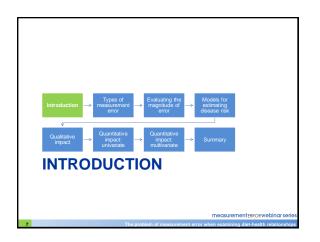
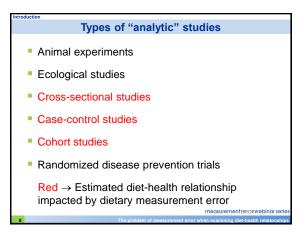
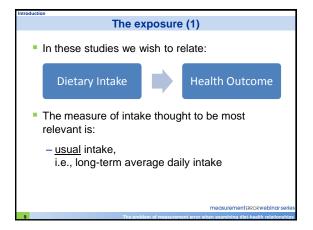
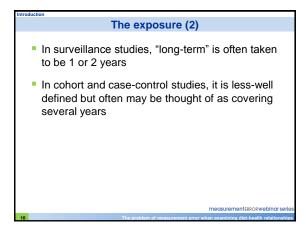


Learning objectives Knowing the types and magnitudes of measurement error that occur in dietary data Reviewing statistical models for evaluating diet-health relationships Understanding the qualitative and quantitative impact of measurement error on studies of diet-health relationships Measurements: Measurements:









The exposure (3)

Clearly, to measure an individual's average intake over a long period is a challenging task

Fortunately, one does not need to measure usual intake exactly in order to make progress

measurementercoverbing declaration period is a challenging task

The peption of measurement arrow when examining died baseth relationships

Instruments (1)

Food Frequency Questionnaires

- Main instrument for large cohort and case-control studies

- Inexpensive to administer

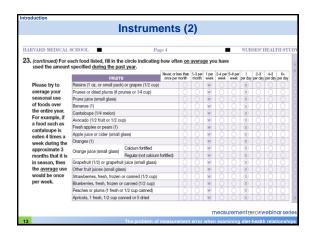
- Aims to measure long-term average intake

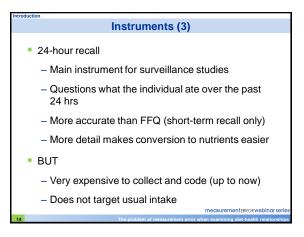
BUT

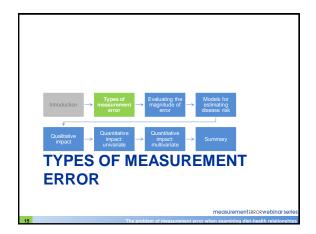
- Inaccurate long-term recall

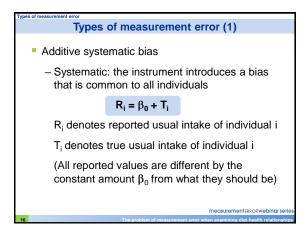
- Cognitively difficult

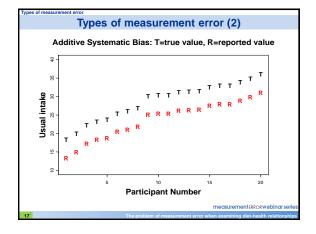
- Conversion to nutrient and food group intakes is difficult

