

# Practicability of Including Cell Phone Numbers in Random Digit Dialed Surveys: Pilot Study Results from the Behavioral Risk Factor Surveillance System

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## Abstract

Noncoverage rates in U.S. landline-based telephone samples due to cell phone-only households (i.e., households with no landline but accessible by cell phone) and the corresponding potential for bias in estimates from surveys that sample only from landline frames are growing issues. Building on some of the few published studies that focus on this problem, a study was conducted in three states (Georgia, New Mexico, and Pennsylvania) as part of the Behavioral Risk Factor Surveillance System (BRFSS), the world's largest ongoing public health telephone survey, to evaluate the effectiveness of conducting the BRFSS interview with a sample drawn from dedicated cell phone telephone exchanges and mixed-use (landline and cell phone) exchanges. Approximately 600 interviews were conducted in each of two groups: cell phone-only adults (n = 572) and adults with both a landline and a cell phone (n = 592). Making comparisons with data from the ongoing, landline-based BRFSS survey, we report on response rates, demographic characteristics of respondents, key survey estimates of health conditions and risk behaviors, and survey costs. The methodology employed in this study and the "lessons learned," including the costs of conducting surveys over cell phones, have wide application for other telephone surveys.

Key words: cell phones, cell phone sampling, telephone surveys, public health surveillance

## Introduction

For the past several decades, random-digit-dial (RDD) telephone sampling has provided a cost-efficient strategy for conducting surveys of the U.S. household population. However, as the percentage of cell phone-only households (households with no landline but accessible by cell phone) continues to grow, the validity of the basic RDD landline sampling model has come open to question. The continually increasing percentage of households that are abandoning their landline telephones for cell phones has significantly eroded the population coverage provided by landline-based surveys to pre-1970s levels. For the second half of 2006, the percentage of cell phone-only households was 12.8 percent (Blumberg and Luke 2007). Moreover, more than half (54.0 percent) of all adults living with unrelated roommates and one in four (25.2 percent) adults aged 18 to 24 years live in cell phone-only households. These adults are not covered by current RDD landline sampling procedures, which exclude telephone

exchanges and 1,000 banks used exclusively for cell phones, and the percentages are trending upward. These are some of the same groups that are increasingly under-represented in current RDD landline telephone surveys due to differential nonresponse.

Because cell phone use has grown so quickly since 2000, the empirical literature in this area is sparse. Moreover, because of the rapid changes in the telephone landscape, findings from just a few years ago may already require updating. In 2003, Steeh (2004) conducted one of the first national surveys by cell phone. The study found that although conducting surveys with sampled cell phone numbers was feasible, the approach faced a number of challenges, including lower response rates than in landline surveys, higher refusal rates, and lower refusal conversion rates. Brick et al. (2007) reached similar conclusions, finding as well that although the use of incentives could boost response rates, sending text messages did not improve participation.

In terms of the potential for bias in survey estimates, Keeter (2006) provided reason for optimism by demonstrating that bias in 2004 presidential voting preferences due to exclusion of cell phone-only households was essentially eliminated when age was incorporated into the weighting methodology. In their analysis of a February 2004 supplement to the Current Population Survey, however, Tucker, Brick, and Meekins (2007) struck a more cautionary tone. They warned of a high potential for bias in telephone survey estimates that sample only from landline frames because of increasing undercoverage caused by cell phone-only households and the different demographic profile of this group (cell phone-only respondents were more likely to be younger, unmarried, and Hispanic). Brick et al. (2006) found that topic salience and household inaccessibility resulted in substantial nonresponse bias in estimates of households by type of telephone service (landline, cell phone, or both). Topic salience was a larger factor for households selected from a landline frame, and inaccessibility was a greater concern for those sampled from a cell phone frame. Additionally, for the cell phone sample, a higher than expected percentage of respondents were from cell phone-only households, resulting from differential nonresponse rates among those who used their cell phones often versus those who used their cell phones less frequently.

The research presented here builds upon these earlier works. First, we examine how respondents sampled and interviewed by cell phone differ from those from a landline frame with respect to an ongoing survey in the U.S., the Behavioral Risk Factor Surveillance System (BRFSS), one of the world's largest health telephone surveys. Health and risk behaviors have not, heretofore, been the focus of a survey conducted using a sample of cell phone numbers. Second, we provide a first look at state-based data from the cell phone population. In contrast, all of the previously cited studies were focused at the national level, thereby potentially masking differences that may be seen at the state level. Third, we provide comparisons of two different vendors of cell phone numbers and compare resulting residential working number rates from each. Finally, in addition to comparing response rates, respondents' demographic characteristics, and survey estimates for key health conditions and related risk factors, we also analyzed the costs of conducting surveys with cell phone samples.

## **Methods and Design**

The BRFSS collects uniform, state-specific data on preventive health practices and risk behaviors that are linked to morbidity and mortality among adults. The survey is conducted by state health departments with assistance from the Centers for Disease Control and Prevention (further details on the BRFSS survey design, methodology, and questionnaire are available at <http://www.cdc.gov/brfss>).

Because significant bias may be introduced into BRFSS estimates as the percentage of cell phone-only households increases, a study was conducted in 2007 to develop and test two approaches for conducting BRFSS interviews by cell phone. The first involved screening persons reached by cell phone to identify and interview those persons living in cell phone-only households. The second involved interviewing sample members reached at cell phone numbers regardless of their household cell or landline telephone status. The goals of the study were to determine the feasibility and costs of conducting surveys with sampled cell phone numbers and to explore the similarities and differences between those interviewed by landline and those interviewed by cell phone.

## **Sampling**

Three states were selected for participation in the study: Georgia, New Mexico, and Pennsylvania. The three states were chosen because they represent various geographic regions of the United States and combined they provide a good representation of both the urban/rural and racial/ethnic mix of the U.S. population. The universe for the study

consisted of all noninstitutionalized adults aged 18 and older living in the three states. Cell phone numbers were sampled and screened for the presence of adults living in private residences within three states. Because this was a household-based survey, interviews were not conducted with those who lived in institutions or group quarters.

Two methods of sampling and interviewing were used in this study: (1) screening persons reached at cell phone numbers to identify and attempt interviews with all such adults living in cell phone-only households; and (2) screening persons reached at cell phone numbers to identify and attempt interviews with a random subsample of such adults living in households with landline and cell phone service.

