

National Cancer Institute

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Accounting for complex survey design in modeling usual intake

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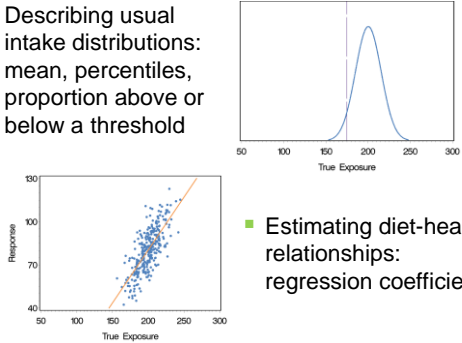
This series is dedicated to the memory of
Dr. Arthur Schatzkin

In recognition of his internationally renowned contributions to the field of nutrition epidemiology and his commitment to understanding measurement error associated with dietary assessment.

Introduction

Two main areas of interest

- Describing usual intake distributions: mean, percentiles, proportion above or below a threshold



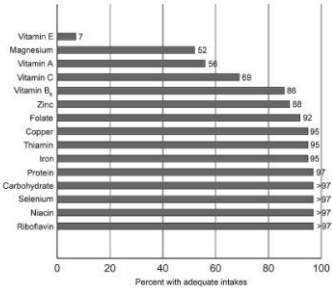
- Estimating diet-health relationships: regression coefficients

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Introduction

Data used in population monitoring

Prevalence of adequate usual intake of selected nutrients from food sources only



Nutrient	Percent with adequate intakes
Vitamin E	7
Magnesium	52
Vitamin A	56
Vitamin C	69
Vitamin B ₆	85
Zinc	88
Folate	92
Copper	95
Thiamin	95
Iron	95
Protein	97
Carbohydrate	97
Selenium	97
Niacin	97
Riboflavin	97

Source: What We Eat in America, NHANES 2001-02

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Introduction

Motivation

- Previous webinars
 - Focused on methods development/application
 - Skipped over details related to data collection
- This webinar
 - Focuses on details related to data collection
 - Specifically, how collecting data using survey sampling methods affects analysis

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Introduction

Objectives

- Identify considerations in the analysis of dietary data collected as part of a complex survey, including stratification, clustering, and weighting.
- Identify methods of variance estimation for complex survey samples and describe how these are incorporated into the estimation of usual intake distributions.

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Introduction

Outline

- Elements of complex survey designs
- How these elements affect statistical analysis
- Variance estimation in complex surveys
- Implications for usual intake analysis using survey data
- Summary

