# CASEY WOLF TRACKS 

## Read Around the World, a CSI Family Event

Buckle your seatbelts, put a smile on your face, and get ready to enjoy a trip around the world! Casey's faculty and staff brought our community a family event, Continuous School Improvement's (CSI) "Read Around the World."

Our CSI Co-Chair, Mrs. Stockdale, welcomed families aboard the Wolf Express on Tuesday, January 15. From 3:00-5:10 P.M., students visited various classrooms and received passport stamps when they listened to stories from the Philippines, Japan, Korea, Germany, Czech Republic, Italy, Romania, Turkey, Puerto Rico, and Choctaw Nation. They completed a story re-tell using our adopted Go! Chart strategy.
Mrs. Stockdale noted that the event was organized by CSI Committee 1: Purpose and Direction, who worked hard to create an event highlighting our CSI Reading Goal. As a school, Casey Elementary is working toward improving Reading Comprehension, specifically focusing on analyzing and extending the meaning of texts. The test data from grades K-8 showed that students at Casey Elementary have a difficult time with this aspect of reading comprehension.

Therefore, we adopted the GO! Chart Retelling strategy. When students use GO! Charts, they engage in a thinking process that helps them evaluate the meaning of all texts they read. Students make predictions, discuss vocabulary, and make connections, interpretations, and understandings. At the end of the story, the GO! Chart is wrapped up with a retell. During the retell, students use three shapes to help them remember what the story was about: a red triangle, a yellow square, and a green circle. During the evening, families saw just how these shapes work and why they are so important to a child's thought process! Mrs. Gudeman, kindergarten teacher, remarked, "Wow! We had a great event and a really good turn out! The kids said they enjoyed it and it was very educational for everyone! My CSI committee worked really hard to put this event together. Thank you so much to the staff and family volunteers who participated and made this event possible! Thank you to all who came to participate and learn about our reading strategy, Go! Charts."

We look forward to having our next CSI event in the next couple of months!

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Casey Elementary School DoDDS, Unit 15792
APO, AP 96224-5792
Commercial in Korea: 05033-30-6444

DSN: 730-6444

## February

| sun | Mon | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | 12:15-12:45 ${ }^{\text {Grades 4-5 }}$ 12:45-1:15 | 1 | 2 |
| 3 | $4$ | 5 | 6 | $7$ <br> Honor Roll Assembly | District Math Counts Challenge | 9 |
|  | National Guidance Counselor Week |  |  |  |  |  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|  | Lunar New Year <br> No School for Students |  |  | PTO Food Handler's Course 10AM \& 3PM | Middle School Valentine's Dance |  |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
|  | Presidents' Day Federal Holiday No School |  | K-5 Dental Screening | K-5 Dental Screening | 11:35 Early Dismissal CSI Day |  |
| 24 | 25 | 26 | 27 | 28 | March 1 | 2 |
|  |  |  | NAEP Testing Grades 4 \& 8 | Graphic book entries due in library |  |  |
|  | Read Across America Week |  |  |  |  |  |



## Principal's Message

Most of us have heard the African proverb "It takes a village to raise a child." At Casey Elementary School, we know it takes all stakeholders and many partnerships to educate our students.

As parents, you have met your child's teachers, but do you know how many specialists we have to assist our students?

- Mrs. Moellendick is available to help both students and teachers increase their computer and technology skills.
- Mr. O'Connor and Ms. Tengco help ESL students gain a better understanding of English.
- Mr. Vetarbo is busy providing enrichment for our gifted students.
- Mr. Poston and Dr. Winn serve our students in a variety of capacities in their roles as guidance counselors.
- Ms. Yoo, our Adolescent Substance Abuse Counseling Service Counselor, helps students develop tools to make better decisions when confronted with difficult situations.


## Mrs. Shelly Kennedy

- Mrs. Harney is our math resource person who provides support to all students increasing their math problem solving abilities.
- Ms. Sullins, our reading specialist, works with students helping them improve their reading skills.
- Ms. Caldwell, Ms. Davis, Mrs. Pascua, Mr. Treisch, Ms. Caudill, Ms. Coates, and Mr. Todd make up our special education team of experts who provide services to students throughout the school.