The sample was obtained from two vendors using a split sample design across the three states to compare the efficiency of the sampling methods used by the two vendors (that is, half of the numbers in each state were drawn from one vendor and the other half from the other vendor). Each sample was derived from the Telecordia database of telephone numbers, but structured and sampled from in slightly different ways. The first vendor, Survey Sampling International (SSI), used both dedicated cell phone banks and “mixed use” banks (banks of numbers, containing no residential directory-listed residential numbers, which are used for cell phone and one or more other telephone uses such as landline service, paging, etc.) partitions the frame into 100-blocks of numbers (that is, blocks of numbers with an identical combination of area code, exchange, and first two digits of the last four digits of the telephone number), sorted by state FIPS (Federal Information Processing Standards) code, telephone carrier, and sequential 100-block identification. The intent is to provide a stratified sample that is representative both geographically and by large and small cell phone service carriers. A systematic sampling interval was determined by dividing the universe of eligible 100-blocks by the desired sample size. Using a random start less than or equal to the sampling interval, a systematic  $k$ -th selection of 100-blocks was performed and a two-digit random number between 00 and 99 was appended to each selected 100-block stem.

The second vendor, Marketing Systems Group (MSG), used dedicated cell phone 1,000 banks sorted on the basis of area code and exchange. An interval,  $K$ , was formed by dividing the population count of telephone numbers in the frame,  $N$ , by the desired sample size,  $n$ . The frame of telephone numbers was divided into  $n$  intervals of size  $K$  telephone numbers. From each interval, one 10-digit telephone number was drawn at random.

Overall, a sample of 23,397 telephone numbers was drawn from cell phone exchanges across the three states. For sample release and management purposes, the sample from each sampling vendor was divided into random subsamples called replicates within each state.

### **Recruitment**

When a potential respondent was contacted, he or she was first asked questions to determine study eligibility (see Appendix A for text of the screening questions). Specifically, the person answering the telephone was asked whether he or she had been reached on a cell phone, lived in a private residence, was aged 18 years or older, and resided in one of the specified states. For those who responded “no” to any of these questions, the interview was terminated. Those answering “yes” to all of the screening questions were then asked whether they also had a landline telephone in their home (that is, a “regular” telephone that is connected to outside telephone lines through a cable or cord and is used for making or receiving calls). All of those who had only a cell phone were interviewed, whereas persons who had both types of telephones were subsampled for administration of the full interview; the subsampling rate varied depending on state, sampling vendor and sample replicate release. The subsampling procedure was used within each state in order to achieve approximately 200 interviews with each of the two cell phone groups.

For this study we made the assumption that cell phones are individual devices and not shared household devices; that is, there is a one-to-one correspondence between the person answering the cell phone (assumed to be the cell phone owner) and the cell phone itself. As a result, no additional within household selection was undertaken.

Since little is known, however, about the extent of cell phone sharing within households, a series of questions was asked to determine the extent to which cell phones are shared among adults and if, in future studies, within household selection is warranted for households with multiple adults. The first question (Appendix B: #1) established whether or not the respondent had a cell phone for their personal use, including phones that were used for both personal and business purposes. Those with a negative response to the first question (or who answered don’t know or refused) were asked a follow-up question (#2) to determine whether or not the respondent shared a cell phone for personal use with other adults, to ensure that all cell phone users were identified, regardless of phone

“ownership.” Those with a positive response to the first question were asked whether they usually shared the cell phone with any other adults (#3). All respondents who were determined to share their cell phone were next asked the number of other adults who used the cell phone at least one-third of the time (#4). These questions were asked in all three states for the cell phone sample and in the landline survey in New Mexico and Pennsylvania (because of concerns about interview length, the sharing questions were not added to Georgia landline interview).

### **Data Collection**

A shortened (approximately 12-minute) version of the 2007 BRFSS core questionnaire was programmed using a computer-assisted telephone interviewing (CATI) system. Interviewing was conducted in English and Spanish. A translated questionnaire and bilingual interviewers were used for respondents who preferred to complete the interview in Spanish. Respondents who did not speak either English or Spanish were excluded from the study. Data were collected from January 18 through April 5, 2007.

While existing BRFSS protocols were used for the cell phone study to the extent possible, it was necessary to implement some study-specific protocols to account for differences between the cell phone and landline studies. Some of these contacting and interviewing protocols were developed on the basis of recommendations from a group of survey experts convened in 2005 to address issues related to cell phone interviews (Lavrakas and Shuttles 2005). The study-specific protocols were then updated throughout the field period as new situations were encountered. In particular, a series of interviewer debriefings was held in order to learn more about the process of collecting data via cell phone and to increase data collection productivity and quality, and feedback from the debriefings was used to refine the protocols. Some of the more important study-specific protocols included:

**Calling hours:** Although considerable evidence shows that specific times of day, as well as days of the week, are particularly productive for achieving contact with landline households, little is known about the best times to make calls to cell phone holders (Brick et al. 2007). It was initially assumed that weekday evening and weekend calling hours would be most productive, since those are the hours that are least restrictive in terms of cost to potential respondents in many cellular service plans. A productivity analysis conducted after the first week of interviewing showed that evening calls were more productive than daytime calls, but weekend calling was not particularly productive. Therefore, an increased emphasis was placed on weekday evening calling for the remainder of the data collection period.

**Call answering and ring tones:** Some cell phone companies offer a service in which the customer can set personalized ring tones so that incoming callers hear music rather than a usual ring. Therefore, it was necessary for interviewers hearing music after dialing to remain on the line for a short period of time to see whether the respondent or their voicemail would pick up the call. In addition, many cell phone voicemail systems do not pick up until after six or more rings. To ensure that voicemail messages were left appropriately, interviewers were required to allow the phone to ring at least seven times before exiting a case.

**Respondent location:** Because cell phone users may take calls in a variety of situations, such as during a routine errand or while driving, it was important for interviewers to determine whether or not the respondent's location would hinder the conduct of an interview or place the respondent in a position of undue risk. The informed consent language read to all respondents asked them to confirm that they were in a place where they could continue with the interview at the time of contact. Even when respondents agreed that they would continue with the interview, interviewers were encouraged to listen for cues that the respondent might be in a distracting situation and, if so, to offer to set an appointment to complete the interview at another time. Respondents were also allowed to make arrangements to be called back on their landline telephone to complete the interview if they preferred.

**Identifying business-only cell phone numbers:** A substantial number of cell phone customers use their phones for personal as well as business purposes, making them eligible for the cell phone study (analogous to the approach used for business numbers in landline surveys). Only those using their phone exclusively for business purposes were ineligible for the study. Therefore, if an interviewer reached voicemail suggesting that a cellular number was used for business purposes, a pending disposition code was assigned and the case was re-contacted until it could be definitively determined whether or not the number was solely for business use.

**Identifying child/teen cell phones:** Persons under the age of 18 were ineligible for the study. However, if a cell phone was used by both children or teenagers and an adult aged 18 or older, attempts were made to contact the adult

user in order to conduct the interview. Thus, when interviewers reached an answering party under age 18, they probed to determine whether or not the cell phone belonged to the child or teenager exclusively or if it was shared by their parent or another adult, and the case was coded appropriately.