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    graph LR
      A[Elements of complex survey designs] --> B[Effects on statistical analysis]
      B --> C[Variance estimation in complex surveys]
      C --> D[Implications for usual intake analysis]
      D --> E[Summary]
  
```

ELEMENTS OF COMPLEX SURVEY DESIGNS

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Elements of complex survey designs

Simple random sampling

- Statistical methods often derived assuming data come from a **simple random sample (SRS)**
- Every member of population (enumerated in the **sampling frame**) equally likely to be sampled
- For small, homogeneous groups simple random samples are practical to obtain and analyze

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Elements of complex survey designs

Selecting a simple random sample

Population Sample

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Elements of complex survey designs

Selecting a simple random sample

Population Sample

- In practice, data are often collected using complex survey methods, not simple random sampling

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Elements of complex survey designs

Why use a complex sampling design?

- Control data collection costs in
 - Drawing the sample
 - Collecting data on sampled individuals
- Improve precision of subpopulation estimates

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Elements of complex survey designs

Elements of complex sampling designs

- Stratification
- Clustering
- Weighting

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Elements of complex survey designs

Elements of complex sampling designs

- **Stratification**
- Clustering
- Weighting

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Elements of complex survey designs

What is stratification?

- Grouping individuals in the population that share specific (generally demographic) characteristics
- Identifies subpopulations of *a priori* interest
 - E.g., pregnant and lactating women, children, low-income individuals

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Elements of complex survey designs

Hypothetical population with four strata

Stratum	Percentage
I	40%
II	30%
III	20%
IV	10%

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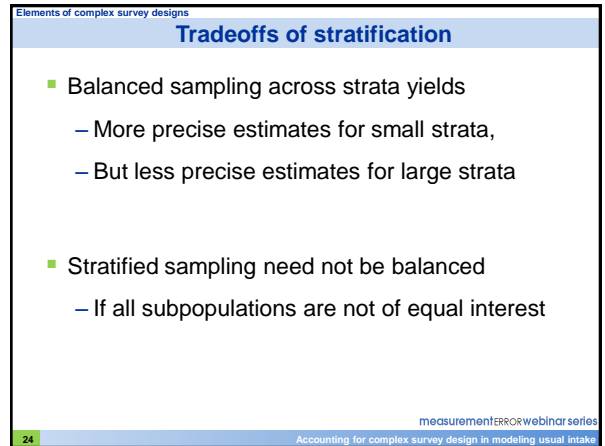
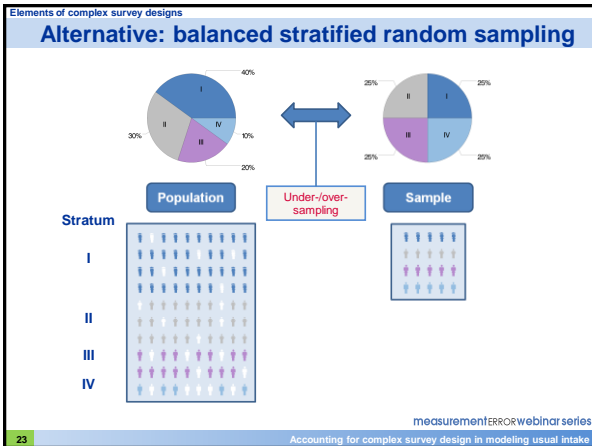
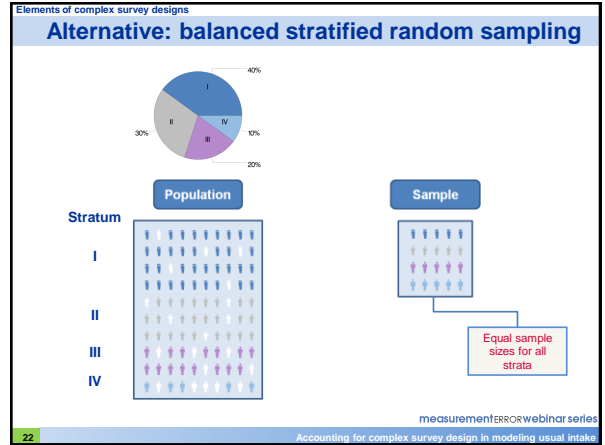
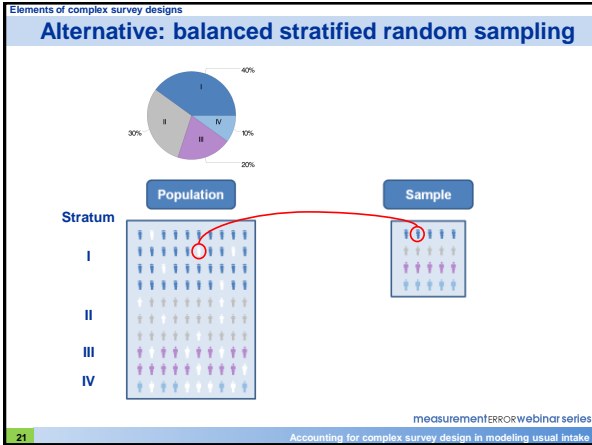
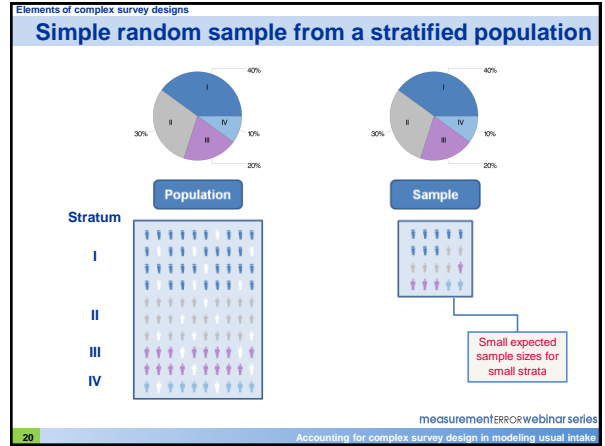
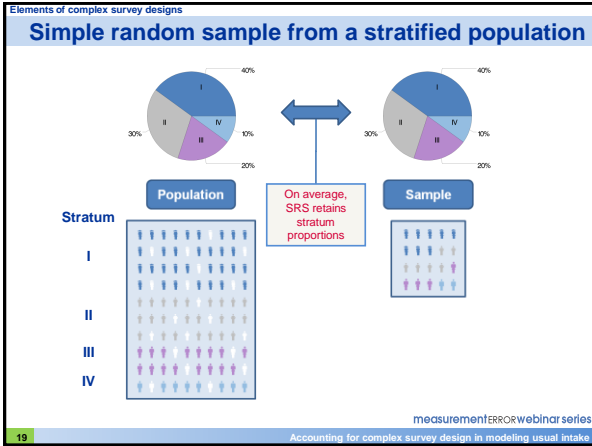
Elements of complex survey designs

Simple random sample from a stratified population

The diagram illustrates a population divided into four strata (I, II, III, IV) with percentages of 40%, 30%, 20%, and 10% respectively. A simple random sample is drawn from the population, resulting in a sample that includes individuals from all four strata. A red circle highlights the sampling process.

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Elements of complex survey designs

Elements of complex sampling designs

- Stratification
- Clustering**
- Weighting

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Elements of complex survey designs

What is clustering?

- Sampling of multiple individuals within the same (usually geographic) area
- Helps control data collection costs associated with travel

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Elements of complex survey designs

Stratified cluster sampling

The diagram illustrates stratified cluster sampling. It shows a 'Population' divided into four strata (I, II, III, IV) with percentages of 40%, 30%, 20%, and 10% respectively. A 'Sample' is drawn from these strata, with 25% of the sample from each stratum. A grid below shows the population layout, with red circles highlighting the clusters selected for the sample.

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Elements of complex survey designs

Effects of clustering

- Observations from individuals sampled from the same cluster tend to be correlated
 - Loss of precision
- Multistage designs with several levels of clustering possible
- First-level clusters (Primary Sampling Units; PSUs) tend to induce largest portion of sampling variability

