# How Do We Reach TRICARE Beneficiaries?

## Director, Research & Analysis TMA/Communications & Customer Service\*

\*This was a collaborative effort with HPA&E's Center for Healthcare Management Studies and with contract support by WESTAT, Axiom and STI





# Overview

- Purpose
- Data collection
- August 2005 Survey findings
- Comparison of 2004 and 2005 findings



# Purpose

- Gather information about our members' TRICARE information needs, sources, and preferences
- Basis for effective marketing and communication strategies



# Survey Assessed

- Awareness of TRICARE information sources
- Primary sources used
- User assessment of information sources
  - Difficulty in using source
  - Satisfaction with access and value of information
- Communication preferences
- Market Reach of various communication methods



# **Survey Participants**

- Sample frame consisted of married households
- Inpatient admission or ambulatory care encounter in three months prior to survey
- 3,625 completed interviews (~10 minutes)
  - 22% incorrect phone numbers
  - 88% cooperation of those reached
- **User Groups:** 
  - Active duty (1,539)
  - Activated reservists (714)
  - Retirees under age 65 (692)
  - Retirees age 65+ (681)
- Results appropriately weighted to allow inter-group comparison

# Top 3 Types of Information Sought (by household, by rank) From Pick List of 12

	Active Duty	Reserve component	Retirees under age 65	Retirees 65 and over
Scheduling an appointment	1 (64.9%)		2 (43.0%)	
Phone numbers of health care providers or MTFs	2 (55.0%)	1 (55.7%)	3 (42.1%)	
Referrals to specialist or other doctors	3 (51.2%)			
Benefit coverage for current beneficiaries		3 (50.1%)		
Billing or claims			1 (47.2%)	3 (26.8%)
MTFs in the area				
Finding a Primary Care Manager				
Enrollment/disenrollment in TRICARE		2 (52.7%)		
Prescription benefits				2 (28.8%)
Local pharmacies participating with TRICARE				1 (29.0%)
Benefit coverage for new family members				
Switching from one MTF to another				



## **Awareness of Information Sources**

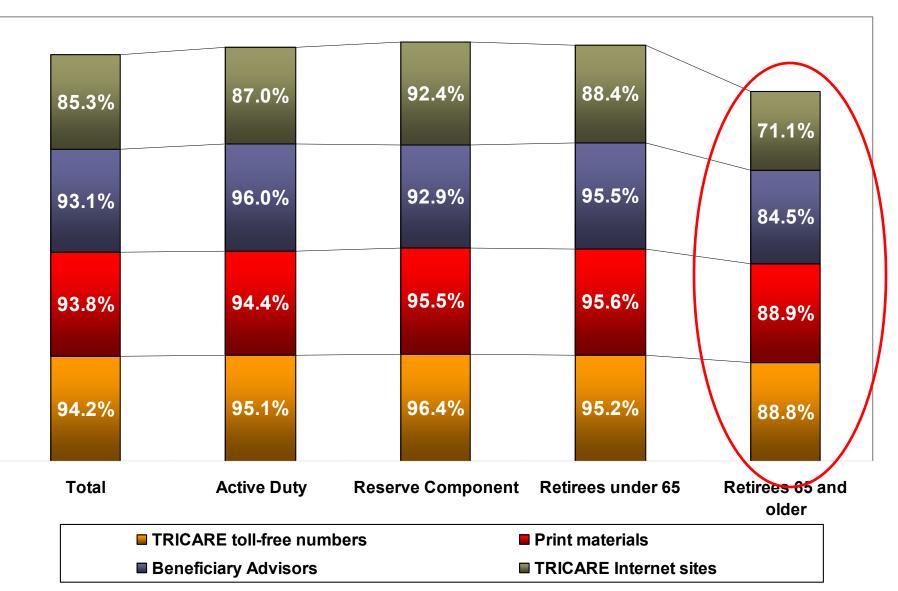
- 79.5% of households are aware of all <u>four</u> primary information source
  - TRICARE toll-free numbers (94.2%)
  - Print materials from TRICARE (93.8%)
  - Beneficiary advisors (93.1%)
  - TRICARE Internet site (85.3%)