**Refusal Conversion:** If respondents asked not to be called on their cell phone, interviewers attempted to avert a refusal by asking for another telephone number at which the respondent could be contacted or if there was a better time for them to take a call via cell phone (e.g., when incoming calls would not incur a cost). No further attempt was made to contact respondents who would not provide this information. However, more general, “non-hostile” refusals were re-contacted once for a conversion attempt.

**Coding of Recorded Messages:** Early in the data collection period, it became clear that a wide variety of recorded messages were used by cell phone companies to indicate a similarly wide variety of circumstances, including respondent unavailability, that the number dialed was for company business purposes, that the number was temporarily or permanently out of services, etc. To facilitate the coding of these messages, additional disposition codes for messages indicating that the respondent was temporarily unavailable or not accepting calls and for operator messages that were unclassifiable were added to the study.

**Voicemail messages:** Given the increased use of voicemail in the United States, special procedures were developed for leaving messages on respondents’ voicemail. This procedure is similar to leaving messages on answering machines in landline surveys (Link and Mokdad 2005). Interviewers were restricted to leaving one voicemail message per week for a given telephone number. When voicemail was reached before eligibility could be established, the following message was left:

“Hello. The [STATE HEALTH DEPARTMENT] is conducting a study about the health of adults in [STATE]. Your telephone number has been selected at random. Would you please call us, toll-free, at 1-800-555-5555 to determine whether or not you are eligible for the study? The toll-free number again is 1-800-555-5555. Thank you.”

A slightly different wording was used when callbacks were required to continue an interview that had been suspended.

**Text messages:** We also tested the effectiveness of sending text messages to sampled telephone numbers with high call attempts. This was conducted with only one large carrier, which operated in all three states, for cases that had no actual contact after 10 attempts (i.e., a mixture of no answer, busy, voicemail, or other types of automated messages). The message was worded as follows:

"Please participate in a survey for the Centers for Disease Control. If eligible, you will get \$10 to pay for your cell time. Please call 1-800-555-5555."

**Remuneration for minutes used:** To increase response and offset any charges incurred by respondents, a modest payment was provided to respondents. Those who completed the full screening portion of the interview but were not eligible for the interview because of cell or landline subsampling were offered \$1. Eligible respondents who completed the detailed interview were offered \$10.

### **BRFSS Landline Telephone Survey**

The cell phone survey was conducted in parallel with the ongoing, monthly BRFSS RDD data collection, thereby facilitating the comparison of results between the two approaches. Telephone survey data from the three participating states for January through March 2007 were used in this analysis. As discussed above, additional questions were added to the landline telephone survey to determine the type of telephone access in the household (landline and cell phone or landline only) facilitating comparison with the cell phone study data. More details on the BRFSS design and methodology are available elsewhere (Mokdad, Stroup, and Giles 2003).

### **Weighting Adjustments**

Design weights were calculated for the cell phone sample in the three states. The design consists of six strata-- three states by two sample vendors. The base sampling weight of each sampled cell telephone number in a stratum equals the population count of telephone numbers divided by the sample size of telephone numbers in the released

replicates. For adults living in households with landline and cell telephone service, the base sampling weight was adjusted to reflect the subsampling that took place in each stratum. Finally, within each stratum, an interview unit nonresponse adjustment was performed separately for cell phone-only adults and for cell phone plus landline adults. These design weights were then divided by two so that the samples from the two sampling vendors could be combined within a state. Finally, the design weights in a state were ratio-adjusted, separately for cell phone-only and cell phone plus landline adults, so that the sum of the design weights in each state equaled the same total. This “equalized” design weight was used in the comparison of demographic characteristics across four key analysis groups determined by sample frame (landline versus cell phone) and household telephone access: (A) landline sample with landline-only telephone access, (B) landline sample with landline and cell phone access, (C) cell phone sample with landline and cell phone access, and (D) cell phone sample with cell phone-only access (see figure 1 – note that groups B and C differ in terms of the frame from which they are sampled). The “equalized” design weight was used to produce the estimates presented in the analyses below because it gave each state an “equal” contribution to the combined state estimates (i.e., the estimates were not dominated by Pennsylvania or Georgia, the two larger states).

For the analyses conducted here, the landline data in each state were weighted to account for the probability of selection of the telephone number, the number of voice-use landline telephone numbers in the household, and for the random selection of one adult from the household. Next, mirroring the process followed with the cell phone data, the design weight was ratio-adjusted, separately for landline-only adults and landline plus cell phone adults, so that the sum of the design weights in each state equaled the same total.

### **Response Rate Calculations**

To maximize comparability between the landline and cell phone surveys, we used response rate calculations recommended by the American Association for Public Opinion Research (AAPOR 2006). For the BRFSS landline telephone survey, the original BRFSS disposition codes were mapped to the AAPOR specified codes, and response rates were calculated using AAPOR response rate formula #4. Interviewing by cell phone requires, however, the addition of case disposition codes beyond those recommended by AAPOR to deal with some of the unique situations encountered, such as when a respondent is in an area with limited or no cell phone service, the call fails for some unknown reason, or the interviewer receives one of a variety of operator messages. Using the disposition code categories recommended by Callegaro et al. (2007) as a starting point, we developed a set of interim and final dispositions that could be mapped back to the broader AAPOR disposition categories (eligible, ineligible, unknown eligibility, and out-of-scope)

Because we subsampled cases in the cell phone survey, to improve comparability we calculated two interim participation rates: a screening completion rate and a full interview completion rate. The former rate indicated whether the respondent successfully completed the initial screening portion of the questionnaire and was calculated with AAPOR formula #4 (AAPOR 2006). The latter rate reflected the proportion of those who were successfully screened as being eligible for the study, were subsampled for the full interview, and actually completed the full interview. Multiplying these rates provided an overall response rate.

### **Prevalence Estimates**

Differences in demographic characteristics of respondents by the four analysis groups were examined, including sex, age, race/ethnicity, education, employment status, marital status, presence of children in the household, and veteran status. We also used self-reports of survey participants to assess the prevalence of 10 important health practice and risk behavior measures: access to health care coverage, cost as a barrier to health care, physical activity, asthma, diabetes, high blood pressure, obesity, current smoking, binge drinking, and human immunodeficiency virus (HIV) testing.

### **Cost Calculations**

Cost is an important component in the evaluation of any survey design. The data collection costs per interview were calculated for both the landline and cell phone surveys, using the following: (1) actual unit costs for materials and supplies derived from the study experience, (2) production statistics from the effort, and (3) estimates of industry averages for direct hourly rates and indirect cost rates (i.e., fringe benefits, general and administrative expenses, indirect technical costs, and materials support expenses). Other costs assumed to be nearly equivalent regardless of the survey design were not included, such as overall project management, survey design development, and post-data collection weighting and analysis. Cell phone costs were calculated separately for two scenarios: (1) inclusion of all

completed interviews regardless of type of household telephone access, and (2) screening for cell phone–only households.