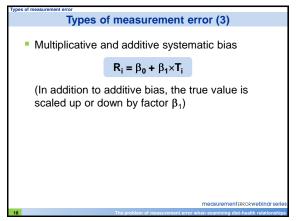


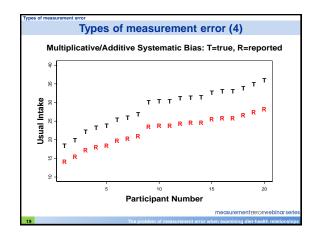


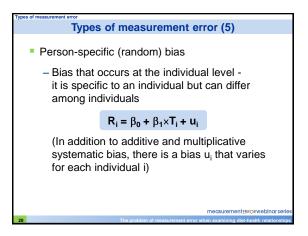


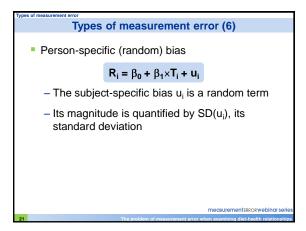


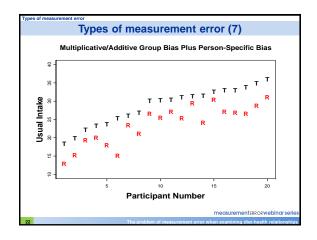


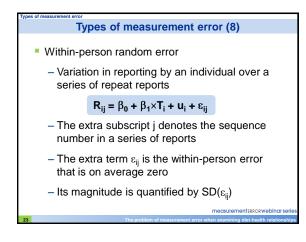


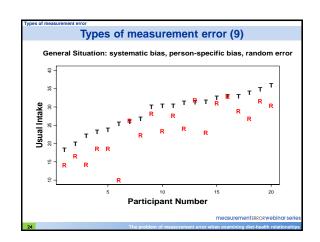


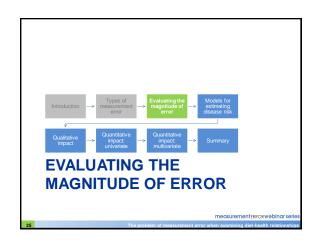












Evaluating the error (2) Do we have any ideal "reference" measures? Direct observation (feeding studies) "Recovery" biomarkers: based on recovery of specific biologic products that are directly related to intake and are not subject to substantial inter-individual differences in metabolism Doubly labeled water for energy intake 24-hour urinary nitrogen for protein intake 24-hour urinary potassium for potassium intake "Concentration" biomarkers (e.g., serum lipids) do not share these properties | Machine Content of the protein interest of the protein intake and p

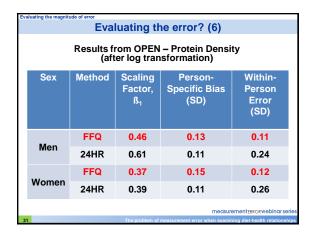
Evaluating the magnitude of error
 Evaluating the error (3)

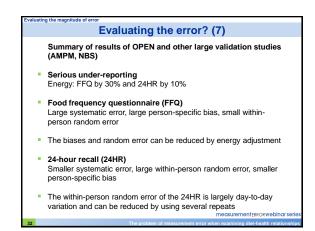
 OPEN (Observing Protein and Energy Study)
 - 261 men; 223 women
 - Adult volunteers residing in Maryland, USA

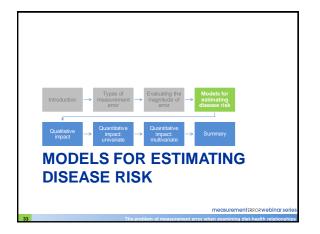
 Completed:
 - 24-hour recall x 2
 - Food frequency questionnaire x 2
 - 24-hour urinary nitrogen x 2
 - 24-hour urinary potassium x 2
 - Doubly-labeled water x 1 (in 25 persons x 2)

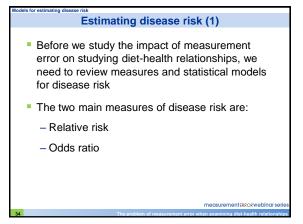
raluating the magnitude of erro		the error (4))
		OPEN – Mean	
Sex	Method	Energy (kcal/d)	Protein (g/d)
	Marker	2842	105.5
Men	FFQ	1961	74.7
	24HR	2522	92.2
	Marker	2273	77.5
Women	FFQ	1524	57.2
	24HR	1919	70.9
9	The problem		neasurementerrorweblnar

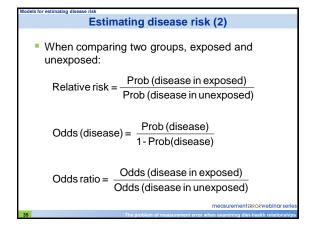
Ev	aluating the magnitu	ude of error			
		Eva	luating th	ne error? (5)	
				N – Protein Intak sformation)	e
	Sex	Method	Scaling Factor, ß ₁	Person- Specific Bias (SD)	Within- Person Error (SD)
		FFQ	0.67	0.36	0.19
	Men	24HR	0.70	0.20	0.30
		FFQ	0.65	0.33	0.22
	Women	24HR	0.60	0.16	0.35
				measur	ementerror webinar series
31	0		The problem of	measurement error when exami	ning diet-health relationships









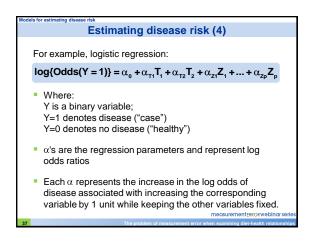


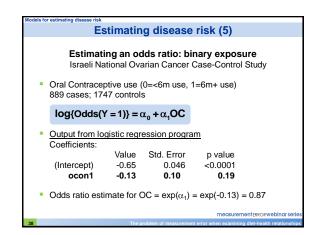
Elements of a nutrition regression model