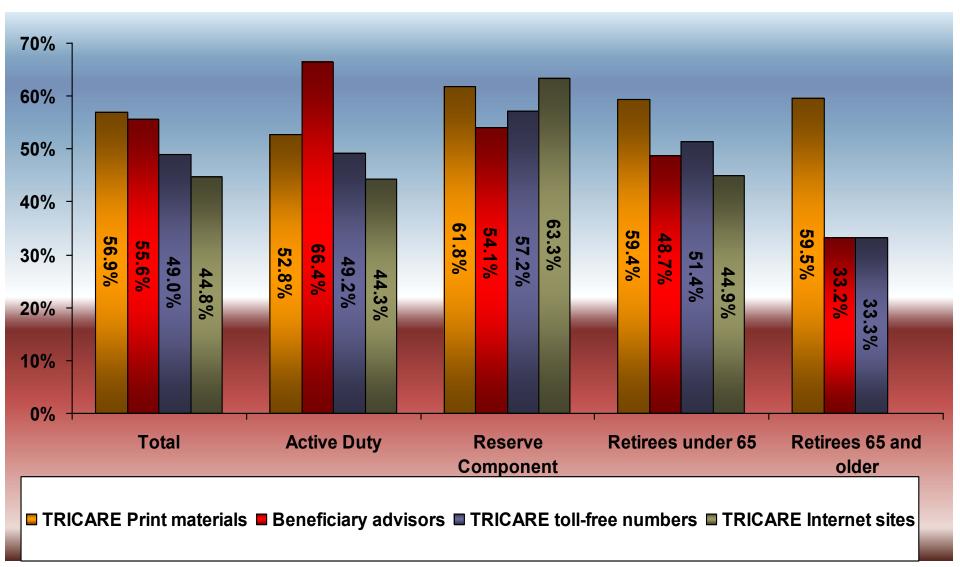
- □ Almost 83% have sought TRICARE info in past year
  - Nonseekers may know all they need to



#### **Awareness of 4 TRICARE Information Sources**



# Sources <u>Used</u> in Past Year (from pick list of 16 examples)

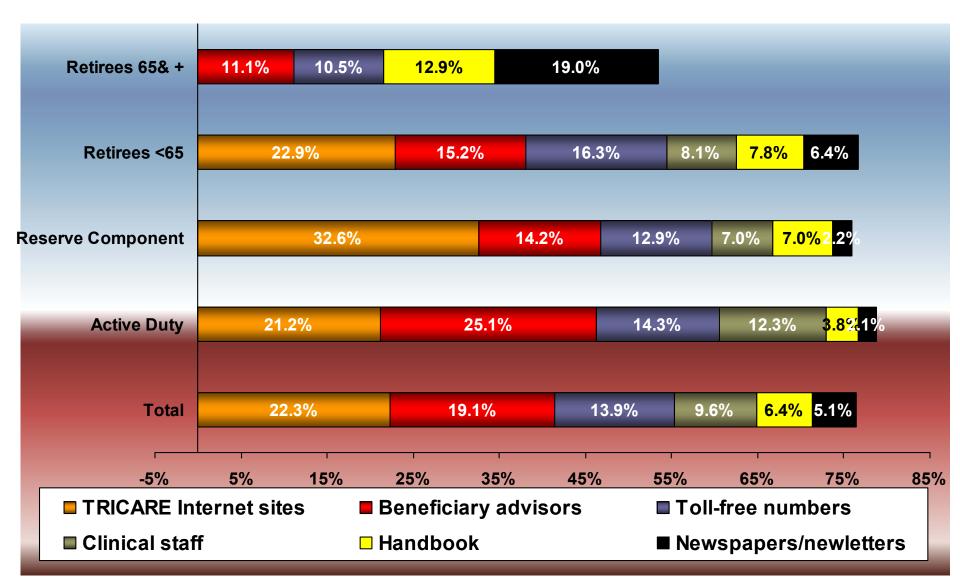




# **Other Sources of Information in Past Year**

- Military newspaper or newsletter
  - Ranked 2<sup>nd</sup> among retirees 65 and older
- TRICARE doctors, nurses, or technicians at a military hospital or clinic
- Veterans' organization or military association
  - Ranked 3<sup>rd</sup> among retirees 65 and older

