SEX-AGE GROUPS Thrifty plan Low-cost plan Moderate- cost plan Liberal plan Thrifty plan Low-cost plan Moderate- cost plan Liberal plan FAMILISS:		COST FOR 1 WEEK				COST FOR 1 MONTH			
FAMILY of 2 ² : 20-50 years 57.10 53.70 71.80 69.10 88.80 85.50 110.20 102.40 247.20 232.50 311.20 299.50 384.70 370.40 478.10 443.70 FAMILY OF 4: Couple, 20-50 years and children— 82.90 103.40 126.60 155.40 359.10 448.00 548.40 674.10 6-8 and 9-11 years 95.30 121.70 152.10 183.00 412.80 527.40 658.80 793.40 INDIVIDUALS ³ CHILD: 1-2 years 14.90 18.20 21.30 25.70 64.50 78.80 92.10 111.60 3-5 years 16.10 19.90 24.60 29.50 69.90 86.30 106.60 127.90 6-8 years 19.80 26.40 33.00 38.30 86.00 114.50 142.80 166.10 9-11 years 23.60 30.00 38.40 44.50 102.10 130.00 166.30 192.70 MALE: 24.40 33.90 42.00 49.50 105.80 147.10 182.10 218.40 <		2							
20-50 years 57.10 71.80 88.80 110.20 247.20 311.20 384.70 478.10 51 years and over 53.70 69.10 85.50 102.40 232.50 299.50 370.40 443.70 FAMILY OF 4: Couple, 20-50 years and children— 1-2 and 3-5 years 82.90 103.40 126.60 155.40 359.10 448.00 548.40 674.10 6-8 and 9-11 years 95.30 121.70 152.10 183.00 412.80 527.40 658.80 793.40 INDIVIDUALS ³ CHILD: 1-2 years 14.90 18.20 21.30 25.70 64.50 78.80 92.10 111.60 3-5 years 16.10 19.90 24.60 29.50 69.90 86.30 106.60 127.90 6-8 years 19.80 26.40 33.00 38.30 86.00 114.50 142.80 166.10 9-11 years 23.60 30.00 38.40 44.50 102.10 130.00 166.30 192.70 MALE: 12.40 33.90 <td>FAMILIES:</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>	FAMILIES:								
51 years and over 53.70 69.10 85.50 102.40 232.50 299.50 370.40 443.70 FAMILY OF 4: Couple, 20-50 years and children— 1-2 and 3-5 years 82.90 103.40 126.60 155.40 359.10 448.00 548.40 674.10 6-8 and 9-11 years 95.30 121.70 152.10 183.00 412.80 527.40 658.80 793.40 INDIVIDUALS ³ CHILD: 1-2 years 14.90 18.20 21.30 25.70 64.50 78.80 92.10 111.60 3-5 years 16.10 19.90 24.60 29.50 69.90 86.30 106.60 127.90 6-8 years 19.80 26.40 33.00 38.30 86.00 114.50 142.80 166.10 9-11 years 23.60 30.00 38.40 44.50 102.10 130.00 166.30 192.70 MALE: 12-14 years 24.40 33.90 42.00 49.50 105.80 147.10 182.10 214.60 <td< td=""><td>FAMILY of 2²:</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></td<>	FAMILY of 2 ² :								
FAMILY OF 4: Couple, 20-50 years and children— 82.90 103.40 126.60 155.40 359.10 448.00 548.40 674.10 6-8 and 9-11 years 95.30 121.70 152.10 183.00 412.80 527.40 658.80 793.40 INDIVIDUALS ³ Image: CHILD:	20-50 years	57.10	71.80	88.80	110.20	247.20	311.20	384.70	478.10
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	51 years and over	53.70	69.10	85.50	102.40	232.50	299.50	370.40	443.70
6-8 and 9-11 years 95.30 121.70 152.10 183.00 412.80 527.40 658.80 793.40 INDIVIDUALS ³	Couple, 20-50 years and								
INDIVIDUALS ³ Image: CHILD: Image:	1-2 and 3-5 years	82.90	103.40	126.60	155.40	359.10	448.00	548.40	674.10
CHILD: 14.90 18.20 21.30 25.70 64.50 78.80 92.10 111.60 3-5 years 16.10 19.90 24.60 29.50 69.90 86.30 106.60 127.90 6-8 years 19.80 26.40 33.00 38.30 86.00 114.50 142.80 166.10 9-11 years 23.60 30.00 38.40 44.50 102.10 130.00 166.30 192.70 MALE:	6-8 and 9-11 years	95.30	121.70	152.10	183.00	412.80	527.40	658.80	793.40
1-2 years 14.90 18.20 21.30 25.70 64.50 78.80 92.10 111.60 3-5 years 16.10 19.90 24.60 29.50 69.90 86.30 106.60 127.90 6-8 years 19.80 26.40 33.00 38.30 86.00 114.50 142.80 166.10 9-11 years 23.60 30.00 38.40 44.50 102.10 130.00 166.30 192.70 MALE:	INDIVIDUALS ³								
3-5 years 16.10 19.90 24.60 29.50 69.90 86.30 106.60 127.90 6-8 years 19.80 26.40 33.00 38.30 86.00 114.50 142.80 166.10 9-11 years 23.60 30.00 38.40 44.50 102.10 130.00 166.30 192.70 MALE: 24.40 33.90 42.00 49.50 105.80 147.10 182.10 214.60 15-19 years 25.30 35.00 43.50 50.40 109.50 151.60 188.70 218.40 20-50 years 27.30 34.70 43.60 52.70 118.20 150.50 188.80 228.60 51 years and over 24.40 29.20 35.40 42.80 105.80 126.60 153.50 185.40 12-19 years 24.60 30.60 37.10 47.50 106.50 132.40 160.90 206.00	CHILD:								
6-8 years 19.80 26.40 33.00 38.30 86.00 114.50 142.80 166.10 9-11 years 23.60 30.00 38.40 44.50 102.10 130.00 166.30 192.70 MALE:	1-2 years	14.90	18.20	21.30	25.70	64.50	78.80	92.10	111.60