Additionally, our classroom aides, Mrs. Jones, Mrs. Newton, and Mrs. Poston and Mr. Wood, work one-on-one with our youngest students to provide unlimited support to these eager learners.

We have an active PTO, plus parents, soldiers, and community members who volunteer in our classrooms, and truly make a difference.

It does take a village. Thank you to everyone who takes the time to help educate a child.

We are truly working together to build the future!


Let's celebrate African-American History month in February by creating your own comic strip/ 'graphic book'! More details on this will be handed out in the Casey School Library.
Ms. Kuttler
Library Information Specialist

Homework Club will be offered on Tuesdays and Thursdays from 2:45 to 4:30 P.M. to help students complete homework, projects, and allow time for reading and preparing for Reading Counts. The teacher gives assistance as needed to help students reach academic success. For more information, please contact Ms. Williams (grades 3-5) or Mr. Treisch (grades 6-8).


## DoDEA's Mission Statement:

# Educate, Engage, and Empower, 

## Each student to succeed in a dynamic world.

| Contributed by Ms. Tengco | Casey Wolf Tracks Editor and CSI Co-Chair |
| :--- | :--- |

Continuous School Improvement (CSI) is an action plan where we, as a school, identified the areas of focus in the current and coming school year, the performance goals we want to achieve, and how the school plans collaboratively meet these goals. The plans are updated regularly to reflect the strategies being used. We actively seek participation from students, families, and other stakeholders with CSI planning and decision-making.
Reading comprehension is an essential skill and impacts student performance across all subject areas. It is the root for educating successful citizens, engaging lifelong learners, and empowering leaders in a global world.
Families and teachers can work together to build confident readers who use critical thinking skills to make meaning from text. The book 7 Keys to Comprehension: How to Help Your Kids Read and Get It by authors Susan Zimmerman and Chryse Hutchins, provides seven strategies for building reading comprehension. In the upcoming Wolf Tracks newsletters, we will provide ideas for practicing these strategies with your child(ren).

Imagery: Creating mental images to deepen and enhance meaning.
"Good readers create a wide range of visual, auditory, and other sensory images as they read, and they become emotionally involved with that they read."

- As you read with your child, talk about the sensory images and emotions you are experiencing.
- Ask your child what they see and feel.
- Invite your child to illustrate the story while or after you read.
- With longer books, discuss the movie in your mind - see the events, setting, characters as things happen and feel their emotions.
- When your child's sensory images don't match up, stop. Go back to where the images went awry and then reread.
Schema: Making connections between the story and what you already know.
- "Good readers use their relevant prior knowledge before, during, and after reading to enhance their understanding of what they're reading."
- Show your child how to use background knowledge to understand the text. Model questions: "This reminds me of ...", "I remember when I read ...", "Something similar to this on ..."
- With longer books, keep sticky notes on hand and place them on the edges of the pages when the reader makes a connection.
- Generally, teachers will ask students to make one of three connections:


Text-to-self: The reader connects the story to her own life, experiences, and feelings.

Text-to-text: The reader connects the characters, setting, and events from one story to another story, t.v. show, and/or movie.

Text-to-world: The reader connects with actual current events and world history.

By June 2014, Casey Elementary School will demonstrate improvements in reading comprehension skills through analyzing and extending the meaning of all texts as indicated by DoDEA grade-level standards and measured by system-wide and school-based assessments.

## CSI Quick Tips

## Reading Tips

- Surround your children with books and magazines on their reading level. The materials can be placed in cars, bathrooms, bedrooms, family rooms, etc.
- Have a scheduled time of $15-20$ minutes to read daily as a family where everyone is reading.
- Give praise for their efforts. Your reactions have great influence on how hard children will try.


## Math Tips

- Recognize math vocabulary in every day events (i.e. gallon, ounces, quart, pound).
- Cover up digital clocks in your home and only let students tell time by analog clocks (clocks that have moving hands).
- Use a calendar to count by 7 s and the number of days to a special event.