# Cited as Primary Source of Information





# **Primary Sources of Information**

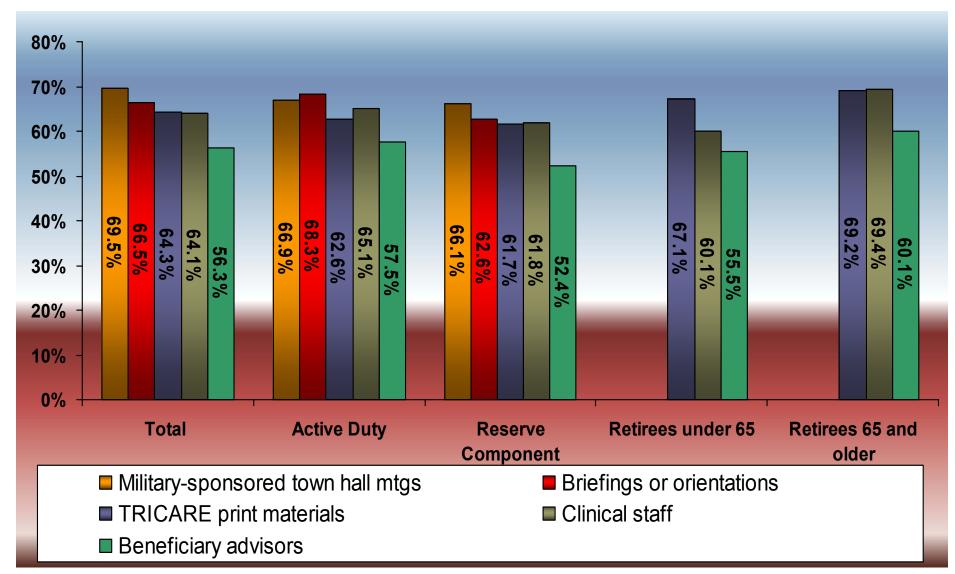
- Similar top 5 resources for 3 household types
  - Active Duty
  - Reserve Component
  - Retirees under age 65
- Retirees 65 and over
  - Military newspaper or newsletter
  - The TRICARE Handbook
  - Beneficiary advisors at service centers and MTFs
  - TRICARE toll-free numbers
  - TRICARE brochure
- Internet as the primary source
  - Reserve Component
  - Retirees under age 65



# **Getting TRICARE Information**

- Top 5 sources households rated as "easy" or "fairly easy" to get information
  - Military sponsored town hall meetings on base (69.5%)
  - Briefing or orientation (66.5%)
  - Print materials (64.3%)
  - TRICARE doctors, nurses, or tech (64.1%)
  - Beneficiary advisors at service center and MTFs (56.3%)

# Easy Sources of Information (Accessibility)





# How Easy Is It to Get Information?

- 16% of households rated the service agents at tollfree call centers as "*not easy to get to*"
- 12.7% of retirees under
  65 rate TRICARE website
  as "*not easy to get to*"



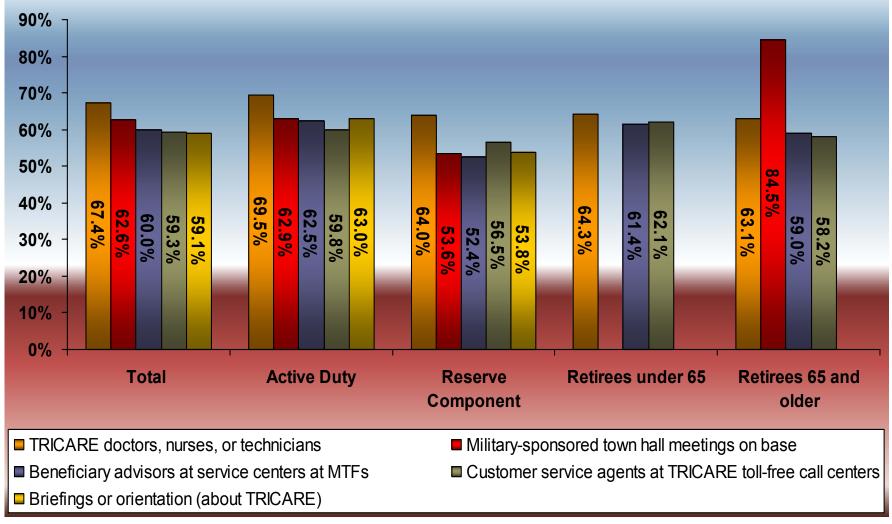


# **Understanding TRICARE Information**

- Top 5 sources households rate as "easy" or "fairly easy" to understand information
  - TRICARE doctors, nurses, or technicians (67.4%)
  - Military-sponsored town hall meetings on base (62.6%)
  - Beneficiary advisors at service centers and MTFs (60.0%)
  - Customer service agents at TRICARE toll-free call centers (59.3%)
  - Briefings or orientation (59.1%)



## How Easy Is It To Understand Information?



Note: Data are not reported for military-sponsored town hall meetings and briefings or orientation because of small sample size for Retirees (under/over 65).

