PCSS-0 Training

Prescribers' Clinical Support System for Opioid Therapies

FREE WEBINAR SERIES

focuses on assessment and treatment of chronic pain, appropriate prescribing of opioid medications, and recognition of substance abuse and dependence. Psychiatrists, physicians of other specialties, and interested prescribers are invited to participate.

Title:

Learning The Evidence Behind Alternative/ Complementary Chronic Pain Management - Part 2

Date:

Friday, February 1, 2013

Time:

2:30-3:30 p.m. Eastern

Register at:

www2.gotomeeting.com/ register/558664122

Visit <u>www.pcss-o.org</u> for a variety of clinical resources, including recordings of previous webinars.

American Psychiatric Association

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Learning The Evidence Behind Alternative/ Complementary Chronic Pain Management -Emphasis on Chronic Low Back Pain - Part 2

Michael Saenger, M.D., FACP

Fellow, National VA Quality Scholars Program Assistant Professor, Emory University School of Medicine Consultant for Chronic Pain Management Grady Health System

February 1, 2013

This webinar will continue Dr. Saenger's presentation of the evidence regarding Complementary and Alternative Medicine (CAM) for chronic pain, particularly chronic low back pain. As new information (often conflicting and confusing) is constantly arising, evidence based practice principles will be demonstrated to analyze the validity strength of specific evidence and the clinical significance of study findings. The session will cover various CAM therapies, including:

- Natural, Biologically Based Products (example of Devil's Claw)
- Manipulation and Body Based Practices (examples of Spinal Manipulation, Massage, Acupuncture and Alexander's Technique)
- Energy Medicine (example of Reiki)

The "big picture" of where CAM fits into our biopsychosocial care of individual patients with chronic pain will be discussed and references for further study provided.

A recording of Part 1 of this session will be accessible at www.pcss-o.org and also at www.psychiatry.org pcssowebinars

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