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Elements of complex survey designs

Multistage sampling

The flowchart shows the stages of multistage sampling: Stage 1: Counties (represented by a map of the US), Stage 2: Segments (represented by a grid of blocks), Stage 3: Households (represented by a grid of houses), and Stage 4: Individuals (represented by a house with people icons).

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Elements of complex survey designs

Advantages of multistage sampling

- Allows stepwise development of sampling frame:
 - Enumerate counties in the US, then census block groups within selected counties, then households within selected block groups
 - Eliminates the need for master list of households
- Can greatly reduce data collection costs

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Elements of complex survey designs

Elements of complex sampling designs

- Stratification
- Clustering
- Weighting**

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Elements of survey sampling designs

What is weighting?

- Indicates how many individuals in the population a sampled individual "represents"

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Elements of complex survey designs

What is weighting?

- Indicates how many individuals in the population a sampled individual "represents"
- Each individual's **sample weight** is equal to the inverse of the final probability of being selected from the population

$$\text{sample weight} = \frac{1}{\text{final probability}}$$

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Elements of complex survey designs

Weighting for a stratified sample of size 100

- Total population size: 1 million

Stratum (Size)	Sample Size	Prob 1000	Weight/10000
I (400K)			
II (300K)			
III (200K)			
IV (100K)			
Total (1M)	100		

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Elements of complex survey designs

Weighting for a stratified sample of size 100

- Total population size: 1 million
- Want to draw a sample of size 25 from each stratum

Stratum (Size)	Sample Size	Prob 1000	Weight/10000
I (400K)	25		
II (300K)	25		
III (200K)	25		
IV (100K)	25		
Total (1M)	100		

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Elements of complex survey designs

Weighting for a stratified sample of size 100

- Total population size: 1 million
- Want to draw a sample of size 25 from each stratum

Stratum (Size)	Sample Size	Prob 1000	Weight/10000
I (400K)	25	25/400	1.6
II (300K)	25	25/300	1.2
III (200K)	25	25/200	.8
IV (100K)	25	25/100	.4
Total (1M)	100		

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Elements of complex survey designs

Weighting for multistage samples is complicated

Stage 1: Counties

Stage 2: Segments

Stage 3: Households

Stage 4: Individuals

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Elements of complex survey designs

Weighting for multistage samples is complicated

- Each individual's **sample weight** is equal to the inverse of the final probability of being selected from the population

$$\text{sample weight} = \frac{1}{\text{final probability}}$$

final probability = probability of county being selected
 probability of segment being selected from county
 probability of household being selected from segment
 probability of individual being selected from household

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Elements of complex survey designs

Additional considerations for weighting

- Can incorporate
 - Differential selection probabilities due to stratification and clustering
 - Differential nonresponse probabilities
- Weighted counts of sampled individuals with particular demographic characteristics often set to reproduce "known" population counts – **poststratification**

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Elements of complex survey designs

Summary

- Complex survey methods often used to collect data used for nutrition monitoring
- Stratification, clustering, and weighting are elements of complex sampling schemes
 - Stratification balances precision of subpopulation estimates
 - Clustering decreases sampling costs, but also precision
 - Weighting accounts for stratification/clustering

