

Have a
healthy baby.
Be an
alcohol-free
mother-to-be.



Pregnancy is Sacred

SAMHSA FASD Center for Excellence
Information Resource Center • 866-STOPFAS
fasdcenter.samhsa.gov • www.stopalcoholabuse.gov



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
www.samhsa.gov



SAMHSA
Fetal Alcohol Spectrum Disorders
Center for Excellence