### **Analytic Considerations**

Analyses were initially conducted at the state level. Respondent demographic characteristics and responses to health questions varied little, however, at the state level. Additionally, it was determined that presentation of results by state by the four analysis groups would be cumbersome and lengthy, resulting in confusion over clarity. As a result, we chose for some analyses (comparison of demographic characteristics and health and risk factor estimates) to take a more parsimonious analytic approach, combining the data from the three states with weighting adjustments to ensure that the results were not dominated by the larger of the three states. The few significant differences identified in the state-level analyses have been noted in the text.

### **Findings**

For the cell phone study, 1,164 interviews were completed: 572 interviews with cell phone–only households and 592 interviews with households that had both a cell phone and a landline (table 1). For the landline survey, 5,788 interviews were completed: 1,972 interviews with persons in landline-only households and 3,816 interviews with those in households with both a landline and a cell phone. As noted earlier for the cell phone survey, all of those having only a cellular telephone were interviewed, while persons having both types of telephones were subsampled for administration of the full interview. The proportion of screened respondents having only cell phones was 35.5 percent in Georgia, 38.5 percent in New Mexico, and 23.6 percent in Pennsylvania. A total of 1,049 potential respondents having both cell phones and landlines were categorized as not selected for interview based on the subsampling.

For the cell phone sample, residential working number rates varied significantly by state, from a low of 63.2 percent in New Mexico to a high of 72.5 percent in Pennsylvania; the rate was 64.7 percent in Georgia (Table 1). Residential working number rates also varied significantly between sample vendors. Samples from SSI provided slightly higher working residential rates than did samples from MSG: Georgia, 66.1 percent versus 63.0 percent; New Mexico, 65.3 percent versus 61.2 percent; and Pennsylvania, 74.5 percent versus 70.5 percent. If “mixed use” 100 banks with no residential directory-listed landline telephone numbers are more densely populated with working residential cell phone numbers, then this could account for some of the observed difference.

### **Participation Rates**

Looking at the components of the overall response rate, we found that the screening completion rate to determine study eligibility was significantly higher in New Mexico (47.5 percent) than in Georgia (40.2 percent) or Pennsylvania (34.3 percent) (see Table 1). The interview completion rates, however, were closer in New Mexico (65.8 percent) and Pennsylvania (67.6 percent), but substantially lower in Georgia (60.8 percent). Interview completion rates also varied considerably by whether the household also had a landline telephone. The interview completion rate in cell phone–only households versus cell phone and landline households was higher in New Mexico (66.7 percent versus 64.1 percent) and Pennsylvania (70.2 percent versus 64.8 percent), but lower in Georgia (57.7 percent versus 66.1 percent).

Overall, the cell phone response rate was considerably higher in New Mexico (31.3 percent) than in either Georgia (24.4 percent) or Pennsylvania (23.2 percent). These rates are similar to those reported for the JPSM Practicum Survey, which reported an AAPOR #3 response rate of 26.5 percent (Brick et al. 2007).

The cell phone response rates were significantly lower than the landline response rates in New Mexico (51.9 percent versus 31.3 percent) and Pennsylvania (45.3 percent versus 23.2 percent). In Georgia, however, the landline and cell phone response rates were nearly identical (23.6 percent versus 24.4 percent).

Because we did not run a split sample design, it is difficult to determine what role the incentive played in raising or lowering the participation rates. We do know that only 22.8 percent of those eligible for the \$1 screener completion remuneration accepted the payment, and 87.1 percent of those eligible for the \$10 payment for the full interview provided mailing information so they could receive the payment. Additionally, the text message did not appear to be very effective in encouraging participation among the hard-to-reach group. Of the 217 cell phone numbers to which the text message was sent, only two respondents ultimately completed the interview. Other researchers have reported

similar findings with regard to the apparent ineffectiveness of text messages in prompting participation in cell phone surveys (Brick et al. 2007; Steeh, Buskirk, and Callegaro 2007).

### **Cell Phone Sharing**

Questions were added to both the cell phone and landline surveys to assess the percentage of respondents in households with at least one working cell phone who share a cell phone with one or more adults one-third of the time or more. Among the cell phone survey respondents, sharing was highest in Georgia (15.2 percent), followed by New Mexico (15.2 percent), and Pennsylvania (11.1 percent); none of these differences was statistically significant (table 2). The rates of sharing were somewhat higher in cell phone-only households than in households with both a landline and a cell phone in Georgia and New Mexico; again these differences were not statistically significant.

For the landline sample, among those in households with at least one working cell phone, two-thirds of those interviewed in both New Mexico (64.5 percent) and Pennsylvania (64.3 percent) said they had a cell phone for personal use; in Georgia the rate was significantly higher (71.7 percent;  $p < .05$ ). The prevalence of cell phone sharing overall was roughly equivalent in New Mexico (11.2 percent) and Pennsylvania (10.6 percent) [these data were not collected as part of the landline survey in Georgia]. Sharing was more prevalent in both states among those who indicated they had a personal cell phone compared to those who said they did not ( $p < >05$ ).

### **Demographic Comparisons**

Next we compared demographic characteristics across the four critical analysis groups, categorized by the frame from which their telephone number was sampled (landline or cell phone frame) and type of telephone access in the household (landline, cell phone, or both). The data were weighted using the “equalized” design weights (table 3).

Focusing first on the two groups sampled from the cell phone sampling frame (groups C and D from Figure 1), we found that those from cell phone-only households, compared with those from households with both landline and cell phone access, were much more likely to be aged 18 to 34 years (51.4 percent versus 24.0 percent;  $p < .001$ ), single or never married (43.9 percent versus 20.4 percent;  $p < .001$ ), Hispanic (21.4 percent versus 15.2 percent;  $p < .01$ ), a student (11.1 percent versus 4.8 percent;  $p < .001$ ), and out of work (13.1 percent versus 7.6 percent;  $p < .01$ ) (table 2). Those in cell phone-only households were less likely to be married (32.0 percent versus 62.0 percent;  $p < .001$ ), between the ages of 35 and 64 years (45.4 percent versus 65.6 percent;  $p < .001$ ), a college degree recipient (20.7 percent versus 34.0 percent;  $p < .001$ ), non-Hispanic white (53.6 percent versus 64.6 percent;  $p < .001$ ), or retired (3.6 percent versus 10.2 percent;  $p < .001$ ).<sup>1</sup>

Comparing the two extremes in telephone access (groups A and D from Figure 1), the cell phone-only group was significantly different from the landline-only group for all but two subgroups examined (having a high school diploma and having a college degree). Among those with access to a landline only, just over one-third of the respondents were younger than 50 years compared to more than three-quarters of those in cell phone-only households. Additionally, among the largest differences noted, those in landline-only households were less likely to be men (37.9 percent versus 51.1 percent;  $p < .001$ ), currently employed (37.2 percent versus 66.9 percent;  $p < .001$ ), single (16.4 percent versus 43.9 percent;  $p < .001$ ), or to be a racial/ethnic minority (30.2 percent versus 51.1 percent;  $p < .001$ ).

