

Table 8. Percentage of Americans Eating Breakfast¹ on Any Given Day and Location Where Eaten, by Family Income (as % of Poverty Threshold) and Age, 2001-2002

Family income as % of Federal poverty threshold ² and age (years)	N	% Eating breakfast (%)	Location where breakfast was eaten		
			At home (%)	Away from home (%)	At home and away ³ (%)
Under 131% poverty:					
2 - 5.....	399	92	85	13	#2
6 - 11.....	459	85	65	29	6
12 - 19.....	852	63	72	26	#1
20 and over.....	1203	71	79	20	#1
2 and over.....	2913	74	77	21	2
131-185% poverty:					
2 - 5.....	103	#93	78	18	#4
6 - 11.....	135	81	81	18	#1
12 - 19.....	300	62	86	14	#1
20 and over.....	564	77	75	23	#2
2 and over.....	1102	77	77	21	2
Over 185% poverty:					
2 - 5.....	301	#98	88	11	#1
6 - 11.....	483	89	82	17	#1
12 - 19.....	1006	74	80	19	#1
20 and over.....	2662	84	72	24	3
2 and over.....	4452	84	74	22	3
All individuals ⁴ :					
2 - 5.....	856	95	85	13	2
6 - 11.....	1136	87	77	21	3
12 - 19.....	2297	70	78	21	1
20 and over.....	4744	80	74	23	3
2 and over.....	9033	80	75	22	3

NOTES: # indicates an estimate with potentially lower precision due to small sample size.

¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² Thresholds for specific family sizes are defined by the U. S. Census Bureau. Families with income under 131% of poverty meet one of the criteria for participating in the Food Stamp Program.

³ Respondents may have reported more than one breakfast per day.

⁴ "All individuals" includes individuals for whom income was not reported.

Percentages of breakfasts "at home," "away from home," and "at home and away" may not add to 100% due to rounding.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.

Table 8se. Standard Error of the Percentage of Americans Eating Breakfast¹ on Any Given Day and Location Where Eaten, by Family Income (as % of Poverty Threshold) and Age, 2001-2002

Family income as % of Federal poverty threshold ² and age (years)	N	% Eating breakfast (%)	Location where breakfast was eaten		
			At home (%)	Away from home (%)	At home and away ³ (%)
Under 131% poverty:					
2 - 5.....	399	0.8	2.0	1.5	1.1
6 - 11.....	459	2.6	5.2	4.2	3.0
12 - 19.....	852	1.8	2.4	2.4	0.6
20 and over.....	1203	3.2	2.0	1.9	0.5
2 and over.....	2913	2.0	1.3	1.4	0.6
131-185% poverty:					
2 - 5.....	103	2.7	4.9	4.9	2.9
6 - 11.....	135	5.4	5.5	5.5	0.7
12 - 19.....	300	4.0	2.8	2.9	0.5
20 and over.....	564	2.1	2.5	2.7	0.9
2 and over.....	1102	1.9	1.7	1.9	0.7
Over 185% poverty:					
2 - 5.....	301	1.1	2.8	2.4	0.6
6 - 11.....	483	2.3	2.4	2.2	0.8
12 - 19.....	1006	2.2	1.8	1.8	0.5
20 and over.....	2662	0.9	1.3	1.4	0.6
2 and over.....	4452	0.8	1.1	1.2	0.4
All individuals ⁴ :					
2 - 5.....	856	0.8	1.9	1.7	0.6
6 - 11.....	1136	1.8	2.1	1.7	0.8
12 - 19.....	2297	1.3	1.3	1.3	0.3
20 and over.....	4744	0.6	0.9	1.1	0.4
2 and over.....	9033	0.6	0.7	0.8	0.3

NOTES: ¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

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