liver cancer, or death. Hepatitis B vaccine protects nearly all who are in contact with blood, body fluids, or used needles.

▶ **MEASLES/MUMPS/RUBELLA (MMR)**

If you are not already immune to MMR, you should be vaccinated. Even mild or undetectable rubella disease can cause fetal anomalies.

▶ **TETANUS/DIPHTHERIA/PERTUSSIS**

You need a booster every 10 years. You may need a dose now if you have direct patient contact or are injured.

▶ **VARICELLA (CHICKENPOX)**

Varicella can be transmitted in hospitals by patients, staff, and visitors. If you are not already immune, you should be vaccinated.

