

ACT Follow-up Adverse Events Questionnaire

| | | | | | | | | | | | | | | |
|----------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|-------|------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| ID | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | NEWID | Acrostic | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Date Completed | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | VISIT | Visit Code | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| | Mon | Day | Year | | | | | | | | | | | |

Form completed by: (staff code) PHONDATA = COLLECTED BY TELEPHONE

1. Were you hospitalized during the last 6 months? HOSP6MTH

| | | | | | | |
|--------------------------------|---------------------------------|----------------------|-----------|-------------------------------|----------------------|----------|
| 1 <input type="checkbox"/> Yes | Number of admissions | <input type="text"/> | HOSPADMIS | Total number of nights stayed | <input type="text"/> | HOSNIGHT |
| | Reason(s) for hospitalization : | | | | | |
| <hr/> | | | | | | |
| <hr/> | | | | | | |
| 2 <input type="checkbox"/> No | | | | | | |

The following questions are about adverse experiences.

2. Have you experienced chest pain during the past 6 months? CP6MTH

| | | | | | | |
|--------------------------------|--|--|--|--------------------------------|-------------------------------|--|
| 1 <input type="checkbox"/> Yes | a) Did the chest pain affect your physical activity routine? CPACT | | | | | |
| | 2 <input type="checkbox"/> No | | | | | |
| 1 <input type="checkbox"/> Yes | i) Did you stop your routine? CPSTOP | | | | | |
| | 2 <input type="checkbox"/> No | | | | | |
| | | For more than 1 week? CP1WK | | | | |
| | | 1 <input type="checkbox"/> Yes → How many weeks? CPNUMWKS | | | | |
| | | 2 <input type="checkbox"/> No | | | | |
| | | ii) Did you shorten your routine? CPHORT | | 1 <input type="checkbox"/> Yes | 2 <input type="checkbox"/> No | |
| | | iii) Did you decrease the intensity of your routine? CPDECINT | | 1 <input type="checkbox"/> Yes | 2 <input type="checkbox"/> No | |
| 1 <input type="checkbox"/> Yes | b) Did you see a physician for your chest pain? CPPHYSIC | | | | | |
| 2 <input type="checkbox"/> No | 1 <input type="checkbox"/> Yes → How many times? CPPHYSNO | | | | | |
| | | 2 <input type="checkbox"/> No | | | | |
| | | c) Were you hospitalized for your chest pain? CPHOSP | | | | |
| | | 1 <input type="checkbox"/> Yes → How many nights did you stay? CPNIGHTS | | | | |
| | | 2 <input type="checkbox"/> No | | | | |
| | | d) Did you have surgery because of your chest pain? CPSURG Yes 2 <input type="checkbox"/> No | | | | |
| | | e) Did you miss any work because of your chest pain? CPWORK | | | | |
| | | 1 <input type="checkbox"/> Yes → How many days? CPWKDAYS | | | | |
| | | 2 <input type="checkbox"/> No | | | | |