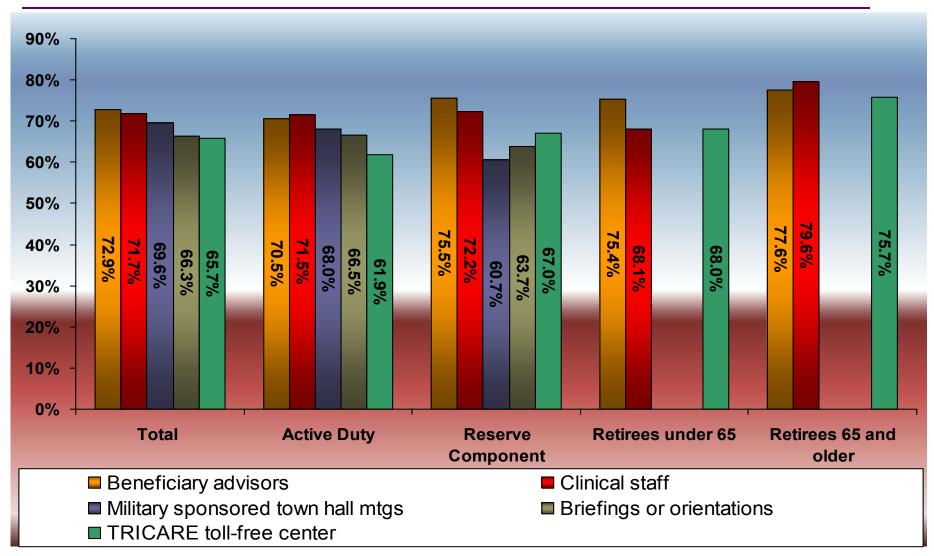


# How Useful Are Sources?

- Top 5 sources households rate as "<u>useful</u>" information
  - Beneficiary advisory at service centers and MTFs (72.9%)
  - TRICARE doctors, nurses, or tech (71.7%)
  - Military-sponsored town hall meetings on base (69.9%)
  - Briefings or orientations (66.3%)
  - Customer service agents at a TRICARE toll-free call center (65.7%)