## Improving Number Sense

Number sense activities don't have to be complicated. Children improve their number sense skills every time they count, explore numbers, or find out "how much" there is of something. Practice, practice, practice! The best way to develop strong number sense in children is to give them a lot of chances to work with, play with, and mess around with numbers. Model an attitude of wonder and curiosity. There are numbers everywhere: in newspapers, in books, on street signs, on houses, on cell phones, computers, microwaves, license plates.

Count Your World: Be on the lookout for natural opportunities for counting throughout the day. Count the seconds until a stop light turns green (one one-thousand, two one-thousand, etc). Count out pretzels to make sure everyone gets the same amount. Count the pennies in the savings jar, and if there are a lot, count them by 2 s or by 5 s . Count the steps as you climb them, and on the way back down (once you know how many steps there are) count backwards to the bottom!

License Plate Math. Going on a road trip? Families can play a license plate game in the car. Ask your children to add up the numbers in
the license plates of passing cars. You can assign a value to the letters, for example, every letter equals 5 . Older children can multiply the numbers, figure out factors, or discover divisibility rules.

Two, four, six, eight, now it's time to estimate. Estimation is one way to increase a child's number sense. Before you put a stack of folded towels on a shelf or fill a bowl with peaches, ask your child to estimate how many will fit. Then count afterward to compare the actual number to the estimate. Helping your child learn to make appropriate predictions will help her see how numbers are used in everyday life. Learning to ask, "Is my answer reasonable?" will help her as she tackles math problems in the classroom.

What's on the menu? The next time you go to a restaurant, hang on to the menu while you are waiting for your meal and play some math games with your child. Ask her to find the least expensive item on the menu, then all the items that cost between $\$ 5$ and $\$ 10$ or three items whose total cost is between $\$ 9$ and $\$ 20$. This will not only fill the time while you're waiting to eat, it will show your child how math is used every day.

> CSI Student Performance Goal 2: By June 2014, Casey Elementary School will demonstrate improvement in mathematics through their understanding of numbers and number relations as indicated by DoDEA grade-level standards and measured by local and system-wide assessments.


## First Grade Findings

December and January were definitely busy months in first grade. We wrapped up the month of December with our Holidays Around the World Celebration. The kids learned about nine different countries and how they celebrate the holidays. Students could be found daydreaming about the hot summer holidays in Australia, creating beautiful gingerbread houses from Germany, and designing their own nesting dolls during their trip to Russia! Other countries and holidays visited included England, Holland, Mexico, Israel, Kwanzaa, and America.

In January, the first grade students worked hard at mastering many different skills. Through our Reading Street weekly stories, students continued to work on weekly phonics, grammar, writing, and reading comprehension skills! And in math, we have started studying addition and fact families! We have many hands-on activities planned to make math fun. During Social Studies we studied the life of Martin Luther King, Jr., discussing his accomplishments, our dreams in life, and what we could do to bring peace to our school and classroom!

Mrs. Stockdale's class enjoyed learning through a Hot Chocolate Unit! Students used marshmallows to measure circumference, learned about the states of matter, had a marshmallow taste test, and ended the unit with a "How To" writing activity! What do you think melts faster, an ice cube or a marshmallow? Ask any of Mrs. Stockdale's students
to find the answer to your hypothesis!
Mrs. Dotson's class enjoyed imagining what it would be like to be trapped in a snow globe. Students got to learn about the editing process. They first had to imagine what they would do if they were trapped in a snow globe.
 Then they wrote their rough draft. After the student and teacher read through their story, they were able to create a final draft with a drawing of their snow globe! It was so great to see the creativity the students came up with: from being trapped in a New York City snow globe all the way to hiding in an igloo with hot chocolate to drink! The students' work is on display in the hallway for all to see.

Mrs. Horne's class learned about five of our body systems and what they do. After learning about the systems, each student assembled their own body and wrote two facts about a system. Feel free to come to the 2nd floor to learn some facts about body systems.