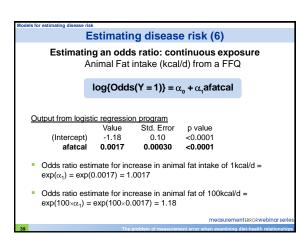
A health outcome variable (Y)

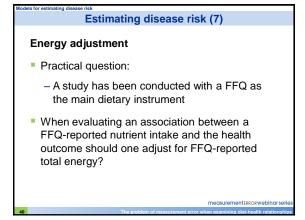
A set of explanatory variables, (T₁,T₂, Z₁...,Z_p)
The T-variables are dietary exposures, and the Z-variables are other exposures, confounders, effect modifiers or intermediate variables

An equation linking the outcome to the explanatory variables









Estimating disease risk
 Estimating disease risk (8)

Possible reasons for energy adjustment (see Willett, Howe and Kushi, 1997)

Energy is a confounder

The energy-adjusted relative risk is more relevant to public health interests

The adjustment increases the precision of the relative risk estimate

| The adjustment increases the precision of the relative risk estimate|

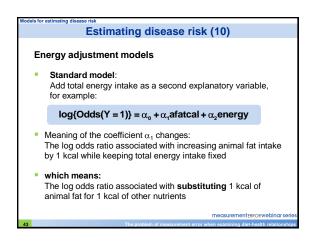
Estimating disease risk (9)

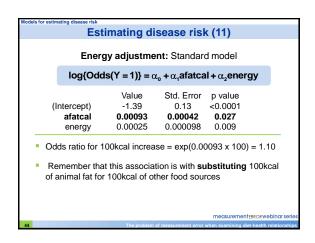
Energy adjustment models

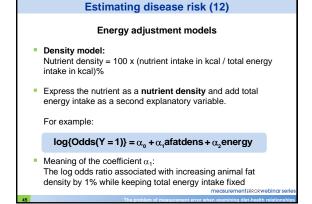
There are several different methods for energy adjustment – we will look at two:

