Access to a plan. An employee has access to a plan if the employee is in an occupation that is offered the plan. By definition, either all employees in an occupation have access to a plan or none have access.

Participation. Participation is the percentage of employees who actually enroll in a benefit plan. A plan may be a contributory plan, which requires employees to contribute to the plan's cost, or a noncontributory plan, in which the employer pays 100 percent of the cost of the benefit.

Individual retirement accounts (IRAs). An IRA is a retirement savings plan. There are several types of IRAs: traditional IRAs, Roth IRAs, savings incentive match plans for employees (SIMPLE) IRAs, and simplified employee pension (SEP) IRAs. Traditional and Roth IRAs are established by individuals who are allowed to contribute earnings up to a set maximum dollar amount. SIMPLE and SEPs plans are retirement plans established by employers.

Employer matching contribution. The employer matches a specified percentage of employee contributions. The matching percentage can vary by length of service, amount of employee contribution, or other factors.

TABLE 2

Private industry workers' method of contribution to defined contribution plans, by selected worker and establishment characteristics, 2009, in percent

Characteristic	Pretax contribution	Roth 401(k) (post- tax) contribution						
Worker characteristic								
All workers	82	22						
Management, professional, and related	87	24						
Service	77	24						
Sales and office	81	22						
Natural resources, contruction, and maintenance	73	15						
Production, transportation, and material moving	80	18						
Union	77	24						
Nonunion	82	22						
Establishment characteristic								
Goods-producing industries	76	16						
Service-providing industries	84	23						
1 to 99 workers	76	17						
100 or more workers	86	26						
11. 0 5: 5: 1: 1: 1: 1: 1: 1: 1: 1: 1: 1: 1: 1: 1:								

Note: Sums of individual items may be greater than 100 because multiple methods of contribution are available to some employees. Sums of individual items may be less than 100 because the contribution method is not determinable.

from page 3

ings are not subject to income tax upon distribution.

Of all private sector workers who participated in defined contribution plans in 2009, 82 percent participated in plans that made pretax contributions and 22 percent participated in plans that made posttax (Roth

401(k)) contributions, with the method of contribution varying by worker and establishment characteristics. For example, 17 percent of workers in small establishments participated in a plan that made posttax contributions, and 26 percent of workers in large establishments participated in such plans. (See table 2.)

The next *Program Perspectives* will feature high deductible health plans.

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Six Ways to Save for Retirement

ment plans are a mainstay of employer-sponsored retirement benefit plans. In March 2010, 41 percent of private sector workers participated in employer-sponsored defined contribution plans. (See chart.) These plans often provide workers with incentives to save for retirement through matching contributions, thereby encouraging workers to take an active role in retirement planning. In general, defined contribution plans aim to put investment decisions into the hands of workers and they provide options for investing retirement funds. However, the worker also bears an investment risk: the payout of defined contribution plans is determined by the amount of money contributed to the plan and the rate of return of the money invested over time.

This issue of *Program Perspec*tives takes a look at six types of defined contribution plans—savings and thrift, deferred profit sharing, money purchase pension,

efined contribution retire- savings incentive match plan, employee stock ownership, and simplified employee pension—the rate of worker participation in each type of plan, and the method of contribution to the plans. Estimates of defined contribution benefit provisions presented here are from the U.S. Bureau of Labor Statistics (BLS) "National Compensation Survey: Employee Benefits in the United States, March 2010," on the Internet at http://www.bls.gov/ ncs/ebs/benefits/2010/benefits retirement.htm, and "National Compensation Survey: Health and Retirement Plan Provisions in Private Industry in the United States, 2009," on the Internet at http:// www.bls.gov/ncs/ebs/detailedprovisions/2009/basic retirement. htm#contribution. All defined contribution plans reported on in this survey have some form of employer contribution. Plans are categorized by type on the basis of Internal Revenue Code requirements and variations in contribution methods.

continued inside





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Types of Defined Contribution Plans

A savings and thrift plan requires an employee to contribute a predetermined amount of earnings into an individual account, all or part of which may be matched by the employer. Generally, there are no minimum amounts that an employee may contribute; there are, however, annual maximum limits that are set by the Internal Revenue Code. Both the employee and employer contributions can be either a flat amount or a percentage of the employee's pay, although the latter is more prevalent. In 2009, 62 percent of savings and thrift plan participants in private industry were in plans where the employer matched up to a specified percentage of employee earnings, with one-half of the plans matching employee contributions

up to 6 percent of earnings and the remaining half of plans matching lower contribution ceilings, typically 3 or 4 percent of earnings. Alternatively, matching contributions varied, including an amount based on the level of employee contribution.

