



Casey Paw Prints

Friday 15 February 2013

CASEY ELEMENTARY SCHOOL

Unit 15792

APO AP 96224-5792

DSN 730-6444

*Mrs. Shelly Kennedy,
Principal*

Important Dates for your calendar

February 18 – No School: President’s Day, Federal Holiday

February 22 – Early Dismissal for Students

February 25-March 1 – Read Across America Week

A Note from the Nurse

February is Children’s Dental Health Month

Accidents can happen anywhere, anytime. Knowing how to handle a dental emergency can mean the difference between saving and losing your child’s permanent tooth. For all dental emergencies, it’s important to take your child to the dentist or an emergency room as soon as possible.

Here are some tips if your child experiences a common dental emergency:

- For a knocked-out tooth, keep it moist at all times. If you can, try placing the tooth back in the socket without touching the root. If that’s not possible, place it in between your child’s cheek and gum, or in milk. **Call your dentist right away.**
- For a cracked tooth, immediately rinse the mouth with warm water to clean the area. Put cold compresses on the face to keep any swelling down.
- If your child bites his tongue or lip, clean the area gently and apply a cold compress.
- For toothaches, rinse the mouth with warm water to clean it out. Gently use dental floss to remove any food caught between the teeth. Do not put aspirin on the aching tooth or gum tissues.

For objects stuck in the mouth, try to gently remove with floss but do not try to remove it with sharp or pointed instruments.

Free and Reduced Lunch Applications

Applications for reduced price and free school meals are accepted throughout the year. Families must reapply annually to receive these benefits. Area 1 applications can be obtained from the Camp Casey ACS Financial Readiness Program located in Building 2451 right next to Casey Elementary School.

Student Contact Info NEW FORMS

Parents, you can now use the **Information Update Request** form to submit student contact changes. These forms will be available in the main office, or you can email your Request form to the school

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registrar, Amanda.Graves@pac.dodea.edu. Use for new or additional phone numbers, emails, and emergency contact changes (*please note this form does not apply for transportation changes*).

STUDENT SAFETY NOTICE "Kiss and Drop" Zone

The designated "kiss and drop" zone is inside the U horseshoe area by the school marquee, across from the back of the PX entrance. This area is clearly marked. Please do NOT drop off your students in the main road by the Youth/School Age center or in the ACS/Red Cross parking lot. Thank you for your prompt attention to this vital safety issue for our students



Lunch Menu choice of one (1)

- Monday - **No School!**
- Tuesday - **Sure Start - 1st Grade:** Macaroni & Cheese
2nd - 5th Grade: Macaroni & Cheese, Ham & Cheese Sub, Turkey Salad
Middle School: Macaroni & Cheese, Chicken Patty Sandwich, Ham & Cheese Sub, Turkey Salad
- Wednesday- **Sure Start - 1st Grade:** Chicken Fiesta Wrap
2nd - 5th Grade: Chicken or Black Bean Fiesta Wrap, Meat Nachos, Chef Salad
Middle School: Chicken Fiesta Wrap, Meat Nachos, Black Bean Fiesta Wrap, Chef Salad
- Thursday- **Sure Start - 1st Grade:** Pasta Pockets & Meatballs
2nd - 5th Grade: Pasta Pockets & Meatballs, Baked Chicken & Roll, Tuna Salad Sandwich
Middle School: Pasta Pockets & Meatballs, Baked Chicken & Roll, Tuna Salad Sandwich, Ham Wrap
- Friday - **Half Day - No lunch!**

PUPIL PERSONNEL SERVICES (PPS) DEPARTMENT

Health & Wellness Provided by School Counseling, Nursing, and Psychology Services

Casey School has a zero-tolerance policy towards bullying and promotes **Peaceful** behaviors in all students. Character counts!

Casey Pledge - No Bullying!

"I am a Casey Wolf. This means that I will always be nice to others at school and will never bully them. I will use kind words and agree to keep my hands and feet to myself. I will always remember that everyone deserves respect."

A Note from the Safety Officer

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Security and Safety TIP of the Week: Hypothermia is a potentially life-threatening condition that involves cooling of the body's core temperature below 95 degrees Fahrenheit. Dress warm, but wear layers so you can take items off if the temperature changes to avoid excessive moisture accumulating in your clothing.

Explanation of Tip: Hypothermia occurs when body heat loss exceeds heat production due to prolonged cold exposure. Although hypothermia usually is associated with cold climates, it can occur at temperatures well above freezing, especially when a person is exposed to wet conditions for an extended period of time.

