Revised 06-2012

Federal Bureau of Prisons
FCC OAKDALE COMMISSARY SHOPPING LIST

Name _____ Number _____ Date _____

All sales are final! No refunds or exchanges will be made except for clothing & footwear, prior to exiting the commissary lobby. Mark clearly the number of items you are requesting in the space provided. DO NOT circle or highlight items! Prices are subject to change without notice! Once your list has been submitted, no additions will be allowed. Radios, Watches and Padlocks are issued on the following day after purchase with I.D. and receipt. Copier Cards are for local use only at FCI Oakdale and are non-refundable. Substitutions will be allowed for out of stock items only, in same category. Commissary Lists with circled or highlighted items will not be accepted! Photo Tickets expire 30 days from date of purchase. No eating or loitering inside the commissary lobby.

STAMPS / PHOTO / COPY CARD
STAMPS LIMIT $9.00 PER VISIT

$ 9.00 _____ BOOK FRIST CLASS STAMPS^*
$ .45 _____ SINGLE FIRST CLAS STAMP^*
$ .20 _____ SINGLE STAMP^*
$ .01 _____ SINGLE STAMP^*
$ 1.00 _____ PHOTO TICKETS (4)
$ 6.50 _____ COPY CARD* FCI ONLY (2)

CONTROLLED ITEMS
LIMIT 1 EACH

$38.35 _____ DIGITAL RADIO SONY REQ. AAA
$15.10 _____ CASIO WATCH
$ 6.70 _____ PADLOCK
$ 6.90 _____ WATCH BAND FOR CASIO
$13.65 _____ WATCH BAND FOR IRONMAN
$ 7.55 _____ WATCH BAND FOR G-SHCK
$30.75 _____ HEADPHONES R-10 KOSS
$12.75 _____ EAR BUDS SONY

BATTERIES
LIMIT 2 EACH/ONE FOR ONE EXCHANGE

$ 1.60 _____ AAA BATTERIES 4-PK
$ 1.60 _____ AA BATTERIES 4- PK
$ 2.50 _____ WATCH BATTERY CR2016
$ 2.30 _____ WATCH BATTERY CR2025
$ 2.30 _____ WATCH BATTERY CR2032

SODAS
LIMIT 3 TOTAL

$ 2.60 _____ COKE K
$ 2.60 _____ DIET COKE K
$ 2.60 _____ SPRITE K
$ 2.60 _____ DIET DR. PEPPER K
$ 2.60 _____ DR. PEPPER K
$ 2.60 _____ FANTA ORANGE K

CHIPS
LIMIT 8 TOTAL

$ 3.10 _____ PLAINTAIN CHIPS
$ 2.25 _____ NACHO CHEESE TORTILLA K
$ .85 _____ PORK RINDS HOT & SPICY
$ 2.25 _____ CORN CHIPS K
$ 2.30 _____ BBQ CORN CHIPS K
$ 1.60 _____ SOUR CREAM & ONION K
$ 2.30 _____ TORTILLA CHIPS K
$ 1.60 _____ RIPPLE POTATO CHIPS K

SOUPS
LIMIT 24 TOTAL

$ .30 _____ BEEF
$ .25 _____ CAJUN SHRIMP
$ .25 _____ CHILI
$ .25 _____ VEGETABLE HOT & SPICY
$ .25 _____ CHICKEN 35% LESS SODIUM
$ .25 _____ ROASTED CHICKEN

RICE / BEANS
LIMIT 12 TOTAL

$ 1.20 _____ WHITE RICE K (6)
$ 1.20 _____ BROWN RICE K (6)
$ 2.20 _____ RE-FRIED BEANS FLAKES K (6)

CRACKERS
LIMIT 8 TOTAL

$ 1.45 _____ SALTINE CRACKERS K
$ 3.05 _____ UNSALTED CRACKERS K
$ 3.45 _____ GRAHAM K
$ 3.45 _____ WHEAT THIN K
$ 1.80 _____ CHEESE CRACKERS K