A deferred profit-sharing plan is a plan under which the company contributes a fixed or discretionary amount to employee accounts, based on the amount of company profits. The contributions may be spread equally among all employees or may be based on the employee's salary.

A money purchase pension plan provides fixed employer contributions, typically calculated as a percentage of employee earnings. The contributions are allocated to individual employee accounts each year. Some plans may allow employee contributions, but employees are not required to make contributions.

A savings incentive match plan (SIMPLE) is limited to employers with 100 or fewer employees who do not have any other qualified retirement plan. SIMPLE plans can be either part of a 401(k) plan or established as individual retirement accounts (IRAs).

An employee stock ownership plan (ESOP) is a plan under which the employer pays a designated amount into a fund that is typically invested in company-related stock. Upon retirement, funds in the plan are distributed to employees according to a formula.

A simplified employee pension (SEP) is a defined contribution plan whereby employers of any size business establish individual accounts for employees at a financial institution. Only the employer contributes to a SEP. Employer contributions to the accounts must be made for all eli-

TABLE 1

Private industry workers' participation in defined contribution plans, by type of plan and selected worker and establishment characteristics, 2009, in percent

	Type of plan							
Characteristic	Savings and thrift	Deferred profit sharing	Money purchase pension	Savings incentive match plan (SIMPLE)	Employee stock ownership (ESOP)	Simplified employee pension (SEP)		
Worker characteristic								
All workers	64	23	18	4	4	2		
Management, professional, and related	70	19	21	_	_	_		
Service	58	16	20	_	_	-		
Sales and office	60	28	14	5	4	_		
Natural resources, construction, and maintenance	55	19	25	_	_	_		
Production, transportation, and material moving	65	26	16	-	-	_		
Union	57	16	37	_	_	_		
Nonunion	65	23	16	4	4	2		
Establishment characteristic								
Goods-producing industries	63	24	21	-	-	_		
Service-providing industries	64	22	17	4	5	_		
1 to 99 workers	56	25	15	9	4	4		
100 or more workers	70	21	20	_	_	-		
NOTE DOLLAR AND								

NOTE: Dash indicates no workers in this category or data did not meet publication criteria. Sums of individual items may be greater than 100 because multiple defined contribution plan types are available to some employees.

gible employees. The employer may contribute any amount each year, as long as total contributions from the employer do not exceed limits set by the Internal Revenue Code.

Rate of worker participation

The rate of worker participation varies widely by type of plan. In 2009, of all private sector workers who participated in a defined contribution plan, 64 percent participated in a savings and thrift plan, the most prevalent type of plan, 23 percent participated in a deferred profit-sharing plan, and 4 percent participated in an ESOP. The rate of participation also varies widely by worker and establishment characteristics. (See table 1.) Note from

the table that the rate of participation in all types of plans adds up to more than 100 percent. This is because the design of a company's defined contribution plans sometimes includes several different types of plans. For example, a savings and thrift plan may be combined with a profit-sharing plan that is aimed at fostering worker commitment to company goals.

Method of contribution

Employees have two methods for contributing funds to defined contribution retirement plans: through traditional 401(k) pretax contributions or through Roth 401(k) posttax contributions. Traditional 401(k) pretax contributions are a feature of defined contribution

plans that allows employees to make pretax contributions to deferred compensation plans through salary reduction agreements. The before-tax contributions, as well as any investment growth in the plan, are not subject to Federal or most State income taxes until funds are withdrawn from the plan. Upon distribution, all contributions and earnings are subject to income taxes. Roth 401(k) posttax contributions are a feature of defined contribution plans that allows employees to make part or all of their retirement plan contributions on a posttax basis. Plans with the Roth 401(k) feature are hybrids that combine elements of both Roth IRAs and traditional 401(k) plans. Posttax contributions and their earn-