Looking next at differences between the two groups with access to both a cell phone and a landline (groups B and C from Figure 1), we found that these groups differed significantly across a number of characteristics. Compared with the landline survey, the cell phone survey resulted in a higher percentage of men (46.0 percent versus 38.2 percent;  $p < .001$ ), non-Hispanic blacks (15.0 percent versus 7.5 percent;  $p < .001$ ), employed persons (71.9 percent versus 63.0 percent;  $p < .001$ ), those who were single or never married (20.4 percent versus 13.7 percent;  $p < .001$ ), and those with one or more children in the household (45.6 percent versus 38.9 percent;  $p < .001$ ). In contrast, the cell phone survey resulted in a lower percentage of non-Hispanic whites (64.6 percent versus 77.3 percent;  $p < .001$ ), those aged 65 years or older (10.4 percent versus 17.7 percent;  $p < .001$ ), retired persons (10.2 percent versus 18.5 percent;  $p < .001$ ), and those who were married (62.0 percent versus 69.8 percent;  $p < .001$ ). No significant differences were found between these groups with respect to education level or veteran status.

### **Comparison of Survey Estimates**

Prevalence estimates for 10 key health practices and risk behaviors were also examined across the four analysis groups. These data were weighted using the “equalized” design weight (table 4).



The two groups sampled from the cell phone frame (groups C and D in Figure 1) differed significantly on 3 of the 10 measures, with a higher percentage of those in cell phone-only households reporting they had engaged in binge drinking in the past 30 days (28.7 percent versus 15.5 percent;  $p < .001$ ) and they had not received health care at some point during the past year due to health care costs (24.9 percent versus 16.3 percent;  $p < .001$ ). Those in cell phone-only households were less likely to have any kind of health care coverage (70.1 percent versus 86.0 percent;  $p < .001$ ).<sup>2</sup>

Comparing the two groups with access to both a cell phone and a landline (groups B and C in Figure 1), a higher percentage of those from the cell phone frame indicated they had not received health care due to cost considerations (16.3 percent versus 10.2 percent;  $p < .01$ ) and that they had been tested for HIV at some point in their lives (43.6 percent versus 36.6 percent;  $p < .001$ ). There were no significant differences across the other 8 variables examined.

The differences in health estimates were starker when we compared the landline-only groups with the cell phone-only group (groups A and D in Figure 1). Those in landline households were much more likely to say they had high blood pressure (38.8 percent versus 20.8 percent;  $p < .001$ ), had some form of health coverage (78.7 percent versus 70.1 percent;  $p < .001$ ), and to have diabetes (15.6 percent versus 7.7 percent). Conversely, a lower percentage of those with only a landline said they engaged in binge drinking (11.0 percent versus 28.7 percent), have ever tested for HIV (37.5 percent versus 53.4 percent), partake in some form of regular exercise (60.7 percent versus 70.8 percent), and currently smoke cigarettes (31.1 percent versus 24.8 percent). Many of these differences are not surprising given the demographic composition, particularly in terms of age, of these two groups.

### **Cost Comparisons**

The costs of conducting surveys with a cell phone sample are considerably higher than those of conducting a landline telephone survey. We calculated a generic cost model for obtaining 1,000 completed interviews with a sample drawn from a landline frame, a cell phone frame (with no screening), and a cell phone frame with screening for cell phone-only households (Table 5). The data represent call-center costs only and do not include other project costs (such as project management, statistical support, CATI and other programming support), which are assumed to be relatively equivalent across the two types of surveys. On a per-interview completed basis, these costs averaged approximately \$64 for a landline survey, \$74 for a cell phone survey (no screening), and \$196 for a cell phone-only household survey. It is important to place these numbers in context, however. Because of restrictions we placed on the calling protocols for cell phones (a single refusal conversion call was made and fewer call attempts were made than for the landline sample), the overall level of effort per case was lower (averaging 3.2 call attempts for the cell phone sample and 7.4 call attempts for the landline sample). Additionally, the cell phone survey included an incentive, whereas the landline survey did not.

### **Discussion**

The state-based cell phone study conducted here shows, like some previous studies (Brick et al. 2006; Fleeman 2006; Steeh 2004), that conducting surveys by sampling cell phone numbers is feasible, but is costly and produces relatively low rates of participation. Study response rates varied by state, but were in line with those reported by other cell phone studies (Brick et al. 2007). Given some of the unique situations encountered when calling people on cell phones (e.g., respondents are driving, shopping, working, or otherwise engaged in a manner not typically encountered in landline telephone surveys), it has been recommended that special contacting protocols be put into place for cell phone surveys (Lavrakas and Shuttles 2005). Following these recommendations in this study, we used a protocol with fewer calls per case than would typically be used for the landline RDD survey. Further, only a single attempt was made to complete an interview once a respondent refused. Participation rates may have been improved in this study, therefore, had more rigorous methods been used, such as increasing the total call attempts and making an additional attempt (as warranted) to convert those who initially refused to complete the survey.

The survey industry is, however, at a crossroads with regard to such actions. Although such attempts may indeed improve response rates modestly (a best guess on the basis of landline surveys would be 5-10 percentage points depending on the protocol used), they are just as likely to increase respondents' frustration, which could cause already low cell phone survey response rates to plummet further. The consistent decline in response rates to landline telephone surveys (Battaglia et al. 2007) shows that a substantial percentage of the population does not want to participate in surveys, regardless of the study's goals. There is no reason to think that respondents on cell phones

should be any different. Researchers who decide to conduct interviews by cell phone should tread cautiously in this area, balancing the desire to obtain valid and reliable data with the need to minimize the burden on respondents.

The study also verifies at the state level what others have found in national surveys with regard to the significant differences between cell phone-only households and those with other types of telephone access. Differences in demographic characteristics of the respondents and in some of the health and risk behavior measures are similar to those reported elsewhere (Blumberg, Luke, and Cynamon 2006; Brick et al. 2006). The fact that this group differs significantly even after controlling for other potential confounders (e.g., age, sex, race, education, marital status, children in the household, and state of residence) means, however, that current weighting practices in most landline surveys are insufficient to account for these differences. Although most landline surveys post-stratify by factors such as sex, age, race, and education, it appears that many of those in cell phone-only households are significantly different in at least some of their health problems and behaviors despite these characteristics, such that weighting to these factors does not account fully for the differences.

Problems associated with weighting extend as well to that portion of the population that has both a cell phone and a landline. As shown here, this group appears to have different demographic characteristics when sampled by landline versus being sampled by cell phone. Brick et al. (2006) come to a similar conclusion, noting differential nonresponse rates in this group depending on the type of telephone on which they make and receive most of their telephone calls. Those sampled from a landline telephone frame were more likely to report relying more on their landline than their cell phone, whereas this finding was reversed for those sampled according to their cell phone number. As a result, it appears that to fully account for the population, researchers will have to think of the telephone frame as a single frame with landlines and cell phones being separate strata and sample from each, *without screening for cell phone-only households*.