3. Have you experienced **difficulty breathing** during the last 6 months? **DB6MONTH**

| | | | | | | | | | | | | | | | | | | | | | | | |
|--|--|--|-----------------------------|--|--|------------------------------------|-------------------------------|--------------------------------|--|-------------------------------|-------------------------------|--|--|--|--|------------------------------|-----------------------------|--|--|--|--|------------------------------|-----------------------------|
| a) Did this breathing problem affect your physical activity routine? DBACT | | | | | | | | | | | | | | | | | | | | | | | |
| <table border="1"> <tr> <td colspan="2">i) Did you stop your routine? DBSTOP</td> </tr> <tr> <td colspan="2"> <table border="1"> <tr> <td colspan="2">For more than 1 week? DB1WK</td> </tr> <tr> <td>1 <input type="checkbox"/> Yes</td> <td>1 <input type="checkbox"/> Yes → How many weeks? DBNUMWKS</td> </tr> <tr> <td>2 <input type="checkbox"/> No</td> <td>2 <input type="checkbox"/> No</td> </tr> </table> </td> </tr> <tr> <td colspan="2">ii) Did you shorten your routine? DBSHORT</td> </tr> <tr> <td colspan="2"> <table> <tr> <td><input type="checkbox"/> Yes</td> <td><input type="checkbox"/> No</td> </tr> </table> </td> </tr> <tr> <td colspan="2">iii) Did you decrease the intensity of your routine? DBDECINT</td> </tr> <tr> <td colspan="2"> <table> <tr> <td><input type="checkbox"/> Yes</td> <td><input type="checkbox"/> No</td> </tr> </table> </td> </tr> </table> | | i) Did you stop your routine? DBSTOP | | <table border="1"> <tr> <td colspan="2">For more than 1 week? DB1WK</td> </tr> <tr> <td>1 <input type="checkbox"/> Yes</td> <td>1 <input type="checkbox"/> Yes → How many weeks? DBNUMWKS</td> </tr> <tr> <td>2 <input type="checkbox"/> No</td> <td>2 <input type="checkbox"/> No</td> </tr> </table> | | For more than 1 week? DB1WK | | 1 <input type="checkbox"/> Yes | 1 <input type="checkbox"/> Yes → How many weeks? DBNUMWKS | 2 <input type="checkbox"/> No | 2 <input type="checkbox"/> No | ii) Did you shorten your routine? DBSHORT | | <table> <tr> <td><input type="checkbox"/> Yes</td> <td><input type="checkbox"/> No</td> </tr> </table> | | <input type="checkbox"/> Yes | <input type="checkbox"/> No | iii) Did you decrease the intensity of your routine? DBDECINT | | <table> <tr> <td><input type="checkbox"/> Yes</td> <td><input type="checkbox"/> No</td> </tr> </table> | | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| i) Did you stop your routine? DBSTOP | | | | | | | | | | | | | | | | | | | | | | | |
| <table border="1"> <tr> <td colspan="2">For more than 1 week? DB1WK</td> </tr> <tr> <td>1 <input type="checkbox"/> Yes</td> <td>1 <input type="checkbox"/> Yes → How many weeks? DBNUMWKS</td> </tr> <tr> <td>2 <input type="checkbox"/> No</td> <td>2 <input type="checkbox"/> No</td> </tr> </table> | | For more than 1 week? DB1WK | | 1 <input type="checkbox"/> Yes | 1 <input type="checkbox"/> Yes → How many weeks? DBNUMWKS | 2 <input type="checkbox"/> No | 2 <input type="checkbox"/> No | | | | | | | | | | | | | | | | |
| For more than 1 week? DB1WK | | | | | | | | | | | | | | | | | | | | | | | |
| 1 <input type="checkbox"/> Yes | 1 <input type="checkbox"/> Yes → How many weeks? DBNUMWKS | | | | | | | | | | | | | | | | | | | | | | |
| 2 <input type="checkbox"/> No | 2 <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | | | | |
| ii) Did you shorten your routine? DBSHORT | | | | | | | | | | | | | | | | | | | | | | | |
| <table> <tr> <td><input type="checkbox"/> Yes</td> <td><input type="checkbox"/> No</td> </tr> </table> | | <input type="checkbox"/> Yes | <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | | | | |
| iii) Did you decrease the intensity of your routine? DBDECINT | | | | | | | | | | | | | | | | | | | | | | | |
| <table> <tr> <td><input type="checkbox"/> Yes</td> <td><input type="checkbox"/> No</td> </tr> </table> | | <input type="checkbox"/> Yes | <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | | | | |
| 1 <input type="checkbox"/> Yes | b) Did you see a physician for your breathing problem? DBPHYSIC | | | | | | | | | | | | | | | | | | | | | | |
| 2 <input type="checkbox"/> No | <table> <tr> <td>1 <input type="checkbox"/> Yes → How many times?</td> <td>DBPHYSNO</td> </tr> <tr> <td>2 <input type="checkbox"/> No</td> <td></td> </tr> </table> | 1 <input type="checkbox"/> Yes → How many times? | DBPHYSNO | 2 <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | |
| 1 <input type="checkbox"/> Yes → How many times? | DBPHYSNO | | | | | | | | | | | | | | | | | | | | | | |
| 2 <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | | | | | |
| c) Were you hospitalized for your breathing problem? DBHOSP | | | | | | | | | | | | | | | | | | | | | | | |
| <table> <tr> <td>1 <input type="checkbox"/> Yes → How many nights did you stay?</td> <td>DBNIGHTS</td> </tr> <tr> <td>2 <input type="checkbox"/> No</td> <td></td> </tr> </table> | | 1 <input type="checkbox"/> Yes → How many nights did you stay? | DBNIGHTS | 2 <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | |
| 1 <input type="checkbox"/> Yes → How many nights did you stay? | DBNIGHTS | | | | | | | | | | | | | | | | | | | | | | |
| 2 <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | | | | | |
| d) Did you have surgery because of your breathing problem? DBSURG | | | | | | | | | | | | | | | | | | | | | | | |
| <table> <tr> <td><input type="checkbox"/> Yes</td> <td><input type="checkbox"/> No</td> </tr> </table> | | <input type="checkbox"/> Yes | <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | | | | |
| e) Did you miss any work because of your breathing problem? DBWORK | | | | | | | | | | | | | | | | | | | | | | | |
| <table> <tr> <td>1 <input type="checkbox"/> Yes → How many days?</td> <td>DBWKDAYS</td> </tr> <tr> <td>2 <input type="checkbox"/> No</td> <td></td> </tr> </table> | | 1 <input type="checkbox"/> Yes → How many days? | DBWKDAYS | 2 <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | |
| 1 <input type="checkbox"/> Yes → How many days? | DBWKDAYS | | | | | | | | | | | | | | | | | | | | | | |
| 2 <input type="checkbox"/> No | | | | | | | | | | | | | | | | | | | | | | | |

