# measurement ERROR webinar series

# Estimating usual intake distributions for multivariate dietary variables (Webinar 9)

## **Objectives:**

- Identify challenges in addressing measurement error when modeling multivariate dietary variables such as diet quality indices.
- Describe statistical modeling techniques to correct for measurement error in estimating multivariate dietary variables.

### **Recommended resources:**

- Guenther PM, Reedy J, Krebs-Smith SM, Reeve BB. Evaluation of the Healthy Eating Index-2005. J Am Diet Assoc. 2008;108(11):1854-64.
- Guenther PM, Reedy J, Krebs-Smith SM. Development of the Healthy Eating Index-2005. J Am Diet Assoc. 2008;108(11):1896-901.
- Reedy J, Mitrou PN, Krebs-Smith SM, Wirfält E, Flood A, Kipnis V, Leitzmann M, Mouw T, Hollenbeck A, Schatzkin A, Subar AF. Index-based dietary patterns and risk of colorectal cancer: the NIH-AARP Diet and Health Study. Am J Epidemiol. 2008;168(1):38-48.
- Zhang S, Krebs-Smith SM, Midthune D, Perez A, Buckman D, Kipnis V, Freedman LS, Dodd KW, Carroll RJ. Fitting a bivariate measurement error model for episodically consumed dietary components. Intl J Biostat. 2011;7(1):Article 1.
- Zhang S, Midthune D, Guenther PM, Krebs-Smith SM, Kipnis V, Dodd KW, Buckman DW, Tooze JA, Freedman L, Carroll RJ. A new multivariate measurement error model with zero-inflated dietary data, and its application to dietary assessment. Ann Appl Stat. 2011;5(2B):1456-87.

### **Key terms:**

**Back-transformation** A mathematical technique used to restore a variable to its original

scale after a transformation has been applied.

**Box-Cox transformation** A type of power transformation; often applied to skewed data to

lessen skewness or to approximate normality.

**Cox regression** A statistical method for relating the time until a specified event (for

example, a health outcome or mortality) to covariates of interest;

also known as the proportional hazards model.

**Density model** Regression model used for examining diet-health relationships in

which nutrients or foods are expressed as densities (that is, ratios of

nutrients or foods to energy).

**Dietary intake** Intake from foods and beverages (excludes supplements).

**Dietary patterns** For the purpose of this webinar series, this term refers to the

combination of foods and beverages that constitute an individual's

dietary intake over time.

**Distribution** The pattern of values taken on by a random variable.

**Energy adjustment** Adjustment of nutrient intake for total energy intake.

**Epidemiology** The study of the distribution and determinants of health outcomes

or diseases among populations and the application of that study to

enhancing public health.

**Episodically consumed dietary** 

components

Nutrients and foods that are not consumed on a daily basis by nearly

everyone in the population and whose intake may therefore

commonly be reported as zero on a particular day.

**Hazard ratio** A ratio similar to relative risk; it expresses the relative effect of a

variable on the risk of an event (such as the development of a

disease) in the context of a Cox regression model.

**Healthy Eating Index** A measure of dietary quality that assesses compliance with the

Dietary Guidelines for Americans.

**Markov chain Monte Carlo** 

method

A technique used to estimate the parameters of statistical models

through simulation.

Measurement error The difference between the observed or measured value and the

true value.

**Monte Carlo simulation** A method for obtaining estimates through simulation rather than

direct calculation; often used to estimate percentiles and other

characteristics of the usual intake distribution.

**Multivariate** Having to do with two or more variables.

**National Cancer Institute** 

(NCI) method

A unified approach for estimating usual intake distributions and predicting individual intakes for use in diet and health models; can be used for dietary components consumed nearly daily by nearly all

persons and those consumed episodically.

**National Health and Nutrition** 

**Examination Survey** 

(NHANES)

A representative survey of the civilian, noninstitutionalized U.S. population conducted by the National Center for Health Statistics; used to monitor diet and study associations between diet, nutrition,

and health.

Nonepisodically consumed

dietary components

A term describing nutrients and foods that are consumed nearly every day by nearly everyone in the population and whose intake may therefore rarely, if ever, be reported as zero on a particular day.

**Random within-person error** Variation in the observed value of a variable when it is repeatedly

measured in the same individual; for example, day-to-day variation

in dietary intake reported using multiple 24-hour recalls.

**Transformation** The application of a mathematical function (for example, the

logarithm or the square root) to a set of values to create a new set of

values.

Twenty-four-hour dietary

recall (24HR)

A dietary instrument that requires the respondent to remember and report all foods and beverages consumed in the preceding 24 hours

or during the preceding day.

**Usual amount consumed** For episodically consumed dietary components, the usual amount

consumed is the long-term average amount consumed on

consumption days; when multiplied by the probability of consuming

the dietary component, the product equals usual intake.

**Usual intake**Long-term average daily intake, taking into account both

consumption and nonconsumption days.

What We Eat in America

(WWEIA)

The dietary intake interview component of the National Health and

Nutrition Examination Survey (NHANES).