## Readeres' Gafé

The first grade team will host a Readers' Café on Friday, March 1st in our classrooms (building 2400, rooms 209, 213 and 222). The café will be open from 9:00 A.M. until 10:30 A.M.
 for teachers and students. Each visiting class will spend 15 minutes listening to first graders read. We will also have an open house in the afternoon for first grade families from about 12:30-1:00 P.M.

## Second Grade Studies

During the winter months here in Korea, $2^{\text {nd }}$ grade is learning about snow, penguins, Antarctica and the Arctic. We've learned lots of fun facts about penguins, including that an Emperor


Penguin is the largest penguin, weighing up to 90 pounds!

The students were asked to use their imaginations when writing a story entitled: "If I lived in a snow globe." They came up with some very interesting stories - be sure to stop by the second floor to check them out.

We have also started to read Charlie and the Chocolate Factory by Ronald Dahl. The kids are

## Read Across America Week

Read Across America is a nationwide reading celebration that takes place annually on March 2 in honor of Dr. Seuss's birthday. Casey Elementary will celebrate Read Across America during the week of February 25 - March 1. This is a week in celebration of reading and books.

During the week of February 25 - March 1, we invite students to participate by dressing up in a special way each day of the week.

On DEAR Day, parents are invited to volunteer as "guest readers" in their child's classroom. Please contact your child's teacher to set up a time for Friday, March 1.
having so much fun imagining a factory like Mr. Wonka's as we read. They
 always want us to keep reading!!


## Ms. Sullins <br> READ 180 \& Literacy Support Specialist

Spirit Week:
February 25 to March 1

Monday - Fox in Socks Day: Wear
 crazy or mismatched socks.

Tuesday - Cat in the Hat Day: Wear your favorite hat.

Wednesday - Wacky Wednesday: Dress wacky.

Thursday - Oh the Places You Will Go: Wear a shirt from another country or something from your home state.
Friday - DEAR Day - Drop Everything And
Read. Wear your Casey red and black colors.

## Extracurricular Student Activities



Math Counts is an academic extracurricular activity that challenges students in grades 6-8 with high school-level vocabulary concepts, skills, and word problems. Students meet on Tuesdays at lunch and after school with Ms. BacaOrtega in room 407 of building 2409.


Student Council meets on Wednesdays from 2:45 to 3:45 in Ms. McGuire's band room.


German Club meets Tuesdays and Thursdays during middle school lunch, from 12:05-12:35 P.M., in Mr. Ball's class, in room 205 of building 2409.

The NJHS had a winter induction on January 18, 2013 at the Chapel at 6:00 P.M. The program was put on by the present members who read about the five qualities: scholarship, service, leadership, citizenship and character. The new members were introduced and presented with a certificate.

## National J unior Honor S ociety

NJHS students are presently involved in painting the stairwell in the Middle School with school spirit designs. In February, they will be making buttons for Valentine's Day and in March they will hold a usedbook drive for the orphanage.

NJHS meets Tuesdays from 2:45 to 3:45 P.M. in Mrs. Kawek's art room.


Casey Elementary School develops leaders
by providing a challenging education and preparing successful citizens for a dynamic global society.

## Geography Bee

 Bee (GEO BEE) was held on January 10 at the HoveyTheater. Thirteen participants were chosen from each class fourth through eighth grades to represent the school. After a scary first round,

everyone calmed down and the competition became intense.

After five rounds, the two finalists were 8th grade students. Three rounds later, the final question was correctly answered.


If you can sing and are interested in being a part of the Casey Choir, please see Mrs. McGuire about joining our group for the second semester.

# February is National Children's Dental Health Month 



Contributed by Tracie PenDell, RN BSN<br>Casey Elementary School Nurse

There's an old favorite in the parental arsenal of dietary admonitions: "Don't eat that-it'll rot your teeth!"