Another explanation for some of the differences in health conditions and risk factors may be mode effects: that is, adults may answer questions differently on a landline phone in the household versus on a cell phone in a location outside the household. This is an area of scant research with regard to cell phones. At issue is the degree to which persons interviewed by cell phone are “cognitively engaged” in the activity. Cell phones are one of many modern tools that facilitate the “multitasking” so prominent in society today. Not only do researchers need to be concerned about questions of safety (e.g., potentially interviewing someone who is driving), but they also need to be concerned about how respondents answer questions while engaged in other activities, such as shopping, being outdoors, or dining in a restaurant. Ideally, researchers would like respondents to be “fully engaged” mentally in the interview process and not distracted by other activities or stimuli. We know very little, however, about the conditions in which respondents find themselves when they are taking part in an interview by cell phone.

The finding that sharing of cell phones among adults appears to be taking place in 10-15 percent of households (a proportion many might consider “non-ignorable”) has both statistical and operational implications. In most probability sample designs the linkage between elements of the sampling frame and the population under study is viewed as static, although some may be time-based since linkages are defined as of a particular date or dates. In the case of sampling frames associated with telephones, the linkage between a telephone number and an individual is generally based on membership rather than behavior. Thus, if an individual is a member of a household, which is served by a landline telephone, that individual is assumed to be linked to the frame. Similarly, in the case of cellular telephone numbers, if an individual owns a cell phone (i.e., is the cell phone user or holder) that individual is assumed to be linked to the sampling frame through the cell number. What do we do, however, when two or more adults in a household share a cell phone? Because the linkage of individuals to phone numbers is a critical part of the sampling model, the weighting model, as well as models used for the computation of response rates, it may be necessary to obtain “usage” information from sample respondents and, in turn, use this behavior information to modify calculations of probabilities of selection, weighting as well as measures of response rate. It may also be necessary to develop (or adopt from existing approaches) methods for conducting within household selection, so that all adults who share the telephone have a positive probability of selection. As shown by Brick et al (2007), this can be operationally difficult and lead to increased nonresponse. More work in this area is required before a definitive set of recommendations can be developed, particularly in terms of the establishment of thresholds where sharing is determined to be non-ignorable (i.e., what percentage of the time does the cell phone need to be shared) and the most effective wording of usage questions to be asked.

Finally, interviewing respondents by cell phone also appears much more costly than conducting landline telephone surveys, the costs of which are already high because of the need for increased effort to achieve acceptable response rates. As a result, researchers may want to conduct as few cell phone interviews as possible (but taking into account the inflation of sampling variances due to unequal weights) and simply weight these responses accordingly. A key difficulty with the weighting procedures at this point, however, is the lack of a good population standard denoting telephone access at the subnational level. Currently, the National Health Interview Survey (NHIS) provides the only external standard against which to adjust data by type of household telephone access; however, this survey provides data only down to the Census Region level, not the state, local, or other subnational level (Blumberg, Luke, and Cynamon 2006). Researchers must, therefore, either not account for this factor in their weighting schemes using the internal survey data (a potentially problematic approach) or assume that the national estimates fit equally at the subnational level and make adjustments accordingly (a dubious assumption, but a less problematic approach). Neither is likely to be a very good solution. Including questions on telephone access in other larger population-based surveys, such as the Current Population Survey or American Community Survey, would help remedy this problem.

Sampling and interviewing respondents by cell phone no longer appears to be a choice, but is now a necessity if surveys by telephone are to provide valid, reliable, and representative data. Such surveys, because of issues of differential nonresponse and cost per interview, should include all eligible sample members reached by telephone and not simply focus on cell phone-only households. Considerable work remains with regard to weighting and post-survey adjustments, however, before landline and cell phone surveys can be combined to produce integrated estimates, particularly at the subnational level.

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### **Notes**

<sup>1</sup> With the exception of race, there were no significant differences in the demographic makeup of these two groups at the state level. Not surprising given the racial/ethnic makeup of the population in each state, New Mexico had a higher percentage of Hispanics, Georgia had a higher percentage of non-Hispanic blacks, and Pennsylvania had a higher percentage of non-Hispanic whites for both the landline and cell phone group and the cell phone-only group (data not shown). No other significant state-based differences in demographic characteristics were noted across these two groups from the cell phone frame.

<sup>2</sup> Differences at the state level were found for only two variables. Among those in cell phone-only households, the percentage saying they had a health plan was significantly higher ( $p < .001$ ) in Pennsylvania (85.5 percent) than in New Mexico (64.0 percent) or Georgia (60.7 percent). Conversely, a lower percentage of those in Pennsylvania (16.3 percent) reported that they had forgone health care in the past year due to costs than was the case with those in New Mexico (27.0 percent) or Georgia (31.4 percent). There were no statistically significant differences in survey estimates across the three states for those sampled from the cell phone frame who had both a cell phone and a landline.

## **Appendix A**

### **Cell Phone Survey Screening Questions**

#### **INITIAL INTRO**

HELLO, I am calling for the (HEALTH DEPARTMENT). My name is (NAME). We are gathering information about the health of (STATE) residents and you will be paid for any time you spend answering our questions on your cell phone. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention.

I have just a few questions to find out if you are eligible for the study.

1. Is this (PHONE NUMBER) ?

**IF NO:** Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **STOP**

2. Is this a cellular telephone? **READ ONLY IF NECESSARY:** "By cellular telephone, we mean a telephone that is mobile and usable outside of your neighborhood."

**IF NO:** Thank you very much, but we are only interviewing cell telephones at this time. **STOP**

3. Are you 18 years of age or older?

**IF NO:** Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP**

4. Do you live in a private residence, that is, not in a dormitory or other type of group living situation?

**IF NO:** Thank you very much, but we are only interviewing private residences. **STOP**

**READ ONLY IF NECESSARY:** "By private residence, we mean someplace like a house or apartment."

5. Are you a resident of (STATE)?

**IF NO:** In what state do you live? **COLLECT STATE**

Thank you very much, but we are not interviewing in your state at this time. **STOP**

6. Do you also have a landline telephone that is used to make and receive calls?

**READ ONLY IF NECESSARY:** "By landline telephone, we mean a "regular" telephone in your home that is connected to outside telephone lines through a cable or cord and is used for making or receiving calls."

**INTERVIEWER: TELEPHONE SERVICE OVER THE INTERNET COUNTS AS LANDLINE SERVICE.**

**IF "YES" AND NOT SUBSAMPLED:** Thank you very much. Those are all the questions that I have for you today. In appreciation for the time you have spent answering our questions, we would like to provide you with one dollar in compensation. Would you please give me your name and address so that we can send you the one dollar payment?

