

Name: Debbie Touchette, CTRS

**Contact Address: VA Medical Center
1 Jefferson Barracks Dr.
117-JB
St. Louis, MO 63125**



Phone # 1-800-228-5459 Ext. 6-8002

Email Address with VA: Debbie.Touchette@Va.Gov

Education: B.S. Physical Education, Minor in Therapeutic Recreation

CTRS #: 21857

**Population you work with at the STL VAMC: Physical Rehab
30 years Experience in the Field. (Pediatric and Adult rehab)**

**Pet Projects: (Boots on the Green, Local Golden Age Games, Wheel
Chair Games, Creative Arts Festival, Sweat with the Vets, Aquatic
therapy)**

Willing to host an intern: Yes

Philosophy on Therapeutic Recreation:

**I believe that through the use of leisure activities along with various
treatment modalities, a positive change can take place in all aspects:
physically, mentally, socially and spiritually to help individuals live a
happy and healthy lifestyle.**