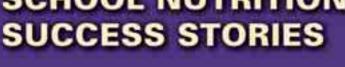
HANGE TO SCHOOL NUTRITION









Because increasing personal fitness and becoming healthier is critical to achieving a better and longer life, President George W. Bush established the *HealthierUS* initiative. The initiative is designed to help Americans, especially children, improve their overall health by making small adjustments and improvements in the activities of daily life. The President's *HealthierUS* initiative encourages all Americans to:

- Be physically active every day;
- Eat a nutritious diet;
- Get preventive screenings; and
- Make healthy choices.

For more information on HealthierUS, go to www.healthierus.gov.

To support the President's *HealthierUS* initiative, the United States Departments of Agriculture, Health and Human Services, and Education officially agreed to work together to encourage all youth to adopt healthy eating and physical activity behaviors in order to curb the increasing rate of overweight, particularly in children and youth, as well as promote better health status to improve educational attainment.

Making It Happen! supports the President's *HealthierUS* initiative and efforts to help children and youth adopt healthy behaviors. It was developed by:





Team Nutrition

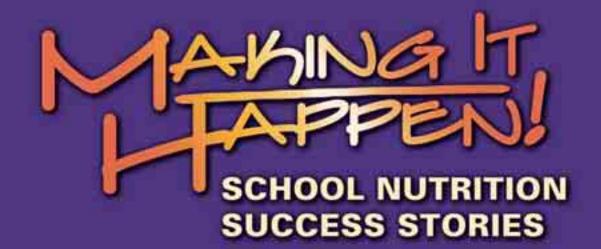
Child Nutrition Division, Food and Nutrition Service U.S. Department of Agriculture 3101 Park Center Drive, 6th Floor Alexandria, Virginia 22302

Division of Adolescent and School Health National Center for Chronic Disease Prevention and Health Promotion Centers for Disease Control and Prevention U.S. Department of Health and Human Services 4770 Buford Highway, NE, MS–K12 Atlanta, Georgia 30341

United States Department of Agriculture Food and Nutrition Service FNS 374 January 2005

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