ID:

Assessment of Patients' Experience of Cancer Care (APECC) Study

Conducted by:



And



PLEASE READ THESE INSTRUCTIONS CAREFULLY

GENERAL INSTRUCTIONS

- Answer each question as best you can. Please do not leave any question blank.
- Put an x or a ✓ in the box next to your answer and erase or cross out completely if you
 make any changes.

Example: 1 ✓ Yes : 1 X Yes

Please follow any instructions that direct you to the next question.

Example: 2 ✓ No → GO TO A11

 If you mark an answer with a line after it, please write the specific information on the line provided.

- Mark only one response for each question, unless directed to "MARK ALL THAT APPLY." For those questions, please mark every response choice that applies to your situation.
- As far as possible, please try to answer all the questions in one sitting and, where asked, please record the time you started and ended this survey.

		A. Your He	ealth Hist	ory			
A1.	Please record the time you be for AM or PM:	begin answering th 1☐ AM 2☐ PM	nis survey. V	Nrite the hou	ır on the line	and check the	box
A2.	Today's date:						
	MONTH	DAY		YEAR			
A3.	What is your date of birth?						
	MONTH	DAY		YEAR			
A4.	Are you male or female?						
	1 Male 2 Female						
Ques	tions A5 to A15 are about you	ur cancer history					
A5.	When was the first time tha	at a doctor or other		professional	I told you tha	t you had cand	cer?
A6.	What type of cancer was it? 1 Bladder cancer 2 Colorectal cancer (cancer) 3 Leukemia 91 Other, please specify 99 Don't know	cer of the colon or	,				

Did you ever have any <u>surgery</u> as part of your cancer treatment? Please DO NOT consider any biopsy you had or insertion of medication ports such as a Hickman catheter to be surgery.
1 Yes 2 No → GO TO A8
A7.a. When was the last time you had <u>surgery</u> as part of your cancer treatment?
MONTH YEAR
Did you ever receive any <u>chemotherapy</u> as part of your cancer treatment? Please include both IV (that is, intravenous) and oral forms of chemotherapy.
1 Yes 2 No → GO TO A9
A8.a. When was the last time you received <u>chemotherapy</u> as part of your cancer treatment?
MONTH YEAR
Did you ever receive any <u>radiation therapy</u> as part of your cancer treatment?
1 Yes 2 No → GO TO A10
A9.a. When was the last time you received <u>radiation therapy</u> as part of your cancer treatment?
MONTH YEAR
Did you ever receive a <u>bone marrow or stem cell transplant</u> as part of your cancer treatment? Please DO NOT consider a bone marrow biopsy to be a bone marrow transplant.
1 Yes 2 No → GO TO A11, PAGE 5
A10.a. When was the last time you received a <u>bone marrow or stem cell transplant</u> as part of you cancer treatment?
MONTH YEAR

A11.	Did you ever receive any other medical treatments for your cancer that were not mentioned above?
	1 Yes, please specify:
	A11.a. When was the last time you received these other medical treatments for your cancer?
	MONTH YEAR
A12.	At any time since you were diagnosed with cancer, did a doctor or other health care professional tell you that your cancer had come back (that is, you had a recurrence)? 1 Yes
	1
	A12.a. How many times have you had a recurrence of your cancer? 1 Once
	2 Twice 3 More than two times
	A12.b. What was the approximate date of your most recent recurrence?
	MONTH YEAR
A13.	In the last 6 months, have you received any of the following medical treatments for your cancer? MARK ALL THAT APPLY
	I did not receive any medical treatment for cancer in the last six months Surgery (do not consider biopsy or insertion of medication ports to be surgery) Chemotherapy Radiation therapy
	4 Bone marrow or stem cell transplant (do not consider bone marrow biopsy to be a transplant) 91 Other, please specify:
A14.	When was the last time you received any medical treatment for your cancer?
	Less than 4 weeks ago Less than 4 weeks ago Less than 4 weeks ago To 1 to 3 months ago To 12 months ago More than 12 months ago

A1	5.	To the best of your knowledge, are you now free of cancer (that is, at this cancer in any part of your body)?	time, yo	ou don't	have
		1 Yes 2 No			
A1	6.	Please tell us whether a doctor or other health care professional has ever the following medical conditions in addition to cancer:	told you	that you	u had any of
	_	Ligart attack or mycografical inforction	Yes	No	Don't Know
	a.	Heart attack or myocardial infarction	1	2	3
	b.	Angina or heart-related chest pain	1	2	3
	C.	Heart failure or congestive heart failure	1	2	3
	d.	Stroke or brain hemorrhage	1	2	3
	e.	High blood pressure or hypertension	1	2	3
	f.	Chronic lung disease, asthma, emphysema, or chronic bronchitis	1	2	3
	g.	Diabetes or high blood sugar	1	2	3
	h.	Kidney disease or kidney failure	1	2	3
	i.	Liver disease or cirrhosis	1	2	3
	j.	Osteoporosis or brittle bones	1	2	3
	k.	Depression or anxiety	1	2	3
	I.	Arthritis or rheumatism	1	2	3
	m.	Inflammatory bowel disease, Crohn's disease, or colitis	1	2	3
	n.	HIV or AIDS	1	2	3
	0.	Dementia or Alzheimer's disease	1	2	3
	p.	Stomach ulcers or peptic ulcer disease	1	2	3
	q.	Thyroid-related conditions such as hyperthyroidism or hypothyroidism	1	2	3
	r.	Blood clots in the veins of the legs or in the lungs	1	2	3

B. Cancer Care in the LAST 12 MONTHS

Cancer survivors often see a doctor for follow-up care for many years. Questions in this section are about your experience of getting follow-up cancer care in the LAST 12 MONTHS.

