Recessions			
Peak month	Year	Trough month	Year
November	1948	October	1949
July	1953	May	1954
August	1957	April	1958
April	1960	February	1961
December	1969	November	1970
November	1973	March	1975
January	1980	July	1980
July	1981	November	1982
July	1990	March	1991
March	2001	November	2001
December	2007	June	2009

Source: National Bureau of Economic Research

Cambridge, MA 02138 <www.nber.org>