Now more than ever, kids are faced with a bewildering array of food choicesfrom fresh produce to sugar-laden processed convenience meals and snack foods. What children eat and when they eat it may affect not only their general health but also their oral health.
"There is a
risk for tooth
decay from a
diet high in
sugars and
starches."
Americans are consuming foods and drinks high in sugar and starches more often and in larger portions than ever before. It's clear that "junk" foods and drinks gradually have replaced nutritious beverages and foods for many people. For example, the average teenage boy in the U.S. consumes 81 gallons of soft drinks each year! Alarmingly, a steady diet of sugary foods and drinks can ruin teeth, especially among those who snack throughout the day. Common activities may contribute to the tendency toward tooth decay. These activities include "grazing" habitually on foods with minimal nutritional value and frequently sipping on sugary drinks.

When sugar is consumed over and over again in large, often hidden amounts, the harmful effect on teeth can be dramatic. Sugar on teeth provides food for bacteria, which produce acid. The acid, in turn, can eat away the enamel on teeth.

Almost all foods have some type of sugar that cannot and should not be eliminated from our diets. Many of these foods contain important nutrients and add enjoyment to eating. But there is a risk for tooth decay from a diet high in sugars and starches. Starches can be found in everything from bread to pretzels to salad dressing, so read labels and plan carefully for a balanced, nutritious diet for you and your kids.

## Reduce your children's risk of tooth decay:

- Sugary foods and drinks should be consumed with meals. Saliva production increases during meals and helps neutralize acid production and rinse food particles from the mouth.
- Limit between-meal snacks. If kids crave a snack, offer them nutritious foods.
- If your kids chew gum, make it sugarless - Chewing sugarless gum after eating can increase saliva flow and help wash out food and decayproducing acid.
- Monitor beverage consumption - Instead of soft drinks all day, children should also choose water and low-fat milk.
- Help your children develop good brushing and flossing habits.
- Schedule regular dental visits.


Love and Logic: Bedroom Time

Love and Logic ${ }^{\circledR}$ is a philosophy founded in 1977 by Jim Fray and Foster W. Cline, M.D. Love and Logic provides simple and practical techniques to help parents nurture responsibility and modify behavior for kids of all ages.

Having kids stay in bed at night seems to be a real bone of contention for many parents. Maybe this next section (below) will help those struggling with this problem, "How do I get my kids to go to bed and stay there?"

During the first year or so, simply comfort them. Emotional bonding and the development of trust are the critical emotional tasks during the first year of life. Therefore, parents of very young children are wisest to respond to crying by comforting and meeting needs...not by ignoring them or trying to apply consequences.

Create a calming routine. Make the bedroom time routine as fun, loving, and predictable as possible.

Turn off the electronic stimulation. Television, computer games, and other electronic stimulation make it much more difficult for children to calm down and get some rest.

Give plenty of choices. Have you noticed that we use "bedroom time" rather than "bed time"? We can't force our kids to sleep and to stay in
their beds, but we can give them plenty of choices about what they do as they remain in their rooms. Here are some possible choices: lights on or lights off, music on or music off, sleeping with their head at the top of the bed or at the bottom, playing quietly or going to sleep, etc.

Model confidence. Children take their emotional cues from the adults around them. When saying "good-night" make it quick and positive. Excessive reassurance simply elevates everyone's anxiety.
Enforce "bedroom time" without emotions or too many words. After your kids reach their second birthday, it's okay to begin showing them that they'll be okay at night without being right next to you. This requires taking your child back to their room and lovingly informing them that the door will stay open as long as they stay inside. When they try to exit, close the door and remain outside of it, ensuring that they are safe and that they remain in their room. While upsetting in the moment, most parents find that staying firm actually allows their children to become far happier and confident in the long term.

From: Love and Logic Teacher-isms by Jim Fay and Charles Fay

PPS: Pupil Personal Services

## Mr. Poston•Dr. Winn• Nurse PenDell

Tutor.com is a DoD-funded effort that provides military families with free, unlimited access to tutoring and career services. Service members and their families can work with certified, professional tutor, online 24 hours a day, seven days a week to get help with homework, studying, and pro-


## tutor.com

 jects. Tutoring is available in more than 20 subjects at all skill levels, from elementary to advanced placement. To access the program, visit the website at www.tutor.com/military and click on the button that says "for DoD Schools."The Tutor.com for U.S. Military Families program is funded by the Department of Defense MWR Library Program, Yellow Ribbon Reintegration Program, Army General Library Program and Navy General Library Program. Continued Department of Defense sponsorship of this program is dependent on the availability of DoD funds.