4. Have you experienced *severe dizziness or loss of consciousness* during the last 6 months? **DC6MONTH**

a) Did the fainting or dizziness affect your physical activity routine? **DCACT**

1 Yes —

2 No

i) Did you stop your routine? **DCSTOP**

1 Yes —

2 No

For more than 1 week? **DC1WK**

1 Yes → How many weeks? **DCNUMWKS**

2 No

ii) Did you shorten your routine? **DCSHORT** 1 Yes 2 No

iii) Did you decrease the intensity of your routine? **DCDECINT** 1 Yes 2 No

b) Did you see a physician for your fainting or dizziness? **DCPHYSIC**

1 Yes —

2 No

1 Yes → How many times? **DCPHYSNO**

2 No

c) Were you hospitalized for your fainting or dizziness? **DCHOSP**

1 Yes → How many nights did you stay? **DBNIGHTS**

2 No

d) Did you have surgery because of your fainting or dizziness? **DCSURG**

1 Yes 2 No

e) Did you miss any work because of your fainting or dizziness? **DCWORK**

1 Yes → How many days? **DCWKDAYS**

2 No

Please tell us whether or not you have experienced any of the following conditions in the past 6 months *during or following* exercise.

5. Have you experienced *leg or arm pain*? **LA6MONTH**

a) Did the leg or arm pain affect your physical activity routine? **LAACT**

1 Yes —

2 No

i) Did you stop your routine? **LASTOP**

1 Yes — For more than 1 week? **LA1WK**

2 No

1 Yes → How many weeks? **LANUMWKS**

2 No

ii) Did you shorten your routine? **LASHORT** 1 Yes 2 No

iii) Did you decrease the intensity of your routine? **LADECINT** 1 Yes 2 No

b) Did you see a physician for your pain? **LAPHYSIC**

1 Yes — How many times? **LAPHYSNO**

2 No

c) Were you hospitalized for your pain? **LAHOSP**

1 Yes → How many nights did you stay? **LANIGHTS**

2 No

d) Did you have surgery because of your pain? **LASURG**

1 Yes 2 No

e) Did you miss any work because of your pain? **LAWORK**

1 Yes → How many days? **LAWKDAY**

2 No

f) In which limbs did you have this pain (mark all that apply):

1 Right arm **LARARM** 1 Left arm **LALARM**

1 Right leg **LARLEG** 1 Left leg **LALLEG**

6. Have you experienced *swollen or sore joints*? **SJ6MONTH**

a) Did the swollen or sore joints affect your physical activity routine? **SJACT**

1 Yes —

2 No

i) Did you stop your routine? **SJSTOP**

1 Yes — For more than 1 week? **SJ1WK**

2 No

1 Yes → How many weeks? **SJNUMWKS**

2 No

ii) Did you shorten your routine? **SJSHORT** 1 Yes 2 No

iii) Did you decrease the intensity of your routine? **SJDECINT** 1 Yes 2 No

b) Did you see a physician for your joint problem? **SJPHYSIC**

1 Yes → How many times?

2 No **SJPHYSNO**

c) Were you hospitalized for your joint problem? **SJHOSP**

1 Yes → How many nights did you stay?

2 No **SJNIGHTS**

d) Did you have surgery because of your joint problem? **SJSURG**

1 Yes 2 No

e) Did you miss any work because of your joint problem? **SJWORK**

1 Yes → How many days?

2 No **SJWKDAYS**

f) In which part(s) of your body did you have this joint problem (mark all that apply):

| | |
|---|--|
| 1 <input type="checkbox"/> Right wrist SJRWRIST | 1 <input type="checkbox"/> Left wrist SJLWRIST |
| 1 <input type="checkbox"/> Right elbow SJRELBOW | 1 <input type="checkbox"/> Left elbow SJLELBOW |
| 1 <input type="checkbox"/> Right shoulder SJRSHLDR | 1 <input type="checkbox"/> Left shoulder SJLSHLDR |
| 1 <input type="checkbox"/> Right ankle SJRANKLE | 1 <input type="checkbox"/> Left ankle SJLANKLE |
| 1 <input type="checkbox"/> Right knee SJRKNEE | 1 <input type="checkbox"/> Left knee SJLKNEE |
| 1 <input type="checkbox"/> Right Hip SJRHIP | 1 <input type="checkbox"/> Left hip SJLHIP |
| 1 <input type="checkbox"/> Other SJOTHER | |