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Elements of complex survey designs → Effects on statistical analysis → Variance estimation in complex surveys → Implications for usual intake analysis

Summary

EFFECTS ON STATISTICAL ANALYSIS

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Effects on statistical analysis

All survey design elements must be accounted for

- Weighting required to minimize bias in survey-based population estimates
- Stratification, clustering, and weighting affect standard errors of estimates

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Effects on statistical analysis

All survey design elements must be accounted for

- Weighting required to minimize bias in survey-based population estimates
- Stratification, clustering, and weighting affect standard errors of estimates

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Effects on statistical analysis

Weighting required to account for bias

Stratum

Population

Sample

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Effects on statistical analysis

Weighting required to account for bias

Stratum

Population

Sample

- Unweighted sample mean dominated by large values in oversampled strata

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Effects on statistical analysis

All survey design elements must be accounted for

- Weighting required to minimize bias in survey-based population estimates
- Stratification, clustering, and weighting affect standard errors of estimates

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Effects on statistical analysis

What is the standard error of an estimate?

- Reflects variation expected across repeated sampling of the population
 - Most samples yield estimates close to true population value, a few samples yield estimates far away
 - Sampling distributions are often normal (CLT)

Sample Estimate

Population value

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Effects on statistical analysis

What is the standard error of an estimate?

- The **standard error** (s.e.) is the standard deviation of the sampling distribution
 - More independent pieces of information \Rightarrow smaller standard errors
- Used to construct significance tests, confidence intervals assuming **asymptotic** normality

Sample Estimate

Population value

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Effects on statistical analysis

Standard errors estimated from sample

- In practice, only one sample is obtained
 - Standard errors must be estimated from the data at hand
- Basic statistical theory provides estimation methods for standard errors of “smooth” statistics
 - Means
 - “Mean-like”: regression parameters, ratios

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Effects on statistical analysis

Standard errors estimated from sample

- Estimating standard errors for percentiles is especially challenging
 - Not “mean-like” for purposes of CLT
 - Sampling distributions less well-behaved
- May require alternative methods for tests/CIs
 - Standard error still reflects variation over repeated sampling

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Effects on statistical analysis

Standard errors in complex surveys

- Theoretical derivation based on asymptotic normality of weighted cluster means within strata
- Not all statistical software is fully “survey-aware”
 - “Weighted analysis” might not be sufficient
 - Stratification/clustering may also be important

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Effects on statistical analysis

Stratification/clustering reduces degrees of freedom

- Stratification and clustering result in fewer independent pieces of information

$$\text{degrees of freedom} = (\text{number of clusters}) - (\text{number of strata})$$

- For example, NHANES 2003-6 has
 - 20,470 individuals
 - 60 clusters, 30 strata \Rightarrow 30 d.f.

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Effects on statistical analysis

Total calcium intake for women in NHANES 2003-6

- Subset of 2601 women ages 31-70 with reliable data on first 24HR
- Parameter of interest: population mean calcium intake from foods and dietary supplements
- Estimates based on combination of data from 24HR and dietary supplement questionnaire

