

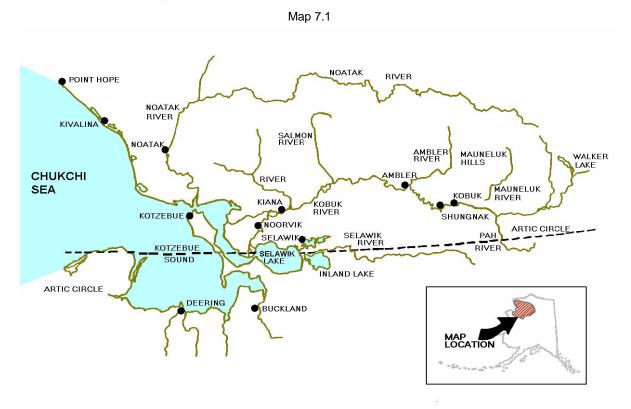
# **OVERVIEW**

Alaska Native 2006 User Population.

KOTZEBUE SERVICE AREA	7,630
Maniilaq Association	7,630

Users are defined as beneficiaries who used an Indian Health Service (IHS) or tribal facility that reports through the IHS data system at least once between 10/1/2003 and 9/30/2006.

**Environmental Factors.** The Kotzebue Service Area straddles the Arctic Circle in northwestern Alaska and covers about 36,138 square miles. The Native population inhabits eleven communities of the Northwest Arctic Borough and the village of Point Hope. Residents of the area are primarily of Inupiaq (Eskimo) heritage. River communities in the region often sit in wooded areas, where game and fishing are abundant. About 40 percent of the present user population live in the City of Kotzebue.



Kotzebue is 26 miles above the Arctic Circle on the northwestern shore of the Baldwin Peninsula. While Kotzebue itself is quite flat and densely populated, it enjoys vistas of snow-capped mountains and vast expanses of tundra. The city is nearly surrounded by the waters of Kotzebue Sound, Kobuk Lake, and several lagoons.



During the summer months, the temperature averages between 40 and 60 degrees F. A light breeze from Kotzebue Sound keeps summer temperatures comfortable. This is the Land of the Midnight Sun, and residents enjoy the longer daylight for about 36 days when the summer sun does not set.

While winter temperatures average between 15 and 20 degrees below zero F<sup>o</sup>, the very dry climate moderates the impact of the temperature. Brisk winds drive the windchill to below -50 degrees F. The average annual precipitation is about nine inches, including 40 inches of snow.

Utilities. Electricity, water and sanitation facilities are available in most villages in the Kotzebue Service Area. These utilities lack good backup systems, however, and power outages are not uncommon. In some villages, homes still lack water/sewer facilities.

**Transportation.** Kotzebue is a regional center for air transportation. Travelers from the surrounding villages make connections through Kotzebue.

#### Table 7.1

Kotzebue Service Area Number of Homes With and Without Complete Water and Sewer Service<sup>1</sup>

	# Homes With	# Homes Without	Total # of Homes <sup>2</sup>
KOTZEBUE SERVICE AREA	625	209	834
Maniilaq Association	625	209	834

<sup>1</sup> Complete service means operable plumbed indoor water and sever service. Information applies only to year-round primary homes, including individual homes, duplexes and apartment untis. Data from FY 2002. <sup>2</sup> Excludes homes covered by urban local government water and sever service. Source: Alaska Area Native Health Service, Office of Environmental Health.

There is daily jet passenger service between Kotzebue and Anchorage. Bush planes provide both scheduled and charter service to the villages as the weather permits.

The only road in the Northwest Arctic Borough is the DeLong Mountain Transportation Road between the Red Dog Mine and a port 12 miles north of Kivalina. No interconnecting roadways exist between Kotzebue and the villages. Transportation is typically by air, although boats and snowmobiles also provide access. Many residents own dog teams for recreational use and racing. During the winter months, the frozen inlets and rivers provide natural highways for travel to villages by dog sled or snowmobile. After the ice breaks up in the summer months, ocean barges deliver fuel, construction materials, furniture and supplies to the coastal Kotzebue villages. Shallow water (river) barges can deliver supplies from mid-July to mid-October to the Kobuk River villages.

**Housing.** Approximately 75 units of employee housing are available for Maniilaq Health Center staff. Eligibility for employee housing is based on job duties and call status. Maniilaq Association assists employees who prefer to live in the community to locate suitable housing. Rental or private housing is available but is very limited in Kotzebue and the outlying villages.

**Recreation.** Kotzebue's long winter season includes dog mushing, sledding, cross-country skiing, snowmachining, hunting and fishing. Though the summer season is short, the long days are filled with camping, fishing, rafting, berrypicking, hiking and boating. Kotzebue has a teen center, Senior Citizens Cultural Center, hotel, library, bank, museum, hairstylist, supermarkets, five restaurants, hardware, variety and video stores, snowmachine and auto shops, and several convenience stores.



