National Intrepid Center of Excellence

Care and Coordination Call Outpatient Eligibility/ Fisher Welcome/ **Telehealth** Center Screening Referral House Reception String Olfactory Occupational **Physical Physical Psychological** Audiology **Evaluation** Therapy **Evaluation** Therapy **Evaluation** Exam Evaluation **Treatment &** Family Other Exams, Speech Electrophysiological Optometry Neuropsychological **Pathology** Evaluation Evaluation **Evaluation** as required Virtual **CAREN** Pharmacology Laboratory **Imaging** Range Best Management Research **Partnerships** Training **Practices**

Real Warriors. Real Battles. Real Strength. www.dcoe.health.mil ~ 703-696-9460

National Intrepid Center of Excellence

A state-of-the-art facility gifted by a grateful nation, made possible by the Intrepid Fallen Heroes Fund



Resilience • Recovery • Reintegration www.dcoe.health.mil ~ 703-696-9460

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The National Intrepid Center of Excellence (NICoE) Concept

The NICoE concept features a holistic approach to the referral, assessment, diagnosis and treatment of those with complex traumatic brain injury and psychological disorders. Led by a skilled interdisciplinary team, NICoE will be a global leader in generating, improving, and harnessing the latest advances in science, therapy, telehealth, education, research and technology while providing compassionate family-centered care for service members and their loved ones throughout the recovery and community reintegration process. Ideally situated on the National Naval Medical Center (NNMC) campus and served by the Medical Center Metro station, the NICoE facility will have close access to the Uniformed Services University, the National Institutes of Health and the National Library of Medicine. NNMC will soon be called the Walter Reed National Military Medical Center. A Fisher House, a home close to the facility provided by the Fisher House Foundation and specially designed to meet warrior and family needs related to traumatic brain injury (TBI) and psychological health, will provide a living environment of hope, inspiration, and community for both service members and their families during treatment.



Honoring our Nation's Warriors

This service member could be any one of our warriors . . . He is strong, carrying close to 100 pounds. He is determined and courageous, having travelled through the night to get to his objective. His boots, elbows and knees are muddy because he spent part of the night on the ground. He has sacrificed for us and our nation – now he is taking a knee for just a few moments of rest. Soon he will rise and move out, continuing his journey to serve his fellow warriors.

It is our nation's duty, our calling, to honor those who sacrifice so much on our behalf . . . NICoE provides the historic opportunity to do exactly that. If this warrior or his buddies ever need NICoE, they will be cared for by a compassionate team of professionals in a world-class facility that befits their service and sacrifice.

Creative Partners in Healing



In keeping with NICoE's holistic approach, the center will engage creative partners in healing to introduce warriors and their loved ones to a full range of integrative health approaches, emphasizing best practices of not only traditional therapies but state of the art comprehensive health care practices. Partners include the National Center for Complementary and Alternative Medicine, and the Telemedicine and Advanced Technology Research Center.

Intrepid Fallen Heroes Fund



NICoE is being built and equipped through the philanthropic contributions of the Intrepid Fallen Heroes Fund, which provides assistance to our nation's warriors and their families as they are healing from injuries suffered during the performance of duty. Thanks to the generosity of the Intrepid Fallen Heroes Fund and the Fisher family, NICoE will become a lasting legacy to the patriotic citizens who have made its existence real.

Innovative Practices in Architectural Design



SmithGroup, recognized for its pioneering leadership in healthcare architecture, is designing NICoE. Previous award-winning projects include designs for the National Institutes of Health and the Center for the Intrepid – National Armed Forces Rehabilitation Center. Established in 1853, SmithGroup is the longest continually operating architecture and engineering firm in the United States.

Real Warriors



Each day, our courageous warriors willingly put their lives at risk to protect our country and defend the right to freedom throughout the world. These proud individuals – America's sons and daughters – deserve our best. Leading a global network of skilled and compassionate experts, NICoE commits its efforts to keeping the faith with those whose health and wellbeing are entrusted to our care.

Traumatic brain injury affects thousands of warriors and their loved ones each year. The use of explosive blast, the signature weapon of this conflict, yields both obvious traumatic injuries, including severe burns, loss of limbs, impaired sensory functions such as vision and hearing as well as the often invisible injuries which can be even more devastating: damaged internal organs, especially the brain. These injuries occur within the life-threatening context of war and its related psychological impact, including grief, traumatic stress, depression, anxiety and isolation.



Real Battles



For warriors returning from deployment to reioin their loved ones on the home front, the battle often continues. Irritability, sleep disturbances, post-traumatic stress, headaches, depression, and financial worries can lead to conflicts at home and at work. The reality of repeated deployments can make it even more difficult. For those suffering from major injuries or illness, the battles are even tougher, often involving disorienting adjustments for individuals, couples and children who must summon the courage and strength to adjust to a "new normal" existence. Those adjustments may include a warrior's return to duty, when possible, or transition to life beyond the military.

To this end, DoD leaders are engaged in a comprehensive campaign to assist America's warrior families in navigating this journey of healing and recovery. Seamless coordination and collaboration are creating a patient-centered culture, focused on accountability, transparency and integrity that reaches out to meet the needs of those whom we are privileged to serve, and follows up to maintain support throughout recovery and reintegration. The NICoE concept epitomizes this commitment to our warriors and their loved ones.

Real Strength



NICoE will serve as a source of inspiration and hope for warriors and their loved ones who are working to redefine their lives, whether returning to duty or transitioning to civilian pursuits. Its strength must measure up to the sacrifice of the warriors our team so proudly supports. NICoE will provide a robust interdisciplinary program that seeks the optimal balance of "high tech" and "high touch" approaches to foster healing at all levels - individual, family, unit and community. Experts in resilience, treatment, research. education, training, outreach and telehealth will identify, apply and share "best practices" throughout the DoD, with our federal and civilian partners, and across the globe. We are all in this together – perhaps that is our greatest strength of all.

