



<http://www.womenshealth.gov>

1-800-994-9662

TDD: 1-888-220-5446

Colon and Rectal Cancer

Q: What is colon and rectal cancer?

A: Cancer is a disease in which cells become abnormal and form more cells in an uncontrolled way. Cancer that begins in the colon is called colon cancer. Cancer that begins in the rectum is called rectal cancer. The colon and rectum are parts of the body's digestive system, which removes nutrients from food and stores waste until it passes out of the body. Together, the colon and rectum form a long, muscular tube called the large intestine (also called the large bowel). The colon is the longest part of the large intestine. The rectum is the last several inches of the large intestine closest to the anus. Cancers affecting either of these organs also may be called colorectal (koh-luh-REK-tuhl) cancer.

Q: Why should I be concerned about colon and rectal cancer?

A: Colorectal cancer is the third most common non-skin cancer in both women and men. It also is the third leading cause of cancer death among men and women. Colorectal cancer is most often found in people over the age of 50. It is often called a "silent" disease because symptoms don't always show up until it is hard to cure. The good news is that colorectal cancer can be prevented if abnormal cells that lead to cancer are found and removed. Regular screening will help your doctor find abnormal cells that can lead to cancer. Regular screening also will help your doctor find cancer early, when it is most easily cured. If colorectal cancer is found in its early stages, it is up to 90 percent curable. ■



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For More Information

To learn more about colon and rectal cancer, please visit the National Cancer Institute web site <http://www.nci.nih.gov/cancertopics/types/colon-and-rectal>.

You also can find out more about colon and rectal cancer by contacting [womenshealth.gov](http://www.womenshealth.gov) at 1-800-994-9662 or the following organizations:

National Cancer Institute

Cancer Information Service
Phone number: 1-800-422-6237
Internet address: <http://cis.nci.nih.gov>

Colon Cancer Alliance

Phone number: 877-422-2030
Internet address:
<http://www.ccalliance.org>

Centers for Disease Control and Prevention Cancer Prevention and Control Program, HHS

Phone number: 888-232-6348
Internet address:
<http://www.cdc.gov/cancer>

American Cancer Society

Phone number: 1-800-ACS-2345
Internet address: <http://www.cancer.org>

National Digestive Diseases Information Clearinghouse, NDDIC, NIDDK, NIH

Phone number: 1-800-891-5389
Internet address:
<http://digestive.niddk.nih.gov>

American College of Gastroenterology

Phone number: 301-263-9000
Internet address: <http://www.acg.gi.org>

C3: Colorectal Cancer Coalition

Phone number: 877-427-2111
Internet address:
<http://fightcolorectalcancer.org/>

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