

**MINUTES OF THE NUTRITION COORDINATING COMMITTEE (NCC)
MEETING, NATIONAL INSTITUTES OF HEALTH (NIH)
Rockledge 2, Conference Room 9112-9116, Bethesda MD
November 3, 2005, 2:00-4:00 PM**

WELCOME

Dr. Pam Starke-Reed, Deputy Director, Division of Nutrition Research Coordination (DNRC) convened the meeting at 2:03 PM and welcomed participants. Participating via phone were Dr. Deb Olster, NIH Office of Behavioral and Social Sciences Research (OBSSR); Dr. Barry Portnoy, NIH OD; Dr. Deb Galuska, CDC; Ms. Michelle Lawler, HRSA; Dr. Linda Nebling, NIH NCI; and Ms. Tammy Brown, IHS. The agenda for the meeting is provided as Appendix A, and the list of attendees is provided as Appendix B.

APPROVAL OF MINUTES FROM THE OCTOBER 6, 2005 NCC MEETING

Minutes from the October 6, 2005, NCC Meeting had previously been sent to NCC members via email. Dr. Starke-Reed asked if there were any other corrections to the minutes. There were none. Dr. Mary Frances Picciano, Office of Dietary Supplements (ODS), made a motion to approve the minutes, and Dr. Paul Coates, Office of Dietary Supplements (ODS), seconded the motion. The minutes were thus approved and will be posted on the DNRC website, <http://www.dnrc.nih.gov>, along with the minutes from previous NCC Meetings.

Away-From Home Foods: Opportunities for Preventing Overweight and Obesity

Mr. Brad Sperber and Ms. Judy O'Brien from the Keystone Center discussed the goals and activities of the Forum on Away-From Home Foods: Opportunities for Preventing Overweight and Obesity. The Forum is intended to produce options for action by a range of participants, including but not limited to government, health officials, academics, private sector organizations, civil society organizations, and others. The Forum will consider what can be done to support consumers' ability to manage energy intake with respect to preventing undue weight gain and obesity, within the scope of away-from-home foods. The dialogue will consider a range of potential areas of opportunity, including: product formulation and availability, and menu development; consumer communications, including nutrition information, education, and marketing (both commercial and social). The Forum is approaching the last of three (currently budgeted) meetings, and then will proceed to finalize a consensus set of recommendations. To guide this inquiry participants are considering the following questions in the course of their deliberations:

- What strategies and innovations (public and/or private) might have an impact on preventing weight gain and obesity when applied to the area of away-from-home foods? What is the rationale supporting those approaches?

- What outreach, education, marketing communication, and training efforts are needed to support strategies to achieve positive behavior changes?
- What resources and partnerships are needed to move forward with these strategies (e.g., academic, marketing, financial, policy)?
- What are the potential opportunities moving forward with such strategies, and how can they reasonably be acted upon? What are the challenges, and how can they reasonably be addressed?

Mr. Sperber posed questions to the NCC members for discussion. The questions are listed below:

1. Are there feasible ways of significantly increasing the publicly available data regarding consumer behavior and attitudes regarding away-from-home foods (e.g., collaborative purchasing by government agencies of commercial data sets, expanding existing government survey mechanisms, or creating new public/private partnership)?
2. What would be the most helpful focus and objectives of such a research effort?
3. How should the consuming public be segmented (e.g., socioeconomic group, BMI, disposition to healthy eating, interest in weight management, frequency of dining out)?
4. Is this type of research already being conducted or planned on a significant scale?
5. Who needs to act to design and administer such an effort?

Copies of Mr. Sperber and Ms. Judy O'Brien's PowerPoint slides are available from Ms. Linda Somuah, DNRC. If anyone has any additional questions, Mr. Brad Sperber can be reached via email (bsperber@keystone.org).

Input into the FDA Regulatory Process

Dr. Barbara Schneeman, Food and Drug Administration (FDA), gave a presentation on the FDA Regulatory Process. She discussed the laws related to food and nutrition administered by the FDA and specifically addressed the goals of the Nutrition Labeling and Education Act (NLEA). She also discussed the potential process for changing regulations on nutrition labeling, which include 1) Review initiated by law, petition, judicial decisions, and/or through Agency priority-setting process 2) Advanced Notice of Proposed Rule Making (ANPRM) provides the opportunity to ask questions and seek information or relevant research and to review comments to decide a course of action 3). Notice of Proposed Rule Making – whereby an agency presents thinking on a regulation and the review of comments are received to revise proposal, and finally, 4) Notice of Final Rule.