CONDIMENTS / SPICES / MISC.
LIMIT 2 EACH

$ 1.25 _____ NON-DAIRY CREAMER K
$ 2.70 _____ HONEY K
$ 1.85 _____ CHILI GARLIC SAUCE
$ 1.65 _____ SWEET MATE SWEETNER K
$ .80 _____ PICKLE DILL K
$ 2.10 _____ JALAPENO PEPPERS K
$ 1.95 _____ SALSA K
$ 2.65 _____ PEANUT BUTTER CREAMY K
$ 1.75 _____ SALT & PEPPER SHAKERS
$ 1.20 _____ FLOUR TORTILLAS
$ 1.30 _____ SAZON GOYA CON CILANTRO
$ 1.20 _____ SOY SAUCE K
$ .75 _____ MAYONNAISE K 12- PK
$ .40 _____ KETCHUP K 12-PK
$ .25 _____ MUSTARD K 12-PK
$ 2.80 _____ MRS. DASH SALT FREE K

INSTANT DRINK / MIXES
LIMIT 14 TOTAL

$5.85 _____ FOLGERS COFFEE 4 OZ. K
$8.45 _____ TASTERS CHOICE COFFEE 8 OZ. K
$2.45 _____ COLOMBIAN COFFEE K
$3.55 _____ DECAFFEINATED COFFEE K
$1.85 _____ HOT COCOA K
$1.95 _____ TEA BAGS K
$1.20 _____ TEA WITH LEMON MIX
$ .75 _____ GATORADE FRUIT PUNCH
$1.85 _____ HAWAIIAN PUNCH BERRY BLUE
$1.20 _____ LEMONADE MIX K
$1.20 _____ ORANGE MIX K
$2.45 _____ STRAWBERYY K.W. MIX K
$1.20 _____ GRAPE MIX K
$4.75 _____ POWDER MILK K
$1.05 _____ REAL LEMON JUICE

MEATS / CHEESES
LIMIT 24 TOTAL

$1.55 _____ TUNA K
$1.05 _____ FISH STEAK W/OIL & CHILIES K
$2.60 _____ BEEF SAUSAGE HALAL K
$3.10 _____ SHARP CHEESE SQUEEZE
$3.10 _____ JALAPENO CHEESE SQUEEZE
$3.90 _____ ROAST BEEF & GRAVY
$2.95 _____ CHICKEN
$1.95 _____ ALBACORE TUNA K
$1.25 _____ MACKEREL FILLETS K
$2.65 _____ CHORIZO
$1.60 _____ PINK SALMON K
$1.85 _____ TURKEY LOG
$1.80 _____ SALAMI BEEF
$ .80 _____ MACARONI & CHEESE K
$1.40 _____ MOZZARELLA CHEESE

COOKIES
LIMIT 8 TOTAL

$ 1.90 _____ VANILLA CREAM K
$ 1.90 _____ DUPLEX CREAM K
$ .85 _____ STRAWBERRY WAFER S/F K
$ 1.90 _____ ICED OATMEAL K
$ 1.90 _____ CHOCOLATE CHIP K
$ 1.70 _____ PEANUT BUTTER CREME K
$ 1.55 _____ SHORTBREAD LOW FAT K

DRIED FRUITS / NUTS
LIMIT 8 TOTAL

$ 3.30 _____ MIX NUTS K
$ 1.20 _____ CASHEWS HALVES
$ .80 _____ HONEY ROASTED PEANUTS
$ 4.25 _____ ALMONDS NATURAL K
$ 2.10 _____ GRANOLA OATS & HONEY K

CANDY BARS
LIMIT 8 TOTAL

$ 4.70 _____ SNICKERS 6-PACK K
$ 3.50 _____ M&M PEANUTS LG. BAG K
$ .85 _____ BABY RUTH K (12)
$ .85 _____ BUTTERFINGER K (12)
$ 4.70 _____ MILKY WAY 6-PACK K
$ .85 _____ TWIX K (12)

BAG CANDY
LIMIT 8 TOTAL

$ .65 _____ STARLIGHT MINTS
$ .80 _____ JOLLY RANCHERS
$ .70 _____ BREATH SAVERS S/F (4)
$ .85 _____ SKITTLES
$ .80 _____ BUTTERSCOTCH
$ 1.70 _____ TROPICAL FRUIT S/F K

INSTANT BREAKFAST / CEREAL
LIMIT 2 TOTAL

$3.55 _____ CINNAMON OATMEAL K
$3.15 _____ FRUIT & CREAM OATMEAL K
$2.80 _____ GRITS K
$ .35 _____ CEREAL BAR K (10)
$3.35 _____ REGULAR OATMEAL K