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Effects on statistical analysis

Total calcium intake for women in NHANES 2003-6

- Multiple ways to compute the estimate and its standard error using SAS
 - UNIVARIATE ignoring the weights
 - UNIVARIATE with a WEIGHT statement
 - UNIVARIATE with a FREQ statement
 - SURVEYMEANS with STRATA, CLUSTER, and WEIGHT statements
- Only the last way incorporates all design factors

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Effects on statistical analysis

Total calcium intake for women in NHANES 2003-6

Procedure Used to Estimate Mean Intake	Est. Mean	Std. Error	Assumed d.f.
UNIVARIATE	1027	13	2600
UNIVARIATE + WEIGHT	1115	14	2600
UNIVARIATE + FREQ	1115	0.08	70667993
SURVEYMEANS	1115	27	30

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Effects on statistical analysis

Total calcium intake for women in NHANES 2003-6

Procedure Used to Estimate Mean Intake	Est. Mean	Std. Error	Assumed d.f.
UNIVARIATE	1027	13	2600
UNIVARIATE + WEIGHT	1115	14	2600
UNIVARIATE + FREQ	1115	0.08	70667993
SURVEYMEANS	1115	27	30

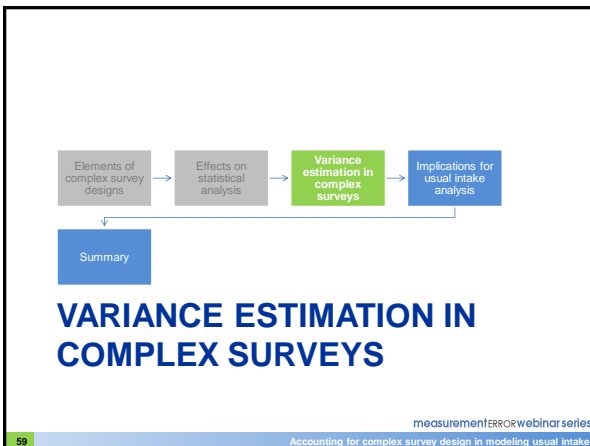
- Mean underestimated by ~8% if weights ignored
- Standard errors underestimated if not all design factors are properly accounted for

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- Effects on statistical analysis
- ### Statistical methods for complex surveys limited
- Inference based on t-tests easiest to extend to complex surveys
 - Asymptotic normality, standard error formulae established for many mean-like statistics
 - Other statistical methods more difficult to extend
 - E.g., likelihood ratio tests
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- Effects on statistical analysis
- ### Summary
- Stratification, clustering, and weighting must be accounted for in analysis of survey data
 - Many statistical techniques have no survey analogues
 - Inference may need to be simplistic, e.g., t-tests
 - Need proper estimates of standard errors
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- Variance estimation in complex surveys
- ### Variance estimation techniques
- Taylor linearization
 - Resampling methods
 - Bootstrap
 - Jackknife
 - Balanced Repeated Replication (BRR)
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Variance estimation in complex surveys

Variance estimation techniques

- Taylor linearization

- Resampling methods
 - Bootstrap
 - Jackknife
 - Balanced Repeated Replication (BRR)

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Variance estimation in complex surveys

Taylor linearization

- Used by default in most “survey-aware” software
 - “Textbook” formulae for standard estimators

- Hard to extend to more complex estimators in general survey designs
 - Monte Carlo-based usual intake percentiles (as in NCI method) especially problematic

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Variance estimation in complex surveys

Variance estimation techniques

- Taylor linearization

- Resampling methods
 - Bootstrap
 - Jackknife
 - Balanced Repeated Replication (BRR)

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Variance estimation in complex surveys

Resampling methods

- Emulate resampling of **population** by resampling from the **sample at hand**
 - Sample is treated as “population in miniature”
 - Reflects definition of sampling distribution

- Will first illustrate for the bootstrap method in the non-survey setting

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Variance estimation in complex surveys

Variance estimation techniques

- Taylor linearization

- Resampling methods
 - Bootstrap
 - Jackknife
 - Balanced Repeated Replication (BRR)

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Variance estimation in complex surveys

Example: Bootstrap in simple random sampling

Original Sample

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Credit: Anne-Claire Vergnaud

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Variance estimation in complex surveys

Example: Bootstrap in simple random sampling

The diagram shows a box labeled 'Original Sample' with a downward arrow pointing to a box labeled 'Estimate' containing the symbol $\hat{\theta}$.