**COLLECT NAME AND ADDRESS—STOP**

**IF "NO" OR IF "YES" AND SUBSAMPLED, SKIP TO SURVEY INTRO**

## **Appendix B**

### **Household Cell Phone Sharing Questions**

1. Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.

**IF YES: GO TO Q3**

**IF NO: GO TO Q2**

2. Do you share a cell phone for personal use with other adults?

**IF YES: GO TO Q4**

**IF NO: GO TO NEXT SECTION**

3. Do you usually share this cell phone with any other adults?

**IF YES: GO TO Q4**

**IF NO: GO TO NEXT SECTION**

4. How many other adults use this cell phone at least one-third of the time?

**RECORD NUMBER:** \_\_\_\_\_

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**Table 1. Cell phone and landline survey response rates, by state**

	GA	NM	PA
<b><u>Cell phone sample:</u></b>			
Cell phone sample size (n)	9,000	4,400	9,997
Completed interviews – cell phone only (n)	206	215	151
Complete interviews – cell phone & landline (n)	199	198	195
Cell phone-only adults (?) (%) <sup>1</sup>	35.5	38.5	23.6
Working cell phone number rate (%)	64.7	63.2	72.5
Cell phone screener completion rate (%)	40.2	47.5	34.3
Cell phone interview completion rate (%)	60.8	65.8	67.6
Cell phone-only response rate (%) <sup>2</sup>	23.2	31.7	24.1
Cell phone & (?) landline response rate (%) <sup>2,3</sup>	26.6	30.4	22.2
Cell phone overall response rate (%) <sup>2,3</sup>	24.4	31.3	23.2
<hr style="border-top: 1px dashed black;"/>			
<b><u>Landline sample:</u></b>			
BRFSS landline overall response rate (%) <sup>2</sup>	23.6	51.9	45.3

BRFSS = Behavioral Risk Factor Surveillance System.

<sup>1</sup> Reflects the percentage of the total screened sample indicating they had only a cell phone and no landline in the household.

<sup>2</sup> Response rate based on formula #4 recommended by the American Association for Public Opinion Research (APOR 2006).

<sup>3</sup> Adjusted to account for subsampling among households with both a landline and a cell phone.

**Table 2. Cell phone sharing, by sample frame, by state**

	GA	NM	PA
<u>Cell phone sample:</u>			
Share cell phone - cell phone-only (%)	19.6	18.9	10.5
Share cell phone - cell phone & landline (%)	15.0	12.9	11.3
Share cell phone – total (%)	16.6	15.2	11.1
<u>Landline sample (cell phone &amp; landline households only):</u>			
Have personal cell phone (%)	71.7	64.5	64.3
Share cell phone – have personal cell phone (%)	--- <sup>1</sup>	13.1	13.7
Share cell phone – do not have personal cell phone (%)	--- <sup>1</sup>	7.8	5.0
Share cell phone – total (%)	--- <sup>1</sup>	11.2	10.6

Note: “Cell phone sharing” is defined as sharing a cell phone “one-third” of the time or more with another adult in the household, with the time allotment of “one-third” being self-defined by the respondent.

<sup>1</sup> Data not collected for landline survey in Georgia.



**Table 3. Comparison of demographic characteristics by sample frame and type of household telephone access**

Demographic characteristics	Landline survey		Cell phone survey	
	Landline Only (A)	Cell phone and landline (B)	Cell phone and landline (C)	Cell phone Only (D)
n	1,972	3,816	592	572
Sex				
Male	37.9 (34.8, 41.0)	38.2 (36.1, 40.3)	46.0 (41.9, 50.0)	51.1 (46.9, 55.3)
Female	62.1 (59.0, 65.2)	61.8 (59.7, 63.9)	54.0 (50.0, 58.1)	48.9 (44.7, 53.1)
Age (years)				
18-34	14.5 (12.2, 17.1)	19.6 (17.9, 21.6)	24.0 (20.7, 27.7)	51.4 (47.2, 55.5)
35-49	20.9 (18.3, 23.8)	32.0 (30.1, 34.1)	35.2 (31.5, 39.2)	26.5 (22.9, 30.3)
50-64	29.9 (27.0, 32.9)	30.6 (28.7, 32.6)	30.4 (26.7, 34.2)	18.9 (15.8, 22.4)
65+	34.7 (31.9, 37.6)	17.7 (16.2, 19.3)	10.4 (8.1, 13.1)	3.3 (2.1, 5.1)
Race/ethnicity				
Hispanic	16.8 (14.5, 19.4)	12.2 (10.8, 13.7)	15.2 (12.6, 18.3)	21.4 (18.5, 24.8)
Non-Hispanic white	69.8 (66.7, 72.8)	77.3 (75.3, 79.1)	64.6 (60.6, 68.3)	53.6 (49.5, 57.6)
Non-Hispanic black	9.3 (7.4, 11.6)	7.5 (6.5, 8.8)	15.0 (12.4, 18.1)	15.8 (13.0, 19.0)
Non-Hispanic other	4.1 (3.0, 5.6)	3.0 (2.3, 3.9)	5.2 (3.7, 7.3)	9.2 (7.1, 11.8)
Education				
Less than high school	20.4 (18.0, 23.1)	7.1 (6.0, 8.4)	10.1 (8.0, 12.9)	12.7 (10.2, 15.6)
High school diploma	39.9 (36.8, 43.0)	26.5 (24.7, 28.4)	29.7 (26.1, 33.5)	35.8 (31.9, 39.9)
Some college	20.9 (18.4, 23.8)	26.7 (24.8, 28.6)	26.2 (22.8, 29.9)	30.8 (27.1, 34.8)
College degree	18.8 (16.4, 21.4)	39.7 (37.7, 41.9)	34.0 (30.2, 38.0)	20.7 (17.5, 24.3)
Employment status				
Employed	37.2 (34.1, 40.3)	63.0 (60.9, 65.1)	71.9 (68.1, 75.4)	66.9 (62.8, 70.7)
Homemaker	12.4 (10.5, 14.7)	8.8 (7.6, 10.1)	5.5 (3.9, 7.6)	5.4 (3.8, 7.6)
Student	2.1 (1.3, 3.4)	3.9 (3.0, 5.0)	4.8 (3.3, 6.9)	11.1 (8.7, 14.0)
Retired	28.4 (25.7, 31.1)	18.5 (17.0, 20.2)	10.2 (8.0, 13.0)	3.6 (2.4, 5.5)
Out of work/unable	19.9 (17.3, 22.8)	5.8 (4.9, 6.9)	7.6 (5.7, 10.1)	13.1 (10.5, 16.2)
Marital status				
Married	49.5 (46.3, 52.7)	69.8 (67.9, 71.7)	62.0 (57.9, 65.8)	32.0 (28.2, 36.0)
Separated/divorced/widowed	34.1 (31.2, 37.0)	16.5 (15.1, 17.9)	17.7 (14.8, 21.0)	24.2 (20.8, 27.9)
Single/never married	16.4 (14.1, 19.0)	13.7 (12.2, 15.4)	20.4 (17.3, 23.8)	43.9 (39.8, 48.0)