Dr. Schneeman explained the factors that must be considered in a rule and described the opportunities for scientific input. She also outlined some of the 2005 CFSAN Program priorities related to nutrition and dietary supplement safety. They are the following:

- Congressional Action
 - Food Allergen, Labeling and Consumer Protection Act
- Court Case decisions
 - Strategy for qualified health claims
- Petitions
 - Strategy for whole grains
 - Labeling of *trans* fatty acids
- Agency Initiative
 - Regulatory strategy for Dietary Supplements
 - Enhance Consumer Information for Better Nutrition
 - Qualified Health Claims; Dietary Guidance
 - Updating reference values for Daily Values on the label.
 - Preventing Obesity through Better Nutrition: **Calories Count**
 - Prominence of Calories; Serving Size; Carbohydrate claims

NIH OFFICE OF DIETARY SUPPLEMENTS (ODS)

Dr. Coates reminded members that ODS co-funds grants with the NIH Institutes and Centers (ICs). In FY 2005, ODS co-funded more than 100 grants. ODS is also interested in working with ICs to develop plans for workshops and conferences, with financial sponsorship as well as assistance in planning the agendas. He distributed a copy of a memo sent to IC Directors in October announcing that ODS will receive applications throughout the year and that the office will hold 3 review sessions per year with funding decisions made in time to coincide with IC Council rounds. The memo is attached as Appendix C. Questions about ODS grant and conference support may be directed to Dr. Rebecca Costello in ODS.

ODS recently published the 6th volume in its series “Annual Bibliography of Significant Advances in Dietary Supplement Research”. Copies can be downloaded from the ODS Web site (http://ods.od.nih.gov/Research/Annual_Bibliographies.aspx).

Dr. Picciano announced an upcoming seminar in the ODS Fall 2005 Seminar Series given by Ms. Susan Borra and Ms. Wendy Kapsak from the International Food Information Council will present on November 9, 2005 at EPN Room H entitled “What’s in a Claim? Label Claims and Health Messages Consumers Find Compelling”. A handout of this seminar is provided as Appendix D. The ODS Seminar Series is ongoing and ODS welcomes suggestions for potential speakers.

Dr. Picciano introduced Megan Murphy, a Presidential Management Intern from FDA, to the committee. Ms. Murphy is currently on assignment with ODS.

UPDATE FROM THE DHHS OFFICE OF DISEASE PREVENTION AND HEALTH PROMOTION (ODPHP)

In Dr. Kathryn McMurray's absence, Dr. Pamela Starke-Reed, Dr. Van Hubbard, and Dr. Paul Coates provided the update on Healthy People 2010, A Healthier You, and DRI Research Recommendations.

Dr. Starke-Reed announced that chapter co-leads have submitted their chapters of the Midcourse Review to ODPHP and are waiting for final clearance.

Dr. Van S. Hubbard showed the committee a copy of the book "A Healthier You" and mentioned its release at the National Prevention Summit. The book focuses on every day healthy eating and physical activity for life. It contains many healthy recipes, and focuses on a healthy lifestyle, not diet. In addition it includes the complete Dietary Guidelines for Americans. If anyone is interested in receiving a copy, they should contact Ms. Linda Somuah, DNRC. The book will also be offered in bookstores for the general public.

Dr. Paul Coates announced that the Federal DRI Steering Committee, which includes membership from several US and Canadian government agencies, has commissioned a report from the Food and Nutrition Board. The report will contain a synthesis of the research recommendations made by FNB panels in developing the individual DRI reports over the period from 1997 to 2005. This synthesis is intended to serve as a resource for funding agencies and nutrition scientists in furthering research in areas relevant to the DRIs. The project is expected to take one year. As part of the project, the FNB will create a database of these recommendations and convene a workshop to discuss them.

UPDATE OF DNRC ACTIVITIES

DHHS Obesity Issues.

Dr. Van Hubbard, Director of DNRC, provided an update of his DHHS detail on obesity issues. He asked to be notified via email as representatives become aware of obesity related activities in HHS and other government agencies. Dr. Hubbard also highlighted the need for greater interaction between HHS and other government agencies regarding obesity activities and initiatives.

Nutrition Education Subcommittee (NES).

Dr. Jean Pennington, DNRC, provided an update of the activities of the NIH NCC NES. Since January 2005, 48 documents have come in for NES review including 19 from NIH (five from NCI, one from the DNRC, two from the NICHD, three from NHLBI, three from ODS, two from the Weight-Control Information Network (WIN), and three from NIDDK); 13 from DHHS; 15 from USDA; and one from the

Department of Defense (DoD). Materials reviewed since the last NCC meeting include:

- 3 *Power Plan* Lessons (USDA Food and Nutrition Service)
- *Small Step Splash Page for Kids. Can Your Food Do That?* (DHHS)
- *Youth Obesity Campaign* (DHHS)

A listing of IC nutrition education materials is provided on the DNRC website; any needed updates be communicated to the DNRC.

International Nutrition Congress.
There were no updates provided.

Human Nutrition Research and Information Management (HNRIM) System Update.

In follow-up to remarks made at the last NCC regarding new report options on the public HNRIM website, Mr. Krebs-Smith reported that website testing uncovered a few problems with the format of the spreadsheet report. These issues have been resolved and this report can now be easily manipulated without further reformatting or other modifications. Also, difficulties linking to PubMed publications based on the grant project number appear to have been resolved, so the icon links displayed in search hit lists are expected to be activated and functional within the next few days. Mr. Krebs-Smith again invited meeting attendees to submit comments and critiques of [\hnrnim.nih.gov](http://hnrnim.nih.gov), and said user feedback is both extremely helpful and greatly appreciated. Finally, NCC members were reminded that the request for submission of IC's FY05 nutrition research data for HNRIM is on the horizon; the request will likely be issued the first week of January.

