

Get Smart. Take a look at this chart to find out which upper respiratory infections are usually caused by viruses — germs that are not killed by antibiotics. Talk with your doctor about ways to feel better when you are sick. Ask what you should look for at home that might mean you are developing another infection for which antibiotics might be appropriate.

lliness	Usual Virus	Cause Bacteria	Antibiotic Needed
Cold			No
Flu			No
Chest Cold (in otherwise healthy children and adults)			No
Sore Throats (except strep)			No
Bronchitis (in otherwise healthy children and adults)	V		No
Runny Nose (with green or yellow mucus)			No
Fluid in the Middle Ear (otitis media with effusion)	V		No

2 Column Newspaper (4⁵/₈" X 7¹/₄")

A PDF of this graphic will be available for download at www.cdc.gov/getsmart on September 17, 2003.