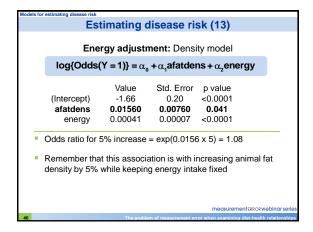
i. Standard model

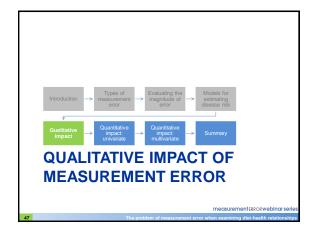
ii. Density model

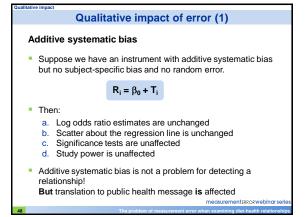


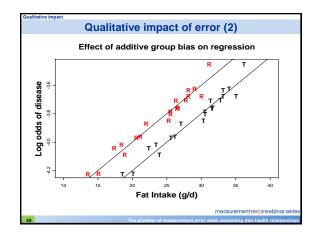


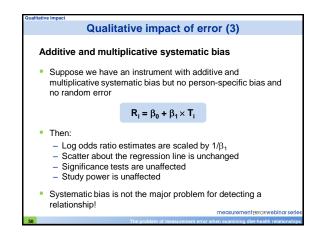


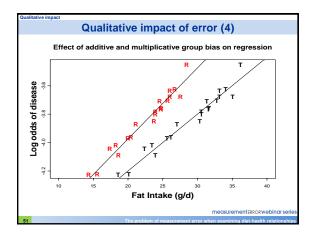


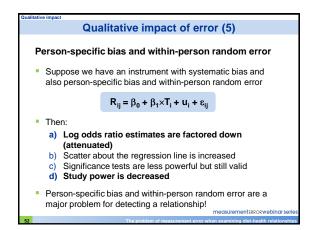


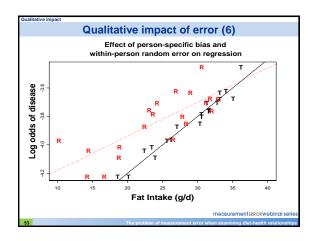


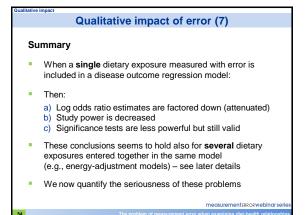


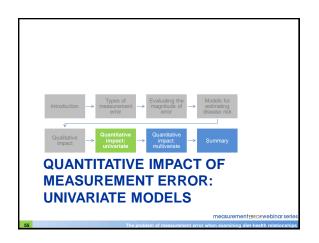


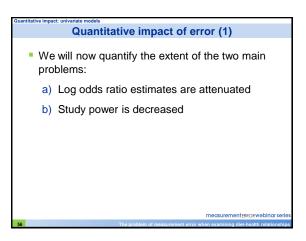




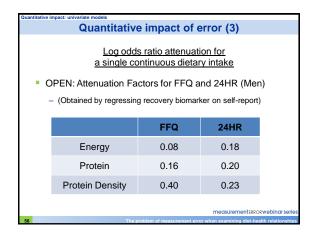




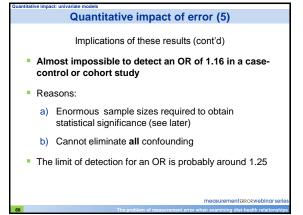




Cuantitative impact: univariate models Quantitative impact of error (2) Log odds ratio attenuation for a single continuous dietary intake variable Assume we have systematic error, subject-specific bias and random error. Expected log odds ratio estimate = λ × true value, where - λ = attenuation factor = slope of regression of T (truth) on R (report) - λ is nearly always <1 and usually a lot less! When the log odds ratio is attenuated, the odds ratio moves towards 1.0 measurement stress we blind reserve.



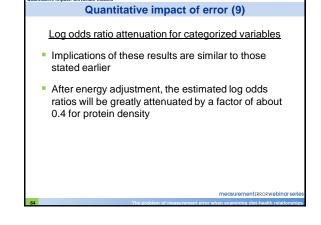
Quantitative impact: univariate models
Quantitative impact of error (4)
Implications of these results
 Suppose the attenuation factor λ is 0.16 (as for protein)
 Suppose the true odds ratio between the 90th and 10th percentiles of true intake is 2.5 (i.e., substantial)
$-\log OR = \log(2.5) = 0.92$
Expected estimated log OR = 0.92 x 0.16 = 0.147
Expected estimated OR = exp(0.147) = 1.16
measurement ERROR webinar ser
59 The problem of measurement error when examining diet-health relationsh

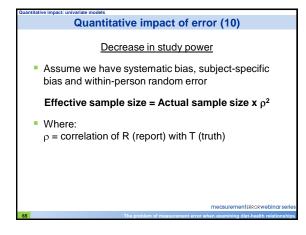


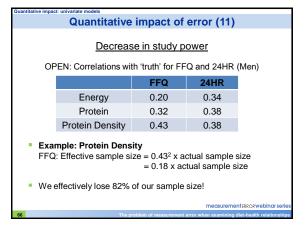
| Cuantitative impact: universite models | Quantitative impact of error (6) | Implications of these results (cont'd) | Fortunately, after energy adjustment, attenuation factors with an FFQ are larger (e.g., 0.40 for protein density) | Suppose the true odds ratio between the 90th and 10th percentiles is 2.5 (i.e., substantial) | log OR = log(2.5) = 0.92 | Expected estimated log OR = 0.92 x 0.40 = 0.368 | Expected estimated OR = exp(0.368) = 1.44 | Such an odds ratio is more possible to detect, although still difficult!

Cuantitative impact: univariate models Quantitative impact of error (7) Log odds ratio attenuation for a single categorized dietary intake Assume we categorize our intake into quantiles (e.g., tertiles, quartiles or quintiles) The log odds ratio is still attenuated but by a different amount: Expected log odds ratio estimate = ρ × true value, where ρ = correlation between R (report) and T (truth) In other words, for analysis by quantiles, log odds ratios are attenuated by ρ, instead of λ

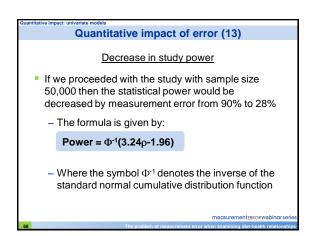
Quantitative impact of error (8) Log odds ratio attenuation for a single categorized dietary intake OPEN: Correlations with True Usual Intake for FFQ and 24HR (Men) **FFQ 24HR** 0.20 0.34 Energy Protein 0.32 0.38 Protein Density 0.43 0.38