PASTRIES
LIMIT 6 TOTAL

$1.70 _____ NUTTY BARS K
$1.70 _____ OATMEAL CREAM PIES K
$1.70 _____ HONEY BUNS K
$2.60 _____ MUFFIN K
$1.70 _____ SWISS ROLLS K
$3.45 _____ FIG BARS

DENTAL
LIMIT 2 EACH

$ 3.50 _____ COLGATE TOTAL TOOTHPASTE *
$ 2.20 _____ AIM TOOTHPASTE *
$ .95 _____ TOOTHBRUSH *
$ .50 _____ TOOTHBRUSH HOLDER *
$ 3.45 _____ DENTURE ADHESIVE *
$ 1.70 _____ DENTAL FLOSS *
$ 2.35 _____ MOUTHWASH AIM
$ 1.95 _____ DENTURE BATH CUP *
$ 3.50 _____ DENTURE CLEANER PASTE *
$ 6.75 _____ SENSODYNE TOOTHPASTE *

HAIRCARE
LIMIT 2 EACH

$ 1.55 _____ CLEAR SHAMPOO *
$ 3.45 _____ DANDRUFF SHAMPOO *
$ 1.90 _____ V05 SHAMPOO
$ 1.90 _____ V05 CONDITIONER
$ 6.70 _____ PANTENE SHAMPOO
$ 6.70 _____ PANTENE CONDITIONER
$ 1.80 _____ AFRICAN CROWN GREASE
$ 2.95 _____ PROTEIN 29 HAIR GEL
$ 2.65 _____ COCONUT OIL CONDITIONER
$ 3.35 _____ STYLING GEL
$ 2.70 _____ HAIR FOOD
$ 2.90 _____ MIUTARY CLUB BRUSH (1)
$ 2.15 _____ INSTANT CURL MOISTURIZER
$ 8.30 _____ HAIR RELAXER
$ 2.20 _____ BRUSH COMB SET (1)
$ .50 _____ AFRO PICK (1)
$ 3.10 _____ HAIR TIES
$ 2.45 _____ MURRY'S POMADE
$ 5.50 _____ LUSTER PINK OIL CONDITIONING

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OVER THE COUNTER MEDICATIONS
LIMIT 2 EACH

$ 4.35 _____FOOT POWDER QUINSANA^
$ 1.20 _____COUGH DROPS ^*
$ 2.30 _____TUMS 3-PK ^*
$ 1.60 _____ALLERGY TABLETS ^*
$ 1.90 _____LORATADINE ^*
$ 2.05 _____EYE DROPS ^*
$ 2.50 _____MUSCLE RUB ^*
$ 1.50 _____ORAL GEL ^*
$ 1.80 _____HYDROCORTISONE CREAM ^*
$ 3.30 _____VITAMIN C 500mg ^*
$ 2.60 _____MILK OF MAGNESIA ^*
$ 2.70 _____BEPTOBISMO ^*
$ 2.35 _____TYLENOL, GEN. 325 mg ^*
$ 2.45 _____COUGH SYRUP ^*
$ 1.70 _____ANTI-FUNGAL ^*
$ 2.45 _____CONFORT INSOLES ^*
$ 2.65 _____IBUPROFEN ^*
$ 3.85 _____HEMORRHOIDAL CREAM ^*
$ 4.10 _____CENTREX PLUS VITAMINS ^*
$ 1.65 _____ASPIRIN ^*
$ 7.20 _____NATURAL FIBER ^
$ 7.95 _____GAS-X ^*
$ 3.55 _____UQUID ANTACID ^*
$ 2.85 _____ZANTAC ^*
$ 6.40 _____LACTAID DIGESTIVE ^*
$ 4.85 _____CHLORASEPTIC SORE THROAT ^*
$ 1.65 _____ACNE TREATMENT CREAM ^*
$ 3.65 _____NEUTROGENA ACNE SOAP ^*
$ 2.50 _____TRIPLE ANTIBIOTIC ^*
$ 2.40 _____VAPOR RUB ^*
$ 4.30 _____ANTI-DAND. MED. SHAMPOO ^*
$ 3.50 _____VITAMIN E 400 I.U. ^*
$ 5.60 _____ALEEVE^*