9-11 years 23.60 30.00 38.40 44.50 102.10 130.00 166.30 192.70 MALE: 12-14 years 24.40 33.90 42.00 49.50 105.80 147.10 182.10 214.60 15-19 years 25.30 35.00 43.50 50.40 109.50 151.60 188.70 218.40 20-50 years 27.30 34.70 43.60 52.70 118.20 150.50 188.80 228.60 51 years and over 24.60 33.20 41.00 49.10 106.70 144.10 177.50 212.90 FEMALE: 12-19 years 24.40 29.20 35.40 42.80 105.80 126.60 153.50 185.40 20-50 years 24.60 30.60 37.10 47.50 106.50 132.40 160.90 206.00	3-5 years	16.10	19.90	24.60	29.50	69.90	86.30	106.60	127.90
MALE: 24.40 33.90 42.00 49.50 105.80 147.10 182.10 214.60 15-19 years 25.30 35.00 43.50 50.40 109.50 151.60 188.70 218.40 20-50 years 27.30 34.70 43.60 52.70 118.20 150.50 188.80 228.60 FEMALE: 24.60 29.20 35.40 42.80 105.80 126.60 153.50 185.40 20-50 years 24.40 29.20 35.40 42.80 105.80 126.60 153.50 185.40 20-50 years 24.60 30.60 37.10 47.50 106.50 132.40 160.90 206.00	6-8 years	19.80	26.40	33.00	38.30	86.00	114.50	142.80	166.10
12-14 years 24.40 33.90 42.00 49.50 105.80 147.10 182.10 214.60 15-19 years 25.30 35.00 43.50 50.40 109.50 151.60 188.70 218.40 20-50 years 27.30 34.70 43.60 52.70 118.20 150.50 188.80 228.60 51 years and over 24.60 33.20 41.00 49.10 106.70 144.10 177.50 212.90 FEMALE: 24.40 29.20 35.40 42.80 105.80 126.60 153.50 185.40 20-50 years 24.60 30.60 37.10 47.50 106.50 132.40 160.90 206.00	9-11 years	23.60	30.00	38.40	44.50	102.10	130.00	166.30	192.70
15-19 years 25.30 35.00 43.50 50.40 109.50 151.60 188.70 218.40 20-50 years 27.30 34.70 43.60 52.70 118.20 150.50 188.80 228.60 51 years and over 24.60 33.20 41.00 49.10 106.70 144.10 177.50 212.90 FEMALE: 24.40 29.20 35.40 42.80 105.80 126.60 153.50 185.40 20-50 years 24.60 30.60 37.10 47.50 106.50 132.40 160.90 206.00	MALE:								
20-50 years 27.30 34.70 43.60 52.70 118.20 150.50 188.80 228.60 51 years and over 24.60 33.20 41.00 49.10 106.70 144.10 177.50 212.90 FEMALE: 12-19 years 24.40 29.20 35.40 42.80 105.80 126.60 153.50 185.40 20-50 years 24.60 30.60 37.10 47.50 106.50 132.40 160.90 206.00	12-14 years	24.40	33.90	42.00	49.50	105.80	147.10	182.10	214.60
51 years and over 24.60 33.20 41.00 49.10 106.70 144.10 177.50 212.90 FEMALE: 12-19 years 24.40 29.20 35.40 42.80 105.80 126.60 153.50 185.40 20-50 years 24.60 30.60 37.10 47.50 106.50 132.40 160.90 206.00	15-19 years	25.30	35.00	43.50	50.40	109.50	151.60	188.70	218.40
FEMALE: 24.40 29.20 35.40 42.80 105.80 126.60 153.50 185.40 20-50 years 24.60 30.60 37.10 47.50 106.50 132.40 160.90 206.00	20-50 years	27.30	34.70	43.60	52.70	118.20	150.50	188.80	228.60
12-19 years24.4029.2035.4042.80105.80126.60153.50185.4020-50 years24.6030.6037.1047.50106.50132.40160.90206.00	51 years and over	24.60	33.20	41.00	49.10	106.70	144.10	177.50	212.90
20-50 years 24.60 30.60 37.10 47.50 106.50 132.40 160.90 206.00	FEMALE:								
	12-19 years	24.40	29.20	35.40	42.80	105.80	126.60	153.50	185.40
	20-50 years	24.60	30.60	37.10	47.50	106.50	132.40	160.90	206.00
51 years and over 24.20 29.60 36.70 44.00 104.70 128.20 159.20 190.50	51 years and over	24.20	29.60	36.70	44.00	104.70	128.20	159.20	190.50

Cost of Food at Home Estimated for Food Plans at Four Cost Levels, August 1997, U.S. Average¹

¹Assumes that food for all meals and snacks is purchased at the store and prepared at home. Estimates for the thrifty food plan were computed from quantities of foods published in *Family Economics Review*, 1984, No. 1. Estimates for the other plans were computed from quantities of foods published in *Family Economics Review*, 1983, No. 2. The costs of the food plans are estimated by updating prices paid by households surveyed in 1977-78 in USDA's Nationwide Food Consumption Survey. USDA updates these survey prices using information from the Bureau of Labor Statistics: "CPI Detailed Report", table 4, to estimate the costs for the food plans. ²Ten percent added for family size adjustment. See footnote 3.

³The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person subtract 10 percent.

This file may be accessed on CNPP's home page at: http://www.usda.gov/fcs/cnpp.htm