## Misbehavior = Unsafe Bus

## Contributed by Mike Harris

Student Transportation Officer

Good order among students on the bus is fundamental to safety.

Commonly known as the "bus discipline problem," what's really at stake is the effect that a lack of good order has on every student's safety. "Discipline" isn't the problem-the real problem is safety, because misbehavior results in an
resentatives conducted an in-depth study of the topic and how to manage it. The outcome of the overhauled process produced clearly defined roles and responsibilities; streamlined procedures and made them consistent; simplified and standardized the rules; and created a universal table of consequences.

Some key points about the policy and procedures are these:
unsafe operation.
Safe student transportation is our highest concern. We have high standards for mechanically sound vehicles, qualified drivers, and trained security attendants; three of the four parts that make up the formula for a safe school bus. The fourth and equally vital part is safe student behavior.

The most serious effect of student misbehavior is its impact on the bus driver. Driving in Korean traffic conditions demands the driver's full attention and absolute concentration. Anything that diverts attention or breaks concentration, however momentary, can have dangerous, even fatal, consequences. Consider this: When the driver looks in the rearview mirror to identify and potentially correct student misbehavior, who is driving the bus?

## 10 General School Bus Rules to Follow

1. Obey the security attendant, driver, or adult
2. Enter and exit the bus safely and always show your bus pass
3. Stay properly seated with seatbelts fastened
4. Keep hands, feet and other body parts to yourself
5. Do not throw things inside, at, or out of the bus
6. Put nothing out of the window
7. Remain quiet and do not disturb the driver or others
8. No profanity, indecency, prohibited items, or vandalism
9. Do not eat, drink, or chew gum
10. Be responsible, be safe

- Because misbehavior by even one student creates an unsafe environment for all, the rules will be strictly enforced.
- Parents (including sponsors or guardians) are responsible for their children's behavior on the bus. Parents must teach their children proper behavior and ensure they follow the rules.
- School principals will take disciplinary action. Riding school buses is a privilege that may be suspended or revoked when a student does not behave in a safe and proper manner.
- Suspension or revocation of bus privileges does not relieve the student of attending school. Parents must make the necessary arrangements.
- The table of consequences has four categories of infractions in ascending order of severity, with disciplinary action also following an increasing penalty scale. The four categories are Minor Misconduct (e.g., making excessive noise, no bus pass, littering); Serious Infractions (e.g., not properly seated with seatbelt fastened); Severe Offenses (e.g., fighting); and Criminal
or Illegal Acts (e.g., possession or use of weapon or prohibited items, making a bomb threat).
- An increasing scale of consequences is applied. Initial consequences for infractions vary from an oral/written warning for minor misconduct, and increasing to a 1-5 day suspension for serious infractions. Consequences may progress from 10-20 day suspensions to possibly the remainder of the school year for subsequent or more severe infractions. Criminal or illegal acts may result in a school suspension, expulsion proceedings being initiated, and
 notification to military installation commanders for other/ additional action as appropriate.

Parents must ensure that their children understand and follow the rules for riding the school bus. Rules and table of consequences are handed out when students are registered each year, and copies are available from the Casey Student Transportation Office.

While school principals administer the policy and program for student school bus behavior management, success requires everyone's backing, cooperation and support.

It's all about a safe ride for students to and from school every day.
*Major portions of this article were extracted from DoDDS-Europe, but are relevant and applicable throughout all DoDEA schools

## Did You Know?

To ensure the security of our students, no persons may enter a school bus without prior authorization from a school official. A person who enters a school bus and disrupts or interferes with the driver, security attendant, or a student (to include their own student) or a person who enters a school bus and refuses to disembark after being ordered to do so by the driver, security attendant, or other school official is deemed a risk and shall be reported to the military police and garrison command element.