BODY SOAP
LIMIT 2 EACH

$ 5.00 _____IRISH SPRING LIQUID
$ 1.20 _____TONE
$ 1.80 _____IVORY 3-PK *
$ 1.25 _____DIAL ANTI-BACTERIAL
$ .70 _____SOAP DISH *

PERSONAL HYGIENE
LIMIT 2 EACH

$ 2.65 _____MENNEN STICK DEO *
$ 1.50 _____DIAL ROLL ON DEO/ANTI-PRES.*
$ 3.05 _____DEGREE DEO/ANTI-PERS. *
$12.30 _____RAZOR HANDLE
$19.50 _____RAZOR CARTRIDGE TRIPLE 5-PK
$ 2.10 _____AFTER SHAVE GEL
$ 4.25 _____MAGIC SHAVE CREAM *
$ 1.50 _____SKIN CARE LOTION *
$ 7.10 _____St. IVES LOTION
$ 4.45 _____APRICOT SCRUB
$ 2.20 _____NOXEMA
$ 5.15 _____PALMER'S COCOA BUTTER
$ 5.95 _____ARTRA SKIN TONE CREAM
$ 1.90 _____BABYPOWDER
$ 1.80 _____COTTON SWABS Q-TIPS *
$ 3.80 _____BUMP STOPPER *
$ 5.35 _____BUMP STOPPER RAZOR *
$ 1.70 _____DISPOSIBLE RAZORS 10-PK *
$ 1.80 _____SHAVE CREAM *
$ .65 _____FINGERNAIL CLIPPER
$ 1.15 _____TOENAIL CLIPPER
$ 1.15 _____TWEEZERS
$ 5.20 _____MUSTACHE SCISSORS

FRAGANCE OIL
LIMIT 1 EACH

$ 5.20_____POLO BLUE
$ 5.20_____MARK JACOB
$ 5.20_____ARMANI BLACK CODE

ICE CREAM
LIMIT 4 TOTAL

$ 1.85 _____VANILLA K
$ 1.80 _____COOKIES & CREAM
$ 1.80 _____BANANA SPLIT
$ 1.80 _____MOO-LENNUIM CRUNCH
$ 1.80 _____STRAWBERRY
$ 1.80 _____BUTTER CRUNCH
$ 1.50 _____SANDWICH LOW FAT K
$ .70 _____VANILLA CONE

WRITING SUPPLIES
LIMIT 1 EACH

$ .80 _____ADDRESS BOOK
$ 1.10 _____INK PEN 2-PK
$ 1.10 _____WRITING PAD
$ 1.80 _____ENVELOPES
$ 4.45 _____GREETING CARDS 6-PK

MISCELLANEOUS
LIMIT 1 EACH/WRITE YOUR SIZE

$ 2.80 _____PHOTO ALBUM
$ 6.90 _____SUNGLASSES
$ 1.95 _____MUG CLEAR 22oz.
$ .10 _____SPOON
$ .85 _____BOWL & LID
$ 13.50 _____KOBO SHOWER SHOES+
WHOLE SIZES ONLY 7-15 SIZE _____
$ .75 _____HANDKERCHIEF WHITE (2)
$ 2.60 _____PLAYING CARDS BICYCLE
$ 1.15 _____SHOE LACE WHITE
$ 1.15 _____SHOE LACE BLACK
$ 9.10 _____MESH TOTE BAG GRAY
$ 12.95 _____BOOK LIGHT LED REQ. "AAA"
$ 2.60 _____MIRROR ACRYLIC W/MAGNET
$ 6.00 _____TOILETRY BAG, CLEAR
$ 2.25 _____ENGLISH/SPANISH DICTIONARY
$ 2.60 _____ENGLISH DICTIONARY
$ 2.15 _____SHOE POLISH, LIQUID BLACK
$ 10.00 _____ALARM CLOCK, REQ. "AAA"
$ 8.29 _____READING GLASSES *
CIRCLE ONE: 1.25 1.50 1.75 2.00 2.25 2.50
$ 2.55 _____TOILET PAPER
$ 3.90 _____SUN BLOCKS SPF 30
$ 1.95 _____SEWING KIT
$ 4.75 _____HAND SANITIZER LIQUID SOAP
$ 1.10 _____BAND-AIDS *
$ 1.60 _____CHAPSTICK *
$ 2.15 _____BLISTEX *
$ 9.25 _____CORRECTION TAPE 6-PK
$ 9.70 _____RIBBON TYPEWRITER
$ 3.20 _____MOSQUITO REPELLENT STICK
$ 5.35 _____CALCULATOR SOLAR
$ 1.90 _____PINOCHLE CARDS

