

Table 6. Percentage of Americans Eating Breakfast¹ on Any Given Day and Location Where Eaten, by Race/Ethnicity and Age, 2001-2002

Race/ethnicity and age (years)	N	% Eating breakfast (%)	Location where breakfast was eaten		
			At home (%)	Away from home (%)	At home and away ² (%)
Non-Hispanic White:					
2 - 5.....	295	#96	86	12	#1
6 - 11.....	345	89	79	18	#3
12 - 19.....	686	72	80	18	#1
20 and over.....	2494	82	76	21	3
2 and over.....	3820	82	77	20	3
Non-Hispanic Black:					
2 - 5.....	231	93	80	17	#3
6 - 11.....	381	82	67	32	#1
12 - 19.....	700	63	68	31	#1
20 and over.....	890	69	68	29	3
2 and over.....	2202	71	69	29	2
Mexican American:					
2 - 5.....	231	#94	81	15	#4
6 - 11.....	317	86	76	20	#4
12 - 19.....	715	72	74	24	#2
20 and over.....	997	81	64	31	5
2 and over.....	2260	82	69	27	4
All individuals ³ :					
2 - 5.....	856	95	85	13	2
6 - 11.....	1136	87	77	21	3
12 - 19.....	2297	70	78	21	1
20 and over.....	4744	80	74	23	3
2 and over.....	9033	80	75	22	3

NOTES: # indicates an estimate with potentially lower precision due to small sample size.

¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² Respondents may have reported more than one breakfast per day.

³ "All individuals" includes "Other Hispanic" and "Other race" categories not presented separately.

Percentages of breakfasts "at home," "away from home," and "at home and away" may not add to 100% due to rounding.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.

Table 6se. Standard Error of the Percentage of Americans Eating Breakfast¹ on Any Given Day and Location Where Eaten, by Race/Ethnicity and Age, 2001-2002

Race/ethnicity and age (years)	N	% Eating breakfast (%)	Location where breakfast was eaten		
			At home (%)	Away from home (%)	At home and away ² (%)
Non-Hispanic White:					
2 - 5.....	295	1.4	2.7	2.4	0.8
6 - 11.....	345	2.7	2.6	2.3	1.1
12 - 19.....	686	1.9	1.8	1.8	0.4
20 and over.....	2494	1.0	1.1	1.2	0.5
2 and over.....	3820	1.0	1.0	1.0	0.4
Non-Hispanic Black:					
2 - 5.....	231	2.9	2.1	2.3	1.2
6 - 11.....	381	1.3	4.0	4.2	0.7
12 - 19.....	700	1.3	2.2	2.5	0.5
20 and over.....	890	1.8	1.9	2.1	0.7
2 and over.....	2202	1.5	1.2	1.2	0.5
Mexican American:					
2 - 5.....	231	2.0	3.1	2.2	1.4
6 - 11.....	317	2.2	2.3	2.6	1.4
12 - 19.....	715	1.9	1.9	1.9	0.7
20 and over.....	997	1.6	2.6	2.3	1.0
2 and over.....	2260	1.2	1.5	1.5	0.7
All individuals ³ :					
2 - 5.....	856	0.8	1.9	1.7	0.6
6 - 11.....	1136	1.8	2.1	1.7	0.8
12 - 19.....	2297	1.3	1.3	1.3	0.3
20 and over.....	4744	0.6	0.9	1.1	0.4
2 and over.....	9033	0.6	0.7	0.8	0.3

NOTES: ¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² Respondents may have reported more than one breakfast per day.

³ "All individuals" includes "Other Hispanic" and "Other race" categories not presented separately.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

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