REPORTS FROM NCC MEMBERS AND LIAISONS

Dr. Suzana Petanceska, NIA, noted that a conference entitled *Exploring the Link between Obesity and Alzheimers Disease* is planned for Spring 2006.

Dr. Deb Galuska, CDC, noted that CDC and NCI will be co-sponsoring the "International Congress on Physical Activity and Public Health" that will be held in Atlanta, Georgia from April 17-20, 2006. CDC is now accepting abstract submissions.

Dr. Rachel Ballard-Barbash, NCI, mentioned the *Sixth International Conference on Dietary Assessment Methods* in April. Dr. Jean Pennington noted that this and other conferences can be found on the DNRC calendar website, <http://dnrc.nih.gov/dnrc/calendar.htm>.

Dr. Darla Danford, NHLBI, reminded the committee that the Society for Women's Health Research workshop on *Sex and Gender Differences in Obesity and Cardiovascular Disease* is currently being held on November 2-4, 2005. She also mentioned that NHLBI is in the process of developing a Strategic Plan to serve

as the Institute's scientific working plan or blueprint for the next 5 to 10 years. Comments are welcome and can be provided via the website <http://strategicplan.nhlbi.nih.gov>.

NEXT NCC MEETING

The next NCC Meeting is scheduled for January 5, 2006. A meeting will not be scheduled for December 2005.

ADJOURNMENT

The meeting was adjourned at 3:55 PM.

LIST OF APPENDICES

Appendix A - NIH NCC Meeting Agenda for November 3, 2005

Appendix B - NCC Meeting Attendees for November 3, 2005

Appendix C – Memo from ODS to NIH Directors

Appendix D – Information on ODS Fall 2005 Seminar Series, November 9, 2005

**See attached pdf for appendix C and D

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APPENDIX A. NIH NCC MEETING AGENDA FOR November 3, 2005
2:00-4:00 PM, Rockledge 2, Conference Room 9112-9116, Bethesda MD

1. **Welcome**.....Pam Starke-Reed
2. **Presentation: “Away-From Home Foods: Opportunities for Preventing Overweight and Obesity”**.....Brad Sperber, Keystone Center
3. **Approval of Minutes of the Sept. 1, 2005 Meeting**..... Pam Starke-Reed
4. **Input Into the FDA Regulatory Process**.....Barbara Schneeman, FDA
5. **ODS Activities Update**Paul Coates
6. **ODPHP Update**.....TBD
 - HP 2010 Midcourse Review
 - A Healthier You
 - DRI Research Recommendations
7. **Current DNRC Update of Activities**.....DNRC Staff
 - Obesity Issues,Van Hubbard
 - Nutrition Education Subcommittee Update.....Jean Pennington
 - International Committee Information.....Pam Starke-Reed/Dan Raiten
 - HNRIM Update.....Jim Krebs-Smith
8. **Reports from NCC Members and Liaisons**.....NCC Members
9. **Next Meeting:** January 5, 2006
10. **Old Business**

APPENDIX B. NCC MEETING ATTENDEES FOR OCTOBER 6, 2005

	Members Present	Members Absent	Alternates Present
<u>Chairperson:</u>	V Hubbard		P Starke-Reed

NIH Members:

NCI		J Milner	
NHLBI	D Danford		
NIDCR		R Nowjack-Rayner	
NIDDK	C Miles		
NINDS		M Mitler	
NIAID		M Plaut	M Ninacosi
NIGMS		S Somers	
NICHHD		G Grave	
NEI		N Kurinij	
NIEHS		E Maull	
NIA		J Finkelstein	S Petanceska
NIAMS		J McGowan	
NIDCD		B Wong	
NIMH		P Muehrer	
NIDA		G Lin	
NIAAA		V Purohit	R Breslow
NINR		Y Bryan	
NCCAM		M Klein	
NCRR	L Yager		
FIC		N Tomitch	
NCHGR		K DeLeon	

NIH Liaison Members:

CC	N Sebring		
CIT		J Mahaffey	
CSR		S Kim	
NLM		S Phillips	
OBSSR	D Olster		
OC		M Stern	
ODS	P Coates		
OD/ODP	B Portnoy		
OLPA			
ORWH			
PRCC		M Vogel-Taylor	

Agency Liaison Representatives:

CDC/NCCDPHP	D Galuska		
CDC/NCHS	C Johnson	V Burt	
FDA	K Ellwood		S Blakely
HRSA	M Lawler		
IHS	T Brown		J Charles-Azure
ODPHP		K McMurry	
USDA		M Kretsch	D Klurfeld
DoD		K Friedl	

DNRC: J Krebs-Smith, C McDade-Ngutter, J Pennington, K Regan, L Somuah

Guests: M Murphy (ODS), N Schere (CSR), B Sperber (Keystone Center), J O'Brian (Keystone Center) B Schneeman (FDA), MF Picciano (ODS), R Ballard-Barbash (NCI), C Swanson (ODS), J Dwyer (ODS)