

Table 5. Percentage of Americans Eating Breakfast<sup>1</sup> on Any Given Day and Location Where Eaten, 2001-2002

Sex and age (years)	N	% Eating breakfast	Location where breakfast was eaten		
			At home (%)	Away from home (%)	At home and away <sup>2</sup> (%)
<b>Males:</b>					
2 - 5.....	423	96	86	13	#1
6 - 11.....	568	87	79	17	4
12 - 19.....	1139	69	78	20	#2
20 - 29.....	383	62	67	31	#2
30 - 39.....	354	78	57	36	7
40 - 49.....	429	81	66	30	#3
50 - 59.....	339	84	79	17	#4
60 - 69.....	316	91	77	18	#4
70 and over.....	429	92	89	9	#2
20 and over.....	2250	79	70	26	4
<b>Females:</b>					
2 - 5.....	433	95	85	12	#3
6 - 11.....	568	86	74	25	#1
12 - 19.....	1158	70	78	21	#1
20 - 29.....	533	71	74	24	#3
30 - 39.....	462	78	71	27	#2
40 - 49.....	417	80	67	27	5
50 - 59.....	303	87	77	20	#3
60 - 69.....	345	92	88	11	#1
70 and over.....	434	92	95	5	#0
20 and over.....	2494	82	77	20	2
<b>Males and females:</b>					
2 and over.....	9033	80	75	22	3

NOTES: # indicates an estimate with potentially lower precision due to small sample size.

<sup>1</sup> Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo".

<sup>2</sup> Respondents may have reported more than one breakfast per day.

Percentages of breakfasts "at home," "away from home," and "at home and away" may not add to 100% due to rounding.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), [www.ars.usda.gov/ba/bhnrc/fsrg](http://www.ars.usda.gov/ba/bhnrc/fsrg).

Table 5se. Standard Error of the Percentage of Americans Eating Breakfast<sup>1</sup> on Any Given Day and Location Where Eaten, 2001-2002

Sex and age (years)	N	% Eating breakfast	Location where breakfast was eaten		
			At home (%)	Away from home (%)	At home and away <sup>2</sup> (%)
<b>Males:</b>					
2 - 5.....	423	1.1	1.7	1.6	0.7
6 - 11.....	568	2.6	3.0	2.6	1.2
12 - 19.....	1139	1.9	1.5	1.6	0.4
20 - 29.....	383	3.0	2.4	2.3	0.6
30 - 39.....	354	1.7	3.5	3.3	2.0
40 - 49.....	429	2.1	3.7	4.2	1.0
50 - 59.....	339	1.9	3.7	3.8	1.2
60 - 69.....	316	1.7	2.8	2.4	1.4
70 and over.....	429	1.6	1.4	1.1	0.7
20 and over.....	2250	0.7	1.4	1.5	0.6
<b>Females:</b>					
2 - 5.....	433	1.2	2.7	2.5	1.2
6 - 11.....	568	1.8	2.4	2.4	0.6
12 - 19.....	1158	1.5	1.7	1.8	0.5
20 - 29.....	533	3.2	2.4	2.4	1.1
30 - 39.....	462	2.4	2.1	1.9	0.9
40 - 49.....	417	2.9	3.0	2.5	2.0
50 - 59.....	303	2.3	3.2	3.5	1.1
60 - 69.....	345	1.4	2.2	2.1	0.6
70 and over.....	434	2.1	1.0	1.0	
20 and over.....	2494	1.1	1.3	1.2	0.5
<b>Males and females:</b>					
2 and over.....	9033	0.6	0.7	0.8	0.3

NOTES: <sup>1</sup> Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."  
<sup>2</sup> Respondents may have reported more than one breakfast per day.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

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