Credit: Anne-Claire Vergnaud measurement error webinar series
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Variance estimation in complex surveys

Example: Bootstrap in simple random sampling

The diagram shows a box labeled 'Original Sample' with a downward arrow pointing to a box labeled 'Estimate' containing the symbol $\hat{\theta}$. A separate box labeled 'Replicate Sample 1' is shown to the right, with an arrow pointing from the 'Original Sample' box to it. A red box labeled 'Sampling with replacement' is positioned above the arrow connecting the original sample to the replicate sample.

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Variance estimation in complex surveys

Example: Bootstrap in simple random sampling

The diagram shows a box labeled 'Original Sample' with a downward arrow pointing to a box labeled 'Estimate' containing the symbol $\hat{\theta}$. To the right, a box labeled 'Replicate Sample 1' has a downward arrow pointing to a box labeled 'Estimate' containing the symbol $\hat{\theta}_1$. A red box labeled 'Sampling with replacement' is positioned above the arrow connecting the original sample to the replicate sample.

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Variance estimation in complex surveys

Example: Bootstrap in simple random sampling

The diagram shows a box labeled 'Original Sample' with a downward arrow pointing to a box labeled 'Estimate' containing the symbol $\hat{\theta}$. To the right, a series of boxes labeled 'Replicate Sample 1', 'Replicate Sample 2', and 'Replicate Sample B' are shown, each with a downward arrow pointing to a corresponding 'Estimate' box containing symbols $\hat{\theta}_1$, $\hat{\theta}_2$, and $\hat{\theta}_B$ respectively. A red box labeled 'Sampling with replacement' is positioned above the arrows connecting the original sample to the replicate samples.

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Variance estimation in complex surveys

Example: Bootstrap in simple random sampling

The diagram shows a box labeled 'Original Sample' with a downward arrow pointing to a box labeled 'Estimate' containing the symbol $\hat{\theta}$. To the right, a series of boxes labeled 'Replicate Sample 1', 'Replicate Sample 2', and 'Replicate Sample B' are shown, each with a downward arrow pointing to a corresponding 'Estimate' box containing symbols $\hat{\theta}_1$, $\hat{\theta}_2$, and $\hat{\theta}_B$ respectively. A red box labeled 'Sampling with replacement' is positioned above the arrows connecting the original sample to the replicate samples. Below the replicate estimates, a box contains the text 'standard deviation of $\hat{\theta}_i$ = bootstrap s.e.'

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Variance estimation in complex surveys

Example: Bootstrap in simple random sampling

The diagram shows a box labeled 'Original Sample' with a downward arrow pointing to a box labeled 'Estimate' containing the symbol $\hat{\theta}$. To the right, a series of boxes labeled 'Replicate Sample 1', 'Replicate Sample 2', and 'Replicate Sample B' are shown, each with a downward arrow pointing to a corresponding 'Estimate' box containing symbols $\hat{\theta}_1$, $\hat{\theta}_2$, and $\hat{\theta}_B$ respectively. A red box labeled 'Sampling with replacement' is positioned above the arrows connecting the original sample to the replicate samples. Below the replicate estimates, a box contains the text 'standard deviation of $\hat{\theta}_i$ = bootstrap s.e.'. A green arrow points from this box to a larger green box at the bottom containing the text 'estimate $\hat{\theta}$ and bootstrap s.e.'

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Variance estimation in complex surveys

Example: Bootstrap in simple random sampling

- Key to bootstrap is **with-replacement sampling**
- In a given bootstrap sample,
 - Some individuals will appear multiple times
 - Some individuals will not appear at all
- Number of times an individual appears is analogous to a sampling weight

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Variance estimation in complex surveys

Resampling via weight perturbation

