

Range and mean of the individual contribution of total fat to daily energy intake expressed as a percentage within quartiles, one day, 2001-2004

Age-Gender	1Q Min	1Q Mean	1Q Max	2Q Min	2Q Mean	2Q Max	3Q Min	3Q Mean	3Q Max	4Q Min	4Q Mean	4Q Max
1-3y, All	6.3	23.1	27.7	27.8	29.9	32.3	32.3	34.7	37.4	37.4	42.1	56.4
4-8y, All	12.5	23.0	27.0	27.0	29.8	32.0	32.0	34.2	36.7	36.7	41.1	59.2
9-13y, Males	8.1	23.2	27.7	27.7	30.4	32.4	32.4	34.7	37.3	37.3	42.1	59.2
14-18y, Males	0.0	21.8	27.5	27.6	30.2	32.5	32.5	34.8	37.5	37.5	42.2	60.6
19-30y, Males	0.0	20.8	26.8	26.8	29.4	32.1	32.1	34.6	37.2	37.2	41.8	69.0
31-50y, Males	0.0	21.2	26.8	26.8	30.3	33.5	33.5	36.3	39.4	39.4	44.7	71.3
51-70y, Males	0.9	22.8	28.6	28.6	31.9	34.8	34.8	37.8	40.8	40.8	46.7	71.1
71+ y, Males	2.5	22.8	27.9	28.0	30.6	33.4	33.5	36.2	39.1	39.1	44.8	68.0
19+y, Males	0.0	21.6	27.4	27.5	30.5	33.4	33.4	36.2	39.3	39.3	44.7	71.3
9-13y, Females	4.7	23.0	27.8	27.8	30.6	32.9	32.9	35.2	37.6	37.7	42.3	61.8
14-18y, Females	0.2	22.2	27.4	27.5	29.9	32.5	32.5	35.1	38.1	38.1	43.7	62.2
19-30y, Females	0.0	20.7	26.4	26.4	29.5	32.2	32.2	35.0	38.4	38.4	43.5	67.5
31-50y, Females	1.5	21.9	28.1	28.1	30.9	33.8	33.8	36.8	39.9	40.0	46.1	71.7
51-70y, Females	6.8	22.8	28.4	28.5	31.3	34.1	34.1	37.0	40.1	40.1	46.7	70.5
71+ y, Females	5.5	22.4	27.6	27.6	30.6	32.8	32.9	35.7	38.5	38.5	44.0	57.0
19+y, Females	0.0	21.9	27.8	27.8	30.6	33.4	33.4	36.3	39.4	39.4	45.5	71.7
1+y, All	0.0	22.0	27.6	27.6	30.4	33.1	33.1	35.9	38.9	38.9	44.4	71.7

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

1Q = 1st quartile, 2Q = 2nd quartile, 3Q = 3rd quartile, 4Q = 4th quartile.

SOURCE: WWEIA, NHANES 2001-2004