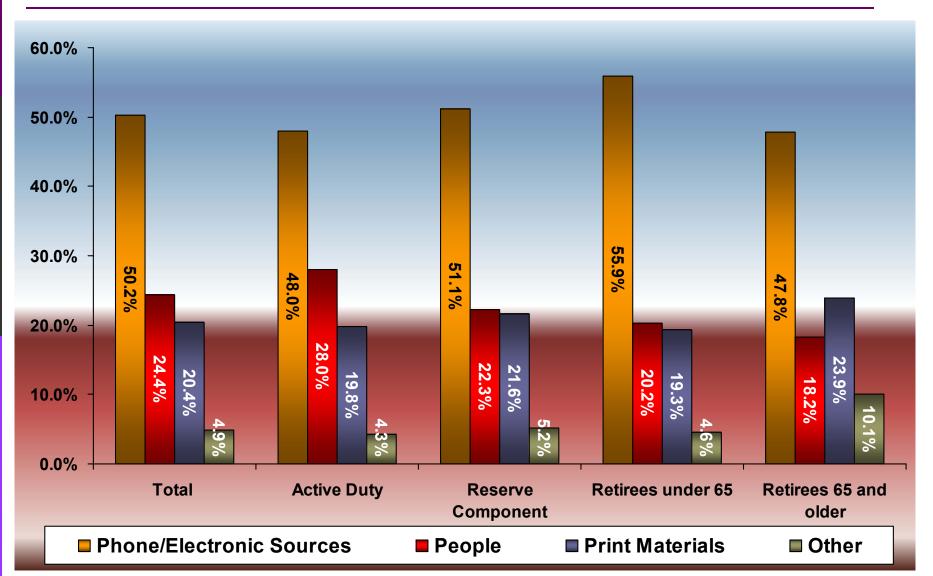


#### How Useful are TRICARE Information Sources?

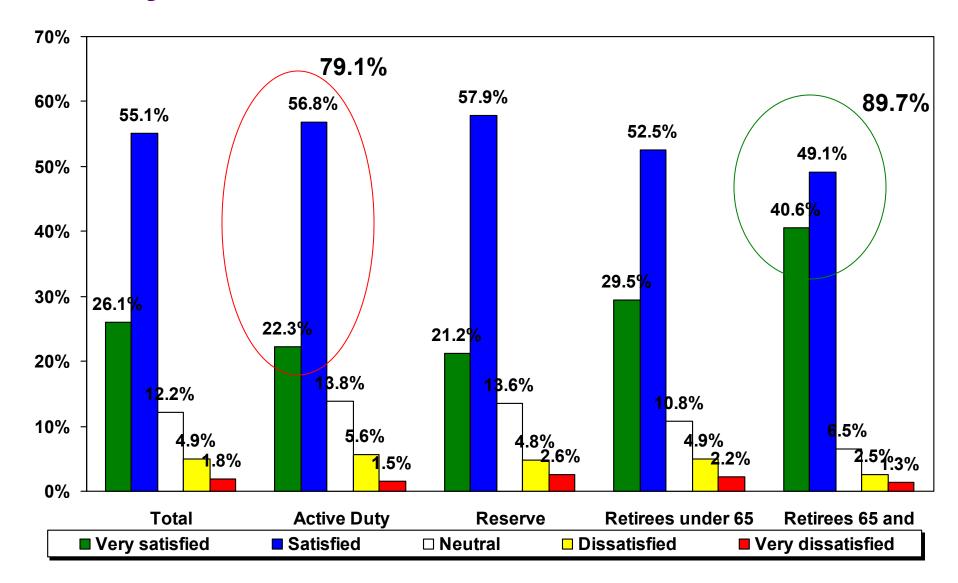




## **Most Difficult Sources of Information**



#### 81% of TRICARE Information Seekers are "Very Satisfied" or "Satisfied" with Sources





# **Satisfaction Levels**

Highest satisfaction levels among households using the following as their primary source

Primary Source	Satisfaction level		
TRICARE staff at a military hospital	85.0%		
Doctors or staff at a civilian hospital	84.5%		
TRICARE Handbook	84.5%		
TRICARE Internet sites	84.1%		



# **Receiving TRICARE Answers**

- Most preferred method to receive answers to questions
  - Telephone (28.4%)
  - Face-to-face (28.3%)
  - Mail (18.4%)
  - Internet sites (16.7)

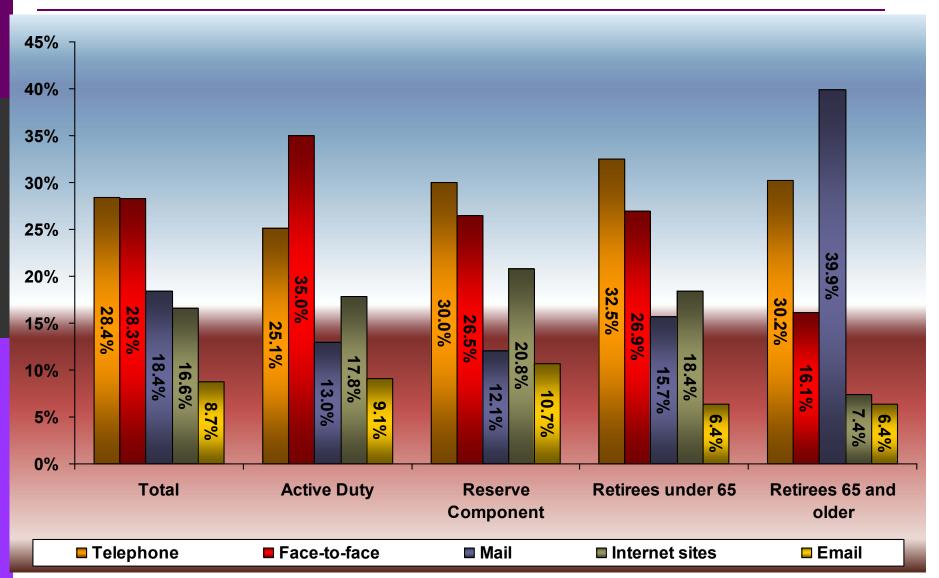


### Most Preferred Method to Receive Answers

	Active Duty	Reserve component	Retirees under age 65	Retirees 65 and over
Telephone		30.0%	32.5%	
Face-to-face	35.0%			
Mail				39.9%
Email				
Internet Sites				