B1.	In the last 12 months , did you see any doctor for <u>follow-up cancer care</u> ? This could either be a cancer specialist or some other doctor you saw to get follow-up medical tests, or to treat symptoms and treatment-related side effects, or to get medical treatments for cancer.
	1 Yes 2 No → GO TO SECTION C, PAGE 22
B2.	In the last 12 months, what were the reasons you saw a doctor for follow-up cancer care? MARK ALL THAT APPLY
	1 To receive medical treatments for cancer
	2 To discuss and/or treat symptoms and side effects
	3☐ To receive follow-up medical tests to check for signs of cancer or other medical problems
	₄☐ To receive a physical examination
	91 Other, please specify:
B3.	In the last 12 months, how much of a problem, if any, was it to get the follow-up cancer care that yo or a doctor believed was necessary?
	1 Not a problem 2 A small problem
	з A big problem, please explain:
B4.	<u>Specialists</u> are doctors like oncologists, surgeons, cardiologists, urologists, gastroenterologists, and others who specialize in one area of health.
	In the last 12 months , did you have to get an approval or a referral to see a specialist for <u>follow-up cancer care</u> ?
	 0 I didn't need to see a specialist in the last 12 months → GO TO B6, PAGE 8 1 Yes 2 No 3 Don't know
B5.	In the last 12 months , how much of a problem, if any, was it to <u>see a specialist</u> that you needed to see to get <u>follow-up cancer care</u> ?
	1 Not a problem
	2 A small problem
	3∐ A big problem

The Doctor You Saw Most Often For Follow-Up Cancer Care in the LAST 12 MONTHS

B6.	What is the specialty of the doctor you saw most often for follow-up cancer care in the last 12 months?
	1 Primary care (such as internal medicine, family practice)
	2 Medical oncologist or hematologist
	₃☐ Radiation oncologist
	₄⊡ Surgeon
	5∭ Gastroenterologist
	6⊡ Urologist
	91 Other, please specify:
	99 Don't know
B7.	Is this doctor a male or a female?
	₁☐ Male
	2 Female
D 0	
B8.	For how many months or years have you been going to this doctor for any kind of medical care?
	1 Less than 3 months
	2 More than 3 months but less than 12 months 3 1 to 2 years
	4 More than 2 years but less than 5 years
	5 or more years
B9.	In the last 12 months , how many times did you see this doctor for follow-up cancer care?
	1 1 time
	2 2 times
	3 3 times 4 4 times
	5 to 9 times
	6 10 or more times
B10.	When did you last see this doctor for follow-up cancer care?
	1 Less than 4 weeks ago
	2 1 to 3 months ago 3 4 to 6 months ago
	4 7 to 12 months ago

B11.	In the last 12 months , where did you usually go to receive follow-up cancer care from this doctor?
	Your doctor's private practice A clinic in a hospital A clinic run by an HMO A local community health clinic Other, please specify: Don't know
B12.	In the last 12 months , how often did you get an appointment for <u>follow-up cancer care</u> with <u>this</u> doctor <u>as soon as you wanted</u> ?
	Never Never Sometimes Always
B13.	In the last 12 months , when you called <u>this</u> doctor's office or clinic <u>during regular office hours</u> with cancer-related questions, how often did you get the <u>help or advice you needed</u> ?
	I didn't call for help or advice during regular office hours in the last 12 months Never Sometimes Usually Always
B14.	In the last 12 months , <u>how many minutes late</u> did your appointments with <u>this</u> doctor for <u>follow-up</u> <u>cancer care</u> usually begin?
	None, they usually began on time Less than 15 minutes late 1 less than 15 minutes late 3 less than 15 minutes late 4 less than 45 minutes late 5 less than 45 minutes late
B15.	In the last 12 months , when you went to see <u>this</u> doctor for <u>follow-up cancer care</u> , how much of a problem was the <u>wait</u> before you got to see the doctor?
	Not a problem A small problem A big problem

In the following questions, "your follow-up care doctor" refers to the doctor you saw most often for follow-up cancer care in the LAST 12 MONTHS.

Overa	II Communication
B16.	In the last 12 months, how often did your follow-up care doctor listen carefully to you?
	Never Sometimes Usually Always
B17.	In the last 12 months , how often did your follow-up care doctor <u>explain things</u> in a way you could understand?
	Never Sometimes Usually Always
B18.	In the last 12 months , how often did your follow-up care doctor <u>show respect</u> for what you had to say?
	Never Sometimes Usually Always
B19.	In the last 12 months , how often did your follow-up care doctor encourage you to <u>ask all the cancer-related questions</u> you had?
	Never Sometimes Usually Always
B20.	In the last 12 months , how often did your follow-up care doctor <u>answer your cancer-related questions</u> to your satisfaction?
	Never Never Usually Always

B21.	In the last 12 months, how often did your follow-up care doctor make sure that you understood all the information he or she gave you?
	Never Sometimes Usually Always
B22.	In the last 12 months, how often did your follow-up care doctor spend enough time with you?
	Never Sometimes Usually Always
B23.	In the last 12 months, how often did you feel rushed by your follow-up care doctor?
	Never Sometimes Usually Always
B24.	In the last 12 months, how often did your follow-up care doctor give you as much cancer-related information as you wanted?
	Never Sometimes Usually Always
B25.	In the last 12 months , how often did you leave your follow-up care doctor's office or clinic with unanswered questions related to your cancer?
	Never Sometimes Jusually Always