- Resampling operationalized using a set of weights for each sample (replicate and original)
 - In SRS, all weights for original sample are 1
- Eliminates need to store multiple copies of data set with many analysis variables per person

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Variance estimation in complex surveys

Resampling via weight perturbation

- Resampling in complex surveys operationalized using sets of “perturbed” weights
- Bootstrap, jackknife, BRR methods differ in the
 - Numbers of weight sets needed
 - Ways weight sets are constructed
 - Formulae for computing variability among replicate estimates

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Variance estimation in complex surveys

Bootstrap in complex surveys

- Bootstrap samples must be drawn according to sampling plan used to draw the original sample
 - Computationally intensive (B very large)
- Offers robust method for constructing CIs
 - Bounds based on 95% of empirical distribution of bootstrap estimates
 - May work better for poorly-behaved sampling distributions of “non-smooth” statistics

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Variance estimation in complex surveys

Use of bootstrap in usual intake estimation

- Recommended for estimating standard errors of complex statistics for Canadian Community Health Survey, Nutrition Cycle 2.2
- Used for estimating standard errors of model parameters and usual intake percentiles calculated using the NCI method
 - Simulation study for SRS (Tooze et al., 2010)
 - Dutch National Food Consumption Survey (Verkaik-Kloosterman et al., in press)

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Variance estimation in complex surveys

Variance estimation techniques

- Taylor linearization
- **Resampling methods**
 - Bootstrap
 - Jackknife
 - **Balanced Repeated Replication (BRR)**

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Variance estimation in complex surveys

Jackknife in complex surveys

- Creation of perturbed weight sets
 - One set of weights per cluster
 - Weight set k deletes (zero-weights) all the observations in cluster k
 - Redistributes missing weight among other observations in same stratum as cluster k
 - Leaves weights unchanged for observations in all the other strata

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Variance estimation in complex surveys

Jackknife in complex surveys

- For surveys with many clusters, many weight sets must be generated
 - Less computationally intensive than bootstrap
- Each set of jackknife weights may need to be poststratified to recover subpopulation sizes

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Variance estimation in complex surveys

Use of jackknife in usual intake estimation

- Alternative to Taylor linearization for
 - Usual intake model parameters
 - ISU method percentiles
- Not applicable to Monte Carlo-based usual intake percentiles

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Variance estimation in complex surveys

Variance estimation techniques

- Taylor linearization
- Resampling methods
 - Bootstrap
 - Jackknife
 - **Balanced Repeated Replication (BRR)**

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Variance estimation in complex surveys

Balanced repeated replication in complex surveys

- Limited to stratified cluster designs with two clusters/stratum
- Most aggressive perturbation of weights
 - Weight set k deletes (zero-weights) the observations in half of the clusters, and
 - Doubles the weights for observations in the remaining clusters
 - **Perturbation factors 0 and 2**

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Variance estimation in complex surveys

Balanced repeated replication in complex surveys

- Fewer weight sets than for jackknife
 - Smallest multiple of 4 greater than number of strata
- Choice of which cluster to zero/double determined by a **Hadamard matrix**
 - Orthogonality property minimizes number of weight sets required
 - “Balances” the influence of each cluster

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Variance estimation in complex surveys

Balanced repeated replication in complex surveys

- Standard BRR can be unstable due to extreme perturbations