Education. Educational programs are available in Kotzebue and the surrounding villages. The Northwest Arctic **Borough School District** provides public education from preschool through grade twelve. The Chukchi Community College and the Alaska Technical Center in Kotzebue provide nursing assistant certification and nursing distance learning programs in cooperation with Maniilag Health Center and the University of Alaska, Fairbanks.

#### Table 7.2 Kotzebue Service Area Education Status for the Population 25 Years and Over

	Males	Females
White Alone Population:		
High school graduate (includes equivalency)	78	16
Bachelors degree or higher	165	185
AI/AN* Alone Population:		
High school graduate (includes equivalency)	693	574
Bachelors degree or higher	30	64

\*Al/AN = American Indian/Alaska Native. Source: U.S. Census Bureau, P148A White Alone and P148C American Indian and Alaska Native, Sex by education attainment for the population 25 years and over, 2000 Census Summary File 3

Natural Resources. The Northwest Arctic Borough encompasses a large area essentially unaffected by human development. Most of the lands within the area are managed by the National Park Service, the Bureau of Land Management, the U.S. Fish and Wildlife Service and the State of Alaska. The major private land owners include the Northwest Arctic Native Association (NANA) and the Kikiktagruk Inupiat Corporation.

Economic Conditions. Major employers include the school district, Maniilaq Association, the Northwest Arctic Native Association (NANA), the City of Kotzebue, the community college and governmental organizations. The Tech-Cominco Red Dog Mine northwest of Kotzebue requires about four hundred employees to produce lead and zinc for world markets. Seasonal employment includes construction, commercial fishing, and tourism.

Federally Recognized Tribes. The following are the federally recognized tribes in the Kotzebue Service Area.

#### Table 7.3 Kotzebue Service Area Employment Status for the Population 16 years and Over

	Male	Female
White Alone Population:		
In labor force	425	250
Employed	399	248
Unemployed	23	2
AI/AN* Alone Population:		
In labor force	1,051	967
Employed	790	827
Unemployed	261	140

\*Ai/AN = American Indian/Alaska Native. Source: U.S. Census Bureau, 2000 Census Summary File 3

#### Maniilag Association Region

Native Village of Ambler - P.O. Box 47, Ambler, AK 99786 Native Village of Buckland - P.O. Box 63, Buckland, AK 99727 Native Village of Deering - P.O. Box 89, Deering, AK 99736 Native Village of Kiana - P.O. Box 69, Kiana, AK 99749 Native Village of Kivalina - P.O. Box 50051, Kivalina, AK 99750



Native Village of Kobuk - General Delivery, Kobuk, AK 99751 Native Village of Kotzebue - P.O. Box 296, Kotzebue, AK 99752 Native Village of Noatak - P.O. Box 89, Noatak, AK 99761 Noorvik Native Community - P.O. Box 71, Noorvik, AK 99763 Native Village of Point Hope - P.O. Box 109, Point Hope, AK 99766 Native Village of Selawik - P.O. Box 59, Selawik, AK 99770 Native Village of Shungnak - P.O. Box 63, Shungnak, AK 99773

# **DESCRIPTION OF HEALTH-CARE DELIVERY SYSTEM**

Launched in 1966, the Maniilaq Association was initially called the Kotzebue Area Health Corporation. After passage of the Alaska Native Land Claims Settlement Act, Maniilaq Association organized and, in 1975, merged with the Kotzebue Area Health Corporation. The name Maniilaq has dual significance. Maniilaq was an Inupiaq prophet who traveled and taught throughout the region in the days before the first European contact. His prediction that a race of people from the south would come into the land and bring great changes has come true. Maniilaq, in the Inupiaq language, also suggests "no money," reflecting the organization's nonprofit status.

On July 1, 1988, the Maniilaq Association assumed responsibility for the Kotzebue hospital and outpatient care under a P.L. 93-638, Title I contract. Today, the organization provides virtually all of the health and social services available in the region under a P.L. 93-638, Title V funding agreement.

## Maniilaq Health Center, P.O. Box 43, Kotzebue, Alaska 99752.

The Maniilaq Health Center is an acute care hospital with 17 beds, 24 hour emergency care, pediatric, psychiatric, labor, delivery, and cardiac monitoring via telemetry services. Ambulatory services include general medical, dental, optometry, audiology, physical therapy, respiratory therapy, endoscopy and chemotherapy. Itinerant medical specialists provide 35 clinics per year.

Ancillary services include laboratory, radiology (including mammography, fluoroscopy, ultrasound and electrocardiography), pharmacy and dietary. Community health programs include social services, mental health, environmental health, health education, diabetes prevention, maternal child health, emergency medevac, injury prevention, maternal/child nutrition, and public health nursing.

