

## Are your lungs trying to tell you something?

If you're struggling for air, listen to your lungs—it could be COPD. See your doctor right away. With early diagnosis and treatment, this serious lung disease can be managed so you can breathe better and enjoy life more.

## COPD.nhlbi.nih.gov



**U.S. Department of Health and Human Services** National Institutes of Health



National Heart Lung and Blood Institute People Science Health

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