FOIIOV	v-up Medical Tests
B26.	In the last 12 months , did your follow-up care doctor <u>order any medical tests</u> to check for signs of cancer or other medical problems?
	1 Yes 2 No → GO TO B31, PAGE 13
	B26.a. Please name some of the medical tests that you received in the last 12 months:
B27.	In the last 12 months, how were the decisions about what medical tests you should get made?
	1 I made the decisions with little or no input from my doctor
	2 I made the decisions after seriously considering my doctor's opinion
	3☐ My doctor and I made the decisions together
	4 My doctor made the decisions after seriously considering my opinion
	5 My doctor made the decisions with little or no input from me
B28.	Which of the following options best describes your level of involvement in making the decisions about what medical tests you should get?
	1 My level of involvement was less than what I wanted
	2 My level of involvement was just right
	3 My level of involvement was more than what I wanted
B29.	In the last 12 months , when you received any medical tests ordered by your follow-up care doctor, how often did you get the test results in a timely manner?
	Never Sometimes Jusually Always
B30.	In the last 12 months , when you received any medical tests ordered by your follow-up care doctor, how often did your doctor or someone from your doctor's office or clinic <u>explain the test results</u> in a way you could understand?
	1 Never 2 Sometimes 3 Usually 4 Always

Sympi	toms and Side effects
B31.	In the last 12 months, were you bothered by any symptoms or treatment-related side effects?
	1 Yes 2 No → GO TO B37, PAGE 14
	B31.a. Please describe some of the symptoms/side effects that bothered you in the last 12 months
B32.	In the last 12 months , did you discuss any of these symptoms or side effects with your follow-up care
	doctor? 1
B33.	In the last 12 months , how often did your follow-up care doctor give you the help you wanted to take care of the symptoms or side effects that were bothering you? 1 Never 2 Sometimes 3 Usually 4 Always
B34.	In the last 12 months , how often did your follow-up care doctor give you clear instructions about what to do if your symptoms or side effects got worse or came back? 1 Never 2 Sometimes 3 Usually 4 Always
B35.	In the last 12 months , how were the decisions about how to <u>treat your symptoms or side effects</u> made?
	1 I made the decisions with little or no input from my doctor
	2 I made the decisions after seriously considering my doctor's opinion
	3 My doctor and I made the decisions together
	4 My doctor made the decisions after seriously considering my opinion
	5 My doctor made the decisions with little or no input from me

B36.	Which of the following options best describes your level of involvement in making the decisions about how your <u>symptoms</u> or side effects should be treated?					
	1 My level of involvement was less than what I wanted					
	2 My level of involvement was just right					
	3 My level of involvement was more than what I wanted					
Doctor	r's Decision Making Style					
B37.	In the last 12 months, were any medical decisions made about your follow-up cancer care?					
	 Some examples of such decisions are: Deciding what follow-up medical tests to get to check for signs of cancer or other problems Changing how often you get follow-up medical tests Getting new medical treatment for your cancer Changing the dosage of or stopping any existing medical treatment Treating your symptoms or treatment-related side-effects 					
	1 Yes 2 No → GO TO B43, PAGE 15					
B38.	When making such medical decisions, did your follow-up care doctor discuss the available options with you in a way you could understand?					
	Yes, definitely Tes, somewhat No					
B39.	When making such medical decisions, did your follow-up care doctor <u>encourage you</u> to ask questions or express any concerns you had <u>about the available options</u> ?					
	Yes, definitely Tes, somewhat No					
B40.	When making such medical decisions, did your follow-up care doctor <u>encourage you</u> to ask questions or express any concerns you had <u>about his or her recommendation</u> ?					
	Yes, definitely Yes, somewhat No					

B41.	When making such medical decisions, did your follow-up care doctor <u>encourage you to give your opinion</u> about the available options?
	Yes, definitely Yes, somewhat No
B42.	When making such medical decisions, did your follow-up care doctor <u>involve you as much as you wanted</u> in the decision making process?
	1 Yes, definitely 2 Yes, somewhat 3 No
Health	Promotion
B43.	In the last 12 months , did your follow-up care doctor or someone from your doctor's office or clinic talk with you about specific things you could do to improve your health or prevent illness?
	Yes, definitely Tes, somewhat No
B44.	In the last 12 months , did your follow-up care doctor or someone from your doctor's office or clinic give you the help you wanted to make changes in your habits or lifestyle that would <u>improve your health or prevent illness</u> ?
	o☐ I didn't want help with this 1☐ Yes, definitely
	2 Yes, somewhat 3 No
B45.	In the last 12 months , did your follow-up care doctor or someone from your doctor's office or clinic talk with you about how much or what kind of foods you eat?
	1 Yes, definitely 2 Yes, somewhat 3 No
B46.	In the last 12 months , did your follow-up care doctor or someone from your doctor's office or clinic talk with you about how much or what kind of exercise you get?
	1 Yes, definitely 2 Yes, somewhat
	3 No

B47.	In the last 12 months, did you smoke cigarettes on at least some days a month?
	1 Yes 2 No → GO TO B49
B48.	In the last 12 months , did your follow-up care doctor or someone from your doctor's office or clinic talk with you about your smoking?
	1 Yes, definitely 2 Yes, somewhat 3 No
Doctor'	s Interpersonal Behavior
B49.	In the last 12 months, how often did your follow-up care doctor treat you with respect?
	Never Sometimes Usually Always
B50.	In the last 12 months, how often was your follow-up care doctor caring and kind?
	Never Sometimes Usually Always
B51.	In the last 12 months , how often did your follow-up care doctor show a <u>genuine interest in you as a person</u> ?
	Never Sometimes Usually Always
B52.	In the last 12 months , how often was your follow-up care doctor <u>sensitive to your feelings and emotions</u> ?
	1 Never 2 Sometimes 3 Usually 4 Always

Doctor'	s Knowledge About You
B53.	How would you rate your follow-up care doctor's knowledge of your medical history?
	Poor Fair Good Very good Excellent
B54.	How would you rate your follow-up care doctor's knowledge of your <u>responsibilities at home, work, or school</u> ?
	Poor Fair Good Very good Excellent
B55.	How would you rate your follow-up care doctor's knowledge of how cancer and the medical treatments you received for cancer have <u>affected the quality of your life</u> ?
	Poor Fair Good Very good Excellent

Opinion About Your Doctor

B56. Please tell us how much you <u>agree</u> or <u>disagree</u> with the following statements about your <u>follow-up</u> <u>care doctor</u>:

		Strongly Agree	Somewhat Agree	Neither Agree nor Disagree	Somewhat Disagree	Strongly Disagree
a.	I doubt that my doctor really cares about me as a person	1	2	3	4	5
b.	My doctor is usually considerate of my needs and puts them first	1	2	3	4	5
C.	I trust my doctor so much that I always try to follow his/her advice	1	2	3	4	5
d.	If my doctor tells me something is so, then it must be true	1	2	3	4	5
e.	I sometimes distrust my doctor's opinion and would like a second one	1	2	3	4	5
f.	I trust my doctor's judgments about my medical care	1	2	3	4	5
g.	I feel my doctor does not do everything he/she should for my medical care	1	2	3	4	5
h.	I trust my doctor to put my medical needs above all other considerations when treating my medical problems	1	2	3	4	5
i.	My doctor is a real expert in taking care of medical problems like mine	1	2	3	4	5
j.	I trust my doctor to tell me if a mistake was made about my treatment	1	2	3	4	5
k.	I sometimes worry that my doctor may not keep the personally sensitive information we discuss totally private	1	2	3	4	5

Stall a	Your Doctor's Office
B57.	In the last 12 months , how often did <u>nurses</u> at your follow-up care doctor's office or clinic treat you with <u>courtesy and respect</u> ? □ I didn't see any nurses at my doctor's office/clinic in the last 12 months → GO TO B59 □ Never □ Sometimes □ Usually □ Always
B58.	In the last 12 months , how often were the <u>nurses</u> at your follow-up care doctor's office or clinic as helpful as you thought they should be? 1 Never 2 Sometimes 3 Usually 4 Always
B59.	In the last 12 months , how often did <u>office staff</u> (such as receptionists and other personnel at the front office) at your follow-up care doctor's office or clinic treat you with <u>courtesy and respect</u> ? 1 Never 2 Sometimes 3 Usually 4 Always
B60.	In the last 12 months , how often was <u>office staff</u> (such as receptionists and other personnel at the front office) at your follow-up care doctor's office or clinic as <u>helpful</u> as you thought they should be? 1 Never 2 Sometimes 3 Usually 4 Always
Coordi	nating Your Care
B61.	In the last 12 months , how often did your follow-up care doctor seem <u>informed and up-to-date</u> about the care you received from any other doctors or health professionals you saw for <u>cancer-related issues or problems</u> ? o I didn't see any other doctor/health professional for cancer-related issues in the last 12 months never Sometimes Usually Always

B62.	In the last 12 months , in your opinion, how often did your follow-up care doctor, the nurses, and other staff at your follow-up care doctor's office or clinic seem to work well together as a team?						
	1 Never 2 Sometimes 3 Usually 4 Always						
Evalu	lation of Your Care						
B63.	Overall, how would you rate your follow-up care doctor?						
	Use any one number from 0 to 10 where 0 is the worst doctor possible and 10 is the best doctor possible.						
V	0 1 2 3 4 5 6 7 8 9 10 Best doctor Possible						
B64.	Based on your interactions with your doctor, the nurses, and other staff, how would you <u>rate the quality of care</u> you received from your follow-up care doctor's office or clinic in the last 12 months ? 1 Poor 2 Fair						
	Good Very good Excellent						
B65.	If you needed follow-up cancer care in the next 12 months , would you go back to your follow-up care doctor's office or clinic?						
	Definitely Yes Probably Yes Not Sure Probably No Definitely No						
B66.	Would you <u>recommend</u> your follow-up care doctor's office or clinic to your family members and friends if they needed cancer-related care?						
	Definitely yes Definitely yes Not sure Definitely not						

Questions B67 to B69 are about <u>any other</u> doctors you saw for <u>cancer-related issues or problems</u> in the LAST 12 MONTHS.

B67.	In the last 12 months , in addition to your follow-up care doctor, did you see <u>any other</u> doctor for <u>cancer-related issues or problems</u> ?
	1 Yes → How many other doctors did you see? 2 No → GO TO SECTION C, PAGE 22
B68.	What is the specialty of the <u>other</u> doctor or doctors you saw for <u>cancer-related issues or problems</u> in the last 12 months ? MARK ALL THAT APPLY
	1 Medical oncologist or hematologist
	2 Radiation oncologist
	₃⊡ Surgeon
	₄☐ Gastroenterologist
	5⊡ Urologist
	6 Cardiologist
	7 Rheumatologist
	8 Endocrinologist
	9☐ Pulmonologist
	10 Neurologist
	11 Dermatologist
	12 Psychiatrist
	13 Psychologist, psychotherapist, or any other mental health professional
	91 Other, please specify:
	99 Don't know
B69.	How would you <u>rate the quality of care</u> you received from the <u>other</u> doctor or doctors you saw for <u>cancer-related issues or problems</u> in the last 12 months ?
	1 Poor
	2∐ Fair ₃ Good
	₄☐ Very good
	5 Excellent

C. Complementary and Alternative Therapies Used in the LAST 12 MONTHS

C1. In the last 12 months, did you use any of the following complementary and alternative therapies?

		Yes	No
a.	Special diets such as mostly vegetarian or low fat	1	2
b.	Movement or physical therapies such as yoga, tai chi, massage, chiropractic, or electromagnetic therapy	1	2
C.	High dose or mega vitamins (DO NOT include 1-a-day multivitamins), nutritional supplements, or herbal remedies	1	2
d.	Homeopathy	1	2
e.	Mind/body therapies such as guided imagery/visualization, biofeedback, meditation, relaxation techniques, hypnosis/hypnotherapy, energy healing, therapeutic touch, or music therapy	1	2
f.	Oriental therapies such as acupuncture, acupressure, Qigong, or Shiatsu	1	2
g.	Self-help or support groups (either face-to-face or on the Internet)	1	2
h.	Psychological therapy or counseling from a psychologist, psychiatrist, social worker, or any other mental health professional	1	2
i.	Faith healing, laying on of hands, or any other spiritual or religious group experience	1	2
j.	Personal prayer or personal spiritual healing	1	2
k.	Other, please specify:	1	2

If you DID NOT USE any of the above therapies in the LAST 12 MONTHS, please go to section D on page 25.