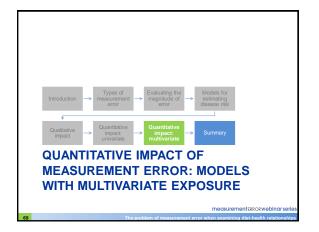


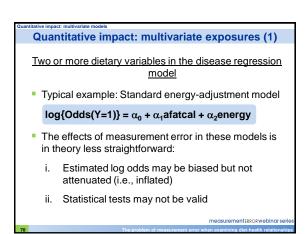




Countitative impact universide models Quantitative impact of error (12) Decrease in study power ■ Suppose that we had calculated a sample size of 50,000 for a cohort study that would give 90% power for detecting an association the 5% significance level, assuming that we could measure dietary intake exactly ■ Then, because of the measurement error we would need 50,000/p² = 50,000/0.432² = 270,000 to preserve the power of 90%



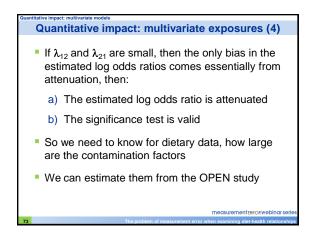




| These problems arise from residual confounding:
| One error-prone exposure and one exactly measured exposure in the same model
| If the two (true) exposures are correlated, then the exactly measured one will adopt part of the effect of the error-prone exposure
| When both are measured with error, they will each adopt different fractions of the other's effect!

Suppose we have two nutrient intakes.
 There exists an "attenuation-contamination" matrix, as follows:

 If the true log odds ratios for the two nutrients are α₁ and α₂, then the estimated ones are expected to be: λ₁₁ × α₁ + λ₁₂ × α₂ and λ₂₂ × α₂ + λ₂₁ × α₁
 The magnitudes of λ₁₂ and λ₂₁ tell us how serious is the residual confounding.
 We call them contamination factors



OPEN – Estimated Contamination Factors (Freedman, Schatzkin, Midthune, Kipnis, J Nat Cancer Inst 2011)									
Dietary Component	Gender	Protein Density		Potassium Density		Energy			
Energy	Men	-0.01	(0.03)	0.13	(0.05)	-			
	Women	0.03	(0.05)	0.10	(0.06)	-			
Protein Density	Men	-		-0.01	(0.09)	0.08	(0.05		
	Women	-		0.00 (0.10)		0.06	(0.05		
Potass. Density	Men	-0.05	(0.06)	-		0.04	(0.04		
	Women	0.00	(0.07)	-		-0.04	(0.05		
Total Fat Density	Men	-0.03	(0.07)	0.00	(80.0)	0.05	(0.05		
	Women	-0.02	(80.0)	-0.08	(0.10)	-0.07	(0.05		
Sat. Fat Density	Men	-0.03	(0.05)	-0.04	(0.07)	0.10	(0.04		
	Women	-0.01	(0.06)	-0.07	(0.08)	-0.02	(0.04		

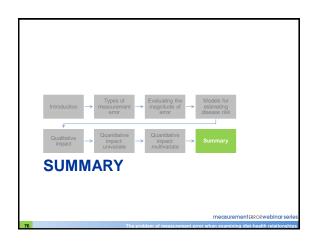
Quantitative impact: multivariate exposures (6)

OPEN: Contamination factors

Contamination factors generally appear small, meaning that residual confounding does not appear to be a serious problem

However, note that OPEN and other recovery biomarker validation studies examine only energy, protein and potassium

Similar findings for other nutrients cannot be guaranteed



Summary

1. Errors in self-reported dietary intake have a complex structure including systematic biases, person-specific biases and within-person random error

2. The person-specific biases and within-person random error have a profound impact on the estimation of disease risk parameters such as the log odds ratio. Estimates of these are severely attenuated

3. For a FFQ, these effects can be partially mitigated by energy-adjustment

4. The same biases and random errors also cause loss of statistical power for detecting diet-health relationships

measurements:cosweblors selfer.

In the next lecture, we will study how we can correct the attenuation in the estimated disease risk parameter
 This will require us to learn about calibration studies and also a neat statistical method known as regression calibration