ATHLETIC / CLOTHING ITEMS
LIMIT 1 EACH

$ 4.10 _____CAP, BASEBAL GREY
$ 5.20 _____RACQUET BALLS 3-PK
$ 5.20 _____TENNIS BALLS 3-PK
$ 2.45 _____KNIT, CAP GREY
$ 1.25 _____SOCKS TUBE (3)
$ 3.75 _____PONCHO RAIN W/HOOD
$ 3.45 _____MOUTH PIECE RUBBER

SHOES
LIMIT 1 TOTAL/WRITE YOUR SIZE

$64.95_____RUNNING, NIKE SIZE _____
$59.50_____CROSS TRAINER, NB SIZE_____
$54.60_____BASKETBALL, NIKE SIZE _____

SHORTS
LIMIT 1 TOTAL

$11.45_____GRAY W/POCKET LG 30"W
$11.45_____GRAY W/POCKET XL 32"W
$12.05_____GRAY W/POCKET 2X 36"W
$12.05_____GRAY W/POCKET 3X 40"W
$12.05_____GRAY W/POCKET 4X 44"W
$14.30_____GRAY W/POCKET 5X 48"W
$14.30_____GRAY W/POCKET 6X 50"W
$14.30_____GRAY W/POCKET 7X 52"W

T-SHIRTS
LIMIT 1 TOTAL/CIRCLE YOUR SIZE

$ 6.65 _____GRAY T-SHIRT MD
$ 6.90 _____GRAY T-SHIRT LG XL 2X 3X
$13.55_____GREY T-SHIRT 4X 5X 6X

BOXERS
LIMIT 1 TOTAL/CIRCLE YOUR SIZE

$11.15_____BOXER BRIEFS
SM MD LG XL 2X
$10.40_____BOXER BRIEFS 3X 4X

SWEATS
LIMIT 1 EACH/CIRCLE YOUR SIZE

$ 15.50_____SHIRTS
MD LG XL 2X 3X 4X
$ 23.40_____SHIRTS PLUS
5X 6X 7X 8X 9X 10X
$ 15.50_____PANTS
MD LG XL 2X 3X 4X
$ 23.40_____PANTS PLUS
5X 6X 7X 8X 9X 10X

THERMALS
LIMIT 1 EACH/CIRCLE YOUR SIZE

$ 5.85 _____SHIRT SM
$ 6.10 _____SHIRT MD LG XL
$ 8.05 _____SHIRT 2X 3X
$ 10.40_____SHIRT 4X
$ 11.05_____SHIRT 5X
$ 5.20 _____PANTS SM
$ 5.50 _____PANTS MD LG XL
$ 8.05 _____PANTS 2X
$ 8.20 _____PANTS 3X
$ 9.90 _____PANTS 4X
$ 10.30_____PANTS 5X

SHELF STABLE MEALS
LIMIT 14 TOTAL

$ 3.90 _____CHEESE RAVIOLI K
$ 3.90 _____BEEF STUFFED CABBAGE K
$ 4.80 _____STUFFED CHICKEN K
$ 3.90 _____EGGPLANT PARMESAN K

FCI / SCP ONLY
LIMIT 12 TOTAL

$ .60 _____POPCORN BUTTER FLAVOR K
$ .60 _____POPCORN LIGHT FLAVOR K
$ 2.00 _____CHILI NO BEAN

FDC / SCP ONLY
LIMIT 1 TOTAL/CIRCLE YOUR SIZE

$ 14.05_____GLOVES WEIGHT LIFTING
MD LG XL

FDC ONLY
LIMIT 1 TOTAL/WRITE YOUR SIZE

$20.05 _____TENNIS SHOE SIZE_____

WRITE IN NEW/OLD ITEMS AVAILABLE

_____
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LEGEND:
*=ITEMS ALLOWED FOR INMATES ON RESTRICTION.
^=ITEMS DO NOT AFFECT SPENDING LIMIT
K=KOSHER / HALAL.
S/F=SUGAR FREE.
( )=LIMIT PER VISIT.
SPENDING LIMIT=$320.00 PER MONTH.

APPROVED:
Updated 06-2012

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J. P. YOUNG, WARDEN