If you USED one or more of the above therapies in the LAST 12 MONTHS, please continue on the next page.

C2.	last 12	ere the major reasons why you used any of these therapies discussed in question C1 in the months? ALL THAT APPLY
	o⊡ I di	idn't use any of these therapies in the last 12 months → GO TO SECTION D, PAGE 25
	1 To	relieve symptoms or any treatment-related side effects (such as pain, nausea, fatigue,
	an	xiety, depression, or other similar symptoms/side-effects)
	2 To	relieve stress
	з То	treat my cancer
	4[] To	prevent my cancer from coming back
	5 To	help deal with a medical condition other than cancer, please specify:
	91 Oth	ner, please specify:
C3.	Overall,	how helpful were any of these therapies you used in the last 12 months in meeting the poals?
	2 So	t at all helpful mewhat helpful ry helpful
C4.		ast 12 months, did you see any complementary and alternative therapy practitioner or doctor we any of these therapies?
	1 Ye 2 No	S → GO TO C5, PAGE 24
	C4.a.	As best as you can, please tell us the specialty of all the complementary and alternative therapy practitioners or doctors you saw in the last 12 months :
	C4.b.	Overall, how would you <u>rate the quality of care</u> you received from the complementary and alternative therapy practitioners or doctors you saw in the last 12 months ?
		Poor Fair Good Very good Excellent

1 Yes 2 No → GO TO C6	
	C5.a. Which of the following best describes your follow-up care doctor's response? Your doctor
	Encouraged you to use it Didn't care whether you used it or not Told you about the risks in using it Encouraged you to stop using it Made no comment
	91 Other, please specify:
	PLEASE GO TO SECTION D, PAGE 25
	easons why you didn't discuss your use of complementary and alternat llow-up care doctor in the last 12 months? LY
= -	er asked your doctor wouldn't approve nt for you to tell your doctor tor might refuse to continue to be your doctor

D. Medical Decisions About Your Follow-up Cancer Care

For the following questions, we would like you to think about how you would prefer to make medical decisions about your follow-up cancer care, IF they were to be made AT THIS TIME.

side effects should be treated, what medical treatments for cancer you should receive, etc.

medical decisions about your follow-up cancer care should be made.

From the following five options, please mark the one that best describes your preference for how

Such decisions could include what follow-up medical tests you should get, how your symptoms and

D1.

		1 I would prefer to make the decisions with little or no input from my doctor							
2 I would prefer to make the decisions after seriously considering my doctor's opinion									
3 I would prefer that my doctor and I make the decisions together									
4 I would prefer my doctor to make the decisions after seriously considering my opinion									
		5 I would prefer my doctor to make the decision	s with little c	r no input	from me				
D2		How much do you <u>agree</u> or <u>disagree</u> with the following statement: In general, I prefer to leave <u>medical decisions about my follow-up cancer care</u> up to my follow-up care doctor.							
Strongly agree Somewhat agree Neither agree nor disagree Somewhat disagree Strongly disagree									
D3. If at this time , you and your follow-up care doctor had to make any <u>medical decisions about follow-up cancer care</u> , how confident are you that you would be able to						s abou	t your		
			Not at All Confident	A Little	Somewhat	Very	Completely Confident		
	a.	Take part in a detailed discussion with your doctor about the different available options	1	2	3	4	5		
	b.	Let your doctor know if you had any concerns or questions about his or her recommendation	1	2	3	4	5		
	C.	Tell your doctor about the option you would prefer	1	2	3	4	5		
	d.	Work out any differences of opinion with your doctor, should they exist	1	2	3	4	5		
	e.	Take responsibility for making the final decision	1	2	3	4	5		

D4. The following statements represent different opinions cancer survivors may have about participating in medical decisions about their follow-up cancer care. Please tell us how much you agree with the following statements.

		Strongly Agree	Somewhat Agree	Neither Agree nor Disagree	Somewhat Disagree	Strongly Disagree
a.	I would have less confidence in my doctor if he/she didn't tell me what to do	1	2	3	4	5
b.	It would offend my doctor if I were to make my own medical decisions	1	2	3	4	5
C.	Only I can decide which medical options are best for me	1	2	3	4	5
d.	I am not confident about my ability to make good medical decisions	1	2	3	4	5
e.	Doctors aren't perfect so it's important that I'm involved in my medical decisions	1	2	3	4	5
f.	I'd rather be given many choices than to have the doctor make the decisions for me	1	2	3	4	5
g.	Participating in my medical decisions is good for my health	1	2	3	4	5
h.	I don't know enough to make my own medical decisions	1	2	3	4	5
i.	If I make the final decision, it'll be my fault if it turns out to be a bad choice	1	2	3	4	5
j.	Making my own medical decisions allows me to be in control of my health	1	2	3	4	5
k.	I'm foolish to trust my doctor completely for medical decisions	1	2	3	4	5
l.	I would end up annoying my doctor if I negotiated medical decisions with him/her	1	2	3	4	5