Children in household				
None	70.5 (67.3, 73.4)	61.1 (59.0, 63.2)	54.4 (50.4, 58.4)	60.5 (56.4, 64.5)
One or more	29.5 (26.6, 32.7)	38.9 (36.8, 41.0)	45.6 (41.6, 49.6)	39.5 (35.5, 43.6)
U.S. veteran status				
Veteran	87.1 (85.7, 88.5)	87.1 (84.8, 89.0)	87.3 (84.3, 89.7)	90.6 (87.9, 92.8)
Not a veteran	12.9 (11.5, 14.3)	12.9 (11.0, 15.2)	12.7 (10.3, 15.7)	9.4 (7.2, 12.1)

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Note: Percentages are shown along with 95% confidence limits in parentheses. Data were weighted using the state “equalized” design weight. Standard errors were calculated using SPSS version 13 with the Complex Samples Module.

**Table 4. Comparison of estimates of key health practices and risk behaviors by sample frame and type of household telephone access**

Health condition or risk factor	Landline survey		Cell phone survey	
	Landline Only (A)	Cell phone and landline (B)	Cell phone and landline (C)	Cell phone only (D)
n	1,972	3,816	592	572
Any kind of health care coverage	78.7 (75.9, 81.4)	89.0 (87.6, 90.4)	86.0 (82.9, 88.6)	70.1 (66.3, 73.6)
Had not received care because of cost	20.4 (17.8, 23.3)	10.2 (8.9, 11.6)	16.3 (13.5, 19.5)	24.9 (21.5, 28.6)
Physical activities or exercise	60.7 (57.5, 63.7)	75.1 (73.2, 77.0)	75.1 (71.4, 78.5)	70.8 (66.9, 74.5)
Ever had asthma	12.8 (10.7, 15.1)	13.3 (11.9, 14.9)	13.3 (10.7, 16.3)	15.8 (13.0, 19.1)
Ever had diabetes	15.6 (13.4, 18.1)	8.7 (7.6, 10.0)	9.2 (7.0, 11.8)	7.7 (5.7, 10.2)
Ever had high blood pressure	38.8 (35.8, 41.9)	29.2 (27.3, 31.1)	25.9 (22.5, 29.6)	20.8 (17.6, 24.4)
Obesity (BMI $\geq$ 30 kg/m <sup>2</sup> )	27.6 (24.8, 30.6)	25.5 (23.6, 27.4)	30.9 (24.6, 37.9)	24.4 (20.9, 28.2)
Currently smoke cigarettes	24.8 (22.1, 27.7)	17.3 (15.7, 19.0)	23.4 (18.0, 30.0)	31.1 (27.3, 35.1)
Binge drinking in past 30 days	11.0 (9.0, 13.5)	21.1 (18.9, 23.5)	15.5 (10.9, 21.4)	28.7 (22.0, 36.5)
Ever tested for HIV*	37.5 (33.5, 41.6)	36.6 (34.3, 39.0)	43.6 (39.4, 48.0)	53.4 (45.0, 61.7)

BMI = body mass index; HIV = human immunodeficiency virus.

Note: Percentages are shown along with 95% confidence limits in parentheses. Data were weighted using the state “equalized” design weight. Standard errors were calculated using SPSS version 13 with the Complex Samples Module.

\*Asked only of adults aged 18 to 64 years old.

**Table 5. Costs per 1,000 completed interviews comparing landline versus cell phone surveys**

	Landline telephone survey	Cell phone survey	Cell phone only (via screening)
<b>Assumptions</b>			
Number of sampled telephone numbers / addresses (per 1,000 completed interviews) <sup>1</sup>	5,920	12,800	38,400
Average call attempts per sampled case <sup>1</sup>	7.4	3.2	3.2
Total call attempts required (per 1,000 completed interviews)	43,808	40,960	122,880
<b>Cost calculations for materials/supplies</b>			
Telephone sample (\$0.08 per case) <sup>2</sup>	\$474	\$1,024	\$3,072
Telephone connect charges (\$0.0625 per call) <sup>2</sup>	\$2,738	\$2,560	\$7,680
\$10 incentive plus mailing charges – materials and postage (\$10.70 per complete) <sup>2</sup>	NA	\$10,700	\$10,700
<i>Subtotal for direct cost of materials/supplies</i>	<i>\$3,211</i>	<i>\$14,284</i>	<i>\$21,452</i>
<i>Subtotal for indirect costs of materials/supplies (@ 25%)<sup>3</sup></i>	<i>\$803</i>		
<b>Total cost for materials/supplies (direct and indirect)</b>	<b>\$4,014</b>	<b>\$17,855</b>	<b>\$26,815</b>
<b>Cost calculations for labor</b>			
Hours of interviewer time required (@ 20 calls/hour) <sup>1</sup>	2,190	2,048	6,144
Hours of supervisor/monitor/quality control time required (@ 25% of interviewer time) <sup>3</sup>	548	512	1,536
Interviewer time (\$8.00 per hour) <sup>3</sup>	\$17,523	\$16,384	\$49,152
Supervisor or monitor time (\$12.00 per hour) <sup>3</sup>	\$6,571	\$6,144	\$18,432
<i>Subtotal for direct labor costs</i>	<i>\$24,094</i>	<i>\$22,528</i>	<i>\$67,584</i>
<i>Subtotal for indirect labor costs (fringe and other indirect costs (@ 150%)<sup>3</sup></i>	<i>\$36,142</i>	<i>\$33,792</i>	<i>\$101,376</i>
<b>Total cost for labor (direct and indirect costs)</b>	<b>\$60,236</b>	<b>\$56,320</b>	<b>\$168,960</b>
<b>Total cost of materials/supplies and labor (absent fee/profit) per 1,000 completed interviews</b>	<b>\$64,251</b>	<b>\$74,175</b>	<b>\$195,775</b>
<b>Cost per sampled telephone number</b>	<b>\$10.85</b>	<b>\$5.79</b>	<b>\$5.10</b>
<b>Cost per completed interview</b>	<b>\$64.25</b>	<b>\$74.18</b>	<b>\$195.78</b>

NA = not applicable.

Note: Comparison includes only costs of actual data collection and does not include other costs such as survey design, statistical support, analysis, or project management (other than direct supervision costs noted in the table).

<sup>1</sup> Based on production statistics from cell phone study.

<sup>2</sup> Based on cost data from cell phone study.

<sup>3</sup> Based on estimates of average rates across survey research industry.

**Figure 1. Telephone access by sample frame**