### Most Preferred Method to Receive Answers



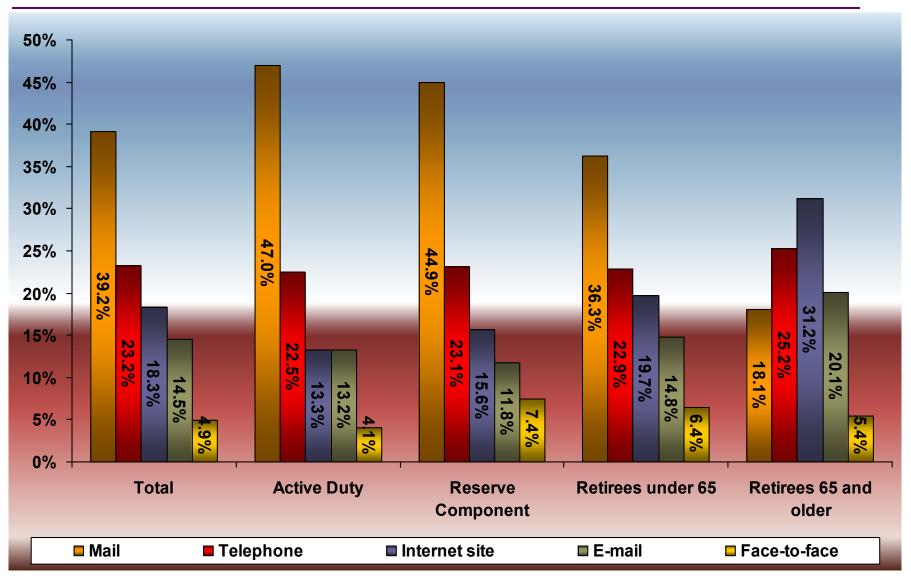


#### Least Preferred Method to Receive Information

	Active Duty	Reserve component	Retirees under age 65	Retirees 65 and over
Telephone				
Face-to-face				
Mail	47.0%	44.9%	36.3%	
Email				
Internet Sites				31.2%



