

DEFENSE CENTERS OF EXCELLENCE

For Psychological Health & Traumatic Brain Injury

TBI Information Resources for Warriors and Families

CDR Anthony A. Arita, PhD
Director, Clearinghouse, Outreach & Advocacy
Defense Centers of Excellence for PH & TBI



Introduction

- Objective of this brief: to provide the helping professional a <u>starting point</u> for providing resources for patients with TBI and for the family members who support them.
- Be mindful of what info is presented, how the info is presented, and when the info is presented.
- Be familiar with the resources you recommend



TBI Information

- CDC's National Center for Injury Prevention and Control: www.cdc.gov/ncipc/tbi/TBI.htm
- National Institute of Neurological Disorders and Stroke (NINDS) Traumatic Brain Injury Information Page:
 - www.ninds.nih.gov/disorders/tbi/tbi.htm
- Traumatic Brain Injury National Resource Center: <u>www.nrc.pmr.vcu.edu</u>
- Brainline (DVBIC-sponsored): <u>www.brainline.org</u>
- Brain Injury Association of America: <u>www.biausa.org</u>



Wounded, III, & Injured

- Army Wounded Warrior (AW2) Program: http://aw2portal.com/Default.aspx
- Navy Safe Harbor: http://www.npc.navy.mil/CommandSupport/Safe
 Harbor/
- Air Force Wounded Warrior (AFW2): <u>http://www.woundedwarrior.af.mil/</u>



Transition Assistance

- TurboTap: <u>www.transitionassistanceprogram.com/reg</u> <u>ister.tpp</u>
- DoD TransPortal: <u>www.dodtransportal.dod.mil</u>
- MyHealtheVet: www.myhealth.va.gov/mhv-portal-web
- Social Security Benefits for Wounded Warriors: www.ssa.gov/woundedwarriors



Caregivers

- Family Caregiver Alliance National Center on Caregiving: http://www.caregiving.org/
- National Alliance for Caregiving: http://www.caregiver.org
- Health and Human Services Medicare Site – Caregiving Exchange: <a href="http://www.medicare.gov/caregivers



For More Information

Contact:

DCoE Information Clearinghouse Phone: 703-696-9460, ext.113

Email: dcoe.info@tma.osd.mil

Web: www.dcoe.health.mil