Maniilaq provides traditional medicine and home health care services in the *Kotzebue Cultural Center.* 

Social services, including 24 hour mental health crisis intervention, are based at the *F.R. Ferguson Building* in Kotzebue. Maniilaq operates a residential assisted living facility (*Kotzebue Senior Center*), a prematernal home (*The Prematernal Home*), residential care for the developmentally disabled (*Lake Street House*), a detox center (*Maniilaq Recovery Center*), and a family recovery camp (Mavsigviq). Maniilaq provides traditional medicine and home health care services in the *Kotzebue Cultural Center*. The specialty and tertiary referral location is the Alaska Native Medical Center in Anchorage.

# Kotzebue Service Area



The Maniilaq MedFlight plane and crew are certified to provide emergency flights between the villages and the Maniilaq Health Center, and between Kotzebue and Anchorage for tertiary care. The Maniilaq EMS is also responsible for coordinating search and rescue for the Northwest Arctic Borough.

The Maniilaq Health Center is accredited by The Joint Commission with a system-wide accreditation that covers the operation of the village clinics.

#### COMMUNITY HEALTH AIDE PROGRAM (CHAP)

Maniilaq operates community health aides programs in the following village built health clinics:

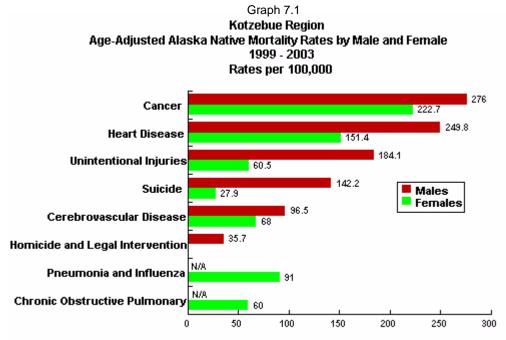
Ambler Buckland Deering

Kiana Kivalina Kobuk Kotzebue Noatak Noorvik Point Hope Selawik Shungnak

#### NON-TRIBAL HEALTH AGENCIES AND FACILITIES AND TYPES OF SERVICES PROVIDED TO SERVICE POPULATION

The State of Alaska provides public health nursing services, family and youth social services, and public assistance in the Northwest Arctic Borough.

# HEALTH STATUS OF ALASKA NATIVES LIVING IN THE KOTZEBUE SERVICE AREA

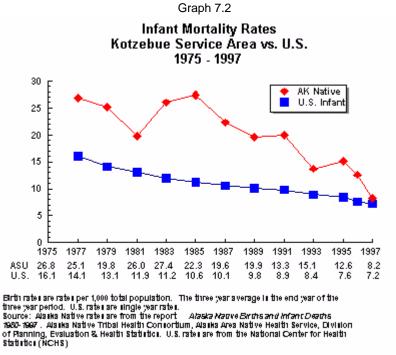


N/A = Rate i not calculated for fewer than five (5) deathil.

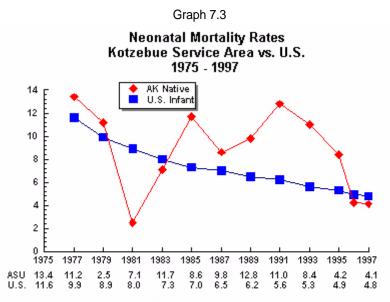
Source: Alaska Nature Morcavity Update: 1966-2003 , Alaska Native Epidemiology Center, Office of Alaska Native Health Research, Division of Community Health Services, Alaska Native Tribal Health Consortium



Infant mortality is the number of infant deaths per 1,000 live births.



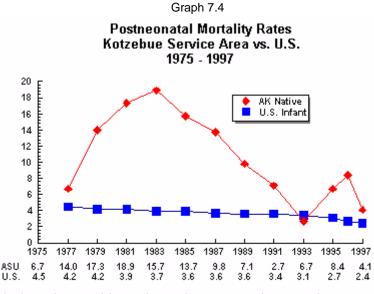
**Neonatal Mortality** is the number of infant death, from birth to 28 days of age, per 1,000 live births.



Eirth rate are rate aper 1,000 total population. The three year average is the end year of the three year period. U.S. rate are single year rate a. Source: Alaska Native rate is are from the report. Alaska Marve Births and Infanc Deaths 1982-1987. Alaska Native Tribal Health Consortium, Alaska Area Native Health Service, Division of Planning, Evaluation & Health Statistics. U.S. rate is are from the National Center for Health Statistics.



Postneonatal Mortality Rates are the number of infant deaths, from 28 days to one year of age, per 1,000 live births.