#### Least Preferred Method to Receive Information

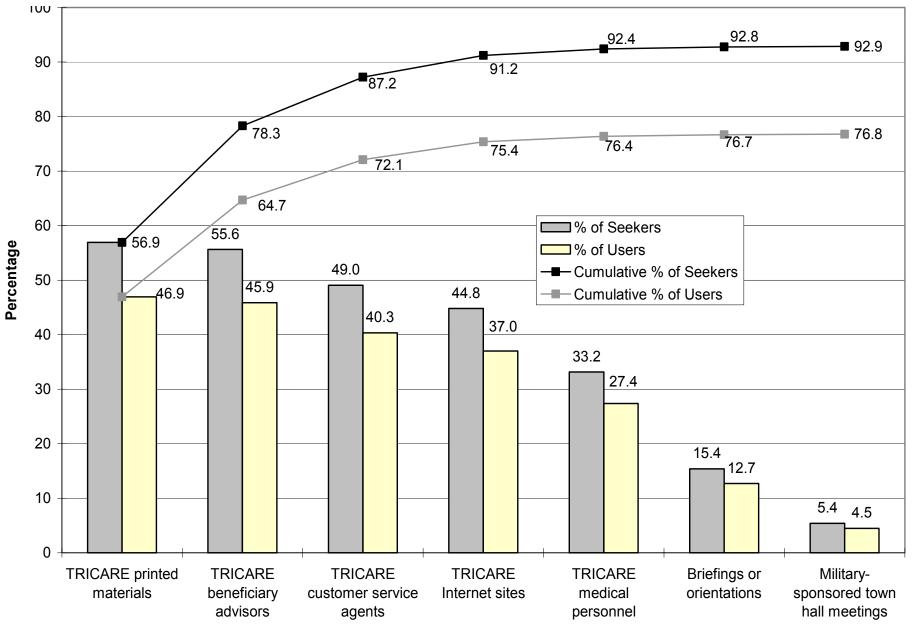




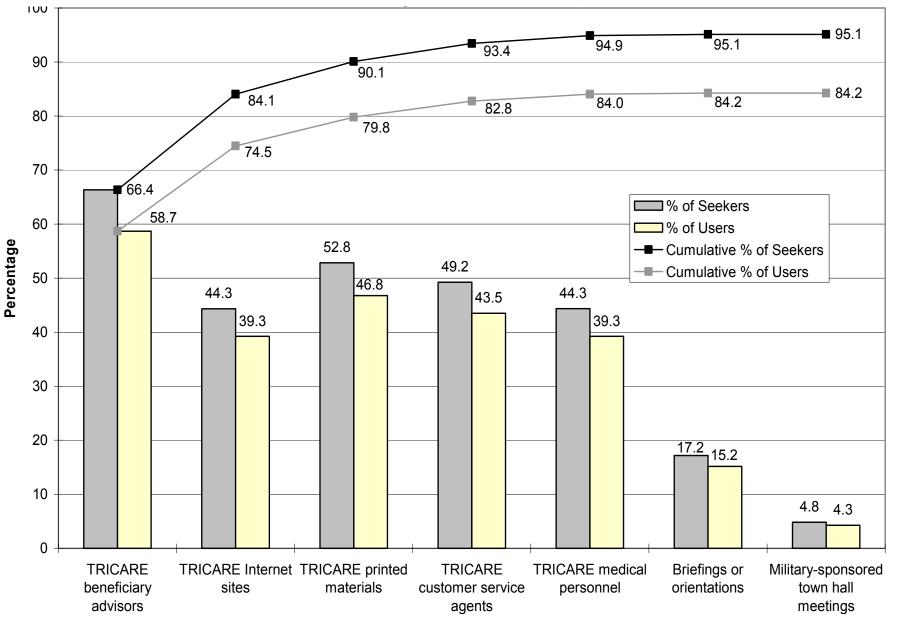
# Market Reach

Sources that can most efficiently be used to reach a targeted segment of TRICARE households

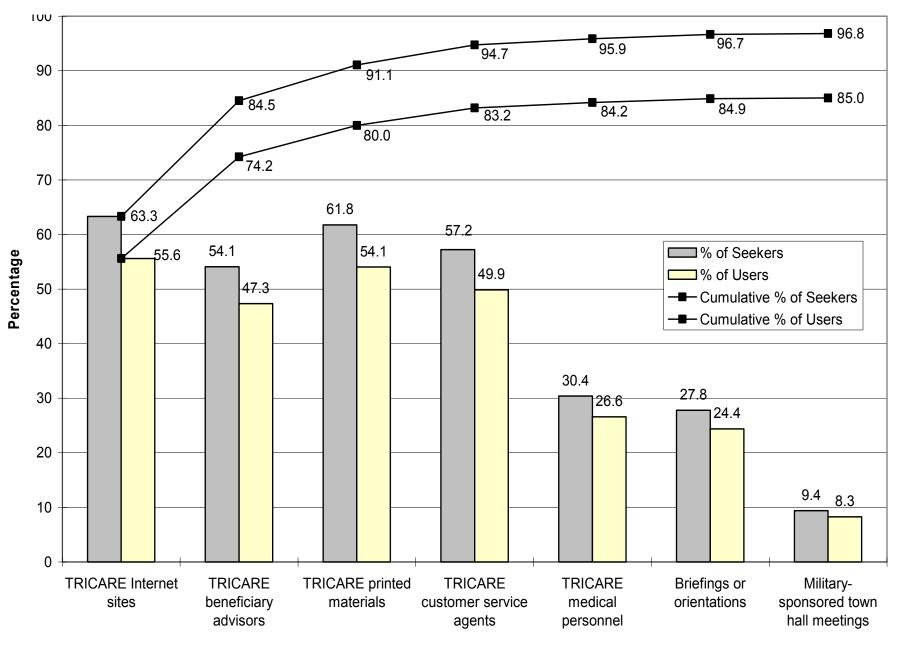
### Market Reach: All Users



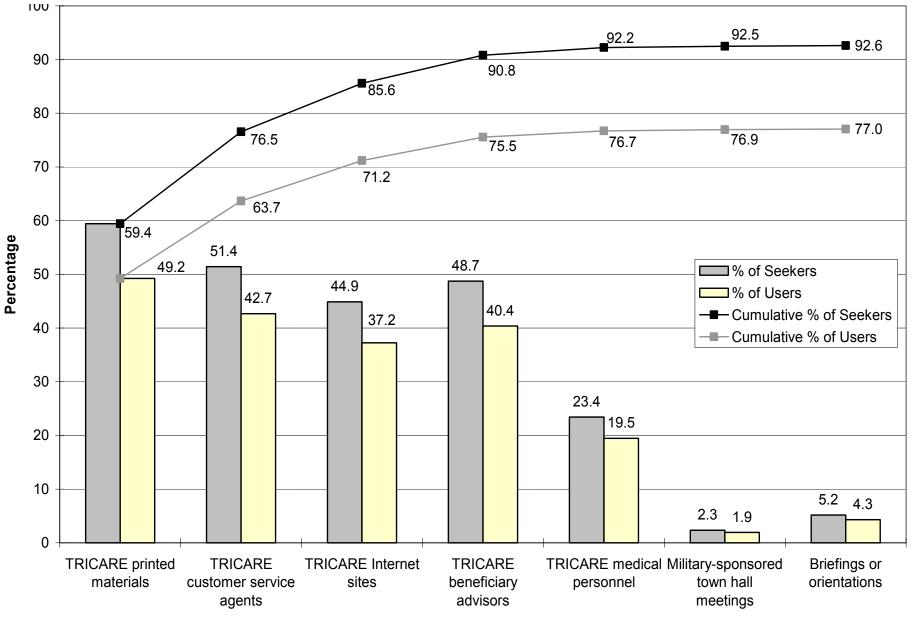
#### Market Reach: Active Duty Households