Described below are three specific medical decisions that cancer survivors may have to deal with. While you may have already faced one or more of these decisions, we would like you to think what you would want to do if you and your doctor had to make these decisions AT THIS TIME. D5. **Follow-up Medical Tests** If at this time, you needed to get any follow-up medical tests to check for signs of cancer, how would you want the decision about what follow-up tests you should get to be made? 1 I would prefer to make the decision with little or no input from my doctor 2 I would prefer to make the decision after seriously considering my doctor's opinion 3 I would prefer that my doctor and I make the decision together 4 I would prefer my doctor to make the decision after seriously considering my opinion 5 I would prefer my doctor to make the decision with little or no input from me D6. Management of treatment-related side effects If at this time, you were to be bothered by any side effects of your cancer treatments such as pain, fatigue, or any other treatment-related problem, how would you want the decision about how to manage these side effects to be made? 1 I would prefer to make the decision with little or no input from my doctor 2 | I would prefer to make the decision after seriously considering my doctor's opinion 3 I would prefer that my doctor and I make the decision together 4 I would prefer my doctor to make the decision after seriously considering my opinion 5 I would prefer my doctor to make the decision with little or no input from me D7. **Treatment of Recurrence** If at this time, you were to experience a recurrence of your cancer, that is, your cancer came back, how would you want the decision about what medical treatments you should receive for your recurrence to be made? 1 I would prefer to make the decision with little or no input from my doctor 2 I would prefer to make the decision after seriously considering my doctor's opinion 3 I would prefer that my doctor and I make the decision together

4 I would prefer my doctor to make the decision after seriously considering my opinion

5 I would prefer my doctor to make the decision with little or no input from me

E: Cancer-related Information Seeking

E1. At this time, do you feel you need <u>more information</u> about any of the following <u>cancer-related topics</u>?

Car	ncer-related Topics	NO more information	SOME more information	MUCH more information
a.	Follow-up tests/procedures that you should have	1	2	3
b.	Symptoms that should prompt you to call your doctor	1	2	3
C.	What late and long-term side effects of cancer treatment to expect	1	2	3
d.	Dealing with late and long-term side effects of cancer treatment	1	2	3
e.	Decreasing the risk of having cancer again	1	2	3
f.	Managing your anxiety about recurrence	1	2	3
g.	Staying physically fit	1	2	3
h.	Nutrition and diet	1	2	3
i.	Cancer risks to your family	1	2	3
j.	Dealing with sexual problems	1	2	3
k.	Having children after cancer treatment	1	2	3
l.	Complementary and alternative treatments	1	2	3
m.	Medical advances in cancer treatment	1	2	3
n.	Talking about your cancer experience with family, friends, and co-workers	1	2	3
0.	Dealing with people who may avoid you	1	2	3
p.	Getting or retaining health, life, or disability insurance after cancer	1	2	3
q.	Any other need for information, please specify:	1	2	3

	1 Ye 2 No	S → GO TO E5, PAGE 30				
	E2.a.	Please give us some examples of the type of cancer the last 12 months:	er-related	information	you searche	d for in
E3.	mark th	below are some common sources of information. For e box that indicates how helpful the source was for yetion in the last 12 months.			•	
In	formation	Source	Did Not Use	Used, Not at all Helpful	Used, Somewhat Helpful	Used, Very Helpful
a.	Spouse of	or significant other	1	2	3	4
b.	Other far	nily members	1	2	3	4
C.	Friends o	or co-workers	1	2	3	4
d.	Doctors		1	2	3	4
e.	Nurses		1	2	3	4
f.	Counseld	ors or therapists	1	2	3	4
g.	Medical I	oooks	1	2	3	4
h.	Scientific	journals	1	2	3	4
i.	Patient e	ducation materials such as brochures or pamphlets	1	2	3	4
j.	Face-to-f	ace support groups or self-help groups	1	2	3	4
k.	Support	groups or self-help groups on the Internet	1	2	3	4
l.	Other so	urces on the Internet	1	2	3	4
m.	Newspap	pers and magazines	1	2	3	4
n.	Radio an	d television	1	2	3	4
0.	Toll free	telephone information services (1-800 Number)	1	2	3	4
p.	Religious	community/place of worship	1	2	3	4
q.	If you use	ed a source not listed above, please specify:	1	2	3	4

Did you search for any <u>cancer-related information</u> in the **last 12 months**?

E2.

E4.		Based on your search for <u>cancer-related inforr</u> following experiences?	<u>nation</u> in th	e last 12 mo	onths, how	often did yo	u have the
				Never	Sometin		· i
	a.	I wanted more information, but did not know w	here to find	lit 1	2	3	4
	b.	It took a lot of effort to get the information I nee	eded	1	2	3	4
	c.	I did not have the time to get all the information	n I needed	1	2	3	4
	d.	I felt frustrated during my search for the inform	ation	1	2	3	4
	e.	I was concerned about the quality of the inform	nation I fou	nd 1	2	3	4
	f.	The information I found was too hard to under	stand	1	2	3	4
	g.	I was satisfied with the information I found		1	2	3	4
E6.		Not at all confident A little confident Somewhat confident Very confident Completely confident How much do you agree or disagree with the	Strongly	Somewhat	Neither Agree nor	Somewhat	Strongly
			Agree	Agree	Disagree	Disagree	Disagree
	a.	It is important for people with cancer to learn as much as they can about their illness and its treatments	1	2	3	4	5
	b.	I actively seek out cancer-related information	1	2	3	4	5
	C.	Having information about my cancer and its treatments gives me a sense of control	1	2	3	4	5
	d.	It is my responsibility to learn about my cancer and its treatments	1	2	3	4	5
	e.	I prefer to get as much information as possible about my health, good and bad	1	2	3	4	5

	F. General Health
F1*.	In general, would you say your health is:
	Very good Good Fair Poor
F2.	Compared to 1 year ago, how would you rate your health in general now? 1 Much better now than 1 year ago 2 Somewhat better now than 1 year ago 3 About the same as 1 year ago 4 Somewhat worse now than 1 year ago 5 Much worse now than 1 year ago

F3. The following questions are about activities you might do during a typical day. Does <u>your health **now** limit you</u> in these activities? If so, how much?