## BUS SAFETY

## WORD SEARCH

| S | E | E | D | E | T | A | E | S | Y | A | T | S | V | G |
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BUSDRIVER
BUSSTOP
CROSSWALK
DANGERZONE
EMERGENCYEXIT
FLASHINGLIGHTS
SAFETY
SEATBELT
STAYSEATED
STOPSIGN
YELLOWBUS
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Arrive five minutes prior to the bus arrival.



## Reminders from our School Office

Jessica Foley
Attendance Clerk

Dara Rackers
School Secretary

## Amanda Graves

School Registrar

- All pre-K— 8th grade students who arrive tardy to school are required to have a parent or guardian escort them into the building and sign in at the main office.
- If contact information changes (i.e., telephone number, email address, emergency contact), please notify the main office immediately. If you are going out of town and you leave your child with a guardian, please notify the main office, so we may verify that the person has permission to pick up your child from school or from the bus. Any changes must be done with an Information Update Request form; no changes will be made over the phone.
- If you are due to PCS, please notify the main office at least two weeks in advance. Adequate time is required to prepare grades and records so you may hand carry them to the next duty station.
- If you wish to be a school volunteer, please contact Jessica Foley at 730-6444 for more information.
- If you wish to have a transportation message relayed to your child, please contact the school prior to 1330. Often students are in specials, away from the building, etc., and it is difficult, at best, to get these messages to the students. Please plan appropriately. We ask for advance notice to better assist you in this process.

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Yov re vever too old,
too wacly, too wild,
to pick up a book
avd read to a child.
-Dr. Sevss
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We are always looking for volunteers from our community.

## PTO Board Members

Ms. West, President
Ms. Jones, Vice President
Ms. Garrett, Secretary
Ms. Chaney, Membership Chair
Ms. Prohaska, Membership Chair
Ms. Ulechong, School Store Chair
Ms. Rankin, Popcorn Chair
Ms. Parker,
School Spirit Wear Chair
Ms. Williams,
Teacher Appreciation Chair
Ms. Ramos, Scholastic Chair

## campcaseypto@hotmail.com

Happy February! We have been asked to donate baked items and drinks for the Honor Roll Awards Assembly this upcoming Thursday, February 7th. We are requesting cookies, brownies, or cupcakes. We will provide these refreshments to about 95 students and their parents. Also, we are requesting 10 packages of juice boxes. If you would like to donate, please respond by email. All items will need to be dropped off at the school's main office before 12 noon the day of the event or at the West Casey Chapel after 12noon.

We are also soliciting donations for the Student of the Month Ceremony on February 15th. This is a smaller ceremony (no more than 20 students and their families). We will need about 6 dozen cookie or brownie donations for this event.

On February 14th, we will be hosting a Food Handler's Course at the school. There will be two classes available, 10 A.M. and another one at 3 P.M. We encourage everyone to attend and get their certification, which is good for a year. If you are interested, please send us your name, phone number, and which class time you will attend. These classes are open to anyone who wants to attend (not just PTO members). All attendees MUST sign in at the office on the day of the event.



## Get to Know Our Casey Team

> I love reading, shopping, and creativity. When not at school, I enjoy spending time with my husband and our two boys.

- Mrs. Stockdale, First Grade Teacher


When I was a junior in high school, I was given the opportunity to help restore a 17th century village and paint the Mayflower II (the replica of the Mayflower ship the Pilgrims came over on!).


I enjoy sewing, reading, creating, and spending time with my family. I love Korea, everything about it - the people, the culture, the food, and the shopping.

- Mrs. Ramos, Second Grade Teacher
 diving with the sharks.
- Mrs. Dotson, First Grade Teacher



## Cold Weather Recess Recommendations

Students generally go outside for recess every day, so they should be dressed appropriately. Exceptions are made only when a child brings a doctor's note excusing him/her from outdoor recess.
Staff members provide playground supervision at all times. As a rule of thumb if the supervisor is wearing no more clothing than the least protected child they will be able to adequately assess exposure duration. Indoor recess is determined based on the following guidelines:

- If the temperature outside, together with the wind chill, is below $0^{\circ}(\mathrm{F})$, all students will remain inside for the entire recess.
- If the temperature outside, together with the wind chill, is between $0^{\circ}-10^{\circ}(\mathrm{F})$, the preferred procedure is a rotation of 20 minutes for recess, a 20 -minute outdoor recess, and a 20minute indoor recess. However, at the principal's discretion, the students may be kept inside for the entire time.
If the temperature outside, together with the wind chill, is above $10^{\circ}(\mathrm{F})$, students will have regular outdoor recess.
Other considerations include the condition of the playground and the presence of precipitation. For indoor recess, students are supervised in their classrooms. Special consideration should be given to children with severe asthma or diabetes.