(Specify)

7. Have you experienced a *pulled or strained muscle, tendon, or ligament*? **ML6MONTH**

a) Did the muscle/ligament strain affect your physical activity routine? **ML ACT**

i) Did you stop your routine? **ML STOP**

1 Yes — For more than 1 week? **ML 1WK**

2 No — 1 Yes → How many weeks? **MLNUMWKS**

2 No — 2 No

ii) Did you shorten your routine? **MLSHORT** 1 Yes 2 No

iii) Did you decrease the intensity of your routine? **MLDECINT** 1 Yes 2 No

b) Did you see a physician for your muscle/ligament strain? **MLPHYSIC**

1 Yes → How many times? **MLPHYSNO**

2 No

c) Were you hospitalized for your muscle/ligament strain? **MLHOSP**

1 Yes → How many nights did you stay? **MLNIGHTS**

2 No

d) Did you have surgery because of your muscle/ligament strain? **MLSURG**

1 Yes 2 No

e) Did you miss any work because of your muscle/ligament strain? **MLWORK**

1 Yes → How many days? **MLWKDAYS**

2 No

f) In which part(s) of your body did you have this muscle/ligament strain (mark all that apply):

| | |
|--|---|
| 1 <input type="checkbox"/> Right hand MLRHAND | 1 <input type="checkbox"/> Left hand MLLHAND |
| 1 <input type="checkbox"/> Right arm MLRARM | 1 <input type="checkbox"/> Left arm MLLARM |
| 1 <input type="checkbox"/> Right foot MLRFOOT | 1 <input type="checkbox"/> Left foot MLLFOOT |
| 1 <input type="checkbox"/> Right leg MLRLEG | 1 <input type="checkbox"/> Left leg MLLLEG |
| 1 <input type="checkbox"/> Abdomen MLABDOM | 1 <input type="checkbox"/> Neck MLNECK |
| 1 <input type="checkbox"/> Trunk or ribs MLRIBS | 1 <input type="checkbox"/> Chest MLCHEST |
| 1 <input type="checkbox"/> Lower back MLLOBACK | 1 <input type="checkbox"/> Upper back MLUPBACK |
| 1 <input type="checkbox"/> Other MLOTHER (city) | |

1 Yes —

2 No

8. Have you experienced **any broken or fractured bones**?

FB6MONTH

a) Did the fracture affect your physical activity routine? **FBACT**

1 Yes —

2 No

i) Did you stop your routine? **FBSTOP**

1 Yes — For more than 1 week? **FB1WK**

2 No

1 Yes → How many weeks? **FBNUMWKS**

2 No

ii) Did you shorten your routine? **FBSHORT** 1 Yes 2 No

iii) Did you decrease the intensity of your routine? **FBDECINT** 1 Yes 2 No

b) Did you see a physician for your fracture? **FBPHYSIC**

1 Yes → How many times?

2 No **FBPHYSNO**

c) Were you hospitalized for your fracture?

1 Yes — How many nights did you stay? **FBHOSP**

2 No **FBNIGHTS**

d) Did you have surgery because of your fracture? **FBSURG**

1 Yes 2 No

e) Did you miss any work because of your fracture? **FBWORK**

1 Yes → How many days?

2 No **FBWKDAYS**

f) In which part(s) of your body did you have this fracture (mark all that apply):

| | |
|---|---|
| 1 <input type="checkbox"/> Right hand FBRHAND | 1 <input type="checkbox"/> Left hand FBLHAND |
| 1 <input type="checkbox"/> Right arm FBRARM | 1 <input type="checkbox"/> Left arm FBLARM |
| 1 <input type="checkbox"/> Right foot FBRFOOT | 1 <input type="checkbox"/> Left foot FBLFOOT |
| 1 <input type="checkbox"/> Right leg FBRLEG | 1 <input type="checkbox"/> Left leg FBLLEG |
| 1 <input type="checkbox"/> Trunk or ribs FBRIBS | 1 <input type="checkbox"/> Back FBBACK |
| 1 <input type="checkbox"/> Head FBHEAD | 1 <input type="checkbox"/> Neck FBNECK |
| 1 <input type="checkbox"/> Other FBOTHER (specify) | |