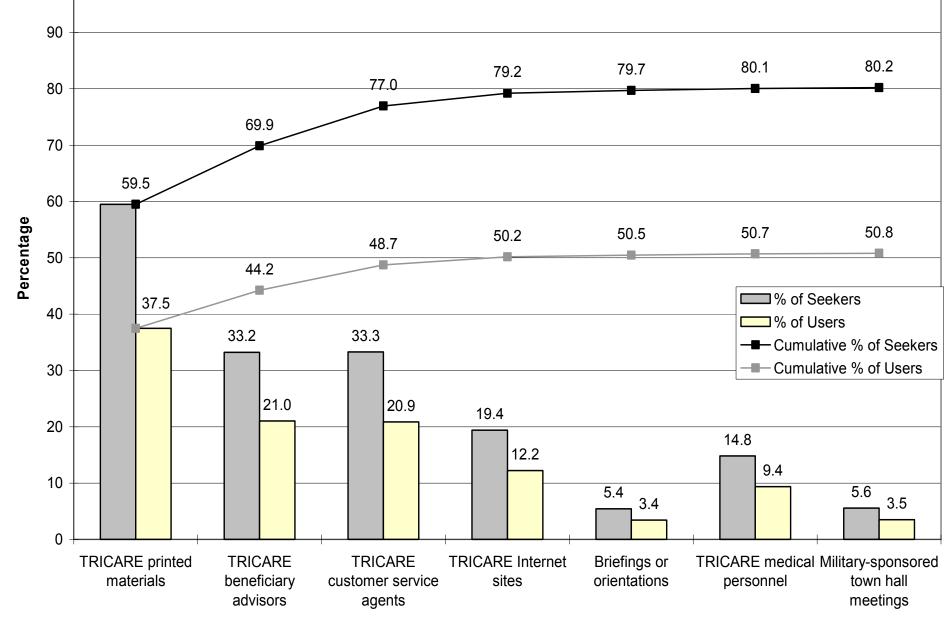
### Market Reach: Reserve Component Households



## Market Reach: Retiree Households (<65)



## Market Reach: Retiree Households (65 & +)





## **Changes in TRICARE Information Awareness**

• Statistically significant increases in awareness of 3 types of information sources by t-test, probability level of p = <.05

Information Source	Aug '05	Feb '04	Change
TRICARE toll-free numbers	93.6%	93.0%	No change
Printed materials from TRICARE	93.4%	91.0%	+2.4 points
TRICARE staff	93.2%	88.5%	+4.7 points
TRICARE Internet sites	83.6%	77.2%	+6.4 points

- Increased reliance on TRICARE internet sites by both retiree groups
- Increased reliance on TRICARE staff by retirees 65 and +



 No significant change for TRICARE beneficiary advisors and for TRICARE briefings and orientations

Information Source	Aug '05	Change
TRICARE Internet sites	39.9%	+4.8 points
TRICARE doctors, nurses, or technicians	33.9%	-4.8 points
Military-sponsored town hall meetings on base	4.4%	-1.9 points



## Comparison of Feb '04 and Aug '05 Assessments

## TRICARE Internet sites

- How easy it is to get information?
  - Significant increase that rated "<u>not easy at all</u>"
- How useful is the source?
  - Significant decrease that rated "<u>useful</u>"
  - Significant increase that rated "<u>not useful at all</u>"
- Difficult source of information to understand?

Significant increase that rated "<u>difficult</u>"

Significant decrease in percentage of households that rated toll-free numbers as the most difficult source to use



- **Solid** Top 4 Primary Sources
  - TRICARE beneficiary advisors at a service center or MTF
  - TRICARE Internet sites
  - TRICARE toll-free numbers
  - TRICARE doctors, nurses, or technicians at a military hospital or clinic
- □ *<u>Most information</u>* provided by primary source (44.2%)

Comparisons between Feb '04 and Aug '05 Satisfaction with TRICARE Information

- High levels of satisfaction (slightly more than 80%)
  - Significant increase in the "very satisfied" ratings for retirees under age 65
  - Slight decrease in the "very satisfied" ratings for retirees 65 and over

Comparison between Feb '04 and Aug '05 Preference Getting TRICARE Information

- Most preferred method to receive answers to questions
  - Significant increases in households using the telephone
- Least preferred method to receive answers to questions
  - Significant decrease in households using the mail