- Fay's modified BRR uses perturbation factors less extreme than 0 and 2
- Each set of BRR weights may need to be poststratified to recover subpopulation sizes

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Variance estimation in complex surveys

Use of BRR in usual intake estimation

- Alternative to Taylor linearization for the What We Eat In America (WWEIA) portion of the US National Health and Nutrition Examination Survey (NHANES)
- BRR works for Monte Carlo-based percentiles as well as usual intake model parameters
 - Application of NCI method, including multiple simulation studies and analyses of NHANES

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Variance estimation in complex surveys

Summary

- "Survey-aware" software typically uses Taylor linearization to estimate standard errors
 - Limited to basic, "mean-like" estimators
 - Low computational burden
- Resampling methods offer an alternative to Taylor linearization for complex estimators

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Elements of complex survey designs → Effects on statistical analysis → Variance estimation in complex surveys → Implications for usual intake analysis

Summary

IMPLICATIONS FOR USUAL INTAKE ANALYSIS

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Implications for usual intake analysis

Typical research question

What is the usual intake of component X among subgroup Y in my population?

To answer, must consider:

- Estimator of interest
- Method of analysis and its data requirements
- Technique for variance estimation and how to use software to properly implement

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Implications for usual intake analysis

Example 1

- Estimator:** mean of usual intake distribution
- Method/data:** mean, all valid first-day 24HRs from NHANES survey
- Variance estimation:** Taylor linearization
 - Procedures available in common software
 - SAS
 - SUDAAN
 - Stata

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Implications for usual intake analysis

Example 2

- **Estimator:** distribution of usual intake
- **Method/data:** NCI method, all valid 24HRs from NHANES survey
- **Variance estimation:** BRR
 - Need to obtain/construct BRR weights
 - NCI SAS macros

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Implications for usual intake analysis

Example 3

- **Estimator:** distribution of usual intake
- **Method/data:** ISU method, all valid 24HRs from Canadian Community Health Survey 2.2
- **Variance estimation:** bootstrap
 - Official bootstrap weight sets from Statistics Canada
 - ISU software
 - SIDE

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SUMMARY

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Summary

Key messages

- Data used for monitoring of usual intakes among populations typically collected using complex survey methods
- Computation of point estimates and standard errors must account for stratification, clustering, and weighting

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Summary

Key messages

- Standard error estimation can be complicated
 - Means and “mean-like” statistics:
 - Can use Taylor linearization implemented in some software packages
 - Percentiles and other “non-smooth” statistics:
 - May need resampling techniques like bootstrap or BRR implemented in various ways

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Summary

Key messages

- No “one size fits all” approach to modeling usual intake using data from a complex survey
- Particulars of analyses depend on:
 - Research question
 - Available data
 - Desired modeling method (e.g., NCI method, ISU method)
 - “Survey-aware” features of modeling software
 - Statistical expertise/support

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QUESTIONS & ANSWERS
 Moderator: Regan Bailey

Please submit questions using the *Chat* function

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Next Session Tuesday, October 18, 2011
 10:00-11:30 EDT

Estimating usual total nutrient intake distributions from diet and supplements

Regan Bailey, PhD
 Office of Dietary Supplements
 National Institutes of Health

National Cancer Institute

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 National Institutes of Health