		Yes, Limited a Lot	Yes, Limited a Little	No, Not Limited at All
a.	<u>Vigorous activities</u> , such as running, lifting heavy objects, participating in strenuous sports	1	2	3
b.	Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf	1	2	3
C.	Lifting or carrying groceries	1	2	3
d.	Climbing several flights of stairs	1	2	3
e.	Climbing one flight of stairs	1	2	3
f.	Bending, kneeling, or stooping	1	2	3
g.	Walking more than a mile	1	2	3
h.	Walking several hundred yards	1	2	3
i.	Walking one hundred yards	1	2	3
j.	Bathing or dressing yourself	1	2	3

^{*} Questions F1-F11 are from SF-36v2 Standard, US Version 2.0. SF-36v2™ Health Survey © 1996, 2000 by QualityMetric Incorporated and Medical Outcomes Trust – All Rights Reserved. SF-36 is a registered trademark of Medical Outcomes Trust

F4.	During the past 4 weeks , how much of the time have you had any of the following problems with your work or other regular daily activities <u>as a result of your physical health?</u>								
		All of the Time		Some of the Time	A Little of the Time	None of the Time			
a.	Cut down on the <u>amount of time</u> you spent on work or other activities	1	2	3	4	5			
b.	Accomplished less than you would like	1	2	3	4	5			
c.	Were limited in the kind of work or other activities	1	2	3	4	5			
d.	Had <u>difficulty</u> performing the work or other activities (for example, it took extra effort)	1	2	3	4	5			
F5.	During the past 4 weeks , how much of the time have y work or other regular daily activities as a result of any e or anxious)?								
		All of the Time		Some of the Time	A Little of the Time	None of the Time			
a.	Cut down on the <u>amount of time</u> you spent on work or other activities	1	2	3	4	5			
b.	Accomplished less than you would like	1	2	3	4	5			
c.	Did work or other activities less carefully than usual	1	2	3	4	5			
F6.	During the past 4 weeks , to what extent has your <u>phys</u> with your normal social activities with family, friends, not at all 2 Slightly 3 Moderately 4 Quite a bit 5 Extremely			nal proble	<u>ms</u> interf	ered			
F7.	How much bodily pain have you had during the past 4 1 None 2 Very mild 3 Mild 4 Moderate 5 Severe 6 Very severe	weeks?							

F8.		During the past 4 weeks , how much did <u>pain</u> inter outside the home and housework)?	fere with yo	our normal	work (incl	uding both	work
		Not at all Not at all Moderately Quite a bit Extremely					
F9.		These questions are about how you feel and how For each question, please give the one answer that	•		•	•	
		How much of the time during the past 4 weeks					
			All of the Time	Most of the Time		A Little of the Time	None of the Time
	a.	Did you feel full of life?	1	2	3	4	5
	b.	Have you been very nervous?	1	2	3	4	5
	C.	Have you felt so down in the dumps that nothing could cheer you up?	1	2	3	4	5
	d.	Have you felt calm and peaceful?	1	2	3	4	5
	e.	Did you have a lot of energy?	1	2	3	4	5
	f.	Have you felt downhearted and depressed?	1	2	3	4	5
	g.	Did you feel worn out?	1	2	3	4	5
	h.	Have you been happy?	1	2	3	4	5
	i.	Did you feel tired?	1	2	3	4	5
F1(Э.	During the past 4 weeks , how much of the time had interfered with your social activities (like visiting fried) 1 All of the time 2 Most of the time 3 Some of the time 4 A little of the time 5 None of the time			h or emoti	onal proble	<u>ms</u>

Definitely True	•	Don't Know	•	Definitely False

How TRUE or FALSE is each of the following statements for you?

a. I seem to get sick a little easier than other people	1	2	3	4	5	
b. I am as healthy as anybody I know	1	2	3	4	5	
c. I expect my health to get worse	1	2	3	4	5	

F12. Below is a list of feelings, attitudes, and behaviors that you may have experienced during the **past week**. For each of the following items, please mark the one response that best describes how often you had that experience during the **past week**.

During the past week ...

d. My health is excellent

F11.

	Hardly Ever or Never	Some of the Time	Much or Most of the Time
a. I did not feel like eating; my appetite was poor	0	1	2
b. I felt depressed	o	1	2
c. I felt everything I did was an effort	0	1	2
d. My sleep was restless	o	1	2
e. I was happy	0	1	2
f. I felt lonely	o	1	2
g. People were unfriendly	0	1	2
h. I enjoyed life	o	1	2
i. I felt sad	0	1	2
j. I felt that people disliked me	o	1	2
k. I could not get "going"	0	1	2

СН	Aalt	$h \Lambda$	ppra	6.2
G. H	Gail	ΗА	ppia	

What do you think are the chances that your cancer will come back or get worse within the next 10

G1.

years?

		Very low Fairly low Moderate Fairly high Very high					
G2		How often do you worry that your cancer ma	y come bac	k or get wor	se?		
		Never Rarely Sometimes Often All the time					
G3		How much do you agree or disagree with the	following s	statements?			
			Strongly Agree	Somewhat Agree	Neither Agree nor Disagree	Somewhat Disagree	Strongly Disagree
	a.	I would like to feel more certain about my health	1	2	3	4	5
	b.	I worry that my cancer will return or get worse	1	2	3	4	5
	C.	I feel that there is little need to worry about my future health status	1	2	3	4	5
	d.	I am bothered by the uncertainty about my health status	1	2	3	4	5
	e.	When I think about my future health status, I feel some uneasiness	1	2	3	4	5
	f.	I am preoccupied with thoughts of the cancer returning or getting worse	1	2	3	4	5