Mr. Thomas Janey
Casey Elementary Safety & Security Officer



FAQ

Q: *Can I change my child's transportation plans for the afternoon trip?*

A: Any changes to the student's bus route or bus stop must be accomplished by the sponsor, in person, at the STO. Students are not authorized to execute changes, nor will hand-carried notes be accepted. **Frequent or day-to-day requests for changes to a student's assigned bus route/stop and play dates are not authorized.**

Did you know ... that road conditions are applicable to military vehicles only? Many younger servicemembers who drive military vehicles don't have the extensive professional driver training and certification of contract bus drivers. Senior Army leaders will not permit anyone to drive in road conditions that could potentially put drivers and their passengers in danger.

From the Counselor

Standardized Test Schedule

Casey students are scheduled to take two standardized tests this school year; the NAEP and the Terra Nova:

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1. **National Assessment of Educational Progress (NAEP)** – The NAEP is commonly referred to as “the Nation’s Report Card.” Students from all over the nation are tested biannually in key core areas to determine progress. This SY, students in grades 4 and 8 will be tested in Reading and Math on the morning of February 27th. Parents of students who are in grades 4 and 8 should expect to receive letters providing additional information.
2. **Terra Nova** – This is a standardized achievement test offered annually to students in grades 3 through 8 in core subject areas to determine their progress in these areas. Subject areas include Language Arts, Reading, Math, Science, and Social Studies. These tests will be offered on the mornings of March 11 through March 15.

Parents often ask, “I want my children to do the best they can on these tests. How can I help them?” These things may seem minor but they will do much to help your children feel more confident as we move into testing season:

- Encourage your child to do his/her best without stressing out about the test. Encourage him/her to take the test one question at a time and to carefully read and think through each question.
- Provide a nourishing breakfast so that they will have stamina throughout the test.
- Have them go to bed early enough to be alert on test day. These aren’t tests that they can stay up late “cramming” for.
- Make every effort to schedule appointments and/or family leave around test dates.

Students, who are homeschooled, are eligible to take the Terra Nova. Questions and concerns should be directed to the Test Coordinator, Morris Poston. Please feel free to contact him (DSN 730-6634).



TerraNova Tips for Students

- ❖ Get a good night's sleep. You'll be able to think better if you are well rested.
- ❖ Eat a healthy breakfast to fuel your brain.
- ❖ Make sure you drink plenty of water daily. It's important for your brain!

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- ❖ Relax. It's normal to be a little anxious before a big test. Don't worry.
- ❖ Be sure you can hear and understand the directions. If not, raise your hand.
- ❖ Listen to and read directions carefully. Be sure you understand the question first, and then answer it completely.
- ❖ Plan your time and pace yourself. Don't spend too much time on any one question. You can come back to it when you finish the easier questions. First answer the questions you are sure of.
- ❖ If you are using an answer sheet, be sure your answers are all recorded there. Be sure your question and answer numbers match up. If you realize you've been marking in the wrong spaces, let your teacher know immediately.
- ❖ Trust your instincts. Use the process of elimination to choose your answers.
- ❖ Keep a positive attitude about your ability. You are not expected to know all the answers on the test.
- ❖ Concentrate on doing your personal best.
- ❖ You will be given a chance to discuss the results of the test when they are received.
- ❖ This test is important, but it is only one measure of what you know.



TUTOR.COM

Tutor.com is a DoD-funded effort that provides military families with **free, unlimited access** to tutoring and career services. Service members and their families can work with certified, professional tutor online 24 hours a day, seven days a week to get help with homework, studying, and projects. Tutoring is available in more than 20 subjects at all skill levels, from elementary to advanced placement. To access the program, visit the website at www.tutor.com/military and click on the button that says "for DoD Schools"



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Help us earn money for our school!



FROM THE OFFICE

* If you wish to have a transportation message relayed to your child, please contact the school **prior to 1330**. Often students are in specials, away from the building, etc., and it is difficult at best to get these messages to the students. Please plan appropriately. We ask for advance notice to better assist you in this process.

*ALL Students (K-8th) tardy to school are required to have a parent or guardian escort them into the building and sign in at the main office.

*If contact information changes (i.e., telephone number, email address, emergency contact) please notify the main office immediately of the change. If you are going out of town and you leave your child with a guardian, please notify the main office, so we may verify that the person has permission to pick up your child from school or from the bus.

*If you are due to PCS, please notify the main office at least two weeks in advance. Adequate time is required to prepare grades and records so you may hand carry to the next duty station.

***If you wish to do some volunteering, please contact Jessica Foley at 730-6444 for more information.**

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