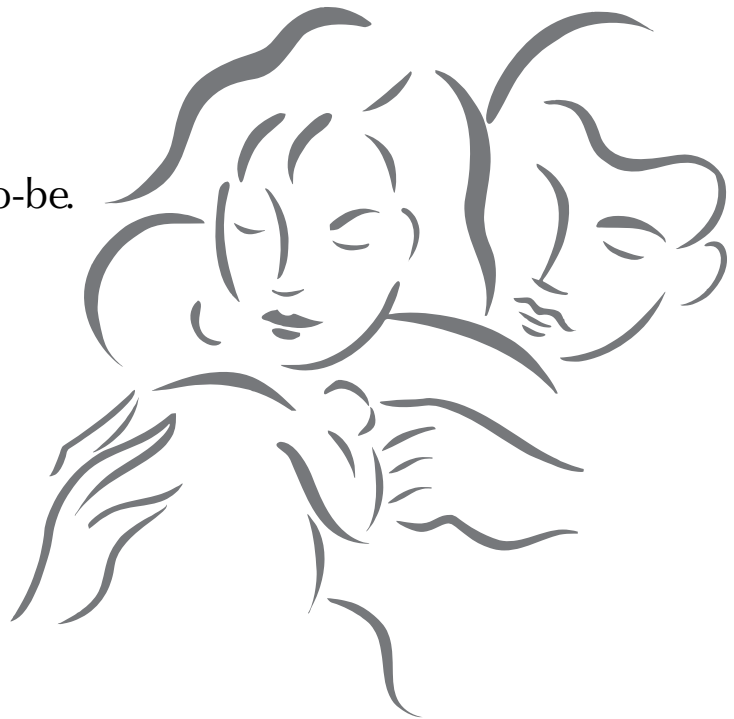


# Would We Give Our Baby Alcohol?

## No Way.

Have a  
**healthy** baby.  
Be an  
**alcohol-free**  
mother-to-be.



### **Alcohol goes through the mother's bloodstream to your unborn child.**

Even if you're not a heavy drinker during pregnancy, alcohol can still harm your child's learning and behavior.

Even if you drank during a previous pregnancy and your child was okay, every baby is different. No amount of alcohol can be safe every time. And a baby may never outgrow some problems caused by alcohol.

It's the same risk for all families-to-be. Your unborn baby's way too young to drink.

**For information call:**



DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Substance Abuse Prevention  
[www.samhsa.gov](http://www.samhsa.gov)

 **FASD** Partnership to Prevent  
Fetal Alcohol Spectrum Disorders  
[Prevention.samhsa.gov/faspartners/](http://Prevention.samhsa.gov/faspartners/)