G4.		How much do you <u>agree</u> or <u>disagree</u> with the	e following st Strongly Agree	tatements? Somewhat Agree	Neither Agree nor Disagree	Somewhat Disagree	Strongly Disagree
	a.	No matter how hard I try, my health doesn't turn out the way I would like	1	2	3	4	5
	b.	I am usually unable to find effective solutions for my health problems	1	2	3	4	5
	C.	My efforts to change things about my health are usually ineffective	1	2	3	4	5
	d.	Typically, my plans for my health don't work out well	1	2	3	4	5
G5.		To what extent do you feel you have contro	No Control at	A Little Control	Moderate Amount of Control	A Great Deal of Control	Complete Control
G5.	a.	To what extent do you feel you have contro Your emotional responses to your cancer (such as worrying, feeling anxious, feeling depressed)	No		Amount of	Deal of	
G5.		Your emotional responses to your cancer (such as worrying, feeling anxious, feeling	No Control at All	Control	Amount of	Deal of	Control
G5.	a.	Your emotional responses to your cancer (such as worrying, feeling anxious, feeling depressed) The physical side effects of your cancer and its treatment (such as feeling pain,	No Control at All	Control	Amount of Control	Deal of Control	Control 5

H. Background Information

H1.	What is the highest level of formal education you have completed?
	Less than high school High school graduate or GED Some college or technical or vocational school College graduate Some graduate school Graduate degree
H2.	Do you consider yourself to be
	1 Hispanic or Latino? 2 NOT Hispanic or Latino? → GO TO H3
	H2.a. Which group best describes your Hispanic or Latino origin?
	Mexican, Mexican-American, or Chicano Puerto Rican Cuban or Cuban-American Cuban or Cuban-American The companies of the c
H3.	Which of the following describes your race? MARK ALL THAT APPLY
	American Indian or Alaska Native Black or African American White Asian: Chinese Asian: Japanese Asian: Filipino Asian: Indian Other Asian, please specify:
H4.	What is your current marital status?
	Married or living as married Divorced Separated Widowed Single (never married)

H5.	Who lives with you currently , at least some of the time? MARK ALL THAT APPLY
	I live alone Spouse or significant other Children under age 18, please specify how many: Children age 18 or older, please specify how many: One or both parents Other relatives, please specify how many: Friends or roommates Pets Other, please specify:
H6.	What is your current employment status? MARK ALL THAT APPLY
	Working full time Working part time Unemployed Unemployed Under, please specify:
H7.	Which of the following categories best describes your total family income, before taxes, from all sources last year?
	Less than \$10,000 Less than \$10,000 1 \$10,000 to \$19,999 2 \$20,000 to \$39,999 4 \$40,000 to \$59,999 5 \$60,000 to \$74,999 6 \$75,000 to \$99,999 7 \$100,000 to \$119,999 8 \$120,000 or more
	H7.a. How many people, adults and children, were supported by this income?
H8.	During the last 4 weeks , did you have adequate financial resources to meet the daily needs of you and your family?
	1 Yes 2 No

How many people do you have living near you that you can count on for help in times of trouble or difficulty, such as, to watch over children or pets, to give rides to the hospital or store, or to help if you are sick?
1 0 2 1 3 2 4 3 to 5 5 6 to 9 6 10 or more
In the last 12 months , were you covered by any form of health insurance or health care plan for <u>at least some of the time</u> ?
1 Yes → GO TO H11 2 No ———————————————————————————————————
H10.a. When you received medical care in the last 12 months, how did you usually pay for it?
Paid by cash (out-of-pocket, self-pay) Went to a free or government clinic or health care facility Other, please specify:
PLEASE GO TO H13, PAGE 40
Was this health coverage provided by a Health Maintenance Organization (HMO)? 1 Yes 2 No 99 Don't know
In the last 12 months , was there <u>any time</u> when you had no health insurance coverage at all? 1 ☐ Yes 2 ☐ No → GO TO H13, PAGE 40
H12.a. For approximately how many months during the last 12 months did you have no health insurance coverage at all?
MONTHS

	H12.b.	During the time in the last 12 months when you had no health insurance coverage at all, how did you pay for the medical care you received?
		 You did not receive any medical care when you had no health insurance in the last 12 months Paid by cash (out-of-pocket, self-pay)
		2 Went to a free or government clinic or health care facility
		91 Other, please specify:
H13.	Are you	now covered by any form of health insurance or health care plan?
	1∐ Ye	es → GO TO H14
	2 No) ———
		H13.a. When you now receive medical care, how do you usually pay for it?
		□ Pay by cash (out-of-pocket, self-pay)
		2 Go to a free or government clinic or health care facility
		91 Other, please specify:
		PLEASE GO TO SECTION I, PAGE 41
		PLEASE GO TO SECTION I, PAGE 41
H14.		ind of health insurance or health care coverage do you use to pay for your medical care?
	MARK	ALL THAT APPLY
	1∏ H€	ealth insurance plan from your employer or workplace
	_	ealth insurance plan from someone else's employer
	=	ivate health insurance plan purchased directly by you or someone else
	=	edicaid or MediCal or Medical Assistance edicare
	=	HIP (Children's Health Insurance Plan)
		litary health care (including CHAMPUS/TRICARE/CHAMP-VA)
	8 Ind	dian Health Service
		her government program or state sponsored plan, please specify:
		ngle service plan (such as dental, vision, or prescription plan)
	91 Ot	her, please specify:

I. Additional Comments

	f you have any comments about this survey or would like to share any co	
to do so l	s related to or due to your cancer that we did not cover in this survey, plead below:	ase ie
Please no	note the time at which you finished the survey:	1[
		2
If you ans	note the time at which you finished the survey: swered the survey in more than one sitting, please fill in the approximate answering all the questions in this survey:	² [total t
If you ans	swered the survey in more than one sitting, please fill in the approximate	² [total t
If you ans	swered the survey in more than one sitting, please fill in the approximate	² [total t
If you ans	swered the survey in more than one sitting, please fill in the approximate nt answering all the questions in this survey:	²[total t
If you ans	swered the survey in more than one sitting, please fill in the approximate	²[total t
If you ans	swered the survey in more than one sitting, please fill in the approximate nt answering all the questions in this survey:	²[total t
If you ans	reswered the survey in more than one sitting, please fill in the approximate answering all the questions in this survey: THANK YOU for taking the time to fill out this survey.	2[total t