Birth rate are rate aper 1,000 total population. The three year average is the end year of the three year period. U.S. rate are aingle year rates. Source : Alaska Native rates are from the report Alaska Native Births and Infant Deaths 1992-1997 . Alarka Native Tribal Health Confortium, Alarka Area Native Health Service, Division of Planning, Evaluation & Health Statistics. U.S. rates are from the National Center for Health Statistics (NCHS)

Birth Rates are the number of births per 1,000 total population.

Graph 7.5 **Birth Rates** Kotzebue Service Area vs. U.S. 1975 - 1997 45 AK Native 40 U.S. Infant 35 30 25 20 15 10 5 n ĭ975 1977 1979 1981 1983 1985 1987 1989 1991 1993 1995 1997 ASU 20.0 35.5 38.5 38.5 42.3 41.8 32.3 24.5 28.4 31.0 31.0 24.1 U.S. 14.6 15.1 15.6 15.8 15.6 15.8 15.7 16.4 16.3 15.5 14.8 14.5

Birth rates are rates per 1,000 total population. The three year average is the end year of the

Bine yar period. U.S. rate are lingle yar rate i. Source: Alaika Native rate i are from the report *Alaska Native Eviths and Marc Deaths* 1982–1997. Alaika Native Tribal Health Consortium, Alaika Area Native Health Service, Division of Panning, Evaluation & Health Statistics. U.S. rates are from the National Center for Health Statistics (NCHS)



# **OUTPATIENT WORKLOAD/DIAGNOSES**

Graph 7.6

Kotzebue Service Unit Outpatient Workload: FY 1959 - FY 2005

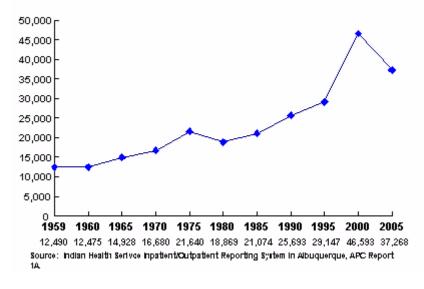


Table 7.4 Kotzebue Service Area Leading Causes of Outpatient Visits: FY 2001 - FY 2004

All Age Groups	FY 2001	FY 2002	FY 2003	FY 2004
Accidents & Injuries	2,635	2,128	2,122	2,025
Pregnancy, childbirth & puerperium	881	845	1,073	1,923
Upper Respiratory Problems	3,502	2,183	2,040	1,922
Tests Only	1,602	931	1,394	1,038
Bone & Joint Disorders	1,056	1,089	1,202	1,036
Otitis Media	1,228	775	779	732
Neuroses & Non-Psychotic Disorders	651	1,109	646	720
Hospital Medical/Surgical Follow-up	1,249	739	713	647
Musculoskeletal Disorder	755	567	595	523
Hypertension	715	660	540	440

Source: Indian Health Service Inpatient/Outpatient Reporting System, APC Report 1C.

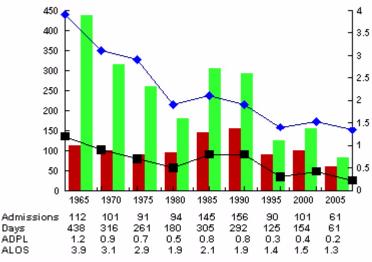


# **INPATIENT WORKLOAD**

Maniilaq Health Center's newborn workload is shown in the following graph.

Graph 7.7

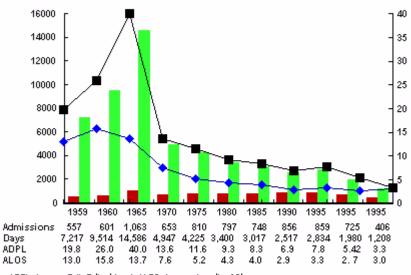
Maniilaq Health Center Newborn Inpatient Workload FY 1965 - FY 2005



ADPL=Average Cally Patient Load; ALOS=Average Length of Stay. Source: HSA-202 Monthly Report of Inpatient Service.

Graph 7.8

Maniilaq Health Center Inpatient Workload Excluding Newborns FY 1959 - FY 2005



ADPL=Average Cally Patient Load; ALOS=Average Length of Stay. Source: HSA-202 Monthly Report of Inpatient Services



# **DISCHARGE DIAGNOSES**

# Table 7.5 Kotzebue Service Area Leading Causes of Discharges: FY 2001 - FY 2002

	FY 2001	FY 2002
Deliveries (childbirth)	83	94
Neuroses & Personality Disorders	28	29
Pneumonia	45	25
Accidents & Injuries	53	20
Infected Skin & Abrasions	17	14
Complications of Pregnancy	17	13
Perinatal Conditions	5	13
Psychoses	21	10
Heart Disease	35	9
Bronchitis, Emphysema	18	6