65 ${ }^{\text {th }}$ MEDCOM Force Health Protection: Bldg 5447, PH 736-6693 POC CPT Kevin Warwick (APHN- AREA II)

## Weather links:

http://www.usfk.mil/usfk/weather.aspx http://www.weatherforyou.com/clickcast/international/kr/yongsan.html


## Sure Start-1st

February is Heart Month! The American Heart Association reminds us to take good care of our heart by eating a healthy diet, getting regular exercise, and not smoking. Have an extra serving of fruits and vegetables and go outside and play!

In accordance with Federal lawand US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race,
color, national origin, sex, age or
disability. To file a complaint of
discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW,
Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice).
Individuals who are hearing impaire
or have speech disabilities may
contact USDA through the Federal
Relay Service at (800) 877-8339; or
(800) $845-6136$ (Spanish). USDA is an equal opportunity provider and employer


Jriday



 Pepperoni Pizza Garden Salad Orange Wedges Milk


25

## Grades 2-5

February is Heart Month! The American Heart Association

## Monday Juesday Wednesday Jhursday Jriday

## Did you know?

In the Middle Ages, young men and women drew names from a bowl to see who would be their Valentine. They would wear this name pinned onto their sleeves for one week for everyone to see. This was the origin of the expression "to wear your heart on your sleeve.


President's Day
No School

Cheese Pizza (V)

## Pepperoni Pizza Tuna Tetrazzini

Thef Salad
Garden Salad
Broccoli, Cauliflower \& Carrots Orange Wedges
Pineapple


## BBQ Chicken Bites* <br> Chicken Bites*

 Hummus Veggie Wrap (V) *Whole Grain Dinner Roll Cucumber \& Tomato Salad cornApple Slices Pears
Carrot Bread


## Mozzarella Sticks (M) Chicken Ego Roll \& Rice 27 Chicken Egg Roll \& Rice

Asian Choppe
Carot Sticks
Carot Sticks
Snap peas Grapes
Mandarin Oranges
Fruit Swirl Oup
 reminds us to take good care of our heart by eating a healthy diet, getting regular exercise, and not smoking. Have an extra serving of fruits and vegetables and go outside and play!

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*items served together
~Milk Served Daily~

Italicized items only senved to Grades 2-5


## Grades 6-8

February is Heart Month! The

## Monday Juesday Wednesday Jhursday Jriday

## Did you know?

In the Middle Ages, young men and women drew names from a bowl to see who would be their Valentine. They would wear this name pinned onto their sleeves for one week for everyone to see. This was the origin of the expression "to wear your heart on your sleeve.


Vegetable Alfr
Turkey Salad
Turkey
Peas
Carrot Sticks
Orange Wedges
Pineapple
Banana Bread


## President's Day

No School

Chicken Parmesan
Turkey \& Cheese Sub
Orange Ginger Chicken Bowl
Veggie Burger (V)
Peas
Green Beans
Fresh Fruit
Peaches
Fruit Swirl Cup

Fur Snir


Tuna Tetrazzini Cheese Pizza (V) Cheese Pizza (V)
Pepperoni
Chef Salad
Garden Salad
Broccoli, Cauliflower \& Carrots
Orange Wedges
Pineapple


\section*{| Hamburger |
| :--- |
| Grilled Ham \& Cheese |
| Chicken or Chik'n ( V) Patty |
| Sandwich |
| Craisy Turkey Apple Salad |
| Baked Beans |
| Steamed Carrots |
| Banana |
| Applesauce |
| Catmeal Raisin Cookie |}



## American Heart Association

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